

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Hamburger on a Bun Low Salt Green Beans Mustard Cookie Milk	2 Grilled Chicken Breast Low Sodium Macaroni & Cheese Vegetable Blend Chocolate Brownie Milk	3 Baked Pork Chop Coleslaw Broccoli Florets Applesauce Milk
6 Low Sodium Alfredo Sauce Boneless Chicken Breast Fettuccine Noodles Vegetable Blend Ice Cream Milk	7 LS Beef and Noodles Mashed Potatoes Asparagus Yellow Cake with Chocolate Frosting Milk	8 LS Buttered Chicken Oven Roasted Potatoes Vegetable Blend Cookie Milk	9 Beef Brisket Hamburger Bun Broccoli Florets Diced Peaches Milk	10 Hamburger on a Bun Mustard Ketchup Low Salt Green Beans Tropical Fruit Milk
13 LS Smothered Pork Chops Mashed Potatoes Vegetable Blend Robert Redford Cake Milk	14 Chicken & Noodles Mashed Potatoes Mixed Vegetables Diced Peaches Milk	15 Baked Pork Chop Coleslaw Broccoli Florets Applesauce Milk	16 Hamburger on a Bun Ketchup Low Salt Green Beans Cookie Milk	17 LS Beef Country Fried Steak Mashed Potatoes Whole Kernel Corn Gelatin Milk
20 Lo Na Ziti Baked with Meatsauce Garlic Bread Baby Carrots Mandarin Oranges Milk	21 Kiev Chicken Breast Baked Sweet Potato Asparagus Fresh Banana Milk	22 Low Sodium Chicken Bacon Pasta Garlic Bread Brussels Sprouts Sliced Strawberries Milk	23 Seasoned Chicken Breast Oven Roasted Potatoes Broccoli Florets Pudding Milk	24 Meatballs LS Seasoned Rice Low Salt Green Beans Red Star Cake Milk
27 Low Sodium Chicken Cordon Bleu Oven Roasted Potatoes Baby Carrots Tropical Fruit Milk	28 Hamburger on a Bun Vegetable Blend Ketchup and Mustard Grapes Milk	29 Grilled Chicken Breast Oven Roasted Potatoes Broccoli Florets Robert Redford Cake Milk	30 LS Chicken Alfredo Garlic Bread Vegetable Blend Grapes Milk	31