Clarinda Regional Health Center Lunch

September 2025

'25 Fresh Eats Spring/Summer CRHC Menus Regular/NAS

Lunch		00p00001 =0=0		Regular/NA	
Monday	Tuesday	Wednesday	Thursday	Friday	
1 Baked Spaghetti Breadstick Bhredded Lettuce Salad with Dressing Vatermelon Milk	Herb Crusted Salmon Garlic Butter Rice Asparagus Sherbet Assorted Ice Cream Milk	3 Buttered Chicken Macaroni & Cheese Zucchini Berry Mix Fresh Milk	4 Hamburger on a Bun Green Beans Marble Cheesecake Brownie Fruit Cup Milk	5 Country Style Pork Ribs Scalloped Potatoes Brussels Sprouts Grapes Milk	
8 Carne Asada Brown Rice Hacienda Corn & Black Beans Strawberry Fluff Diet Strawberry Fluff Milk	9 Orange Chicken Lo NA Orange Chicken Brown Rice Stir Fry Vegetable Blend Fresh Fruit Milk	10 Tomato Spinach Pasta Garlic Bread Asparagus Pudding Milk	11 Beef Stroganoff Egg Noodles Mixed Vegetables Apricot Halves Milk	12 Salmon Fillet Brown Rice & Quinoa Baby Carrots Cinnamon Baked Apples Milk	
15 Hickory Smoked Turkey Burnt Ends Mashed Potatoes Brown Gravy Dinner Roll Vegetable Blend Milk	16 Country Fried Steak w/ Cream Gravy Mashed Potatoes Green Beans Cookie Milk	17 Beef Steak with Grilled Onions Baked Potato Margarine Sour Cream California Vegetable Blend Fresh Banana Milk	18 Grilled Mahi Mahi Coleslaw Capri Vegetable Blend Red Star Cake Milk	19 Creamy Italian Sausage Pasta Garlic Bread Cauliflower Tropical Fruit Diet Vanilla Pudding Milk	
22 Seasoned Chicken Breast Dinner Roll Broccoli Florets Cream Pie Milk	23 Grilled Chicken Nuggets Sour Cream Mashed Potatoes Green Beans Diced Peaches Milk	24 Fried Popcorn Shrimp Cocktail Sauce Riced Cauliflower with Roasted Peppers Asparagus Apple Crumb Cake Milk	with Meatsauce Spaghetti Noodles Garlic Bread Zucchini Pineapple Chunks Milk	26 Hamburger on a Bun Wheat Bread Green Beans Macaroni & Cheese Chocolate Peanut Butter Bar Peanut Butter Cookie Milk	
29 Sloppy Joe on a Bun Broccoli Florets Mango Cup Milk	30 KFC Bowl Seasoned Chicken Breast Mashed Potatoes Country Gravy Green Beans Lemon Bar Milk				