

THE WEEKLY WAVE



NEWSLETTER



Waukee Waves Summer Invite

This weekend the Waves are hosting the 2026 Waukee Waves Summer Invite at the Waukee Natatorium. The competition begins on Friday afternoon through Sunday evening. Listed below are the warm up times per session.

- Friday timed finals: 12:30 PM
- Saturday morning senior prelims: 7:00 AM
- Saturday timed 12&U finals: 12:15 PM
- Saturday night senior finals: 4:30 PM
- Sunday morning 12&U timed finals: 7:30 AM
- Sunday afternoon senior timed finals: 11:00 AM

[Click here for more information on psych sheets and timelines.](#)

2026 Summer Regional Meet Entries

Meet entries for the Summer 2026 Regional Championships are open. **The deadline to enter is Tuesday, June 30.** The meet is at Ames High School and is a SCY competition. Any swimmer who makes a Q time at this meet is eligible to swim that event at the LCM IASI Championship meet. If your swimmer already has a Q time in an event, they are ineligible to compete in that event at this meet.

IASI Open Water Meet

If your swimmer is interested in participating at the IASI Open Water Championship meet please contact Bobby Kelley, rkelly@waukeeschools.org. Please note there will NOT be a Waves coach at this competition.

JUNE 17, 2026

01. Waukee Waves Summer Invite
02. 2026 Summer Regional Meet Entries
03. IASI Open Water Championships
04. 2026 Birdland Results
05. June/July Practice Schedules

Birdland Results

[Click here for the 2026 Birdland Invite meet results.](#)

June/July Practice Schedule

Please review the swim and dive practice schedules below as there are many changes over the next few weeks with competitions and the holiday.

