



TOP END CALISTHENICS CLUB INC.

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2026 Class Schedule

TINIES (Aged 4-5yrs, as of 31st December)

| Location | Venue | Day | Time |
|--|--|----------|--------------|
| Palmerston | Good Shepherd Lutheran School 5/13 Emery Ave, Woodroffe | Saturday | 9am – 9.45am |
| Term 1 commences on Saturday 31st January 2026 | | | |

FUTURE STARS (Aged 6-7yrs, as of 31st December)

| Location | Venue | Day | Time |
|--|--|----------|----------------|
| Palmerston | Good Shepherd Lutheran School 5/13 Emery Ave, Woodroffe | Saturday | 10am – 11:30am |
| Term 1 commences on Saturday 31st January 2026 | | | |

SUB-JUNIORS PALMERSTON (Aged 8-10yrs, as of 31st December)

| Location | Venue | Day | Time |
|--|---|----------|--------------|
| Palmerston | Palmerston Middle School 185 Forrest Parade Rosebery | Thursday | 5pm – 7:30pm |
| Term 1 commences on Thursday 29th January 2026 | | | |

JUNIORS PALMERSTON (Aged 11-13yrs, as of 31st December)

| Location | Venue | Day | Time |
|---|--|---------|--------------|
| Palmerston | Palmerston College 10 Tilston Ave, Driver | Tuesday | 5pm – 7:30pm |
| Term 1 commences on Tuesday 27th January 2026 | | | |

INTERMEDIATES (Aged 14-17yrs, as of 31st December)

| Location | Venue | Day | Time |
|--|--|--------|-----------|
| Palmerston | Palmerston Recreation Centre 11 The Blvd, Palmerston City | Monday | 6pm – 8pm |
| Term 1 commences on Monday 3rd February 2026 | | | |

Established in 1982 by Barbara Van Heythuysen 'Miss Barb'