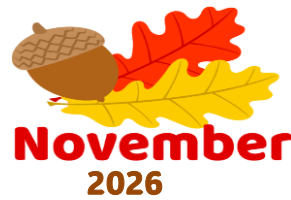




Special diet requests accommodated with a
2026 – 2027 school year diet prescription form on file.



FREE MEALS FOR ALL STUDENTS

Community Eligibility Provision (CEP)

All enrolled students are eligible to receive ONE
breakfast meal and ONE lunch meal at no cost for the
2026-27 school year.

No need to apply for free/reduced-price meals.



**SUBJECT TO
CHANGE**



Low fat and Fat Free
flavored and
unflavored Milk
Served with ALL
meals

Monday	Tuesday	Wednesday	Thursday	Friday	FYI
2 Assorted Cereal, Graham Crackers, Apple Slices, Juice LUNCH Red Bean & Rice Hearty Garden Salad Chilled Mandarin Oranges WG Roll	 ELECTION DAY NOVEMBER 3, 2026 Vote	4 Oatmeal, WG Toast, Strawberries, Fruit juice LUNCH Spaghetti & Meatsauce Steamed Mixed Vegetables Fresh Caesar Salad Tropical Fruit Garlic Bread	5 Assorted Cereal, Graham Crackers, Banana, Fruit Juice BRUNCH Sausage & Egg Biscuit Seasoned Potatoes Baby Carrots w/ Dip 100% Fruit Juice	6 Chicken Biscuit, Seasoned Potatoes, Fruit Juice LUNCH Pepperoni Pizza Whole Corn Caesar Salad Chilled Diced Peaches	 SUBJECT TO CHANGE  Low fat and Fat Free flavored and unflavored Milk Served with ALL meals
9 BREAKFAST Blueberry Muffin, String Cheese, Orange Wedges, Juice LUNCH Macaroni & Cheese Barbecue Meatballs Steamed Broccoli Fresh Caesar Salad Chilled Diced Pears	10 BREAKFAST Buttered Toast, Sausage, Hashbrown, Fruit Juice TACO TUESDAY Taco Salad Refried Beans Salad/Cheese Cups Salsa, Sour Cream Orange Wedges	11 BREAKFAST Cereal, Graham Crackers, Diced Peaches, Fruit Juice LUNCH Chicken & Sausage Gumbo Steamed Whole Grain Rice Grilled Cheese Sandwich Garden Salad, Applesauce	12 BREAKFAST Ham & Egg Biscuit, Apple Slices, Fruit Juice LUNCH Hamburger on WG Bun Sandwich Salad Cups Potato Tots Chilled Pineapple Tidbits	13 BREAKFAST Waffles, Sausage, Applesauce, Fruit Juice BRUNCH Pancakes & Sausage Links Seasoned Potatoes Baby Carrots 100% Fruit Juice	
16 BREAKFAST Sausage Biscuit, Seasoned Potatoes, Fruit Juice LUNCH Pasta Alfredo w/chicken Steamed Green Beans Caesar Salad Chilled Tropical Fruit Garlic Bread	17 BREAKFAST Cereal, Graham Crackers, Bananas, Fruit Juice LUNCH Hot dog on WG Bun Baked Beans Potato Tots Fresh Apple Slices	18 BREAKFAST French toast Sticks, Sausage Links, Pears, Fruit Juice LUNCH Turkey Roast w/ Gravy Herb Stuffing Sweet Potatoes, Green Peas Peach Cobbler Cranberry Sauce, WG Roll	19 BREAKFAST Cheesy Grits, Sausage Links, Chilled Mixed Fruit, Juice LUNCH Macaroni & Cheese Chicken Nuggets Garden Salad Chilled Diced Pears	20 BREAKFAST Cereal, Graham Crackers, Bananas, Juice LUNCH Ham & Cheese Mini Sub Sandwich Salad Cups Orange Wedges Teddy Grahams	
November 23 – 24 (ISL Staff)  Professional Development		November 25 – 27 (School Closed) 			

BREAKFAST AND LUNCH MEALS AT NO COST TO YOU!

All ISL Students receive meals at no cost!

SCHOOL BREAKFAST IS...



BRAIN POWER
FOR **LEARNING**



NUTRITION
FOR **GROWTH**



FUEL FOR **SPORTS** AND
PHYSICAL EDUCATION

Kids are stronger with school breakfast. TeamNutrition.USDA.gov



SPECIAL DIET REQUESTS

Special diet requests will not be accommodated without a 2026 - 2027 school year diet prescription form on file. Forms can be found at: <https://mailchi.mp/5d5ad3ec560b/landing-page-special-dietary-needs> or in the front office resource center of each campus.

DISABILITY SPECIAL DIET REQUESTS

Accommodations for students with special dietary needs because of a disability are available at each school campus. Federal and State regulations require a completed and current diet prescription form for any type of change or substitution to the student's diet. ***The parent/guardian must submit a current form each school year.***

The special diet prescription form must be completed and signed by your child's physician or medical authority. If you have questions regarding the form please contact Melissa Boudreaux, Food Service Director at mboudreaux@isl-edu.org or (504) 444-2696.

NON-DISABILITY SPECIAL DIET REQUESTS

(Dietary Preference form for Meal Modification)

A school/site has the option to make meal modifications at the request of a parent/guardian due to religious, ethical or cultural reasons. The food items that are substituted must meet meal pattern requirements.