



TOP END CALISTHENICS CLUB INC.

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## 2025 Class Schedule

### **TINIES (Aged 4-5yrs, as of 31<sup>st</sup> December)**

Location	Venue	Day	Time
Palmerston	Good Shepherd Lutheran School 5/13 Emery Ave, Woodroffe	Saturday	10am – 10.45am
Term 1 commences on Saturday 1 <sup>st</sup> February 2025			

### **FUTURE STARS (Aged 6-7yrs, as of 31<sup>st</sup> December)**

Location	Venue	Day	Time
Palmerston	Good Shepherd Lutheran School 5/13 Emery Ave, Woodroffe	Saturday	10am – 11:30am
Term 1 commences on Saturday 1 <sup>st</sup> February 2025			

### **SUB-JUNIORS PALMERSTON (Aged 8-10yrs, as of 31<sup>st</sup> December)**

Location	Venue	Day	Time
Palmerston	Palmerston Middle School 185 Forrest Parade Rosebery	Thursday	5pm – 7:30pm
Term 1 commences on Thursday 30 <sup>th</sup> January 2025			

### **SUB-JUNIORS & JUNIORS JINGILI (Aged 8-13yrs, as of 31<sup>st</sup> December)**

Location	Venue	Day	Time
Jingili	Casuarina Baptist Church 44 Dripstone Road, Alawa	Tuesday	5pm – 7:30pm
Term 1 commences on Tuesday 28 <sup>th</sup> January 2025			

### **JUNIORS PALMERSTON (Aged 11-13yrs, as of 31<sup>st</sup> December)**

Location	Venue	Day	Time
Palmerston	Palmerston College 10 Tilston Ave, Driver	Tuesday	5pm – 7:30pm
Term 1 commences on Tuesday 28 <sup>th</sup> January 2025			

### **INTERMEDIATES (Aged 14-18yrs, as of 31<sup>st</sup> December)**

Location	Venue	Day	Time
Palmerston	Palmerston Recreation Centre 11 The Blvd, Palmerston City	Monday	6pm – 8pm
Term 1 commences on Monday 3 <sup>rd</sup> February 2025			

*Established in 1982 by Barbara Van Heythuysen 'Miss Barb'*