

# Waukee Waves Summer Invite



IASI SANCTION:	IA-26-059 Held under the sanction of USA Swimming and Iowa Swimming, Inc. (IASI).																					
RULES:	Current USA Swimming and IASI technical and administrative rules will govern this meet.																					
DATES:	Friday, Saturday and Sunday, June 19-21 , 2026																					
TIME:	<table border="1" data-bbox="505 600 1349 1255"> <thead> <tr> <th><u>Session</u></th> <th><u>Warm-Ups</u></th> <th><u>Competition</u></th> </tr> </thead> <tbody> <tr> <td>Friday Afternoon <i>(13-14 &amp; Sr)</i></td> <td>12:30-1:50 PM</td> <td>2:00 PM</td> </tr> <tr> <td>Saturday Morning <i>(13-14 &amp; Sr)</i></td> <td>7:00-8:20 AM</td> <td>8:30 AM</td> </tr> <tr> <td>Saturday Afternoon <i>(10 &amp; U, 11-12)</i></td> <td>Not before 12:15 PM</td> <td>Not before 1:00 PM</td> </tr> <tr> <td>Saturday Evening Finals <i>(13-14 &amp; Sr)</i></td> <td>Not before 4:30 PM</td> <td>Not before 5:30 PM</td> </tr> <tr> <td>Sunday Morning <i>(10 &amp; U, 11-12)</i></td> <td>7:30-8:10 AM</td> <td>8:15 AM</td> </tr> <tr> <td>Sunday Afternoon <i>(13-14 &amp; Sr)</i></td> <td>Not before 11:00-12:20 PM</td> <td>Not before 12:30 PM</td> </tr> </tbody> </table> <p data-bbox="402 1293 1338 1325">Officials Meetings will be 1 hour prior to competition for each session.</p>	<u>Session</u>	<u>Warm-Ups</u>	<u>Competition</u>	Friday Afternoon <i>(13-14 &amp; Sr)</i>	12:30-1:50 PM	2:00 PM	Saturday Morning <i>(13-14 &amp; Sr)</i>	7:00-8:20 AM	8:30 AM	Saturday Afternoon <i>(10 &amp; U, 11-12)</i>	Not before 12:15 PM	Not before 1:00 PM	Saturday Evening Finals <i>(13-14 &amp; Sr)</i>	Not before 4:30 PM	Not before 5:30 PM	Sunday Morning <i>(10 &amp; U, 11-12)</i>	7:30-8:10 AM	8:15 AM	Sunday Afternoon <i>(13-14 &amp; Sr)</i>	Not before 11:00-12:20 PM	Not before 12:30 PM
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SITE:	Waukee Natatorium 1655 NW Douglas Pkwy Waukee, IA 50263																					
FACILITY:	<p>The Waukee Natatorium Competition Pool is an 8-lane 50-meter pool. The water depth of the pool ranges from 7 to 13 feet deep.</p> <p>A 4-lane, 25 yard program pool will be available for warm-up and cool down.</p> <p>The host will ensure the required course dimensions.</p> <p>Swiss Timing and Swiss backstroke ledges will be used.</p> <p>Seating is available in the balcony for 1,000 spectators. Seating is also available on the mezzanine level. On-deck seating is available for more than 650 athletes.</p>																					

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<p><b>COACHES:</b></p>	<p>Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Per IASI rules, coaches must sign the Coaches Meet Sign- In (APP-29) and verify that all certifications are current.</p> <p>Coaches and Officials must produce proof of membership via USA Swimming App or USA Swimming website upon request by the Referee or his delegate. The official mobile application of USA Swimming is acceptable proof of USA Swimming membership.</p>
<p><b>WARM UPS:</b></p>	<p>The IASI mandatory warm-up procedure will be followed.</p> <p>All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet.</p> <p>IASI rules require a 3 point, feet first, sit and slide entry for lanes designated for circle swim during warm-up and warm-down.</p>
<p><b>RACING STARTS:</b></p>	<p>All swimmers entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>
<p><b>ENTRY REQUIREMENTS:</b></p>	<ol style="list-style-type: none"> <li>1. Swimmers must be currently registered as athlete members of USA Swimming.</li> <li>2. Swimmers must enter in the age group events corresponding to age as of June 19, 2026.</li> <li>3. Swimmers may enter no more than three individual events per day. There is no limit for relay entries.</li> <li>4. Seed times must be submitted for a 50-meter course (LCM). NT entries will not be accepted.</li> <li>5. For all Senior events, swimmers must have achieved a time equal or faster than a 13-14 BB time in order to enter an event. Swimmers who achieved the 13-14 BB time standard or faster for an event in a non-conforming course may enter that event using an entry time equal to the corresponding Long Course Meter time standard.</li> <li>6. For all 10 &amp; Under and 11-12 events, swimmers must have achieved a time equal or faster than each age group’s B time in order to enter an event. Swimmers who achieved the B time standard or faster for an event in a non-conforming course may enter that event using an entry time equal to the corresponding Long Course Meter time standard.</li> </ol>

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<p><b>ENTRY FEE:</b></p>	<p>Entry fees are as follows:</p> <ol style="list-style-type: none"> <li>1. Flat entry fee based on age of athlete:             <ol style="list-style-type: none"> <li>a. \$84.50 for all athletes regardless of age who enter Senior individual events</li> <li>b. \$64.50 for athletes enter only 10 &amp; Under or 11-12 events</li> </ol> </li> <li>2. IASI swimmer surcharge: \$4.50 per swimmer is included in the flat entry fee.</li> <li>3. The entry for swimmers who are registered as Outreach members of USA Swimming is \$5.00.</li> </ol> <p>Clubs entering outreach swimmers should only provide the number of Outreach swimmers with USA Swimming per IASI Outreach policy. The names of the Outreach swimmers are not to be provided to the host club.</p> <p>Entries must be submitted in electronic format (meet entry file with pdf/hard copy). Submit entries along with the appropriate IASI Financial Sheet (APP-8.1) or Team Unify entry fee report.</p> <p>Payment shall be made payable to <b>Waukee Community School District</b>. It is permissible to bring an entry fee check to the meet. Alternatively, entry fee checks may be mailed to Waukee Natatorium, 1655 NW Douglas Parkway, Waukee, IA 50263.</p>
<p><b>ENTRY DATES AND DEADLINES:</b></p>	<ol style="list-style-type: none"> <li>1. Entries will be accepted beginning 11:00 a.m. on Tuesday, May 12, 2026 for IASI teams and swimmers and from non-IASI teams that attended the 2025 Waukee Waves Open Invite. Non IASI teams that competed in the previous year's meet were: AAAA-MV, ACE-MW, BSC-MW, BLA-MN, SFST-SD, SO-NE.</li> <li>2. Entries will be accepted beginning 11:00 a.m. on Tuesday, May 19, 2026 for all swimmers.</li> <li>3. The meet entry deadline is 11:00 a.m. on Tuesday, June 9, 2026.</li> <li>4. Entries will be confirmed via a return email receipt.</li> <li>5. Entries will NOT be accepted by phone or fax</li> </ol>
<p><b>LATE ENTRIES:</b></p>	<p>If space is available, late entries will be accepted by email until 6:00 pm, Thursday, June 18, 2026. After that time, late entries will only be accepted on deck until the start of the warm-ups of each session.</p> <p>For swimmers who have entered the meet prior to the meet entry deadline, there is no fee for late entering additional events.</p> <p>For swimmers added to the meet after the meet entry deadline, the late entry fee is a flat entry fee based on age of athlete:</p> <ol style="list-style-type: none"> <li>a. \$126.00 for athletes 13 and older athlete</li> <li>b. \$86.00 for athletes ages 12 and Under</li> </ol>
<p><b>SWIMMERS WITH DISABILITIES:</b></p>	<p>Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations, accommodations, and requested modifications should be completed and</p>

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	attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.
SEND ENTRIES TO:	Bobby Kelley rkelly@waukeeschools.org 319-929-0244
MEET DIRECTOR:	Bobby Kelley rkelly@waukeeschools.org
MEET REFEREE	Ryan Judas ryanjudas@hotmail.com
OFFICIALS:	The Waukee Waves welcomes visiting USA Swimming officials who would like to officiate at this meet. Please contact the Meet Referees with any questions or to request apprentice sessions.
MEET COMMITTEE:	A meet committee consisting of the Meet Director, Meet Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.
MEET OPERATION:	<p>1. The meet will be pre-seeded except for the: Senior 400 Free, Senior 400 IM Senior 800 Free, All relay events</p> <p>2. Positive check-in is required for the following events: Senior 400 Free, Senior 400 IM Senior 800 Free, All relay events</p> <p>The deadline for positive check-in is 90 minutes prior to the start of competition.</p> <p>a. Swimmers and relays failing to check in by the deadline will be scratched. Swimmers and relays who are scratched will be allowed to re-enter only if there are empty lanes available in the slowest heat.</p> <p>b. No heats will be added to accommodate a swimmer and relay failing to check in by the deadline, including any heat eliminated after reseeding the event.</p> <p>3. On Saturday, the following events will be conducted as prelim/final events. 13-14 &amp; Senior 100 Butterfly 13-14 &amp; Senior 200 Free 13-14 &amp; Senior 100 Breaststroke 13-14 &amp; Senior 100 Backstroke</p> <p>During the preliminary session, 13-14 and Senior swimmers will be seeded and compete together regardless of age. The fastest 16 swimmers from both 13-14 division and the Senior division will each qualify for finals.</p> <p>During the finals session, the order of competition will be: Heat 1: 13-14 B heat (qualifiers 9-16) Heat 2: 13-14 A heat (qualifiers 1-8) Heat 3: Senior B heat (qualifiers 9-16) Heat 4: Senior A heat (qualifiers 1-8)</p>

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	<p>4. All timed-final events will be competed slowest to fastest, except for the Senior 400 IM and the Senior 800 Free. Prelim events will be circle-seeded and be competed slowest to fastest.</p> <p>The Senior 400 IM will be swum as a timed-final event. The top 16 seeded swimmers regardless of age who positively check-in will compete during the finals session. All other swimmers will compete during the preliminary session.</p> <p>The preliminary heats of the 400 IM will be competed fastest to slowest, alternating girls and boys.</p> <p>The finals heats of the 400 IM will be swum two heats of girls followed by two heats of boys, slowest to fastest.</p> <p>5. The Senior 800 Free will be competed fastest to slowest, alternating heats of girls and boys.</p> <p>6. Relay events are timed-final events.</p> <p>For the Senior 200 Medley Relay, teams may compete during either the preliminary or finals session. Teams must submit their declaration of which session they prefer as they complete the positive check-in.</p> <p>7. Swimmers must provide their own counters and back-up timers for the 800 Free.</p> <p>8. Events may be combined at the discretion of the Meet Director to expedite the meet timeline.</p> <p>9. Chase starts may be used if needed to maintain the meet schedule and timelines.</p> <p>10. Deck Changes are prohibited.</p> <p><b>11. Glass containers of any kind are not permitted in the aquatic center (including the spectator area) at any time.</b></p> <p>12. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p>
SCORING:	<p>10 &amp; Under and 11-12 Individual Events will be scored.            First to Sixteenth: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1</p>
AWARDS:	<p>Awards for 10 &amp; Under and 11-12 Age Groups            Individual Events: Ribbons First through Eighth            High Point Awards: First to Third</p> <p>No awards will be given to 13-14 and Senior Age Groups</p>
SCRATCHES:	<p>IASI scratch rule is in effect.</p>
USA SWIMMING REGISTRATION:	<p>All swimmers must be members of USA Swimming. The meet host will notify teams if they have entered swimmers whose membership cannot be verified through pre-meet reconciliation. Those swimmers must prove membership to the meet host by either (i) showing the athlete's member card from the USA Swimming mobile app or website, or (ii) demonstrating that the athlete appears on a current club roster report produced from SWIMS 3.0. Screenshots of the athlete's member card is NOT acceptable proof of membership. Any</p>

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	swimmer who fails to prove membership no later than 10 minutes prior to warm-ups for the first session in which they are entered to compete will not be permitted to compete, forfeits their entry fees, and will be administratively disqualified from the entire meet.
CAMERAS:	<b>USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.</b>
NO ALCOHOL OR TOBACCO:	The use of any tobacco or alcohol products is prohibited in the swimming venue, the Natatorium, the parking lots, and all of the school district's property.
IMAGE RELEASE:	Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of IASI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.
MEET CONDUCT:	Attending clubs, swimmers and spectators are the guests of the Waukee Community School District. Inappropriate behavior will be dealt with immediately.
ADDITIONAL INFORMATION:	<p>1. <i>Program:</i> Heat sheets will be uploaded to the Waukee Natatorium website and uploaded to Meet Mobile prior to each session starting.</p> <p>2. <i>Results:</i> Electronic results will be provided to all teams participating in the meet. A hardcopy of the final results may be requested for an additional \$50.00.</p> <p>3. <i>Concessions:</i> There will be a concession stand located in the lobby of the Natatorium. A hospitality room will be available for coaches and officials.</p> <p>4. <i>Swim apparel/merchandise:</i> Splash Multisport may be onsite offering a variety of swimming apparel and equipment.</p> <p>5. <i>Seating/Spectator Information:</i> There is no charge for admission. Free Wi-Fi is available.</p> <p>6. <i>Deck:</i> Only registered swimmers, coaches and meet personnel will be allowed on deck.</p> <p>7. <i>Parking information:</i> There is a parking lot to the east of the Natatorium, and to the east of Timberline School which is the school next to the Natatorium.</p>
MAAPP:	All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition.

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	<p>Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate at this meet. Additional information regarding the Required Quality Control System for Safe Sport may be found on the Iowa Swimming Website &gt; Meet Host resources page: <a href="https://www.gomotionapp.com/team/lscis/page/competition-resources">https://www.gomotionapp.com/team/lscis/page/competition-resources</a></p>
MEDICAL SUPERVISION:	<p>Lifeguards on duty will supervise all warmup, competition, and cool down swimming. AED devices are available. Lifeguards are Red Cross trained in CPR for the Emergency Response Personnel.</p>
INDEMNITY:	<p>It is understood and agreed that USA Swimming and IASI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>

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<b>Session 1</b>				
<b>Female</b>	<b>Qualifying Time</b>	<b>Friday, June 19, 2026</b> Warm up: 12:30-1:50 PM Meet begins: 2:00 PM	<b>Qualifying Time</b>	<b>Male</b>
1		Senior 200 Free Relay		2
		<b>5 minute Break</b>		
3	3:03.09	Senior 200 IM	2:49.79	4
5	5:41.79	Senior 400 Freestyle	5:23.49	6
7	34.59	Senior 50 Freestyle	31.79	8
9		Senior 400 Medley Relay		10

<b>Session 2</b>				
<b>Female</b>	<b>Qualifying Time</b>	<b>Saturday, June 20, 2026</b> Warm up: 7:00-8:20 AM Meet begins: 8:30 AM	<b>Qualifying Time</b>	<b>Male</b>
31		Senior 200 Medley Relay <small>(Option for teams declaring to swim during the preliminary session)</small>		32
33	1:20.99	Senior 100 Butterfly	1:14.59	34
35	2:42.79	Senior 200 Freestyle	2:32.29	36
37	1:34.99	Senior 100 Breaststroke	1:27.09	38
39	1:23.29	Senior 100 Backstroke	1:17.69	40
41	6:28.19	Senior 400 IM <small>(Seeds 17 &amp; higher from all 14 &amp; Older entries)</small>	6:02.79	42

<b>Session 3</b>				
<b>Female</b>	<b>Qualifying Time</b>	<b>Saturday, June 20, 2026</b> Warm Up: Not before 12:15 PM Meet start time: Not before 1:00 PM	<b>Qualifying Time</b>	<b>Male</b>
11	2:12.79	10 & Under 100 Butterfly	2:09.49	12
13	1:38.29	11-12 100 Butterfly	1:35.09	14
15	55.79	10 & Under 50 Backstroke	55.39	16
17	44.79	11-12 50 Backstroke	44.49	18
19	1:02.19	10 & Under 50 Breaststroke	1:00.89	20
21	49.79	11-12 50 Breaststroke	49.79	22
23	1:44.09	10 & Under 100 Freestyle	1:40.99	24
25	1:25.59	11-12 100 Freestyle	1:22.09	26
27	4:15.69	10 & Under 200 IM	4:09.49	28
29	3:30.59	11-12 200 IM	3:24.39	30

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<b>Female</b>	<b>Session 4</b> <b>Saturday, June 20, 2026</b> Warm up: Not before 4:30 PM Meet begins: Not before 5:30 PM	<b>Male</b>
31	Senior 200 Medley Relay (Option for teams declaring to swim during the Finals session)	32
	<b>5 minute Break</b>	
33	13-14 & Senior 100 Butterfly	34
35	13-14 & Senior 200 Freestyle	36
37	13-14 and Senior 100 Breaststroke	38
39	13-14 and Senior 100 Backstroke	40
41	Senior 400 IM (Top 16 seeds from all 13 & Older entries)	42

<b>Female</b>	<b>Qualifying Time</b>	<b>Session 5</b> <b>Sunday, June 21, 2026</b> Warm Up: 7:30-8:10 AM Meet start time: 8:15 AM	<b>Qualifying Time</b>	<b>Male</b>
43	2:01.59	10 & Under 100 Backstroke	1:56.69	44
45	1:40.59	11-12 100 Backstroke	1:37.19	46
47	54.59	10 & Under 50 Butterfly	52.29	48
49	41.79	11-12 50 Butterfly	41.99	50
51	45.29	10 & Under 50 Freestyle	43.89	52
53	38.49	11-12 50 Freestyle	37.39	54
55	2:19.39	10 & Under 100 Breaststroke	2:12.89	56
57	1:50.39	11-12 100 Breaststroke	1:47.79	58
59	3:50.99	10 & Under 200 Freestyle	3:36.99	60
61	3:06.39	11-12 200 Freestyle	2:59.19	62

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<b>Female</b>	<b>Qualifying Time</b>	<b>Session 6</b> <b>Sunday, June 21, 2026</b> Warm up: not before 11:00-12:20 PM Meet begins: Not before 12:30 PM	<b>Qualifying Time</b>	<b>Male</b>
63	2:59.49	Senior 200 Backstroke	2:48.79	64
65	1:15.39	Senior 100 Freestyle	1:09.79	66
67	3:24.59	Senior 200 Breaststroke	3:08.29	68
69	3:01.69	Senior 200 Butterfly	2:46.79	70
71		Senior 400 Free Relay		72
73	11:50.79	Senior 800 Free	11:09.19	74