

*Express***NEWSLETTER**

SWIM LESSONS

SWIM TEAM

MASTERS

SPRING/SUMMER 2026**SPRING/SUMMER PRACTICE SCHEDULES**

Practice changes will be reflected on your Captyn account.

SPRING/SUMMER MEET SCHEDULE**SUMMER SWIM CAMP**

for Super 8's and AG 1 Swimmers

June 1 – 3 and July 27 – 29

6:00 – 7:30 p.m.

2026/2027 SWIM TEAM REGISTRATION

We have changes for registration this fall, and have put together a document that goes over all of the details. Please take a minute to review and ask questions in advance of the July 1 deadline.

[Link to 2026/2027 Fall Registration Information](#)

Step 1: Annual Fee/Deposit - Due July 1

You can also complete the deposit by using the link at the bottom of the group registration.

Step 2: Register for Swimmer's Group - Due July 1 (monthly payments start August 1) See details for annual option in the Fall Registration Information. Dates, practice schedules and more information can be found in description for each group.

CAPTYN NAVIGATION

Some tips on navigating Captyn! It's new to all of us and I have been learning new ways to organize our offerings to make it easier for you.

- 1) [check out this document on how to navigate Captyn & find everything you are looking for.](#)
- 2) Keep in mind that team travel sign up for meets won't be listed as a meet. It will be listed as a program offering (this only applies to senior swimmers).
- 3) Fundraisers and social events will also be listed as offerings.

LEARN. Sometimes you win, sometimes you learn.

BREWER'S TAILGATE & GAME - SATURDAY, SEPTEMBER 12

MARK YOUR CALENDARS FOR SEPTEMBER 12!

The Brewer's play the Cincinnati Reds at 6:10 p.m. and we will host a tailgate from 4:00 - 6:00 p.m. The evening includes: tailgate dinner, games, and raffles for special team gear!

Tickets: [\\$53/person, link to register here!](#)

SPONSORSHIPS

Contact us if you know a local business that would like to support this event in exchange for advertising at home swim meets, on our website and that this special event. Sponsorships available: \$500 event sponsor, \$1,000 raffle sponsor, \$2,500 dinner sponsor. All sponsorships include tickets for this fun event!

We ask each family to participate in one team fundraiser each year. Your options are the flower sale in the spring (no longer available for 2026) and our Brewer's Tailgate in September.

FUNDRAISING BUYOUT OPTION: [\\$50, complete your buy out here.](#)

TEAM AWARDS NIGHT - MONDAY, AUGUST 10

[Sign up and check out more details here!](#)

This is for all swimmers & families to celebrate their achievements over the past year!

MEET DEADLINES

Meet fees are charged to your account when the deadline has closed on Captyn, and entries have been finalized. You are responsible for all meet entry fees even if your swimmer does not attend, we do not receive a refund for no shows.

*Age Group Swim Meet = Super 8's, AG1, AG2, and AG3.

Upcoming deadlines:

April 26: Express Swim Meet for Super 8's and AG1, April 30 (Waukesha South)

April 26: Express *Age Group Block Party Swim Meet, May 4 (Waukesha South)

May 3: Express Age Group Meet on May 16 (Waukesha South)

May 10: Alligator Aquatics 2026 Summer Splash, June 26 - 28 (Rec Plex)

May 17: Express Red vs. Black Long Course Meet on June 14 (Rec Plex)

MEET WORKER JOB DESCRIPTIONS

[Click here to go to our website to view.](#)

MEET WORKER BUY OUT OPTION

Due by April 15: [\\$100, Click here to complete on your Captyn account.](#)

GROW. Always do what you are afraid of doing.

USA SWIMMING MEMBERSHIP 2026

New swimmers: Registration with USA Swimming is required and should be completed before your swimmer's first swim team practice.

Steps to complete this registration:

- Create a new parent account at: hub.usaswimming.org
- After you have completed creating your account use this unique link to register your swimmer: <https://omr.usaswimming.org/omr/welcome/FE98436BA53C61>
- Click on Register New Member button
- Click on I am Registering My Child button
- Be sure to complete the process and submit payment, without payment your child's membership is not complete.

Transfer Swimmers: You are required to complete the transfer on your USA Swimming account. Our team code: WEST-WI

LEAD COACHES

Super 8's: Alec Carlson (alec@waukeshaexpress.org)

AG White and AG Black: Nickie Tew (nickie@waukeshaexpress.org)

AG Performance: Nathan Carlson (nathan@waukeshaexpress.org)

MS/HS Training Group: Sam Wade (sam@waukeshaexpress.org)

Senior Black: Nathan Carlson (nathan@waukeshaexpress.org) and Laurie Carlson (laurie@waukeshaexpress.org)

Senior White: Sam Wade (sam@waukeshaexpress.org)

National Team: Blaine Carlson (blaine@waukeshaexpress.org) and Alec Carlson (alec@waukeshaexpress.org)

Masters: Coach Nickie (nickie@waukeshaexpress.org)

SCRIP FUNDRAISER (OPTIONAL)

RAISE RIGHT

Next due date: May 6

Next delivery date: May 13

Website: <https://www.raiseright.com>

Organization ID: 918EE8AD13252

MASTERS SWIMMING (ADULTS)

Spring Session: May 1 – August 31, 2026

M/W/F: 5:30 – 6:45 a.m.

Join Coach Nickie and the group at Waukesha South -
all levels of swimmers welcome!

[Link to online registration.](#)

THRIVE. Choose to be your best self.