



TOP END CALISTHENICS CLUB INC.

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2026 Class Schedule

TINIES (Aged 4-5yrs, as of 31st December)

Location	Venue	Day	Time
Palmerston	Good Shepherd Lutheran School 5/13 Emery Ave, Woodroffe	Saturday	9am – 9.45am
Term 1 commences on Saturday 31st January 2026			

FUTURE STARS (Aged 6-7yrs, as of 31st December)

Location	Venue	Day	Time
Palmerston	Good Shepherd Lutheran School 5/13 Emery Ave, Woodroffe	Saturday	10am – 11:30am
Term 1 commences on Saturday 31st January 2026			

SUB-JUNIORS PALMERSTON (Aged 8-10yrs, as of 31st December)

Location	Venue	Day	Time
Palmerston	Good Shepherd Lutheran School 5/13 Emery Ave, Woodroffe	Thursday	5pm – 7:30pm
Term 1 commences on Thursday 29th January 2026			

JUNIORS PALMERSTON (Aged 11-13yrs, as of 31st December)

Location	Venue	Day	Time
Palmerston	Good Shepherd Lutheran School 5/13 Emery Ave, Woodroffe	Tuesday	5pm – 7:30pm
Term 1 commences on Tuesday 27th January 2026			

INTERMEDIATES (Aged 14-17yrs, as of 31st December)

Location	Venue	Day	Time
Palmerston	Palmerston Recreation Centre 11 The Blvd, Palmerston City	Monday	6pm – 8pm
Term 1 commences on Monday 3rd February 2026			

Established in 1982 by Barbara Van Heythuysen 'Miss Barb'