



Special diet requests will only be accommodated with a 2025 – 2026 school year diet prescription form on file.

MAY 2026

MENUS

International School of Louisiana

FREE MEALS FOR ALL STUDENTS

Community Eligibility Provision (CEP)

All enrolled students are eligible to receive ONE breakfast meal and ONE lunch meal at no cost for the 2025-26 school year.

No need to apply for free/reduced-price meals.

Monday

Tuesday

Wednesday

Thursday

Friday

FYI

SCHOOL LUNCH HERO DAY

Behind every student's school meal, there's a school lunch Hero worth recognizing.

May 1, 2026

1 Breakfast pizza Bagel, Chilled Apple Slices, Juice
LUNCH
Chicken Nuggets
Macaroni & Cheese
Fresh Garden Salad
Chilled Mixed Fruit



4 Chicken Biscuit, Seasoned Potatoes, Fruit juice

5 Pancakes & Sausage links, Hashbrown, Fruit Juice

6 Potatoes, Sausage and Eggs, Breakfast Bowl, WG Toast, Juice, Fresh Strawberries & Grapes

7 Blueberry Muffin, String Cheese, Orange Wedges, Juice

8 Cereal, Graham Crackers, Banana, Fruit Juice

LUNCH

Seasoned yellow Rice
Thai Sweet Chili Chicken
Steamed Green Beans
Garden Salad
Whole Grain Roll

TACO TUESDAY

Taco Salad
Refried Beans
Lettuce, Cheese Cup
Orange Wedges
Sour Cream, Salsa

LUNCH

Beef Macaroni & Cheese
Steamed Sliced Carrots
Caesar Salad
Chilled Diced Pears
Garlic Bread

LUNCH

Barbecue Pork Riblet
Mashed Potatoes
Steamed Broccoli
Chilled Sliced Peaches
Whole Grain Roll

LUNCH

Hamburger on WG Bun
French Fries
Sandwich Salad Cup
Chilled Grapes

SCHOOL LUNCH HERO DAY

May 1, 2026

11 Waffles & Chicken, Seasoned Potatoes, Fruit Juice

12 French Toast Sticks, Sausage Links, Fruit Juice, Diced Pears

13 Beignet Croissant, Cheese Omelet, Orange Wedges, Juice

14 Grits, Sausage Links, WG Toast, Applesauce, Fruit Juice

15 Cereal, Graham Crackers, Sliced Peaches, Fruit Juice

LUNCH

Homestyle Red Beans
Steamed Brown Rice
Fresh Spring Salad w/ tomatoes
Chilled Mixed Fruit
Warm Cornbread

TUESDAY

Macaroni & Cheese
Barbecue Meatballs
Sweet Potatoes
Steamed Green Beans
Chilled Applesauce

LUNCH

Spaghetti Casserole
Steamed Sliced Carrots
Caesar Salad
Chilled Diced Pears
Wheat Roll

BRUNCH

Sausage Biscuit
Assorted Yogurt
Seasoned Potatoes
Baby Carrots
100% Fruit Juice

LUNCH

Grilled Ham & Cheese Sandwich
Baby Carrots & Celery w/ Dip
Frozen 100% Fruit Sidekicks

MENUS

SUBJECT TO CHANGE

18 Cereal, Graham Crackers, Mandarin Oranges, Fruit Juice

19 Oatmeal, Graham Crackers, Fresh Berries, Juice

20 Breakfast Pizza Bagel, Chilled Diced Peaches, Fruit Juice

21 Berry Sunrise Parfaits, WG Toast, Fruit Juice

22 Sausage Biscuit, Seasoned Potatoes, Fruit Juice

LUNCH

Grilled Cheese sandwich
Chicken Caesar Side Salad
Baby carrots w/ Dip
Frozen 100% Sidekicks

LUNCH

Hot dog on WG Bun
Baked Beans
Garden Salad
Chilled Mixed Fruit

LUNCH

Alfredo Pasta w/ Chicken
Steamed Sliced Carrots
Caesar Salad
Chilled Applesauce
Garlic Bread

LUNCH

Chicken Nuggets
Macaroni & Cheese
Steamed Green Beans
Garden Salad
Baked Cinnamon Apples

LUNCH

Pepperoni Pizza
Whole Corn
Caesar Salad
Orange Wedges



USDA is equal opportunity employer

25



(SCHOOL CLOSED)

26 Assorted Cereal, Graham Crackers, Orange Wedges, Juice

LUNCH – TACO TUESDAY

Taco Salad
Refried Beans
Lettuce, Cheese Cup
Chilled Diced Pears
Sour Cream, Salsa

27 Beignet Croissant, Yogurt, Fresh Berries, Fruit Juice

LUNCH

Turkey & Cheese Mini Subs
Sandwich Salad Cups
Fresh Fruit
Goldfish

28 Sausage Biscuit, Diced Pears, Fruit Juice

LUNCH

Hamburger on WG Bun
French Fries
Garden Salad
Frozen 100% Fruit Sidekicks

29 Assorted Cereal, Graham Crackers, Diced Peaches, Fruit Juice

½ School Day

LAST DAY of SCHOOL!
HAVE A GREAT SUMMER!

Your School Lunch Heros

Yvonne, Ivoryetta, Ana, Melissa, Emilyn, Sharon, Dianne, Tara, Kattia
(left to right)



Ever wonder how 38,214 breakfast meals and 107,849 lunch meals get served with a smile every day?
It's all thanks to our **School Lunch Heroes!** ✨





SPECIAL DIET REQUESTS

Special diet requests will not be accommodated without a 2025 - 2026 school year diet prescription form on file. Forms can be found at the following link: [Special Dietary Needs](#) or in the front office resource center of each campus.

DISABILITY SPECIAL DIET REQUESTS Federal and state regulations require a completed and current diet prescription form for any student with a special diet request. Special diet request forms are available on the school's website, directly from the Food Services Department or school nurse. Special diet requests will not be processed without a current school year form on file. Special diet request form(s) must be supported by a signed statement by a licensed medical authority by the state. Menu substitutions will only be served to students with a documented medical dietary need.

NON-DISABILITY SPECIAL DIET REQUESTS Special diet requests for personal reasons (i.e., ethnic, or religious) without a recognized medical disability may be accommodated at the discretion of the Food Services Director. The ISL Food Services Department is not required to make substitutions for non-medical reasons. Parents/guardians must submit a special diet preference form to the food service department for non-disability special diet requests.

Federal and State regulations require a completed and current diet prescription form for any type of change or substitution to a student's diet. The special diet prescription form will need to be completed by your child's physician or medical authority. We **will not** process a special diet request for your child until we receive the 2025 – 2026 School Year form.

The Diet Prescription form is in the front office of each school campus and online at [SPECIAL DIETARY NEEDS](#).