

2026 WI 2026 Arena Mid-Season Showdown



11/20/2026 - 11/22/2026

Host Club: Waukesha Express Swim Team

Venue: Waukesha South Natatorium (WI) has a(n) (No Number of Lanes Provided) lane SCY pool. Competition will be held in the Prelim/Final format. Host will ensure the required course dimensions. Pool Depth: 10.00, Altitude: 0

Sanction: Held under the sanction of USA Swimming. Sanctioned - Invitational - USA-WI-WEST-289815. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

USA Swimming Rules and Regulations will govern the conduct of this meet and will serve as the official guide for technical and procedural rules, except where otherwise noted.

Meet Referee: Megan Dixon, dixonfamily2000@gmail.com

Admin Official: Ngoc Vo, nickivo@nivoinc.com

Meet Director: Blaine Carlson, blaine@waukeshaexpress.org

Meet Contact: Laura Carlson, laurie@waukeshaexpress.org

Meet Software: Hy-Tek Meet Manager

USA Swimming Membership Requirements: All competition entrants must be active registered members in good standing of USA Swimming.

Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in this meet must be coach members of USA Swimming. All participating coaches and officials are required to show proof of current USA Swimming membership in good standing for the membership category in which they are participating. All coaches and officials are required to sign in with the Clerk of Course and/or all coaches and officials must be prepared to show their USA Swimming membership at any time to the Meet Director and/or Meet Referee.

On-deck registration is allowed at this competition.

Coach Supervision: All athletes participating in this meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warmdown. Arrangements for such supervision must be made prior to the meet and are the responsibility of the athlete.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Participant Protection Policies: All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

Deck changes are prohibited.

Use of audio or visual recording devices, including a cellphone, is not permitted in changing areas, restrooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Medical Services: Lifeguard

Host Club: Waukesha Express Swim Team

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