

2026 November State/Non-State Meet
Hosted by the Waukesha Express Swim Team
Sanction #: USA-WI-WEST-289811
Sunday, November 8, 2026

LOCATION: Waukesha South High School, 401 E. Roberta Avenue, Waukesha, WI 53186

FACILITY: Eight lane, 25 yard pool. Pool depth is 13 feet at the start end and 5'10" feet at the bulkhead (turn end). Blocks are 30" high. The pool features a 9'x13' full color, digital display scoreboard. Concessions will not be available. No food or beverage is allowed in the pool area. The host will ensure the required course dimension.

TIMING SYSTEM: Colorado System 6 timing system, aqua grip touchpads, back up buttons, and backup watches.

GENERAL: In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET ENTRIES: Laurie Carlson, laurie@waukeshaexpress.org, 262-893-4679

MEET DIRECTOR: Blaine Carlson, blaine@waukeshaexpress.org, 262-893-4679

OFFICIALS:

Meet Referees: Megan Dixon (dixonfamily2000@gmail.com)

Admin Official: Nicki Vo (nickivo@gmail.com)

Officials that would like to officiate, please contact Megan Dixon.

ENTRIES: Please send a .pdf of your entry with your entry summary. Payment for entries is due prior to the start of the meet. Checks should be payable to Waukesha Express Swim Team. Age of athlete is as of Sunday, November 8, 2026.

ENTRY DEADLINE: Tuesday, October 27, 2026. Please e-mail entry file to: laurie@waukeshaexpress.org.

ENTRY LIMITS: Maximum of 4 individual events and 1 relay per swimmer. The order of events is included later in this document.

ENTRY FEE: \$6.00 individual events, \$12.00 relay events, \$15 swimmer surcharge (includes admission surcharge, facility surcharge and Wisconsin Swimming surcharge)

TENTATIVE TIMELINE: A finalized timeline will be provided at least 4 days prior to the first day of the meet. AM Session (10&U and 11-12 age groups): 7:00 AM Warm-ups, 8:05 AM meet start PM Session (8&U, 13-14 and Open): 60 min warm up immediately following the conclusion of the AM

Session, and meet starts 5 min after conclusion of warm ups.

AWARDS: Ribbons will be awarded for 1st - 8th places, except for Open/Senior events.

MAAPP & SAFE SPORT:

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned/approved meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. This includes participation as a member of a relay. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report. All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after October 8, 2026, who has not completed Athlete Protection Training by the **first** day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after November 8, 2026 who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

ORDER OF EVENTS

<u>Girls</u>	<u>Sunday AM</u>	<u>Boys</u>
<u>1</u>	<u>11-12 100 Backstroke</u>	<u>2</u>
<u>3</u>	<u>10 & Under 50 Backstroke</u>	<u>4</u>
<u>5</u>	<u>11-12 200 Free Relay</u>	<u>6</u>
<u>7</u>	<u>10 & Under 200 Free Relay</u>	<u>8</u>
<u>9</u>	<u>11-12 100 Breaststroke</u>	<u>10</u>
<u>11</u>	<u>10 & Under 50 Breaststroke</u>	<u>12</u>
<u>13</u>	<u>11-12 100 Butterfly</u>	<u>14</u>
<u>15</u>	<u>10 & Under 50 Butterfly</u>	<u>16</u>
<u>17</u>	<u>11-12 100 IM</u>	<u>18</u>
<u>19</u>	<u>10 & Under 100 IM</u>	<u>20</u>
<u>21</u>	<u>11-12 200 Freestyle</u>	<u>22</u>
<u>23</u>	<u>10 & Under 200 Freestyle</u>	<u>24</u>
<u>Girls</u>	<u>Sunday PM</u>	<u>Boys</u>
<u>25</u>	<u>8&Under100yd.IM</u>	<u>26</u>
<u>27</u>	<u>Open 200 yd. IM</u>	<u>28</u>
<u>29</u>	<u>13 -14 200 yd. IM</u>	<u>30</u>
<u>31</u>	<u>8 & Under 25 yd. Freestyle</u>	<u>32</u>
<u>33</u>	<u>Open 200 yd. Free Relay</u>	<u>34</u>
<u>35</u>	<u>8 & Under 100 yd. Free Relay</u>	<u>36</u>
<u>37</u>	<u>Open 100 yd. Breaststroke</u>	<u>38</u>
<u>39</u>	<u>13-14 100 yd. Breaststroke</u>	<u>40</u>
<u>41</u>	<u>8 & Under 25 yd. Breaststroke</u>	<u>42</u>
<u>43</u>	<u>Open 100 yd. Butterfly</u>	<u>44</u>

<u>45</u>	<u>13-14 100 yd. Butterfly</u>	<u>46</u>
<u>47</u>	<u>8 & Under 25 yd. Butterfly</u>	<u>48</u>
<u>49</u>	<u>Open 100 yd. Backstroke</u>	<u>50</u>
<u>51</u>	<u>13 - 14 100 yd. Backstroke</u>	<u>52</u>
<u>53</u>	<u>8 & Under 25 yd. Backstroke</u>	<u>54</u>
<u>55</u>	<u>Open 200 yd. Freestyle</u>	<u>56</u>
<u>57</u>	<u>13 - 14 200 yd. Freestyle</u>	<u>58</u>