



Special diet requests will only be accommodated with a 2025 – 2026 school year diet prescription form on file.
[More Info: Special Dietary Needs](#)



2025 International School of Louisiana

FREE MEALS FOR ALL STUDENTS

Community Eligibility Provision (CEP)

All enrolled students are eligible to receive ONE breakfast meal and ONE lunch meal at no cost for the 2025-26 school year.

No need to apply for free/reduced-price meals.

Monday	Tuesday	Wednesday	Thursday	Friday	FYI
Low fat and Fat Free flavored and unflavored Milk Served with ALL meals	November 24 - 28			10/31 NO SCHOOL FOR STUDENTS	SUBJECT TO CHANGE Myplate.gov
3 BREAKFAST Cereal, Graham Crackers, Sliced Peaches, Fruit Juice LUNCH Southern Style Red Beans Steamed Whole Grain Rice Salad Greens w/ tomatoes Chilled Mixed Fruit Whole Grain Roll	4 BREAKFAST Skillet Sausage & Potatoes, WG Toast, Mixed Fruit, Juice LUNCH Pepperoni Pizza Whole Corn Caesar Salad Chilled Diced Peaches	5 BREAKFAST Sausage Biscuit, Pear Halves, Fruit Juice LUNCH Chicken & Sausage Gumbo Steamed Whole Grain Rice Grilled Cheese Sandwich Hearty Garden Salad Chilled Applesauce	6 BREAKFAST Oatmeal, Cinnamon Raisin Toast, Fresh Berries, Juice LUNCH Hot dog on WG Bun Baked Beans Potato Tots Chilled Mandarin Oranges	7 BREAKFAST Ham & Cheese Toaster, Diced Peaches, Fruit Juice BRUNCH Chicken & Waffles Seasoned Potatoes Baby Carrots Frozen Strawberry Cup	
10 BREAKFAST Chicken Biscuit, Seasoned Potatoes, Fruit Juice LUNCH Grilled Cheese Sandwich Tomato Basil Soup Fresh Garden Saald Chilled Grapes	11 BREAKFAST Cereal, Graham Crackers, Bananas, Fruit Juice LUNCH Ham & Cheese Mini Sub Sandwich Salad Cups Orange Wedges	12 BREAKFAST French toast Sticks, Sausage Links, Pears, Fruit Juice LUNCH Beef Macaroni & Cheese Steamed Broccoli Chilled Applesauce Garlic Bread	13 BREAKFAST Grits, Sausage Links, Chilled Mixed Fruit, Juice BRUNCH Pancakes & Sausage Seasoned Potatoes Baby Carrots Apples	14 BREAKFAST Cereal, Graham Crackers, Diced Peaches, Juice LUNCH Hamburger on WG Bun Sandwich Salad Cups Baked Beans Chilled Pineapple Tidbits	
17 BREAKFAST Breakfast Pizza Bagel. Diced Peaches, Fruit Juice LUNCH Macaroni & Cheese Chicken Bites Baked Beans Garden salad Chilled Applesauce	18 BREAKFAST Pancakes, Sausage Links, Orange Wedges, Fruit Juice TACO TUESDAY Taco Salad Refried Beans Lettuce/Cheese Cups Chilled Pineapple Tidbits	19 BREAKFAST Blueberry Muffin, Banana, Fruit Juice LUNCH Turkey w/ Gravy Mashed Potatoes Steamed Broccoli Peach Cobbler Whole Grain Roll	20 BREAKFAST French toast Sticks, Sausage links, Applesauce, Juice BRUNCH Sausage Biscuits Seasoned Potatoes Baby Carrots Chilled Orange Wedges Assorted Yogurt	21 BREAKFAST Cereal, Graham Crackers, Fruit Juice LUNCH Pepperoni Pizza Whole Corn Caesar Salad Chilled Tropical Fruit Mix	
Teacher Professional Development (School Closed) November 24-25					"USDA is an opportunity provider and employer."

BREAKFAST AND LUNCH MEALS AT NO COST TO YOU!

All ISL Students receive meals at no cost!

SCHOOL BREAKFAST IS...



BRAIN POWER
FOR **LEARNING**



NUTRITION
FOR **GROWTH**



FUEL FOR **SPORTS** AND
PHYSICAL EDUCATION

Kids are stronger with school breakfast. TeamNutrition.USDA.gov

FOOD ALLERGIES



SPECIAL DIET REQUESTS

Special diet requests will not be accommodated without a 2025 - 2026 school year diet prescription form on file. Forms can be found at the following link: [Special Dietary Needs](#) or in the front office resource center of each campus.

****NOTE**** If a student cannot have fluid milk because of a medical diagnosis, the ***Physician must prescribe the milk substitute on the Diet Prescription Form.***

DISABILITY SPECIAL DIET REQUESTS

Accommodations for students with special dietary needs because of a disability are available at each school campus. Federal and State regulations require a completed and current diet prescription form for any type of change or substitution to the student's diet. ***The parent/guardian must submit a current form each school year.***

The special diet prescription form must be completed and signed by your child's physician or medical authority. If you have questions regarding the form please contact Melissa Boudreaux, Food Service Director at mboudreaux@isl-edu.org or (504) 444-2696.

NON-DISABILITY SPECIAL DIET REQUESTS

(Dietary Preference form for Meal Modification)

A school/site has the option to make meal modifications at the request of a parent/guardian due to religious, ethical or cultural reasons. The food items that are substituted must meet meal pattern requirements.

****PLEASE NOTE**** If a student cannot have fluid milk due to a medical diagnosis, the Physician **must** prescribe the milk substitute on the Diet Prescription Form.