

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Baked Chicken Marinara Sauce Spaghetti Noodles Garlic Bread Watermelon Milk	2 Hamburger on a Bun Mustard Asparagus Sherbet Milk	3 LS Buttered Chicken Low Sodium Macaroni & Cheese Zucchini Rice Krispies Bar Milk	4 LS Beef Country Fried Steak Mashed Potatoes Low Sodium Cream Gravy Low Salt Green Beans Grapes Milk
7 Low Sodium Pizza Pasta Casserole Garlic Bread Broccoli Florets Fantasy Fruit Milk	8 Strip Steak Low Sodium Brown Gravy Brown Rice Whole Kernel Corn Fruit Gelatin with Marshmallows Milk	9 LO NA Diced Chicken Orange Sauce Brown Rice Vegetable Blend Fresh Fruit Milk	10 Chicken Breast Sandwich Asparagus Ice Cream Milk	11 LO NA Diced Chicken Shredded Lettuce and Diced Tomato Rice Fajita Vegetable Blend Hacienda Corn & Black Beans Mango Cup Milk
14 LO/NA Smothered Chicken Baked Sweet Potato Broccoli Florets Red Star Cake Milk	15 Hickory Smoked Turkey Burnt Ends Low Sodium Macaroni & Cheese Vegetable Blend Applesauce Milk	16 Chicken Quesadilla Bowl <i>LO NA Diced Chicken</i> <i>Brown Rice</i> <i>Hacienda Corn & Black Beans</i> <i>Fajita Vegetable Blend</i> Shredded Lettuce and Diced Tomato Angel Dessert Milk	17 Meatballs Low Sodium Scalloped Potatoes 2 Vegetable Blend Ice Cream Milk	18 Baked Chicken Spanish Rice Vegetable Blend Fruit Mix Milk
21 Baked Pork Chop Oven Roasted Potatoes Vegetable Blend Fruit Cocktail Milk	22 Gyro Bowl <i>Strip Steak</i> <i>Tzatziki</i> <i>Greek Rice</i> Whole Kernel Corn Cookie Milk	23 LO NA Diced Chicken LS Chicken Gravy Low Sodium Macaroni & Cheese Vegetable Blend Diced Peaches Milk	24 LS Beef Chili Baked Potato Butter Sour Cream Asparagus Snickerdoodle Cookie Milk	25 Meatsauce with Spaghetti Noodles Garlic Bread Zucchini Pineapple Chunks Milk
28 Pulled Pork Bread with Margarine Whole Kernel Corn Monster Cookie Bar Milk	29 Lo Na Sloppy Joe on Bun Broccoli Florets Mango Cup Milk	30 LO NA Diced Chicken Mashed Potatoes Low Sodium Cream Gravy Whole Kernel Corn Lemon Bar Milk		