

THE WEEKLY WAVE



NEWSLETTER



DSMY May Invitational Meet Results

Over the weekend, Waves swimmers competed at the 2026 DSMY May Invitational. This marks the first long course meet of the season! Attached are the meet results. Great job Waves!

Waukee Wave-ettes Final Showcase

Friday May 15 and Saturday May 16 the Waukee Wave-ettes will perform at the Natatorium for their final showcase! Friday's show begins at 6:00 PM and Saturday's begins at 8:00 PM. Come watch the Wave-ettes perform!

No Practice Friday, May 15

There is no practice for Gold 2, Gold 1, and Silver this Friday. Senior group will practice from 3:30 - 5:00 PM.

MAY 13, 2026

01. DSMY May Invite Results
02. Waukee Wave-ettes Final Showcase
03. No Practice Friday 5/15
04. LCM Champ Hotel Room

LCM Champ Hotel Room

If your swimmer has qualified and is planning on swimming at the IASL LCM Championship meet in Iowa City, consider booking a hotel room soon. Rooms will be limited close to the pool.

Waves Swim Team Practice Schedules

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	May 11	May 12	May 13	May 14	May 15	May 16	May 17
Silver	6:00 - 7:30 PM	6:00 - 7:30 PM	5:45 - 7:15 PM	6:00 - 7:30 PM	None	9:00 - 10:30 AM	None
Gold 1	6:00 - 7:30 PM	6:00 - 7:30 PM	5:45 - 7:15 PM	6:00 - 7:30 PM	None	9:00 - 10:30 AM	None
Gold 2	6:00 - 8:00 PM	6:00 - 8:00 PM	5:45 - 7:30 PM	6:00 - 8:00 PM	None	9:00 - 11:00 AM	None
Senior AM	5:45 - 7:00 AM	None	5:45 - 7:00 AM	None	5:45 - 7:00 AM	7:00 - 9:00 AM	None
Senior PM	4:00 - 6:00 PM	4:00 - 6:00 PM	4:00 - 5:45 PM	4:00 - 6:00 PM	3:30 - 5:00 PM	None	None
	May 18	May 19	May 20	May 21	May 22	May 23	May 24
Silver	6:00 - 7:30 PM	6:00 - 7:30 PM	5:45 - 7:15 PM	6:00 - 7:30 PM	5:45 - 7:15 PM	9:00 - 10:30 AM	None
Gold 1	6:00 - 7:30 PM	6:00 - 7:30 PM	5:45 - 7:15 PM	6:00 - 7:30 PM	5:45 - 7:15 PM	9:00 - 10:30 AM	None
Gold 2	6:00 - 8:00 PM	6:00 - 8:00 PM	5:45 - 7:30 PM	6:00 - 8:00 PM	5:45 - 7:30 PM	9:00 - 11:00 AM	None
Senior AM	5:45 - 7:00 AM	None	5:45 - 7:00 AM	None	5:45 - 7:00 AM	7:00 - 9:00 AM	None
Senior PM	4:00 - 6:00 PM	4:00 - 6:00 PM	4:00 - 5:45 PM	4:00 - 6:00 PM	4:00 - 5:45 PM	None	None
	May 25	May 26	May 27	May 28	May 29	May 30	May 31
Silver	None	6:00 - 7:30 PM	5:45 - 7:15 PM	6:00 - 7:30 PM	5:45 - 7:15 PM	9:00 - 10:30 AM	None
Gold 1	None	6:00 - 7:30 PM	5:45 - 7:15 PM	6:00 - 7:30 PM	5:45 - 7:15 PM	9:00 - 10:30 AM	None
Gold 2	7:30 - 9:00 AM	6:00 - 8:00 PM	5:45 - 7:30 PM	6:00 - 8:00 PM	5:45 - 7:30 PM	9:00 - 11:00 AM	None
Senior AM	7:00 - 9:00 AM	None	5:45 - 7:00 AM	None	5:45 - 7:00 AM	7:00 - 9:00 AM	None
Senior PM	None	4:00 - 6:00 PM	4:00 - 5:45 PM	4:00 - 6:00 PM	4:00 - 5:45 PM	None	None

Waves Dive Team Practice Schedules

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	May 11	May 12	May 13	May 14	May 15	May 16	May 17
Diving Bronze	5:00 - 6:15 PM	None	5:00 - 6:15 PM	None	None	None	None
Diving Silver	5:00 - 6:30 PM	None	5:00 - 6:30 PM	None	None	None	None
Diving Gold	None	5:30 - 7:00 PM	5:30 - 7:00 PM	5:30 - 7:00 PM	None	None	None
Diving Senior	5:30 - 7:30 PM	5:30 - 7:30 PM	5:30 - 7:30 PM	5:30 - 7:30 PM	None	None	None
	May 18	May 19	May 20	May 21	May 22	May 23	May 24
Diving Bronze	5:00 - 6:15 PM	None	5:00 - 6:15 PM	None	None	None	None
Diving Silver	5:00 - 6:30 PM	None	5:00 - 6:30 PM	None	None	None	None
Diving Gold	None	5:30 - 7:00 PM	5:30 - 7:00 PM	5:30 - 7:00 PM	None	None	None
Diving Senior	5:30 - 7:30 PM	5:30 - 7:30 PM	5:30 - 7:30 PM	5:30 - 7:30 PM	None	None	None
	May 25	May 26	May 27	May 28	May 29	May 30	May 31
Diving Bronze	None	None	5:00 - 6:15 PM	None	None	None	None
Diving Silver	None	None	5:00 - 6:30 PM	None	None	None	None
Diving Gold	None	5:30 - 7:00 PM	5:30 - 7:00 PM	5:30 - 7:00 PM	None	None	None
Diving Senior	None	5:30 - 7:30 PM	5:30 - 7:30 PM	5:30 - 7:30 PM	None	None	None