

# THE WEEKLY WAVE



## NEWSLETTER



### Waukee Waves Swim Meet Schedule

Attached below is the Waukee Waves Fall/Winter swim team meet schedule. Some meets listed require qualifying times to participate. You must have a USA swimming membership to participate in the meets listed. USA swimming memberships can be purchased or renewed after September 1.

### Waves Equipment and Apparel

If you are in need of new equipment or Waves apparel, visit the Waukee Waves team store. Items can be purchased through Elsmore Swim Shop. [Click here to view the team store.](#)

#### New Swim Team Parent Meetings

A parent meeting will be held for Silver group and above on Thursday Sept 10 at 7:30 PM. New and returning parents are welcome to join!

A new parent meeting for Bronze group will be held on Monday Sept 14 at 5:15 PM. All new parents should plan to attend.

**AUGUST 26, 2026**

- 01. Swim Meet Schedule**
- 02. Equipment and Apparel**
- 03. New Swim Parent Meetings**
- 04. Waves Diving Clinics**
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#### Diving Clinics

**Registration is now open on Captyn for Advanced Diving Clinics. Contact Coach Dana for more information!**

#### Parent Square Communication

Moving forward, per WCS policy, the Weekly Wave will be sent out in Parent Square. If you are not a member of the WCS district, you will be added to the list and receive the newsletter as normal.

## Waves Swim Team Practice Schedules

|           | Monday         | Tuesday        | Wednesday      | Thursday       | Friday         | Saturday        | Sunday       |
|-----------|----------------|----------------|----------------|----------------|----------------|-----------------|--------------|
|           | August 24      | August 25      | August 26      | August 27      | August 28      | August 29       | August 30    |
| Bronze    | None           | None           | None           | None           | None           | None            | None         |
| Silver    | None           | None           | None           | None           | None           | None            | None         |
| Gold 1    | None           | None           | None           | None           | None           | None            | None         |
| Gold 2    | None           | None           | None           | None           | None           | None            | None         |
| Senior AM | None           | None           | None           | None           | None           | None            | None         |
| Senior PM | 5:30 - 7:30 PM | 5:30 - 7:30 PM | 5:30 - 7:15 PM | 7:15 - 8:15 PM | 5:30 - 7:00 PM | None            | None         |
|           | August 31      | September 1    | September 2    | September 3    | September 4    | September 5     | September 6  |
| Bronze    | None           | None           | None           | None           | None           | None            | None         |
| Silver    | None           | None           | None           | None           | None           | None            | None         |
| Gold 1    | None           | None           | None           | None           | None           | None            | None         |
| Gold 2    | None           | None           | 5:30 - 7:15 PM | 5:30 - 7:30 PM | 5:30 - 7:00 PM | None            | None         |
| Senior AM | None           | None           | None           | None           | None           | None            | None         |
| Senior PM | 6:30 - 8:00 PM | 8:00 - 9:00 PM | 5:30 - 7:15 PM | 5:30 - 7:30 PM | 5:15 - 7:00 PM | None            | None         |
|           | September 7    | September 8    | September 9    | September 10   | September 11   | September 12    | September 13 |
| Bronze    | None           | None           | None           | None           | None           | None            | None         |
| Silver    | None           | None           | 6:15 - 7:30 PM | 6:15 - 7:45 PM | 5:30 - 7:00 PM | 9:30 - 10:45 AM | None         |
| Gold 1    | None           | None           | 6:15 - 7:30 PM | 6:15 - 7:45 PM | 5:30 - 7:00 PM | 9:30 - 10:45 AM | None         |
| Gold 2    | None           | 8:00 - 9:00 PM | 5:45 - 7:30 PM | 5:45 - 7:45 PM | 5:30 - 7:00 PM | 9:00 - 10:30 AM | None         |
| Senior AM | None           | None           | None           | None           | None           | None            | None         |
| Senior PM | None           | 8:00 - 9:00 PM | 4:00 - 5:45 PM | 5:30 - 7:30 PM | 5:15 - 7:00 PM | 7:00 - 9:00 AM  | None         |

## 2026-2027 Fall/Winter Waves Swim Team Meet Schedule

| <b>Date</b>                                          | <b>Host/Meet</b>                     | <b>Location</b>                           |
|------------------------------------------------------|--------------------------------------|-------------------------------------------|
| October 10-11<br><i>(Saturday &amp; Sunday Only)</i> | ACAC Tim Jenks Autumn Opener         | Dan Flannery Pool<br>Ames, IA             |
| October 17                                           | Waukee Waves The First Wave          | Waukee Natatorium<br>Waukee, IA           |
| October 24-25                                        | CIA/Johnston Blaze Fall Mixer        | Summit Middle School<br>Johnston, IA      |
| November 6-8                                         | IFLY A3 Midwest Challenge            | CRWC<br>Iowa City, IA                     |
| November 14-15                                       | Waukee Waves The Qualifier           | Waukee Natatorium<br>Waukee, IA           |
| November 21-22                                       | DMSF Fall Invitational               | Wellmark YMCA<br>Des Moines, IA           |
| December 9-12                                        | Speedo Winter Junior Nationals       | University of Texas<br>Austin, TX         |
| December 19                                          | Waukee Waves The Icebreaker          | Waukee Natatorium<br>Waukee, IA           |
| January 8-10                                         | Midwest All Stars                    | Wellmark YMCA<br>Des Moines, IA           |
| January 15-17                                        | ACAC The Tundra                      | Dan Flannery Pool<br>Ames, IA             |
| January 29-31                                        | CIA Winter Blues Buster              | Waukee Natatorium<br>Waukee, IA           |
| February 13-14                                       | IASI Regional and 8&U Championships  | Waukee Natatorium<br>Waukee, IA           |
| February 19-21                                       | IASI Age Group Championships         | Cedar Falls Natatorium<br>Cedar Falls, IA |
| February 25-28                                       | IASI Senior Championships            | Wellmark YMCA<br>Des Moines, IA           |
| March 11-14                                          | Central Zone Speedo Sectionals (LCM) | Waukee Natatorium<br>Waukee, IA           |