PERIPHERAL ARTERY DISEASE SCREENING QUESTIONAIRE

PAD involves the narrowing of the arteries that supply blood to the leg muscles due to plaque buildup. This process mirrors the one causing blockages to the heart.

Impaired blood circulation in the legs can lead to discomfort, pain, fatigue, which in turn can limit physical activity. It’s essential to note that untreated PAD may elevate the risk of heart attack, stroke, and even limb amputation.

Please take a moment to respond to this brief PAD screening.

Do any of these symptoms apply to you? Check the appropriate box.

PAD SYMPTOMS: YES NO

* Leg muscle tiredness, heaviness, or cramping
* Pain and/or heaviness in legs while walking
* Toes or feet that look pale, discolored or blue
* Leg or foot pain that disturbs sleep
* Sores or wounds on toes, feet, or legs that heal slowly or not at all
* One leg or foot that feels colder than the other
* Thick or yellow toenails that aren’t growing

HIGH RISK FACTORS:

* Diabetic over age 50- annual test for PAD recommended
* Diabetic 10+ years
* Over age 50 with ANY of the following:
  + History of smoking
  + High cholesterol
  + High blood pressure
* Personal history of heart attack
* Personal history of stroke

*If you checked yes to any of these, you should be tested*

*NAME\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DOB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*