

Monday Dec-01	Tuesday Dec-02	Wednesday Dec-03	Thursday Dec-04	Friday Dec-05	Saturday Dec-06	Sunday Dec-07
Breakfast						
Pancakes <i>Alt. Fried Egg</i> <i>Alt. Scrambled Egg</i> Sausage Patty <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Scone</i> Coffee, Tea, Milk, or Juice	Omelet <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Sausage Links <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Assorted Muffins</i> Coffee, Tea, Milk, or Juice	Biscuit Sausage Gravy <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Bacon <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Croissant</i> Coffee, Tea, Milk, or Juice	Southwest Egg Bake <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Sausage Links Hashbrowns <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Cinnamon Twist</i> Coffee, Tea, Milk, or Juice	Belgian Waffles <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Bacon <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Glazed Doughnut</i> Coffee, Tea, Milk, or Juice	Breakfast Sausage Burrito <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Bacon <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Assorted Danish</i> Coffee, Tea, Milk, or Juice	French Toast <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Sausage Patty <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Coffee Cake</i> Coffee, Tea, Milk, or Juice
Lunch						
Roast Beef <i>Alt. Deli Sandwich</i> <i>Alt. Broccoli Cheese Soup</i> <i>Alt. Bread Bowl</i> Mashed Potatoes Brown Gravy Baby Carrots <i>Alt. Whole Kernel Corn</i> Dessert Pudding Layer CR Skim Milk	Meatloaf <i>Alt. Chicken Tater Tot Casserole 2</i> <i>Alt. Bean Soup with Ham</i> Macaroni & Cheese <i>Alt. Cornbread</i> Brussels Sprouts <i>Alt. Vegetable Blend</i> Fruit Cocktail <i>Alt. Coconut Pecan Pie</i> Skim Milk	Parmesan-Crusted Tilapia <i>Alt. Weiner Winks</i> <i>Alt. Tortilla Soup</i> Cheesy Rice Broccoli Florets <i>Alt. Green Peas</i> Peach Crisp Skim Milk	Bacon Cheeseburger Casserole <i>Alt. Garlic Parmesan Chicken</i> <i>Alt. Vegetable Soup</i> Breadstick <i>Alt. Baked Sweet Potato</i> Cauliflower <i>Alt. Green Beans</i> Tropical Fruit <i>Alt. Chocolate Diva Cake</i> Skim Milk	Chicken Carnitas <i>Alt. Nachos Pulled Pork</i> <i>Alt. Chicken Enchilada Soup</i> Spanish Rice Vegetable Blend <i>Alt. Hacienda Corn & Black Beans</i> Red Star Cake Skim Milk	Pasta Bar <i>Alt. Alfredo Sauce</i> <i>Alt. Grilled Chicken Strips</i> <i>Alt. Cheese Tortellini</i> <i>Alt. Bosco Sticks</i> Italian Vegetable Blend Fruit Mix <i>Alt. Angel Food Cake</i> Skim Milk	Beef and Noodles <i>Alt. Cheddar Cheese Soup</i> Mashed Potatoes Asparagus Chocolate Peanut Butter Pretzel Dessert <i>Alt. Lime Gelatin</i> Skim Milk
Dinner						
Bacon Cheeseburger <i>Alt. Fresh Fit Burger</i> Baked Potato Sugar Snap Peas Cookie <i>Alt. Fruit Cup</i> Milk	Breaded Chicken Sandwich <i>Alt. Chef Salad with Turkey</i> French Fries Winter Vegetable Blend Cookie <i>Alt. Fruit Cup</i> Milk	Breaded Pork Patty <i>Alt. Country Pork Chop with Gravy</i> Cheddar Cheese Soup Oven Roasted Potatoes Zucchini Cookie <i>Alt. Fruit Cup</i> Milk	Hot Ham & Cheese Broccoli Florets <i>Alt. Tomato Bisque Soup</i> <i>Alt. Fried Side</i> Cookie <i>Alt. Peaches and Pears</i> Milk	Butterfly Shrimp <i>Alt. Chicken Noodle Soup</i> <i>Alt. Baked Salmon</i> Macaroni & Cheese Capri Vegetable Blend Cookie <i>Alt. Fruit Cup</i> Milk	Chicken Tenders <i>Alt. Baked Chicken</i> Mashed Potatoes Country Gravy California Vegetable Blend Milk Fruit Cup <i>Alt. Cookie</i>	Country Fried Steak with Cream Gravy <i>Alt. Turkey Hummus Bento Box</i> Mashed Potatoes Country Gravy Bermuda Vegetable Blend Milk Fruit Cup <i>Alt. Cookie</i>

Monday Dec-08	Tuesday Dec-09	Wednesday Dec-10	Thursday Dec-11	Friday Dec-12	Saturday Dec-13	Sunday Dec-14
Breakfast						
Breakfast Pizza <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Sausage Links <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Assorted Muffins</i> Coffee, Tea, Milk, or Juice	Smothered Hash <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Bacon <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Doughnut</i> Coffee, Tea, Milk, or Juice	Sausage & Cheese Quiche Spinach & Bacon Quiche Ham and Tomato Quiche <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Patty <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Bread of Choice</i> Coffee, Tea, Milk, or Juice	Pancakes <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Sausage Patty <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Coffee Cake</i> Coffee, Tea, Milk, or Juice	Omelet <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Bacon <i>Alt. Oatmeal</i> <i>Alt. Hashbrown Patty</i> Fruit Cup <i>Alt. Croissant</i> Coffee, Tea, Milk, or Juice	Cream of Wheat French Toast Sticks <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Hashbrowns Sausage Links Fruit Cup <i>Alt. Scone</i> Coffee, Tea, Milk, or Juice	Biscuit Sausage Gravy <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Oatmeal Sausage Patty Fruit Cup <i>Alt. Monkey Bread 2</i> Coffee, Tea, Milk, or Juice
Lunch						
Breaded Fish with Cheese on a Bun <i>Alt. Grilled Chicken Nuggets</i> <i>Alt. Potato Bacon Soup 2</i> Scalloped Potatoes Capri Vegetable Blend <i>Alt. Peas & Carrots</i> Apricot Halves <i>Alt. Chocolate Marshmallow Bars</i> Milk	Honey Garlic Chicken <i>Alt. BBQ Beef Brisket</i> <i>Alt. Roasted Red Pepper and Gouda Bisque</i> Baked Sweet Potato <i>Alt. Macaroni & Cheese</i> Zucchini <i>Alt. Whole Kernel Corn</i> Cornflake Peanut Butter Cookie	Smothered Pork Chops <i>Alt. Grilled Cheese Sandwich</i> <i>Alt. Tomato Bisque Soup</i> <i>Alt. Veggie Cobb Salad</i> Sour Cream Mashed Potatoes Green Beans <i>Alt. Broccoli & Cauliflower</i> Applesauce <i>Alt. Cherry Cobbler</i>	Stuffed Green Pepper <i>Alt. BBQ Country Style Ribs</i> <i>Alt. Cauliflower Cheese Soup</i> Dinner Roll <i>Alt. Fried Side</i> Brussels Sprouts <i>Alt. Vegetable Blend</i> Strawberry Chiffon Pie	Kiev Chicken Breast <i>Alt. Turkey Reuben Sandwich</i> <i>Alt. Philly Cheese Steak Chowder</i> <i>Alt. Ham & Swiss Wrap w/ Whole Grain Tortilla</i> Baked Potato Winter Vegetable Blend <i>Alt. Zucchini</i> Blushing Pears <i>Alt. Toll House Pie</i>	Breaded Chicken Sandwich <i>Alt. Taco Soup</i> Cheesy Potatoes Vegetable Blend Mixed Berry Cobbler Skim Milk	Salisbury Steak <i>Alt. Wild Rice & Chicken Soup</i> <i>Alt. Bread Bowl</i> Mashed Potatoes Brown Gravy Mixed Vegetables Cinnamon Baked Apples <i>Alt. Rice Krispie Bar</i>
Dinner						
Tuna Noodle & Pea Casserole <i>Alt. Baked Potato</i> Dinner Roll Green Peas Cookie <i>Alt. Fruit Cup</i> Milk	Broiled Hamburger Hamburger Bun French Fries Winter Vegetable Blend Milk Sherbet <i>Alt. Cookie</i>	Grilled Chicken Sandwich <i>Alt. Cheddar Cheese Soup</i> Oven Roasted Potatoes Zucchini Milk Fruit Cup <i>Alt. Cookie</i>	Deli Sandwich Broccoli Florets <i>Alt. Tomato Bisque Soup</i> Cookie <i>Alt. Sliced Pears</i> Milk Bread with Margarine	Sausage Gravy Biscuit <i>Alt. Chicken Noodle Soup</i> Scrambled Eggs <i>Alt. Bacon</i> Capri Vegetable Blend Milk Cookie <i>Alt. Fruit Cup</i>	Chicken & Noodles Mashed Potatoes California Vegetable Blend Cookie <i>Alt. Fruit Mix</i> Milk	Chipped Beef Biscuit Bermuda Vegetable Blend Milk Cookie <i>Alt. Fruit Cup</i>

Monday Dec-15	Tuesday Dec-16	Wednesday Dec-17	Thursday Dec-18	Friday Dec-19	Saturday Dec-20	Sunday Dec-21
Breakfast						
Southwestern Egg Bake <i>Alt. Eggs to Order</i> <i>Alt. Scrambled Eggs</i> Malt-O-Meal Sausage Links Fruit Cup <i>Alt. Cinnamon Twist</i> Coffee, Tea, Milk, or Juice	Belgian Waffles <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Oatmeal Bacon Fruit Cup <i>Alt. Hot Apple Sticks</i> Coffee, Tea, Milk, or Juice	Breakfast Sausage Burrito <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Cheese Sauce Hashbrowns <i>Alt. Cream of Wheat</i> Sausage Links Fruit Cup <i>Alt. Assorted Muffins</i> Coffee, Tea, Milk, or Juice	French Toast <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Oatmeal Sausage Patty Fruit Cup <i>Alt. Cinnamon Roll Cake</i> Coffee, Tea, Milk, or Juice	Breakfast Pizza <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Links Malt-O-Meal Fruit Cup <i>Alt. Scone</i> Coffee, Tea, Milk, or Juice	Smothered Hash <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> <i>Alt. Oatmeal</i> Sausage Patty Fresh Fruit Cup <i>Alt. Pumpkin Bread</i> Coffee, Tea, Milk, or Juice	Spinach & Bacon Quiche <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Cream of Wheat <i>Alt. Bacon</i> Fruit Cup <i>Alt. Raspberry Cream Cheese Filled Croissant</i> Coffee, Tea, Milk, or Juice
Lunch						
Aloha Chicken <i>Alt. Grilled Ham & Cheese Sandwich</i> <i>Alt. Minestrone Soup</i> Rice <i>Alt. Fried Side</i> Roasted Winter Vegetables <i>Alt. Whole Kernel Corn</i> Frosted Banana Bars <i>Alt. Blushing Pears</i> Skim Milk	Hamburger on a Bun <i>Alt. Butterfly Shrimp</i> <i>Alt. Cheddar Cheese Soup</i> Oven Roasted Potatoes <i>Alt. Broccoli Rice Au Gratin</i> Green Beans Pumpkin Dump Cake <i>Alt. Grapes</i> Skim Milk	Fried Chicken <i>Alt. BBQ Country Style Ribs</i> <i>Alt. Cheeseburger Soup</i> Mashed Potatoes <i>Alt. Chicken Gravy</i> Baby Carrots <i>Alt. Vegetable Blend</i> Cherry Crisp Skim Milk	Potato Flake Crusted Pollock <i>Alt. Lime Chicken Tacos</i> <i>Alt. Chicken Enchilada Soup</i> Bread with Margarine <i>Alt. Southwestern Rice</i> Zucchini <i>Alt. Green Beans</i> White Texas Sheet Cake <i>Alt. Fresh Fruit</i> Skim Milk	Country Fried Steak w/ Cream Gravy <i>Alt. Chicken Monterey Sandwich</i> <i>Alt. Chili Beef with Beans</i> Mashed Potatoes Country Gravy <i>Alt. Baked Potato</i> Vegetable Blend <i>Alt. Broccoli Florets</i> Sherbet <i>Alt. Cinnamon Roll</i> <i>Alt. Fresh Fruit Cup</i> Milk	Baked Ziti with Meatsauce <i>Alt. Potato Bacon Soup 2</i> <i>Alt. Fresh Fit Chicken Taco Poblano</i> Rice Bowl Garlic Breadstick Baby Carrots Mandarin Oranges <i>Alt. Peanut Butter Pie</i> Skim Milk	Hot Ham & Cheese <i>Alt. Broccoli Cheese Soup</i> Baked Sweet Potato Asparagus Sugar Cookie <i>Alt. Pumpkin Bars</i> Skim Milk
Dinner						
Bacon Cheeseburger <i>Alt. Fresh Fit Burger</i> Baked Potato Sugar Snap Peas Milk Cookie <i>Alt. Fresh Apple Slices</i>	Breaded Chicken Sandwich <i>Alt. Grilled Chicken Sandwich on Wheat Bun</i> French Fries <i>Alt. Low Fat Cottage Cheese</i> Winter Vegetable Blend Milk Cookie <i>Alt. Fruit Cup</i>	Breaded Pork Patty <i>Alt. Cheddar Cheese Soup</i> <i>Alt. Greek Feta Chicken Salad</i> Oven Roasted Potatoes Zucchini Milk Banana Half <i>Alt. Cookie</i>	Hot Ham & Cheese <i>Alt. Fresh Fit Grilled Cheese</i> Tomato Bisque Soup <i>Alt. Crispy Curly Fries</i> Broccoli Florets Milk Cookie <i>Alt. Sliced Peaches</i>	Cheese Omelet <i>Alt. Chicken Noodle Soup</i> Capri Vegetable Blend Sausage Patty Cookie <i>Alt. Fruit Cup</i> Milk White Toast Butter & Jelly	Chicken Tenders <i>Alt. Fresh Fit Deli Sandwich</i> Mashed Potatoes Country Gravy California Vegetable Blend Cookie <i>Alt. Fruit Cup</i> Milk	Country Fried Steak with Cream Gravy <i>Alt. Roast Beef</i> Mashed Potatoes Country Gravy Bermuda Vegetable Blend Milk Cookie <i>Alt. Fruit Cup</i>

Monday Dec-22	Tuesday Dec-23	Wednesday Dec-24	Thursday Dec-25	Friday Dec-26	Saturday Dec-27	Sunday Dec-28
Breakfast						
Pancakes <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Sausage Patty <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Assorted Danish</i> Coffee, Tea, Milk, or Juice	Omelet <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Hashbrowns Bacon <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Assorted Muffins</i> Coffee, Tea, Milk, or Juice	Sausage Gravy Biscuit <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Cream of Wheat Sausage Links Fruit Cup <i>Alt. Monkey Bread 2</i> Coffee, Tea, Milk, or Juice	Southwestern Egg Bake <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Cream of Wheat Sausage Links Fruit Cup <i>Alt. Scone</i> Coffee, Tea, Milk, or Juice	Belgian Waffle <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Oatmeal Bacon Fruit Cup <i>Alt. Fruit Turnover</i> Coffee, Tea, Milk, or Juice	Breakfast Sausage Burrito <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Patty <i>Alt. Malt-O-Meal</i> Hashbrowns Fruit Cup <i>Alt. Doughnut</i> Coffee, Tea, Milk, or Juice	French Toast <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Bacon <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Fruit Muffin</i> Coffee, Tea, Milk, or Juice
Lunch						
Chicken Bacon Pasta <i>Alt. Tater Tot Casserole</i> <i>Alt. Lobster Bisque</i> <i>Alt. Chef Salad with Grilled Chicken</i> Breadstick <i>Alt. Fried Side</i> Brussels Sprouts <i>Alt. Vegetable Blend</i> Peach Shortcake <i>Alt. Fresh Fruit</i> Skim Milk	Beef Stew <i>Alt. Breaded Pork Patty</i> <i>Alt. Hamburger Bun</i> <i>Alt. Cheddar Ranch Chicken</i> <i>Alt. Chef Salad with Turkey</i> Biscuit <i>Alt. Oven Roasted Potatoes</i> Broccoli Florets <i>Alt. Vegetable Blend</i> French Cherry Dessert <i>Alt. Applesauce</i> Skim Milk	Chicken Alfredo Pesto Pasta <i>Alt. Fresh Fit Hummus Bowl</i> <i>Alt. Walking Taco 3</i> Garlic Breadstick <i>Alt. Tater Tots</i> Green Beans <i>Alt. Winter Vegetable Blend</i> Robert Redford Cake <i>Alt. Fruit Cup</i> Skim Milk	Ham Balls Hashbrown Casserole Green Bean Casserole Vegetable Blend Chocolate Cream Pie Skim Milk	Chicken Cordon Bleu <i>Alt. Beef Enchiladas</i> <i>Alt. Cheeseburger Soup 2</i> <i>Alt. Grilled Chicken Breast w/ Veg of the Day</i> Oven Roasted Potatoes <i>Alt. Spanish Rice</i> Brussels Sprouts <i>Alt. Whole Kernel Corn</i> Fresh Banana <i>Alt. Carrot Cake with Cream Cheese Frosting</i> Skim Milk	Roast Turkey <i>Alt. Taco Soup</i> Mashed Potatoes Roasted Turkey Skillet Gravy Baby Carrots Fruit Cup <i>Alt. Pecan Pie</i> Skim Milk	Hamballs <i>Alt. Chicken Enchilada Soup</i> Hashbrown Casserole Vegetable Blend Pumpkin Pie <i>Alt. Grapes</i> Skim Milk
Dinner						
Tuna Noodle Casserole <i>Alt. Baked Potato</i> Green Peas Dinner Roll Milk Cookie <i>Alt. Sliced Peaches</i>	Broiled Hamburger Hamburger Bun <i>Alt. Fresh Fit Burger</i> French Fries Winter Vegetable Blend Milk Cookie <i>Alt. Fresh Fruit</i>	Grilled Chicken Sandwich <i>Alt. Cheddar Cheese Soup</i> Oven Roasted Potatoes Zucchini Milk Fruit Cup <i>Alt. Cookie</i>	Deli Sandwich Broccoli Florets <i>Alt. Tomato Bisque</i> <i>Alt. Cheddar Cheese Soup</i> Sliced Pears <i>Alt. Cookie</i> Milk	Sausage Gravy Biscuit <i>Alt. Chicken Noodle Soup</i> Scrambled Eggs <i>Alt. Bacon</i> Garden Salad with Dressing Cookie <i>Alt. Fresh Fruit</i> Milk	Salisbury Steak California Vegetable Blend Cookie <i>Alt. Fresh Fruit in Season</i> Milk Baked Sweet Potato <i>Alt. Mashed Potatoes</i> <i>Alt. Brown Gravy</i>	Chipped Beef Biscuit Bermuda Vegetable Blend <i>Alt. Mashed Potatoes</i> <i>Alt. Country Gravy</i> Milk Fresh Fruit <i>Alt. Cookie</i>

Monday Dec-29	Tuesday Dec-30	Wednesday Dec-31	Thursday	Friday	Saturday	Sunday
Breakfast						
Breakfast Pizza <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Links <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Cinnamon Twist</i> Coffee, Tea, Milk, or Juice	Smothered Hash <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Bacon <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Assorted Danish</i> Coffee, Tea, Milk, or Juice	Breakfast Pie <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Links <i>Alt. Malt-O-Meal</i> Fresh Fruit Cup <i>Alt. Dutch Apple Coffee Cake</i> Coffee, Tea, Milk, or Juice				
Lunch						
Deli Sandwich Bar Sloppy Joe Pizza <i>Alt. BLT Pizza</i> <i>Alt. Chicken Broccoli Alfredo Pizza</i> Vegetable Soup Roasted Broccoli <i>Alt. Baby Carrots</i> Sugar Cookie <i>Alt. Cottage Cheese & Fruit Plate</i> Skim Milk	Buttered Chicken <i>Alt. Taquitos</i> <i>Alt. Cheese Sauce</i> <i>Alt. Philly Cheese Steak Chowder</i> Macaroni & Cheese <i>Alt. Spanish Rice</i> Caribbean Vegetable Blend <i>Alt. Whole Kernel Corn</i> Pumpkin Roll <i>Alt. Berry Medley</i> Skim Milk	Chicken & Noodles <i>Alt. Beef Chili</i> <i>Alt. Loaded Baked Potato</i> Mashed Potatoes <i>Alt. Saltine Crackers</i> Broccoli & Cauliflower <i>Alt. Green Peas</i> Skim Milk Fruit Cup <i>Alt. Cinnamon Roll</i>				
Dinner						
Bacon Cheeseburger <i>Alt. Fresh Fit Burger</i> Baked Potato Sugar Snap Peas Milk Fruit Cup <i>Alt. Cookie</i>	Breaded Chicken Sandwich <i>Alt. Grilled Chicken Sandwich</i> French Fries Winter Vegetable Blend Milk Fresh Fruit <i>Alt. Cookie</i>	Breaded Pork Patty Hamburger Bun <i>Alt. Cheddar Cheese Soup</i> <i>Alt. Chef Salad with Grilled Chicken</i> Oven Roasted Potatoes Zucchini Milk Fruit Cup <i>Alt. Cookie</i>				