

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Roast Beef Mashed Potatoes Boil in Bag Brown Gravy Baby Carrots Dessert Pudding Layer CR Milk	2 Meatloaf Macaroni & Cheese Brussels Sprouts Fruit Cocktail Milk
5 Chicken Carnitas Shredded Lettuce and Diced Tomato <i>Flour Tortilla</i> Spanish Rice Vegetable Blend Red Star Cake <i>Sugar Free Red Gelatin</i> Milk	6 Chicken Fettuccine Alfredo Garlic Bread Vegetable Blend Fruit Mix Milk	7 Beef and Noodles Mashed Potatoes Asparagus Chocolate Peanut Butter Pretzel Dessert Milk	8 Breaded Fish on a Bun <i>Tartar Sauce</i> Vegetable Blend Apricot Halves Milk	9 Honey Garlic Chicken Baked Sweet Potato <i>Butter or Margarine</i> Zucchini Cookie Milk
12 Chicken Kiev Baked Potato <i>Butter or Margarine</i> <i>Sour Cream</i> Winter Vegetable Blend Blushing Pears Milk	13 Swedish Meatballs Egg Noodles Vegetable Blend Mixed Berry Cobbler Milk	14 Salisbury Steak Mashed Potatoes Brown Gravy Mixed Vegetables <i>Zucchini</i> Cinnamon Baked Apples Milk	15 Aloha Chicken Rice Broccoli & Cauliflower Frosted Banana Bars Milk	16 Hamburger on a Bun Ketchup and Mustard Green Beans Grapes Milk
19 Country Fried Steak with Cream Gravy Mashed Potatoes Country Gravy Vegetable Blend Fruit Cup Milk	20 Baked Ziti with Meatsauce Cauliflower Garlic Bread Mandarin Oranges Milk	21 Chicken Adobado Baked Sweet Potato Baby Carrots Sugar Cookie Milk	22 Chicken Bacon Pasta Garlic Bread Vegetable Blend Apple Oatmeal Bar Milk	23 Beef Stew Biscuit <i>Bread with Margarine</i> Broccoli Florets French Cherry Dessert <i>Sugar Free Red Gelatin</i> Milk
26 Chicken Cordon Bleu Oven Roasted Potatoes Brussels Sprouts Fresh Banana Milk	27 Turkey Pot Roast Mashed Potatoes <i>Roasted Turkey Skillet Gravy</i> Baby Carrots Chocolate Brownie Milk	28 Hamballs Hashbrown Casserole Vegetable Blend Grapes Milk	29 Pizza Pasta Casserole Garlic Bread Broccoli Cuts Sugar Cookie Milk	30 Buttered Chicken Macaroni & Cheese Capri Vegetable Blend Berry Medley Milk