

Monday Sep-01	Tuesday Sep-02	Wednesday Sep-03	Thursday Sep-04	Friday Sep-05	Saturday Sep-06	Sunday Sep-07
Breakfast						
Pancakes <i>Alt. Cream of Wheat</i> Bacon <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Fruit Cup <i>Alt. Scone</i> Coffee, Tea, Milk, or Juice	Scrambled Eggs & Bacon <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Hashbrown Patty <i>Alt. Oatmeal</i> <i>Alt. Croissant</i> Sausage Patty Fruit Cup Coffee, Tea, Milk, or Juice	Omelet <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Hashbrowns <i>Alt. Malt-O-Meal</i> Turkey Sausage Link Fruit Cup <i>Alt. Muffin</i> Coffee, Tea, Milk, or Juice	Sausage Gravy Biscuit <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Links <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Coffee Cake</i> Coffee, Tea, Milk, or Juice	Cheesy O'Brien Egg <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Bacon <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Pecan Roll</i> Coffee, Tea, Milk, or Juice	Scrambled Eggs with Ham and Cheese <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Hashbrown Casserole <i>Alt. Oatmeal</i> Sausage Links Fresh Fruit Cup <i>Alt. Fruit Turnover</i> Coffee, Tea, Milk, or Juice	Breakfast Pizza <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Patty <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Glazed Doughnut</i> Coffee, Tea, Milk, or Juice
Lunch						
Baked Spaghetti <i>Alt. Sweet Italian Sausage Hoagie</i> <i>Alt. Fresh Fit Turkey Avocado</i> Hummus Wrap Garlic Breadstick <i>Alt. Fried Side</i> Shredded Lettuce Salad with Dressing <i>Alt. Broccoli Cauliflower Vegetable Blend</i> <i>Alt. Baby Carrots</i> Watermelon <i>Alt. Red Star Cake</i> Milk Iced Tea	Herb Crusted Salmon <i>Alt. Beef Kabob</i> Garlic Butter Rice <i>Alt. Baked Sweet Potato</i> Asparagus <i>Alt. Whole Kernel Corn</i> Lemon Chiffon Pie <i>Alt. Sherbet</i> Milk Iced Tea	Buttered Chicken <i>Alt. Beef Brisket</i> Macaroni & Cheese <i>Alt. Fried Side</i> <i>Alt. Brown Rice & Quinoa</i> Roasted Zucchini & Red Peppers Rice Krispies Bar <i>Alt. Berry Mix Fresh</i> Milk Iced Tea	Hamburger on a Bun <i>Alt. Bacon Wrapped Slaw Dog</i> <i>Alt. Fresh Fit Hummus Bowl</i> Crispy Curly Fries <i>Alt. Baked Beans</i> Green Beans <i>Alt. Vegetable Blend</i> Marble Cheesecake Brownie <i>Alt. Fruit Cup</i> Milk Iced Tea	BBQ Country Style Ribs <i>Alt. Cajun Shrimp Pasta</i> <i>Alt. Fresh Fit Roasted Vegetable Salad</i> Scalloped Potatoes <i>Alt. Garlic Breadstick</i> Brussels Sprouts <i>Alt. Caesar Salad</i> Grapes <i>Alt. Snowball Cookies 2</i> Milk Iced Tea	Chicken Kabobs <i>Alt. Salisbury Steak</i> Brown Rice <i>Alt. Sour Cream Mashed Potatoes</i> Cauliflower Boston Cream Poke Cake <i>Alt. Fruit Cup</i> Milk Iced Tea	Beef Tips with Mushroom Gravy <i>Alt. Fajita Cobb Salad</i> Mashed Potatoes Broccoli Florets / s Fantasy Fruit Coffee, Tea, Milk, or Juice
Dinner						
Deli Sandwich Bar Macaroni & Cheese Roasted Zucchini Cornflake Peanut Butter Cookie Coffee, Tea, Milk, or Juice	Chicken Strips <i>Alt. Baked Chicken</i> Mashed Potatoes Country Gravy Broccoli Florets Cookie Coffee, Tea, Milk, or Juice	Beef Hot Dog on Bun <i>Alt. Southwestern Chicken Salad</i> Baked Beans California Vegetable Blend Cookie Coffee, Tea, Milk, or Juice	Grilled Chicken Sandwich Baked Potato Baby Carrots Cookie Coffee, Tea, Milk, or Juice	Cheeseburger on a Bun <i>Alt. Hamburger Bun</i> <i>Alt. Fresh Fit Burger</i> French Fries Asparagus Cookie Coffee, Tea, Milk, or Juice	Pulled Pork on a Bun <i>Alt. Baked Pork Chop</i> French Fries Roasted Zucchini Cookie Coffee, Tea, Milk, or Juice	Fish Fillet <i>Alt. Baked Salmon</i> Oven Roasted Potatoes Green Beans Cookie Coffee, Tea, Milk, or Juice

Monday Sep-08	Tuesday Sep-09	Wednesday Sep-10	Thursday Sep-11	Friday Sep-12	Saturday Sep-13	Sunday Sep-14
Breakfast						
Breakfast Quesadilla <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Patty <i>Alt. Oatmeal</i> Fruit Cup Coffee, Tea, Milk, or Juice	Waffle <i>Alt. Fried Egg</i> Scrambled Eggs Bacon <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Assorted Danish</i> Coffee, Tea, Milk, or Juice	Smothered Hash <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Patty <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Apple Strudel</i> Coffee, Tea, Milk, or Juice	Southwest Egg Bake <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Links <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Monkey Bread 2</i> Coffee, Tea, Milk, or Juice	Breakfast Sausage Burrito <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Hashbrowns <i>Alt. Oatmeal</i> <i>Alt. Bacon</i> Fruit Cup <i>Alt. Muffin</i> Coffee, Tea, Milk, or Juice	French Toast <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Patty <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Scone</i> Coffee, Tea, Milk, or Juice	Sausage Gravy Biscuit <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Bacon <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Cinnamon Twist</i> Coffee, Tea, Milk, or Juice
Lunch						
Mississippi Shredded Beef Tacos <i>Alt. Cheese Quesadilla</i> <i>Alt. Grilled Chicken Strips</i> Brown Rice Hacienda Corn & Black Beans <i>Alt. Fajita Vegetable Blend</i> Coffee, Tea, Milk, or Juice Strawberry Fluff Milk Iced Tea	Orange Chicken <i>Alt. Sweet & Sour Chicken</i> <i>Alt. Shrimp Stir Fry with Vegetables</i> Fried Rice <i>Alt. Crab Rangoon</i> <i>Alt. Egg Roll</i> Stir Fry Vegetable Blend Fruit Cup <i>Alt. Peanut Butter Pie</i> Coffee, Tea, Milk, or Juice	Tomato Spinach Pasta <i>Alt. Hot N Spicy Chicken</i> <i>Alt. Chef Salad with Turkey</i> Breadstick <i>Alt. Tri-Color Oven Roasted Potatoes</i> Asparagus <i>Alt. Green Peas</i> Pudding <i>Alt. Strawberry Shortcake Cupcake</i> Milk Iced Tea	Beef Stroganoff <i>Alt. Cornflake Chicken</i> Egg Noodles <i>Alt. Roasted Sweet Potato</i> Mixed Vegetables <i>Alt. Cauliflower</i> Apricot Halves <i>Alt. Cheesecake</i> Milk Iced Tea	Salmon Fillet Teriyaki Sauce <i>Alt. Bratwurst on a Bun</i> <i>Alt. Sauerkraut</i> Brown Rice & Quinoa <i>Alt. Fried Side</i> Baby Carrots <i>Alt. Corn Pepper Poblano Blend</i> Cinnamon Baked Apples <i>Alt. Ice Cream</i> <i>Alt. Apple Crisp</i> Milk Iced Tea	Chicken Parmesan <i>Alt. Pasta Bar</i> <i>Alt. Alfredo Sauce</i> <i>Alt. Chicken and Vegetable Salad</i> Plate Spaghetti Noodles <i>Alt. Breadstick</i> Brussels Sprouts Mandarin Oranges <i>Alt. Coconut Cream Pie</i> Milk Iced Tea	Smothered Chicken Baked Sweet Potato <i>Alt. Broccoli Florets</i> Frosted Cake Milk Iced Tea
Dinner						
KFC Bowl Popcorn Chicken <i>Alt. Grilled Chicken Breast</i> Mashed Potatoes <i>Alt. Country Gravy</i> Whole Kernel Corn Cookie Coffee, Tea, Milk, or Juice	Breaded Pork Patty <i>Alt. Hamburger Bun</i> <i>Alt. Garlic Herb Pork Loin</i> Oven Roasted Potatoes Roasted Zucchini Cookie Coffee, Tea, Milk, or Juice	BBQ Pork Rib Patty on a Bun <i>Alt. Fresh Fit Hummus Bowl</i> Macaroni & Cheese Caribbean Vegetable Blend Cookie Coffee, Tea, Milk, or Juice	Cheeseburger on a Bun <i>Alt. Fresh Fit Burger</i> French Fries Baby Carrots Cookie Coffee, Tea, Milk, or Juice	Breaded Chicken Sandwich <i>Alt. Grilled Chicken Sandwich</i> Baked Potato Asparagus Cookie Coffee, Tea, Milk, or Juice	Hot Ham & Cheese <i>Alt. Fresh Fit Turkey Avocado</i> Hummus Wrap Fried Side Sugar Snap Peas Cookie Coffee, Tea, Milk, or Juice	Breaded Fish on a Bun <i>Alt. Baked Herb Fish</i> Garden Blend Rice Green Beans Cookie Coffee, Tea, Milk, or Juice

Monday Sep-15	Tuesday Sep-16	Wednesday Sep-17	Thursday Sep-18	Friday Sep-19	Saturday Sep-20	Sunday Sep-21
Breakfast						
Sausage Egg & Cheese Breakfast Sandwich <i>Alt. Scrambled Eggs</i> <i>Alt. Poached Egg</i> <i>Alt. Sausage Patty</i> Hashbrown Patty <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Assorted Danish</i> Coffee, Tea, Milk, or Juice	Omelet Scramble <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Bacon <i>Alt. Oatmeal</i> Fresh Fruit Cup <i>Alt. Cinnamon Roll</i> Coffee, Tea, Milk, or Juice	Sausage Egg & Cheese Biscuit Casserole <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Bacon <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Pumpkin Bread</i> Coffee, Tea, Milk, or Juice	Egg & Hashbrown Casserole <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Links <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Croissant</i> Coffee, Tea, Milk, or Juice	Blueberry Pancakes <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Bacon <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Coffee Cake</i> Coffee, Tea, Milk, or Juice	French Toast Casserole <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Patty <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Fruit Turnover</i> Coffee, Tea, Milk, or Juice	Quiche Lorraine <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Links <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Glazed Doughnut</i> Coffee, Tea, Milk, or Juice
Lunch						
Hickory Smoked Turkey Burnt Ends <i>Alt. Hot Italian Sandwich</i> <i>Alt. Tomato Bisque Soup</i> Mashed Potatoes Brown Gravy Dinner Roll Vegetable Blend <i>Alt. Cream Style Corn</i> Applesauce <i>Alt. Apple Crumb Cake</i> Iced Tea Milk	Country Fried Steak with Cream Gravy <i>Alt. Chicken Quesadilla Bowl</i> Mashed Potatoes <i>Alt. Country Gravy</i> <i>Alt. Spanish Rice</i> Green Beans <i>Alt. Hacienda Corn & Black Beans</i> <i>Alt. Fajita Vegetable Blend</i> Cookie Milk Iced Tea	Smothered Steak with Onions <i>Alt. Chicken Breast Sandwich</i> Baked Potato <i>Alt. Corn Mac</i> California Blend Vegetables <i>Alt. Brussels Sprouts</i> Fresh Banana <i>Alt. Coconut Cream Cake</i> Milk Iced Tea	Chicken Enchiladas <i>Alt. Grilled Mahi Mahi</i> Spanish Rice <i>Alt. Fried Side</i> Capri Vegetable Blend <i>Alt. Green Peas</i> Red Star Cake Milk Iced Tea	Creamy Italian Sausage Pasta <i>Alt. Butterfly Shrimp</i> <i>Alt. Stuffed Tomato with Chicken Salad</i> Breadstick <i>Alt. Baked Potato</i> Roasted Cauliflower <i>Alt. Baby Carrots</i> Tropical Fruit <i>Alt. Dessert Pudding Layer CR</i> Milk Iced Tea	Chicken Strips <i>Alt. Chicken Sandwich</i> <i>Alt. Fresh Fit Mediterranean Chicken Salad</i> Oven Roasted Potatoes California Vegetable Blend Strawberry Shortcake Milk Iced Tea	<i>Alt. Pork Stir Fry with Vegetables</i> Brown Rice & Quinoa <i>Alt. Egg Roll</i> <i>Alt. Stir Fry Vegetable Blend</i> Fruit Cocktail <i>Alt. Fruits of the Forest Pie</i> Milk Iced Tea
Dinner						
Sausage Gravy Biscuit <i>Alt. Fresh Fit Deli Sandwich</i> Bacon Green Beans Fruit Cup Cornflake Peanut Butter Cookie Coffee, Tea, Milk, or Juice	Chicken Strips <i>Alt. Chef Salad with Grilled Chicken</i> Mashed Potatoes <i>Alt. Country Gravy</i> Broccoli Florets Cookie Coffee, Tea, Milk, or Juice	Turkey Bacon Club Sandwich <i>Alt. Chicken Quinoa Bowl</i> Oven Roasted Potatoes California Vegetable Blend Cookie Coffee, Tea, Milk, or Juice	Cheeseburger on a Bun <i>Alt. Fresh Fit Burger</i> French Fries Baby Carrots Cookie Coffee, Tea, Milk, or Juice	Chicken Cordon Bleu <i>Alt. Baked Chicken</i> Baked Potato Asparagus Cookie Coffee, Tea, Milk, or Juice	Fried Popcorn Shrimp <i>Alt. Boiled Shrimp</i> Oven Roasted Potatoes Roasted Zucchini Cookie Coffee, Tea, Milk, or Juice	Alfredo Sauce <i>Alt. Pasta</i> <i>Alt. Grilled Chicken Strips</i> Garlic Breadstick <i>Alt. Oven Roasted Potatoes</i> Green Beans Cookie Coffee, Tea, Milk, or Juice

Monday Sep-22	Tuesday Sep-23	Wednesday Sep-24	Thursday Sep-25	Friday Sep-26	Saturday Sep-27	Sunday Sep-28
Breakfast						
Smothered Hash <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Bacon <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Assorted Danish</i> Coffee, Tea, Milk, or Juice	Southwest Egg Bake <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Links <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Croissant</i> Coffee, Tea, Milk, or Juice	Sausage Gravy Biscuit Poached Egg <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Patty <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Scone</i> Coffee, Tea, Milk, or Juice	Scrambled Eggs <i>Alt. Fried Egg</i> Hashbrowns <i>Alt. Cream of Wheat</i> Bacon Fruit Cup <i>Alt. Cinnamon Roll Cake</i> Coffee, Tea, Milk, or Juice	Scrambled Eggs & Bacon Biscuit Sausage Patty <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Bread of Choice</i> Coffee, Tea, Milk, or Juice	Breakfast Pie <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Links <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Glazed Doughnut</i> Coffee, Tea, Milk, or Juice	Scrambled Egg with Cheese <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Hashbrown Patty <i>Alt. Oatmeal</i> Sausage Links Fruit Cup <i>Alt. Muffin</i> Coffee, Tea, Milk, or Juice
Lunch						
Seasoned Chicken Breast <i>Alt. Gyro Bowl</i> <i>Alt. Tzatziki</i> Dinner Roll <i>Alt. Greek Rice</i> <i>Alt. Oven Roasted Potatoes</i> Broccoli Florets <i>Alt. Whole Kernel Corn</i> Cream Pie Milk Iced Tea	Popcorn Chicken <i>Alt. Smoked Chicken Wings</i> <i>Alt. Fresh Fit Mediterranean Chicken Salad</i> Macaroni & Cheese Vegetable Blend <i>Alt. Green Beans</i> Diced Peaches <i>Alt. Robert Redford Cake</i> Milk Iced Tea	Fried Popcorn Shrimp Chili Cheese Dog <i>Alt. Chef Salad with Turkey</i> Baked Potato <i>Alt. Beef Chili</i> Asparagus <i>Alt. Vegetable Blend</i> Apple Crumb Cake Milk Iced Tea	Meatsauce with Spaghetti Noodles <i>Alt. Cheese Pizza</i> <i>Alt. Fresh Fit Hummus Bowl</i> Breadstick <i>Alt. Caesar Salad</i> Zucchini <i>Alt. Cauliflower</i> Pineapple Chunks <i>Alt. Blueberry Zucchini Cake</i> Milk Iced Tea	Cheeseburger on a Bun <i>Alt. Bacon Cheeseburger</i> <i>Alt. Fresh Fit Burger</i> <i>Alt. Brisket Mac & Cheese</i> Crispy Curly Fries Green Beans <i>Alt. Vegetable Blend</i> Chocolate Peanut Butter Bar Milk Iced Tea	Parmesan Ranch Chicken Hashbrown Casserole Parmesan Garlic Brussel Sprouts Blushing Pears <i>Alt. Butter Bars</i> Milk Iced Tea	<i>Alt. Beef and Cheddar Melt</i> Oven Roasted Potatoes Zucchini & Yellow Squash Monster Cookie Bar <i>Alt. Fruit Cup</i> Milk Iced Tea
Dinner						
Breaded Pork Patty Hamburger Bun <i>Alt. Pork Loin Sandwich on Wheat Bread</i> Oven Roasted Potatoes Roasted Zucchini Cookie Coffee, Tea, Milk, or Juice	Salisbury Steak <i>Alt. Grilled Chicken Breast</i> Mashed Potatoes Brown Gravy Broccoli Florets Cookie Coffee, Tea, Milk, or Juice	BBQ Pork Rib Patty on a Bun <i>Alt. Chicken Fajita Bowl</i> Macaroni & Cheese Caribbean Vegetable Blend Cookie Coffee, Tea, Milk, or Juice	Sloppy Joe Hamburger Bun <i>Alt. Cranberry Walnut Chicken Salad</i> French Fries Baby Carrots Cookie Coffee, Tea, Milk, or Juice	KFC Bowl Popcorn Chicken <i>Alt. Grilled Chicken Strips</i> Mashed Potatoes <i>Alt. Country Gravy</i> <i>Alt. Baked Potato</i> Whole Kernel Corn Cookie Coffee, Tea, Milk, or Juice	Hot Ham & Cheese <i>Alt. Oriental Chicken Wrap</i> Fried Side Sugar Snap Peas Cookie Coffee, Tea, Milk, or Juice	Beef Enchiladas <i>Alt. Fresh Fit Teriyaki Salmon Rice Bowl</i> Spanish Rice Green Beans Cookie Coffee, Tea, Milk, or Juice

Monday Sep-29	Tuesday Sep-30	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						
Breakfast Pizza <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Patty <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Apple Strudel</i> Coffee, Tea, Milk, or Juice	Quiche Lorraine <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Bacon <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Assorted Danish</i> Coffee, Tea, Milk, or Juice					
Lunch						
Sloppy Joe on a Bun <i>Alt. Pulled Chicken Nachos</i> <i>Alt. Fresh Fit Chicken Taco Poblano</i> Rice Bowl Oven Roasted Potatoes Broccoli Florets <i>Alt. Hacienda Corn & Black Beans</i> Mango Cup <i>Alt. Strawberry Pie</i> Milk Iced Tea	KFC Bowl <i>Alt. Sausage/Potato Skillet</i> <i>Alt. Fresh Fit Hummus Veggie</i> Sandwich Mashed Potatoes Poultry Gravy Green Beans <i>Alt. Whole Kernel Corn</i> Lemon Bar <i>Alt. Fruit Cup</i> Milk Iced Tea					
Dinner						
Omelet <i>Alt. Ham & Swiss Wrap</i> Sausage Patty Hashbrown Casserole Roasted Zucchini Cornflake Peanut Butter Cookie Coffee, Tea, Milk, or Juice	Chicken Tater Tot Casserole 2 <i>Alt. Grilled Chicken Salad</i> Broccoli Florets Cookie Coffee, Tea, Milk, or Juice					