

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Baked Chicken Marinara Sauce Garlic Bread Spaghetti Noodles Watermelon Skim Milk	2 Hot Dog Bread Ketchup and Mustard Asparagus Sherbet Skim Milk	3 Buttered Chicken Macaroni & Cheese Zucchini Rice Krispies Bar Skim Milk	4 Country Fried Steak with Cream Gravy Mashed Potatoes Country Gravy Green Beans Grapes Skim Milk
7 Pizza Pasta Casserole Garlic Bread Broccoli Florets Fantasy Fruit Skim Milk	8 Carne Asada Brown Rice Hacienda Corn & Black Beans Diet Fruited Gelatin Skim Milk	9 LO NA Diced Chicken Reduced Sodium Soy Sauce Brown Rice Stir Fry Vegetable Blend Fresh Fruit Skim Milk	10 Breaded Chicken Sandwich Ketchup and Mustard Dill Pickle Chips Asparagus Diet Pudding Skim Milk	11 Chicken Fajita Tacos Shredded Lettuce and Diced Tomato Spanish Rice Fajita Vegetable Blend Mango Cup Skim Milk
14 Smothered Chicken Baked Sweet Potato Broccoli Florets Red Star Cake Skim Milk	15 Baked Turkey Cutlet Corn Mac Vegetable Blend Apple Crumb Cake Skim Milk	16 Chicken Quesadilla Bowl <i>Brown Rice</i> <i>Hacienda Corn & Black Beans</i> <i>Fajita Vegetable Blend</i> Shredded Lettuce and Diced Tomato Angel Dessert Skim Milk	17 Hawaiian Meatballs Scalloped Potatoes Vegetable Blend Coconut Cream Cake Skim Milk	18 Chicken Enchiladas Spanish Rice Vegetable Blend Sugar Free Red Gelatin Skim Milk
21 Sausage/Potato Skillet Stir Fry Vegetable Blend Fruit Cocktail Skim Milk	22 Strip Steak <i>Tzatziki</i> Whole Kernel Corn Cookie Skim Milk	23 Popcorn Chicken Ketchup Macaroni & Cheese Vegetable Blend Sugar Free Red Gelatin Skim Milk	24 Beef Chili Baked Potato Butter Sour Cream Asparagus Cinnamon Roll Skim Milk	25 with Meatsauce Spaghetti Noodles Garlic Bread Zucchini Pineapple Chunks Skim Milk
28 Pulled Pork <i>Bread</i> Vegetable Blend Monster Cookie Bar Skim Milk	29 Sloppy Joe on a Bun Broccoli Florets Mango Cup Skim Milk	30 LO NA Diced Chicken Mashed Potatoes Country Gravy Whole Kernel Corn Lemon Bar Skim Milk		