

Sunday Mar-01	Monday Mar-02	Tuesday Mar-03	Wednesday Mar-04	Thursday Mar-05	Friday Mar-06	Saturday Mar-07
Breakfast						
Pancakes <i>Alt. Fried Egg</i> <i>Alt. Scrambled Egg</i> Sausage Patty <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Scone</i> Coffee, Tea, Milk, or Juice	Omelet <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Sausage Links <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Assorted Muffins</i> Coffee, Tea, Milk, or Juice	Biscuit Sausage Gravy <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Bacon <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Croissant</i> Coffee, Tea, Milk, or Juice	Southwest Egg Bake <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Sausage Links Hashbrowns <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Cinnamon Twist</i> Coffee, Tea, Milk, or Juice	Belgian Waffles <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Bacon <i>Alt. Cream of Wheat</i> Fruit Cup <i>Alt. Glazed Doughnut</i> Coffee, Tea, Milk, or Juice	Breakfast Sausage Burrito <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Bacon <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Assorted Danish</i> Coffee, Tea, Milk, or Juice	French Toast <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Sausage Patty <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Coffee Cake</i> Coffee, Tea, Milk, or Juice
Lunch						
Roast Beef <i>Alt. Broccoli Cheese Soup</i> <i>Alt. Bread Bowl</i> Mashed Potatoes Brown Gravy Baby Carrots Dessert Pudding Layer CR Skim Milk	Meatloaf <i>Alt. Chicken Tater Tot Casserole 2</i> <i>Alt. Bean Soup with Ham</i> Macaroni & Cheese <i>Alt. Cornbread</i> Brussels Sprouts Fruit Cocktail <i>Alt. Coconut Pecan Pie</i> Skim Milk	Parmesan Crusted Tilapia <i>Alt. Hot Dog on a Bun</i> <i>Alt. Tortilla Soup</i> Cheesy Rice Broccoli Florets Peach Crisp Skim Milk	Bacon Cheeseburger Casserole <i>Alt. Garlic Parmesan Chicken</i> <i>Alt. Vegetable Soup</i> Breadstick <i>Alt. Baked Sweet Potato</i> Cauliflower Tropical Fruit <i>Alt. Chocolate Diva Cake</i> Skim Milk	Chicken Carnitas <i>Alt. Nachos Pulled Pork</i> <i>Alt. Chicken Enchilada Soup</i> Spanish Rice Hacienda Corn & Black Beans Red Star Cake Skim Milk	Alfredo Sauce Grilled Chicken Strips Fettuccine Noodles <i>Alt. Bosco Sticks</i> Italian Vegetable Blend Fruit Mix <i>Alt. Angel Food Cake</i> Skim Milk	Beef and Noodles <i>Alt. Cheddar Cheese Soup</i> Mashed Potatoes Asparagus Chocolate Peanut Butter Pretzel Dessert <i>Alt. Lime Gelatin</i> Skim Milk
Dinner						
Bacon Cheeseburger <i>Alt. Fresh Fit Burger</i> Baked Potato Sugar Snap Peas Cookie <i>Alt. Fruit Cup</i> Milk	Breaded Chicken Sandwich <i>Alt. Chef Salad with Turkey</i> French Fries Winter Vegetable Blend Cookie <i>Alt. Fruit Cup</i> Milk	Breaded Pork Patty <i>Alt. Country Pork Chop with Gravy</i> Cheddar Cheese Soup Oven Roasted Potatoes Zucchini Cookie <i>Alt. Fruit Cup</i> Milk	Hot Ham & Cheese Broccoli Florets <i>Alt. Tomato Bisque Soup</i> <i>Alt. Fried Side</i> Cookie <i>Alt. Peaches and Pears</i> Milk	Butterfly Shrimp <i>Alt. Chicken Noodle Soup</i> <i>Alt. Baked Salmon</i> Macaroni & Cheese Capri Vegetable Blend Cookie <i>Alt. Fruit Cup</i> Milk	Chicken Tenders <i>Alt. Baked Chicken</i> Mashed Potatoes Country Gravy California Vegetable Blend Milk Fruit Cup <i>Alt. Cookie</i>	Country Fried Steak with Cream Gravy <i>Alt. Turkey Hummus Bento Box</i> Mashed Potatoes Country Gravy Bermuda Vegetable Blend Milk Fruit Cup <i>Alt. Cookie</i>

Sunday Mar-08	Monday Mar-09	Tuesday Mar-10	Wednesday Mar-11	Thursday Mar-12	Friday Mar-13	Saturday Mar-14
Breakfast						
Breakfast Pizza Alt. Fried Egg Alt. Scrambled Eggs Sausage Links Alt. Oatmeal Fruit Cup Alt. Assorted Muffins Coffee, Tea, Milk, or Juice	Smothered Hash Alt. Fried Egg Alt. Scrambled Eggs Bacon Alt. Cream of Wheat Fruit Cup Alt. Doughnut Coffee, Tea, Milk, or Juice	Sausage & Cheese Quiche Spinach & Bacon Quiche Ham and Tomato Quiche Alt. Scrambled Eggs Alt. Fried Egg Sausage Patty Alt. Oatmeal Fruit Cup Alt. Bread of Choice Coffee, Tea, Milk, or Juice	Pancakes Alt. Fried Egg Alt. Scrambled Eggs Sausage Patty Alt. Malt-O-Meal Fruit Cup Alt. Coffee Cake Coffee, Tea, Milk, or Juice	Omelet Alt. Fried Egg Alt. Scrambled Eggs Bacon Alt. Oatmeal Alt. Hashbrown Patty Fruit Cup Alt. Croissant Coffee, Tea, Milk, or Juice	Cream of Wheat French Toast Sticks Alt. Scrambled Eggs Alt. Fried Egg Hashbrowns Sausage Links Fruit Cup Alt. Scone Coffee, Tea, Milk, or Juice	Biscuit Sausage Gravy Alt. Fried Egg Alt. Scrambled Eggs Oatmeal Sausage Patty Fruit Cup Alt. Monkey Bread 2 Coffee, Tea, Milk, or Juice
Lunch						
Breaded Fish with Cheese on a Bun Alt. Potato Bacon Soup 2 Scalloped Potatoes Capri Vegetable Blend Apricot Halves Alt. Chocolate Marshmallow Bars Milk	Honey Garlic Chicken Alt. BBQ Beef Brisket Alt. Roasted Red Pepper and Gouda Bisque Baked Sweet Potato Alt. Macaroni & Cheese Zucchini Cornflake Peanut Butter Cookie	Smothered Pork Chops Alt. Hot Ham & Cheese Alt. Tomato Bisque Soup Sour Cream Mashed Potatoes Green Beans Applesauce Alt. Cherry Cobbler	Stuffed Green Pepper Alt. BBQ Country Style Ribs Alt. Cauliflower Cheese Soup Dinner Roll Alt. Fried Side Brussels Sprouts Strawberry Chiffon Pie	Kiev Chicken Breast Alt. Turkey Bacon Club Sandwich Alt. Philly Cheese Steak Chowder Baked Potato Winter Vegetable Blend Blushing Pears Alt. Toll House Pie	Breaded Chicken Sandwich Alt. Swedish Meatballs Alt. Taco Soup Egg Noodles Alt. Cheesy Potatoes Vegetable Blend Mixed Berry Cobbler Skim Milk	Salisbury Steak Alt. Wild Rice & Chicken Soup Mashed Potatoes Brown Gravy Mixed Vegetables Cinnamon Baked Apples Alt. Rice Krispie Bar
Dinner						
Tuna Noodle & Pea Casserole Alt. Baked Potato Dinner Roll Green Peas Cookie Alt. Fruit Cup Milk	Broiled Hamburger Hamburger Bun French Fries Winter Vegetable Blend Milk Sherbet Alt. Cookie	Grilled Chicken Sandwich Alt. Cheddar Cheese Soup Oven Roasted Potatoes Zucchini Milk Fruit Cup Alt. Cookie	Deli Sandwich Broccoli Florets Alt. Tomato Bisque Soup Cookie Alt. Sliced Pears Milk Bread with Margarine	Sausage Gravy Biscuit Alt. Chicken Noodle Soup Scrambled Eggs Alt. Bacon Capri Vegetable Blend Milk Cookie Alt. Fruit Cup	Chicken & Noodles Mashed Potatoes California Vegetable Blend Cookie Alt. Fruit Mix Milk	Chipped Beef Biscuit Bermuda Vegetable Blend Milk Cookie Alt. Fruit Cup

Sunday Mar-15	Monday Mar-16	Tuesday Mar-17	Wednesday Mar-18	Thursday Mar-19	Friday Mar-20	Saturday Mar-21
Breakfast						
Southwestern Egg Bake <i>Alt. Eggs to Order</i> <i>Alt. Scrambled Eggs</i> Malt-O-Meal Sausage Links Fruit Cup <i>Alt. Cinnamon Twist</i> Coffee, Tea, Milk, or Juice	Belgian Waffles <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Oatmeal Bacon Fruit Cup <i>Alt. Hot Apple Sticks</i> Coffee, Tea, Milk, or Juice	Breakfast Sausage Burrito <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Cheese Sauce Hashbrowns <i>Alt. Cream of Wheat</i> Sausage Links Fruit Cup <i>Alt. Assorted Muffins</i> Coffee, Tea, Milk, or Juice	French Toast <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Oatmeal Sausage Patty Fruit Cup <i>Alt. Cinnamon Roll Cake</i> Coffee, Tea, Milk, or Juice	Breakfast Pizza <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Links Malt-O-Meal Fruit Cup <i>Alt. Scone</i> Coffee, Tea, Milk, or Juice	Smothered Hash <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> <i>Alt. Oatmeal</i> Sausage Patty Fresh Fruit Cup <i>Alt. Pumpkin Bread</i> Coffee, Tea, Milk, or Juice	Spinach & Bacon Quiche <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Cream of Wheat <i>Alt. Bacon</i> Fruit Cup <i>Alt. Raspberry Cream Cheese Filled Croissant</i> Coffee, Tea, Milk, or Juice
Lunch						
Aloha Chicken <i>Alt. Minestrone Soup</i> Rice Roasted Winter Vegetables Frosted Banana Bars <i>Alt. Blushing Pears</i> Skim Milk	Hamburger on a Bun <i>Alt. Butterfly Shrimp</i> <i>Alt. Cheddar Cheese Soup</i> Oven Roasted Potatoes Green Beans Pumpkin Dump Cake <i>Alt. Grapes</i> Skim Milk	Fried Chicken <i>Alt. BBQ Country Style Ribs</i> <i>Alt. Cheeseburger Soup</i> Mashed Potatoes <i>Alt. Chicken Gravy</i> Baby Carrots Cherry Crisp Skim Milk	Potato Flake Crusted Pollock <i>Alt. Lime Chicken Tacos</i> <i>Alt. Chicken Enchilada Soup</i> Bread with Margarine <i>Alt. Southwestern Rice</i> Zucchini White Texas Sheet Cake <i>Alt. Fresh Fruit</i> Skim Milk	Country Fried Steak w/ Cream Gravy <i>Alt. Chicken Monterey Sandwich</i> <i>Alt. Chili Beef with Beans</i> Mashed Potatoes Country Gravy Vegetable Blend Sherbet <i>Alt. Cinnamon Roll</i> <i>Alt. Fresh Fruit Cup</i> Milk	Baked Ziti with Meatsauce <i>Alt. Chicken Quesadilla Bowl</i> <i>Alt. Potato Bacon Soup 2</i> Garlic Breadstick <i>Alt. Brown Rice</i> Hacienda Corn & Black Beans <i>Alt. Fajita Vegetable Blend</i> Mandarin Oranges <i>Alt. Peanut Butter Pie</i> Skim Milk	Hot Ham & Cheese <i>Alt. Broccoli Cheese Soup</i> Baked Sweet Potato Asparagus Sugar Cookie <i>Alt. Pumpkin Bars</i> Skim Milk
Dinner						
Bacon Cheeseburger <i>Alt. Fresh Fit Burger</i> Baked Potato Sugar Snap Peas Milk Cookie <i>Alt. Fresh Apple Slices</i>	Breaded Chicken Sandwich <i>Alt. Grilled Chicken Sandwich on Wheat Bun</i> French Fries <i>Alt. Low Fat Cottage Cheese</i> Winter Vegetable Blend Milk Cookie <i>Alt. Fruit Cup</i>	Breaded Pork Patty <i>Alt. Cheddar Cheese Soup</i> <i>Alt. Greek Feta Chicken Salad</i> Oven Roasted Potatoes Zucchini Milk Banana Half <i>Alt. Cookie</i>	Hot Ham & Cheese <i>Alt. Fresh Fit Grilled Cheese</i> Tomato Bisque Soup <i>Alt. Crispy Curly Fries</i> Broccoli Florets Milk Cookie <i>Alt. Sliced Peaches</i>	Cheese Omelet <i>Alt. Chicken Noodle Soup</i> Capri Vegetable Blend Sausage Patty Cookie <i>Alt. Fruit Cup</i> Milk White Toast Butter & Jelly	Chicken Tenders <i>Alt. Fresh Fit Deli Sandwich</i> Mashed Potatoes Country Gravy California Vegetable Blend Cookie <i>Alt. Fruit Cup</i> Milk	Country Fried Steak with Cream Gravy <i>Alt. Roast Beef</i> Mashed Potatoes Country Gravy Bermuda Vegetable Blend Milk Cookie <i>Alt. Fruit Cup</i>

Sunday Mar-22	Monday Mar-23	Tuesday Mar-24	Wednesday Mar-25	Thursday Mar-26	Friday Mar-27	Saturday Mar-28
Breakfast						
Pancakes <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Sausage Patty <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Assorted Danish</i> Coffee, Tea, Milk, or Juice	Omelet <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Hashbrowns Bacon <i>Alt. Malt-O-Meal</i> Fruit Cup <i>Alt. Assorted Muffins</i> Coffee, Tea, Milk, or Juice	Sausage Gravy Biscuit <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Cream of Wheat Sausage Links Fruit Cup <i>Alt. Monkey Bread 2</i> Coffee, Tea, Milk, or Juice	Southwestern Egg Bake <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Cream of Wheat Sausage Links Fruit Cup <i>Alt. Scone</i> Coffee, Tea, Milk, or Juice	Belgian Waffle <i>Alt. Fried Egg</i> <i>Alt. Scrambled Eggs</i> Oatmeal Bacon Fruit Cup <i>Alt. Fruit Turnover</i> Coffee, Tea, Milk, or Juice	Breakfast Sausage Burrito <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Sausage Patty <i>Alt. Malt-O-Meal</i> Hashbrowns Fruit Cup <i>Alt. Doughnut</i> Coffee, Tea, Milk, or Juice	French Toast <i>Alt. Scrambled Eggs</i> <i>Alt. Fried Egg</i> Bacon <i>Alt. Oatmeal</i> Fruit Cup <i>Alt. Fruit Muffin</i> Coffee, Tea, Milk, or Juice
Lunch						
Chicken Bacon Pasta <i>Alt. Lobster Bisque</i> <i>Alt. Chef Salad with Grilled Chicken</i> Breadstick Brussels Sprouts Peach Shortcake <i>Alt. Fresh Fruit</i> Skim Milk	Beef Stew <i>Alt. Breaded Pork Patty</i> <i>Alt. Hamburger Bun</i> <i>Alt. Cheddar Ranch Chicken</i> Biscuit <i>Alt. Oven Roasted Potatoes</i> Broccoli Florets French Cherry Dessert <i>Alt. Applesauce</i> Skim Milk	Chicken Alfredo Pesto Pasta <i>Alt. Walking Taco 3</i> Garlic Breadstick <i>Alt. Tater Tots</i> Green Beans Robert Redford Cake <i>Alt. Fruit Cup</i> Skim Milk	Baked Salmon Teriyaki Sauce <i>Alt. Sausage with Peppers & Onions</i> <i>Alt. Potato Leek Soup</i> Garden Blend Rice Vegetable Blend Cinnamon Baked Apples Skim Milk	Chicken Cordon Bleu <i>Alt. Beef Enchiladas</i> <i>Alt. Cheeseburger Soup 2</i> Oven Roasted Potatoes <i>Alt. Spanish Rice</i> Brussels Sprouts Fresh Banana <i>Alt. Carrot Cake with Cream Cheese Frosting</i> Skim Milk	Roast Turkey <i>Alt. Shrimp Fried Rice</i> <i>Alt. Taco Soup</i> Mashed Potatoes Roasted Turkey Skillet Gravy <i>Alt. Egg Roll</i> <i>Alt. Sweet and Sour Sauce</i> Baby Carrots Fruit Cup <i>Alt. Pecan Pie</i> Skim Milk	Hamballs <i>Alt. Chicken Enchilada Soup</i> Hashbrown Casserole Vegetable Blend Pumpkin Pie <i>Alt. Grapes</i> Skim Milk
Dinner						
Tuna Noodle Casserole <i>Alt. Baked Potato</i> Green Peas Dinner Roll Milk Cookie <i>Alt. Sliced Peaches</i>	Broiled Hamburger Hamburger Bun <i>Alt. Fresh Fit Burger</i> French Fries Winter Vegetable Blend Milk Cookie <i>Alt. Fresh Fruit</i>	Grilled Chicken Sandwich <i>Alt. Cheddar Cheese Soup</i> Oven Roasted Potatoes Zucchini Milk Fruit Cup <i>Alt. Cookie</i>	Deli Sandwich Broccoli Florets <i>Alt. Tomato Bisque</i> <i>Alt. Cheddar Cheese Soup</i> Sliced Pears <i>Alt. Cookie</i> Milk	Sausage Gravy Biscuit <i>Alt. Chicken Noodle Soup</i> Scrambled Eggs <i>Alt. Bacon</i> Garden Salad with Dressing Cookie <i>Alt. Fresh Fruit</i> Milk	Salisbury Steak California Vegetable Blend Cookie <i>Alt. Fresh Fruit in Season</i> Milk Baked Sweet Potato <i>Alt. Mashed Potatoes</i> <i>Alt. Brown Gravy</i>	Chipped Beef Biscuit Bermuda Vegetable Blend <i>Alt. Mashed Potatoes</i> <i>Alt. Country Gravy</i> Milk Fresh Fruit <i>Alt. Cookie</i>

Sunday Mar-29	Monday Mar-30	Tuesday Mar-31	Wednesday	Thursday	Friday	Saturday
Breakfast						
Breakfast Pizza Alt. Scrambled Eggs Alt. Fried Egg Sausage Links Alt. Cream of Wheat Fruit Cup Alt. Cinnamon Twist Coffee, Tea, Milk, or Juice	Smothered Hash Alt. Scrambled Eggs Alt. Fried Egg Bacon Alt. Oatmeal Fruit Cup Alt. Assorted Danish Coffee, Tea, Milk, or Juice	Breakfast Pie Alt. Scrambled Eggs Alt. Fried Egg Sausage Links Alt. Malt-O-Meal Fresh Fruit Cup Alt. Dutch Apple Coffee Cake Coffee, Tea, Milk, or Juice				
Lunch						
Deli Sandwich Bar Sloppy Joe Pizza Alt. BLT Pizza Alt. Chicken Broccoli Alfredo Pizza Vegetable Soup Roasted Broccoli Alt. Baby Carrots Sugar Cookie Alt. Cottage Cheese & Fruit Plate Skim Milk	Buttered Chicken Alt. Taquitos Alt. Cheese Sauce Alt. Philly Cheese Steak Chowder Macaroni & Cheese Alt. Spanish Rice Caribbean Vegetable Blend Pumpkin Roll Alt. Berry Medley Skim Milk	Chicken & Noodles Alt. Loaded Baked Potato Alt. Beef Chili Mashed Potatoes Broccoli & Cauliflower Fruit Cup Alt. Cinnamon Roll Skim Milk				
Dinner						
Bacon Cheeseburger Alt. Fresh Fit Burger Baked Potato Sugar Snap Peas Milk Fruit Cup Alt. Cookie	Breaded Chicken Sandwich Alt. Grilled Chicken Sandwich French Fries Winter Vegetable Blend Milk Fresh Fruit Alt. Cookie	Breaded Pork Patty Hamburger Bun Alt. Cheddar Cheese Soup Alt. Chef Salad with Grilled Chicken Oven Roasted Potatoes Zucchini Milk Fruit Cup Alt. Cookie				