NCCP ADAPTIVE technique		
Sport:	**Game or activity:**	**Skill(s):**
Activity level:	**Number of participants:**	**Equipment:**

Do I need to adapt? Consider:

Are the participants in a good state of mental health?

Is the environment safe? Physically? Psychologically?

Are the participants engaged?

Do the participants experience success?

Is there evidence of skill development?

If NO, then consider ADAPTIVE

A-D-A-P-T-I-V-E	Considerations
Ability	
Difficulty	
Area	
Participants	
Time	
Inclusion	
Variability	
Equipment	

Implement and assess

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