

THE WEEKLY WAVE



NEWSLETTER



Waukee Waves December Invite

This Saturday, the Waves will host the first Waukee Waves December Invite at the Waukee Natatorium. Warm ups begin at 10:00 AM for 13 & Over and 10:45 AM for 12 & Under swimmers. The competition begins at 11:30 AM. Due to the size of the meet, the Waves will operate two courses. 13 & Over swimmers and 11-12 Girls will compete in the south course while 10 & under swimmers and 11-12 Boys will compete in the north end near the diving well. Volunteers are still needed from 11:00 AM - 3:00 PM. Please consider volunteering, [click here to sign up](#).

USA Swimming Membership Renewal

Please review your USA swimming accounts and renew membership for the 2026 season before the end of the year in order to continue participating at swim meets. Boys competing in high school need to renew memberships for times achieved during the high school season to translate into USA Swimming.

Foxjet Winter Classic and Waukee Waves December Invite Billing

On Monday, December 22 Waves accounts will be billed for the upcoming Foxjet Winter Classic & Waukee Waves December Invite meets entry fees. If you have any questions about billing please contact Bobby Kelley, rkelly@waukeeschools.org

DECEMBER 18, 2025

01. Waukee Waves December Invite
02. USA Swimming Membership Renewal
03. Foxjet Classic and WW Invite Meet Billing
04. Scholastic All American Recipients
05. Holiday Door Policy

Scholastic All

American Recipients

Congratulations to Waves senior swimmers, Charlotte Qualley, Ethan Hales, and John Trosper, who this year have earned Scholastic All-American awards from USA Swimming. [Visit USA swimming's page for more information on this award!](#)

Holiday Door Policy

The Natatorium entrance doors will be unlocked 15 mins before the start of practice and will lock 15 mins after the start of practice. Please ensure your swimmer gets inside the building during this time otherwise they will be locked out.

Waves Swim Team Practice Schedules

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	December 15	December 16	December 17	December 18	December 19	December 20	December 21
Silver	6:00 - 7:30 PM	6:00 - 7:30 PM	5:30 - 7:00 PM	None	5:30 - 7:00 PM	None	None
Gold 1	6:00 - 7:30 PM	6:00 - 7:30 PM	5:30 - 7:00 PM	7:30 - 8:30 PM	5:30 - 7:00 PM	None	None
Gold 2	6:00 - 8:00 PM	6:00 - 8:00 PM	5:30 - 7:15 PM	7:30 - 8:30 PM	5:30 - 7:15 PM	None	None
Senior AM	6:00 - 7:00 AM	None	5:45 - 7:00 AM	5:45 - 7:00 AM	None	None	None
Senior PM	5:30 - 7:30 PM	5:30 - 7:30 PM	5:30 - 7:15 PM	7:30 - 8:30 PM	5:30 - 7:15 PM	None	None
	December 22	December 23	December 24	December 25	December 26	December 27	December 28
Silver	5:30 - 7:00 PM	5:30 - 7:00 PM	9:00 - 10:00 AM	None	None	10:00 - 11:30 AM	None
Gold 1	5:30 - 7:00 PM	5:30 - 7:00 PM	9:00 - 10:00 AM	None	None	10:00 - 11:30 AM	None
Gold 2	5:30 - 7:30 PM	5:30 - 7:30 PM	8:30 - 10:00 AM	None	3:00 - 5:00 PM	10:00 - 11:30 AM	None
Senior AM	7:00 - 8:30 AM	7:00 - 8:30 AM	6:30 - 8:30 AM	None	None	9:00 - 11:00 AM	None
Senior PM	3:15 - 5:15 PM	3:15 - 5:15 PM	None	None	3:00 - 5:00 PM	None	None
	December 29	December 30	December 31	January 1	January 2	January 3	January 4
Silver	5:00 - 6:30 PM	5:00 - 6:30 PM	10:00 - 11:30 AM	None	10:00 - 11:30 AM	9:00 - 10:30 AM	None
Gold 1	5:00 - 6:30 PM	5:00 - 6:30 PM	10:00 - 11:30 AM	None	10:00 - 11:30 AM	9:00 - 10:30 AM	None
Gold 2	5:00 - 7:00 PM	5:00 - 7:00 PM	10:00 AM - 12:00 PM	None	9:00 - 11:00 AM	9:00 - 11:00 AM	None
Senior AM	6:30 - 8:00 AM	6:30 - 8:00 AM	10:00 AM - 12:00 PM	None	6:00 - 8:00 AM	7:00 - 9:00 AM	None
Senior PM	3:00 - 5:00 PM	3:00 - 5:00 PM	None	None	None	None	None

Waves Dive Team Practice Schedules

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	December 15	December 16	December 17	December 18	December 19	December 20	December 21
Diving Bronze	5:30 - 6:45 PM	None	5:30 - 6:45 PM	None	None	None	None
Diving Silver	5:30 - 7:00 PM	None	5:30 - 7:00 PM	None	None	None	None
Diving Gold	None	5:30 - 7:30 PM	5:30 - 7:30 PM	None	None	None	None
Diving Senior	5:30 - 7:30 PM	5:30 - 7:30 PM	5:30 - 7:30 PM	None	None	None	None
	December 22	December 23	December 24	December 25	December 26	December 27	December 28
Diving Bronze	12:00 - 1:15 PM	12:00 - 1:15 PM	None	None	None	None	None
Diving Silver	12:00 - 2:00 PM	12:00 - 2:00 PM	None	None	None	None	None
Diving Gold	12:00 - 2:00 PM	12:00 - 2:00 PM	None	None	None	None	None
Diving Senior	12:00 - 2:00 PM	12:00 - 2:00 PM	None	None	None	None	None
	December 29	December 30	December 31	January 1	January 2	January 3	January 4
Diving Bronze	12:00 - 1:15 PM	12:00 - 1:15 PM	None	None	None	None	None
Diving Silver	12:00 - 2:00 PM	12:00 - 2:00 PM	None	None	None	None	None
Diving Gold	12:00 - 2:00 PM	12:00 - 2:00 PM	None	None	None	None	None
Diving Senior	12:00 - 2:00 PM	12:00 - 2:00 PM	None	None	None	None	None