

## TORRINGTON SCHOOL OF BALLET POLICIES

### CLASS GUIDELINES:

- Students should arrive ON TIME and prepared for class - READY TO DANCE. Have your dancer pre-dress in class dress code.
- pack easily identifiable water bottles. Regular plastic water bottles are not recommended as they can be easily mistaken for someone else's. Water coolers are not accessible with building restrictions.
- dance bags should be small – students should only bring limited supplies – ballet slippers, pointe shoes, small footcare kit for our older students
- All students are encouraged to remain in the room once class has begun. Please allow for appropriate restroom use prior to class.
- PLEASE PRACTICE RESPECT AND KINDNESS. This includes in-person and on social media.
- NO FOOD OR DRINK IS ALLOWED IN THE DANCE STUDIOS – EXCEPT WATER. NO STREET SHOES MAY BE WORN ON ANY DANCE FLOOR.

### DRESS CODE:

Students' appearance should be clean and neat at all times. Students must carefully observe the dress code. Label dancewear with student's name. No nail polish or jewelry in class (except pierced studs). No leg warmers or warm-ups (even if assisting a class).

### HAIR:

Girls are ALL required to tie or pin back hair, in neat ballet bun. A ponytail is acceptable for PreBallet students.

### OUTERWEAR:

ALL students, all ages, must wear a cover-up or street clothing over dance wear when entering/leaving the building. PreBallet + Level 1 students should come wearing easy on/easy off outerwear-preferably just a coat/jacket.

### ATTENDANCE:

Each level advances during the year and students must fulfill the requirements of their level. Consistent attendance is required. Students may make up a class on a corresponding day. Please email [tsob@nutmegballet.org](mailto:tsob@nutmegballet.org) if your dancer will be absent from class or rehearsal. No refunds for illness or vacation.

### ILLNESS:

Keep your dancer home if he/she is exhibiting any of the following symptoms: fever, cough, chills, upset stomach, sore throat, general malaise.

### OBSERVATION:

Observation of classes takes place once a year, twice a year for Pre-Ballet. Please see calendar for observation dates. Family members, video cameras, and still cameras welcome!

### WEATHER CANCELLATIONS:

Weather related closings are decided by 2 pm. We will contact families by email and post announcements to social media (Instagram-tsobofficial)

## TORRINGTON SCHOOL OF BALLET POLICIES continued

### **PARKING:**

Parking is available in the East Main Street parking lot on the right hand side ONLY. A drop-off zone is located at the East Main Street (rear) entrance. Additional parking is available on Main Street.

### **WAITING:**

Parents may wait quietly in the outer lobby of the East Main (rear) entrance. Parents are not permitted in first floor studio area, front lobby, community room, board room or on 2nd or 3rd floors.

### **PICK UP/DROP OFF:**

Students should be dropped off and picked up within 10 minutes of class or rehearsal and picked up on time.

## TSOB-COVID-19 PROTOCOLS AND PROCEDURES

### **PROGRAM START - HOME**

- keep child at home if he/she is exhibiting any of the following symptoms: fever, cough, chills, upset stomach, sore throat, general malaise

### **IN-STUDIO PROTOCOLS**

- MASKS ARE OPTIONAL by students and faculty. families should enter in BACK parking lot and are asked to walk their student to the REAR door for drop-off
- dancers must use hand sanitizer upon entering the building
- hand sanitizer, soap and appropriate signage will be in all parts of the building
- dancers will have a designated area marked for dance bags and personal belongings
- all class sizes will be reduced to follow social distancing between dancers
- all studio floors and barres will include markings in order for dancers to properly maintain social distancing
- there will be no sharing of equipment or personal items

### **COVID-19 EXPOSURE**

- if any student/family member tests positive, comes in contact or has had close exposure with anyone diagnosed with COVID-19, please notify The Nutmeg Ballet and dancers should remain home and may not attend in-person classes for 5 days and following [CDC GUIDELINES](#).

### **PROFESSIONAL CLEANING AND SANITATION**

- studios and bathrooms will be cleaned and sanitized daily
- studios will be cleaned and sanitized in-between each class