Clarinda Regional Health Center Lunch December 2025 Fresh Eats Fall and Winter 25-26 Regular/NAS

Lunch					Regular/NA
Monday	Tuesday		Wednesday	Thursday	Friday
1 Roast Beef Mashed Potatoes Boil in Bag Brown Gravy Baby Carrots Dessert Pudding Layer CR Milk	Meatloaf Macaroni & Cheese Brussels Sprouts Fruit Cocktail Milk	Parmesan Cheesy R Cheesy Ri Broccoli F Peach Cris Milk	ce Florets sp	4 Bacon Cheeseburger Casserole Breadstick Cauliflower Tropical Fruit Milk	5 Chicken Carnitas Shredded Lettuce and Diced Tomato Flour Tortilla Spanish Rice Vegetable Blend Red Star Cake Sugar Free Red Gelatin Milk
8 Breaded Fish on a Bun Tartar Sauce Vegetable Blend Apricot Halves Milk	Honey Garlic Chicken Baked Sweet Potato Butter or Margarine Zucchini Cookie Milk	9 Smothere Sour Crea Green Bea Applesau Milk	ce	11 Stuffed Green Pepper Casserole Vegetable Blend Strawberry Chiffon Pie Milk	Chicken Kiev Baked Potato Butter or Margarine Sour Cream Winter Vegetable Blend Blushing Pears Milk
15 Aloha Chicken Rice Broccoli & Cauliflower Frosted Banana Bars Milk	Hamburger on a Bun Ketchup and Mustard Green Beans Grapes Milk	Fried Chic Mashed P Chicken G Baby Carr Cherry Cr Milk	otatoes Boil in Bag eravy rots	18 Potato Flake Crusted Pollock Tartar Sauce Bread with Margarine Vegetable Blend Sherbet Milk	19 Country Fried Steak with Cream Gravy Mashed Potatoes Country Gravy Zucchini Fruit Cup Milk
22 Chicken Bacon Pasta Garlic Bread Vegetable Blend Apple Oatmeal Bar Milk	Beef Stew Biscuit Bread with Margarine Broccoli Florets French Cherry Dessert Sugar Free Red Gelatin Milk	Chicken A Garlic Bre Green Be Fruit Cup Milk		25 Baked Salmon Teriyaki Sauce Garden Blend Rice Vegetable Blend Cinnamon Baked Apples Milk	26 Chicken Cordon Bleu Oven Roasted Potatoes Brussels Sprouts Fresh Banana Milk
29 Pizza Pasta Casserole Garlic Bread Broccoli Cuts Sugar Cookie Milk	Buttered Chicken Macaroni & Cheese Capri Vegetable Blend Berry Medley Milk				