

A lush green forest with a path leading through the trees, overlaid with the text "Spring Forward". The scene is bathed in soft, golden light, suggesting a bright day. The path is a mix of dirt and fallen leaves, leading the eye into the dense woods. The trees are tall and thin, with a thick canopy of vibrant green leaves. The overall mood is peaceful and hopeful, perfectly complementing the text.

# Spring Forward

# Weather Volatility

## Atmospheric Changes

- Shifts in the Earth's atmosphere, including temperature, composition of gases, and weather patterns
- The "air version" of the water cycle

## Hydrological Changes

- Involve alterations in the distribution and movement of water on, above, and below the Earth's surface.
- The "land/water version" of the water cycle

## Astronomic Changes

- Refer to changes driven by the Earth's orientation, tilt, and orbital position relative to the sun, which determine the timing of astronomical seasons.
- Driven by external cosmic positioning, while the others are internal to the Earth system





# Resolve Resistance

**Mark 4:35-41**

## **Mark 4:35-41**

**<sup>35</sup> That day when evening came, he said to his disciples, "Let us go over to the other side." <sup>36</sup> Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. <sup>37</sup> A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. <sup>38</sup> Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"**

**<sup>39</sup> He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm. <sup>40</sup> He said to his disciples, "Why are you so afraid? Do you still have no faith?"**

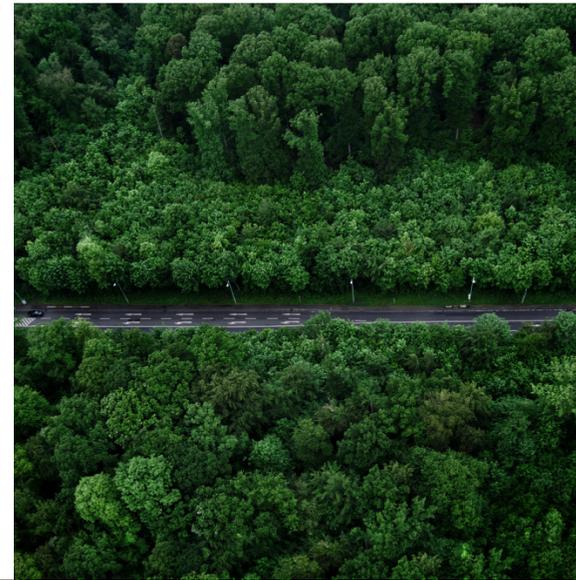
**<sup>41</sup> They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"**

**Volatility, or the threat thereof, yields resistance**

**Volatile - liable to change rapidly and unpredictably, especially for the worse**

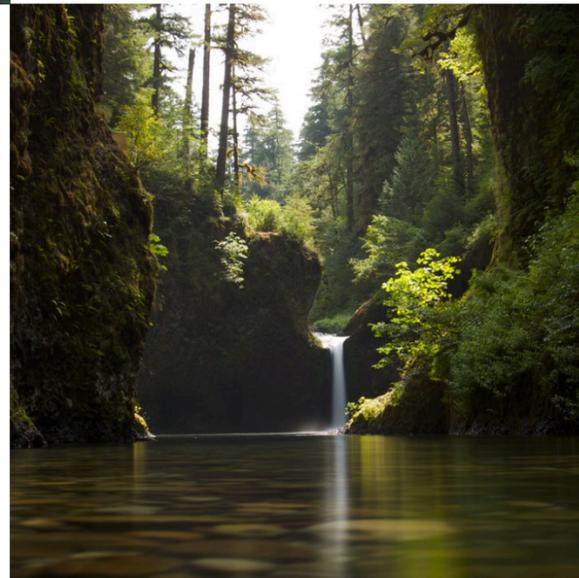


**Hydrological:  
Distractions &  
lusts that we  
can see  
(James 1:13-15)**



# **Why We Resist**

**Atmospheric:  
Things that are  
beyond our  
understanding  
(Isaiah 55:8-9)**



**Astronomic:  
Demonic  
opposition  
(Ephesians 6:11-12)**

**GALATIANS 5:17**  
**“For the flesh desires what is  
contrary to the Spirit, and the  
Spirit what is contrary to the  
flesh. They are in conflict with  
each other, so that you are not to  
do whatever you want.”**

Let your  
journey start  
and end with  
Jesus

# How To Resolve Resistance



**Follow Jesus  
(v. 35-37)**

**Talk to Jesus  
(v. 38)**

**Have Faith  
in Jesus  
(v. 39-40)**

**Absorb  
Jesus  
(v. 41)**

## **Immediately (v. 35)**

**Psalm 119:60**

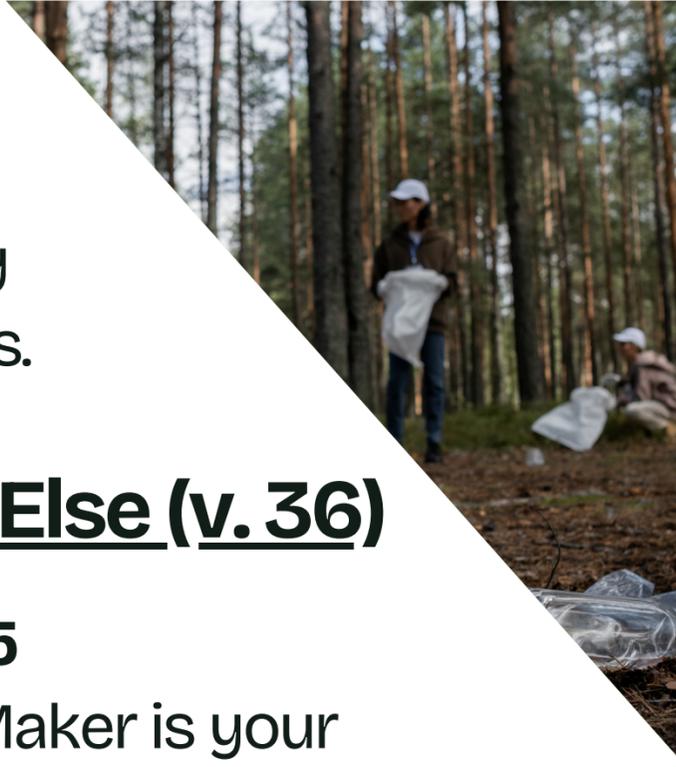
I will hasten and not delay  
to obey your commands.

## **Forsaking All Else (v. 36)**

**Isaiah 54:5**

For your Maker is your  
husband—the Lord Almighty  
is his name—the Holy One of  
Israel is your Redeemer; he is  
called the God of all the earth.

# **Follow Jesus (v. 35-37)**



## **Despite Challenges (v. 37)**

**James 1:2-3**

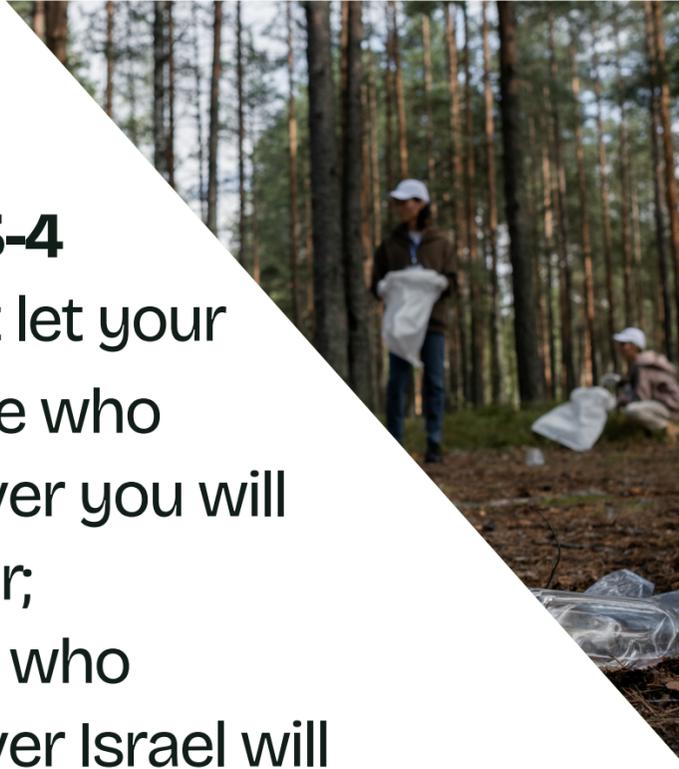
<sup>2</sup> Consider it pure joy, my brothers and  
sisters, whenever you face trials of  
many kinds, <sup>3</sup> because you know that  
the testing of your faith produces  
perseverance.



## Anytime

### **Psalm 121:3-4**

<sup>3</sup>He will not let your foot slip—he who watches over you will not slumber;  
<sup>4</sup>indeed, he who watches over Israel will neither slumber nor sleep.



## Honestly & As You Are

### **Hebrews 4:16**

Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

# Talk to Jesus (v. 38)

## Watch Jesus Work (v. 39)

### **Jeremiah 1:12**

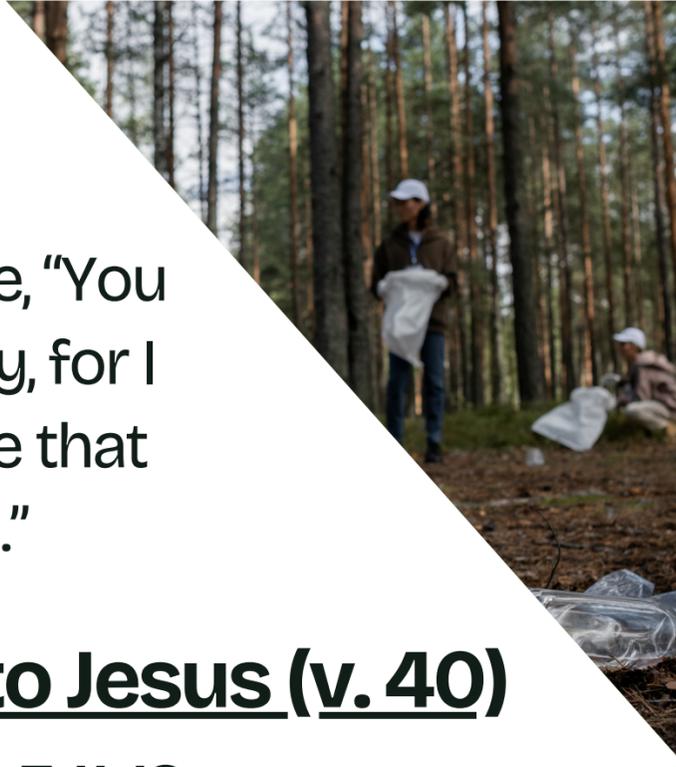
The Lord said to me, "You have seen correctly, for I am watching to see that my word is fulfilled."

## Listen to Jesus (v. 40)

### **Proverbs 3:11-12**

<sup>11</sup>My son, do not despise the Lord's discipline, and do not resent his rebuke, <sup>12</sup>because the Lord disciplines those he loves, as a father the son he delights in.

# Have Faith in Jesus (v. 39-40)



## Have Faith (v. 40)

### **Luke 17:5-6**

<sup>5</sup>The apostles said to the Lord, "Increase our faith!"  
<sup>6</sup>He replied, "If you have faith as small as a mustard seed, you can say to this mulberry tree, 'Be uprooted and planted in the sea,' and it will obey you."

## His Authority

### **Matthew 28:18**

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me."

## His Purpose

### **Mark 10:45**

"...For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

# Absorb Jesus (v. 41)



## His Purchase

### **1 Corinthians 7:23**

You were bought at a price; do not become slaves of human beings.