

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Baked Chicken Marinara Sauce Spaghetti Noodles Garlic Bread Watermelon Milk	2 Hamburger on a Bun Mustard Asparagus Sherbet Milk
5 LO NA Diced Chicken Low Sodium Alfredo Sauce Garlic Bread Brussels Sprouts Applesauce Milk	6 Chicken Kabobs Brown Rice Cauliflower Boston Cream Poke Cake Milk	7 Low Sodium Pizza Pasta Casserole Garlic Bread Broccoli Florets Fantasy Fruit Milk	8 LS Beef Country Fried Steak Mashed Potatoes Low Sodium Cream Gravy Low Salt Green Beans Grapes Milk	9 LO NA Diced Chicken Orange Sauce Brown Rice Vegetable Blend Fresh Fruit Milk
12 Baked Pork Chop Bread with Margarine Baby Carrots Cinnamon Baked Apples Milk	13 LO NA Diced Chicken Low Sodium Alfredo Sauce Brussels Sprouts Mandarin Oranges Milk	14 LO/NA Smothered Chicken Baked Sweet Potato Broccoli Florets Red Star Cake Milk	15 Hickory Smoked Turkey Burnt Ends Low Sodium Macaroni & Cheese Vegetable Blend Applesauce Milk	16 Chicken Quesadilla Bowl <i>LO NA Diced Chicken</i> <i>Buttered Rice</i> <i>Hacienda Corn & Black Beans</i> <i>Fajita Vegetable Blend</i> Shredded Lettuce and Diced Tomato Angel Dessert Milk
19 Creamy Italian Sausage Pasta Garlic Bread Cauliflower Tropical Fruit Milk	20 Fish Fillet Tartar Sauce Low Sodium Macaroni & Cheese Vegetable Blend Strawberries Milk	21 Baked Pork Chop Oven Roasted Potatoes Vegetable Blend Fruit Cocktail Milk	22 Gyro Bowl <i>Strip Steak</i> <i>Tzatziki</i> <i>Greek Rice</i> Whole Kernel Corn Cookie Milk	23 LO NA Diced Chicken LS Chicken Gravy Low Sodium Macaroni & Cheese Vegetable Blend Diced Peaches Milk
26 Baked Pork Chop Low Sodium Macaroni & Cheese Green Beans Applesauce Milk	27 Lo Na Parmesan Ranch Chicken Hashbrown Casserole Brussels Sprouts Blushing Pears Milk	28 Pulled Pork Bread with Margarine Whole Kernel Corn Monster Cookie Bar Milk	29 Lo Na Sloppy Joe on Bun Broccoli Florets Mango Cup Milk	30 LO NA Diced Chicken Mashed Potatoes Low Sodium Cream Gravy Whole Kernel Corn Lemon Bar Milk