#### Last Week

Through the Exodus story we are reminded God can do the Impossible. Stand back and watch God work! Because of Christ, we are Free! We now have <u>capacity</u> through Holy Spirit to operate on a whole other level.

# FREEDOM

#### PHILIPPIANS 2:12

WORK OUT (CULTIVATE, CARRY OUT TO THE GOAL, AND FULLY COMPLETE) YOUR OWN SALVATION WITH REVERENCE AND AWE AND TREMBLING (SELF-DISTRUST, WITH SERIOUS CAUTION, TENDERNESS OF CONSCIENCE, WATCHFULNESS AGAINST TEMPTATION, TIMIDLY SHRINKING FROM WHATEVER MIGHT OFFEND GOD AND DISCREDIT THE NAME OF CHRIST).

13 [NOT IN YOUR OWN STRENGTH] FOR IT IS GOD WHO IS ALL THE WHILE EFFECTUALLY AT WORK IN YOU [ENERGIZING AND CREATING IN YOU THE POWER AND DESIRE], BOTH TO WILL AND TO WORK FORHIS GOOD PLEASURE AND SATISFACTION AND DELIGHT





#### HEBREWS 5:14 (KJV)

But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil.



- Touch: The ability to perceive sensations through the skin, including pressure, temperature, pain, and texture.
- Smell: The ability to detect chemicals in the air.
- Sound: The ability to perceive sound, which consists of vibrations in the air.
- <u>Taste</u>: The ability to detect chemicals in food and other substances that come into contact with the tongue.
- <u>Sight</u>:The ability to detect light and interpret it as images.



#### **MATTHEW 6:22&23**

- 22 THE EYE IS THE LAMP OF THE BODY. SO IF YOUR EYE IS SOUND, YOUR ENTIRE BODY WILL BE FULL OF LIGHT.
- 23 BUT IF YOUR EYE IS UNSOUND, YOUR WHOLE BODY WILL BE FULL OF DARKNESS. IF THEN THE VERY LIGHT IN YOU [YOUR CONSCIENCE] IS DARKENED, HOW DENSE IS THAT DARKNESS!

#### **MARK 7:**

14 THEN JESUS CALLED TO THE CROWD TO COME AND HEAR.

"ALL OF YOU LISTEN," HE SAID, "AND TRY TO UNDERSTAND.

15 IT'S NOT WHAT GOES INTO YOUR BODY THAT DEFILES

YOU; YOU ARE DEFILED BY WHAT COMES FROM YOUR

HEART."

17THEN JESUS WENT INTO A HOUSE TO GET AWAY FROM THE CROWD, AND HIS DISCIPLES ASKED HIM WHAT HE MEANT BY THE PARABLE HE HAD JUST USED. 18"DON'T YOU UNDERSTAND EITHER?" HE ASKED. "CAN'T YOU SEE THAT THE FOOD YOU PUT INTO YOUR BODY CANNOT DEFILE YOU?

19FOOD DOESN'T GO INTO YOUR HEART, BUT ONLY PASSES
THROUGH THE STOMACH AND THEN GOES INTO THE SEWER." (BY
SAYING THIS, HE DECLARED THAT EVERY KIND OF FOOD IS
ACCEPTABLE IN GOD'S EYES.)

20AND THEN HE ADDED, "IT IS WHAT COMES FROM INSIDE THAT DEFILES YOU.

21FOR FROM WITHIN, OUT OF A PERSON'S HEART, <u>COME EVIL</u>

<u>THOUGHTS</u>, SEXUAL IMMORALITY, THEFT, MURDER, 22ADULTERY,
GREED, WICKEDNESS, DECEIT, LUSTFUL DESIRES, ENVY, SLANDER,
PRIDE, AND FOOLISHNESS.

23ALL THESE VILE THINGS COME FROM WITHIN; THEY ARE WHAT DEFILE YOU."

I JOHN 2 16 FOR ALL THAT IS IN THE WORLD-THE LUST OF THE FLESH [CRAVING FOR SENSUAL GRATIFICATION] AND THE LUST OF THE EYES [GREEDY LONGINGS OF THE MIND] AND THE PRIDE OF LIFE [ASSURANCE IN ONE'S OWN RESOURCES OR IN THE STABILITY OF EARTHLY THINGS - THESE DO NOT COME FROM THE FATHER BUT ARE FROM THE WORLD [ITSELF].

#### **PROVERBS 4:23**

### 23 KEEP AND GUARD YOUR HEART WITH ALL VIGILANCE AND ABOVE ALL THAT YOU GUARD, FOR OUT OF IT FLOW THE SPRINGS OF LIFE.

THE LIFE YOU WANT IS SPRINGING FROM YOUR HEART WHICH IS SHAPED BY YOUR THOUGHTS WHICH ARE INFLUENCED BY WHAT INFORMS YOUR THINKING (LONGINGS, LIKES, TASTES, ETC.)

THIS STEMS FROM WHAT YOU ARE "SOWING" IN YOUR LIFE THROUGH YOUR SENSES.

## GUARD THE GATES OF YOUR SENSES CHANGE YOUR DESTINY