

Special diet requests will be accommodated with a 2026– 2027 school year diet prescription form on file.



2026

International School of Louisiana

FREE MEALS FOR ALL STUDENTS

Community Eligibility Provision (CEP)
All enrolled students are eligible to receive ONE breakfast meal and ONE lunch meal at no cost for the 2026-27 school year.

No need to apply for free/reduced-price meals.

Monday	Tuesday	Wednesday	Thursday	Friday	FYI
11/30 **BREAKFAST** Cereal, Graham Crackers, Mixed Fruit, Fruit Juice **LUNCH** Red Beans & WG Rice Cucumber-Tomato Salad Chilled Mandarin Oranges WG Roll	1 **BREAKFAST** Sausage Biscuit, Hashbrown Tots, Fruit Juice **LUNCH** Chicken Sandwich Steamed Whole Corn Sandwich Salad Cup Chilled Tropical Fruit	2 **BREAKFAST** Fruit & Yogurt Parfait, Graham Crackers, Juice **LUNCH** Spaghetti Casserole Steamed Mixed Vegetables Caesar Salad Diced Pears, Garlic Bread	3 **BREAKFAST** Cheesy Grits, Sausage Links, Graham Crackers, Apple Slices, Fruit Juice **BRUNCH** Sausage & Egg Biscuit Seasoned Potatoes Baby Carrots w/ Dip Bananas	4 **BREAKFAST** Sausage Egg Cheese Wrap Mandarin Oranges, Juice **LUNCH** Pepperoni Pizza Steamed Corn Caesar Salad Fresh Orange Wedges	 **SUBJECT TO CHANGE**
7 **BREAKFAST** Cereal, Graham Crackers, Applesauce, Fruit Juice **Mix & Munch Lunch -NEW** Whole Grain Crackers Deli Meat & Cubed Cheese Vegetable Medley w/ Dip Grapes, Graham Snack	8 **BREAKFAST** Sausage, Egg & Cheese Wrap, Chilled Grapes, Fruit Juice **LUNCH - Taco Tuesday** Taco Salad Refried Beans Lettuce & Cheese Cups Tropical Fruit Mix Sour Cream, Salsa	9 **BREAKFAST** Waffles, Sausage Links, Applesauce, Fruit juice **LUNCH** Turkey Roast w/ Gravy Mashed Potatoes Steamed Green Beans Chilled Diced Peaches WG Roll	10 **BREAKFAST** Ham & Cheese Toaster, Seasoned Potatoes, Fruit Juice **LUNCH** Hamburger on WG Bun Potato Tots Sandwich Salad Cups Orange Wedges	11 **BREAKFAST** Grits, Cheese Omelet, WG Toast, Pineapples, Fruit Juice **LUNCH** Grilled Cheese Sandwiches Vegetable Medley w/ Dip Fresh Apples Sidekick Frozen Treat	
14 **BREAKFAST** Cereal, Graham Crackers, Fresh Banana, Fruit Juice **LUNCH** Hearty Potato Soup Grilled Chicken Caesar Salad Fresh Apples Garlic Breadstick	15 **BREAKFAST** Oatmeal, Graham Crackers, Diced Peaches, Fruit Juice **LUNCH – Taco Tuesday** Taco Salad Refried Beans Lettuce & Cheese Cups Tropical Fruit Mix Salsa, Sour Cream	16 **BREAKFAST** Sausage Biscuit, Mandarin Oranges, Fruit Juice **LUNCH** BBQ Pork Riblet Mashed Potatoes Steamed Broccoli Florets Chilled Diced Pears WG Roll	17 **BREAKFAST** French Toast Sticks, Sausage, Apple Slices, Fruit Juice **LUNCH** Ham & Cheese Mini Sub Sandwich Salad Cup Orange Wedges Sunchips	18 **BREAKFAST** Cereal, Graham Crackers, Applesauce, Fruit Juice 	 **Milk Offered daily with all meals.**
		 **December 21 – January 4**			

January 2027 At-A-Glance

January 4…. Teacher Professional Development (School Closed)
January 5…. Classes Resume
January 18…Martin Luther King Holiday (School Closed)

USDA is an equal opportunity provider and employer


ISL Café
Try it before you Deny it!
Mix & Munch Meal
Whole Grain Crackers
Ham/Turkey Slices (Quarter Portion)
Cubed Cheese
Grapes
Grape Tomatoes
Baby Carrots
Cucumber Slices
Featured December 7th
ISL Café for Students

SPECIAL DIET REQUESTS

Special diet requests will not be accommodated without a 2026 - 2027 school year diet prescription form on file. Forms can be found at the following link: Special Dietary Needs or in the front office resource center of each campus.

DISABILITY SPECIAL DIET REQUESTS Federal and state regulations require a completed and current diet prescription form for any student with a special diet request. Special diet request forms are available on the school's website, directly from the Food Services Department or school nurse. Special diet requests will not be processed without a current school year form on file. Special diet request form(s) must be supported by a signed statement by a licensed medical authority by the state. Menu substitutions will only be served to students with a documented medical dietary need.

NON-DISABILITY SPECIAL DIET REQUESTS Special diet requests for personal reasons (i.e., ethnic, or religious) without a recognized medical disability may be accommodated at the discretion of the Food Services Director. The ISL Food Services Department is not required to make substitutions for non-medical reasons. Parents/guardians must submit a special diet preference form to the food service department for non-disability special diet requests.

Federal and State regulations require a completed and current diet prescription form for any type of change or substitution to a student's diet. The special diet prescription form will need to be completed by your child's physician or medical authority.

The Diet Prescription form is in the front office of each school campus and online at SPECIAL DIETARY NEEDS.