

THE WEEKLY WAVE



NEWSLETTER



2026-2027 Registration Open

Registration is now open for the 2026-2027 year for swim and dive team. You must re-register your swimmer or diver for the upcoming year on Captyn. [Please visit our website and sign up if you have not registered yet.](#)

Waukee Waves Equipment and Apparel

If you're in need of new equipment or Waves apparel, visit the Waukee Waves team store. Items can be purchased through Elsmore Swim Shop. [Click here to view the team store.](#)

Waves Swim Team Practice Schedule

Attached below is the Waukee Waves Swim Team practice schedule for all groups. Many Tuesday nights and Saturday morning practices will be impacted due to high school swim meets.

AUGUST 21, 2026

01. **2026-2027
Registration Open**
02. **Waukee Waves
Equipment and
Apparel**
03. **Waves Swim Team
Practice Schedule**
04. **Waves Diving
Advanced Clinic
Registration**
05. **Swim Team Meet
Schedule**

Waves Diving Advanced Clinic Registration

Registration is now open on Captyn for Advanced Diving Clinics. Contact Coach Dana for more information!

Swim Team Meet Schedule

The Waves swim team meet schedule will be posted next week. Thank you for your patience!

Waukee Waves Swim Team Practice Schedule

2026-2027 Fall

Senior Practice Begins August 24

Gold 2 Practice Begins September 2

Silver and Gold 1 Practice Begins September 9

Bronze Practice Begins September 14

Many Tuesday night and Saturday morning practices will be impacted due to high school swim meets

Silver

Monday, Tuesday, and Thursday 6:15-7:45 PM

Wednesday 6:15 - 7:30 PM

Friday 5:30 - 7:00 PM

Saturday TBA

Gold 1

Monday, Tuesday, and Thursday 6:15 - 7:45 PM

Wednesday 6:15 - 7:30 PM

Friday 5:30 - 7:00 PM

Saturday TBA

Gold 2

Monday and Tuesday 6:00 - 8:00 PM

Wednesday 5:45 - 7:30 PM

Thursday 5:45 - 7:45 PM

Friday 5:30 - 7:00 PM

Saturday TBA

Senior

Monday, Tuesday and Thursday Evening 5:30 - 7:30 PM

*Wednesday Evening 5:30 - 7:15 PM *Early Out 4:00 - 5:45 PM*

Friday Evening 5:15 - 7:00 PM

Morning Practice Dates TBA 5:45 -7:00 AM

Saturday TBA

Bronze

Monday, Tuesday, Wednesday and Thursday 5:30 - 6:15 PM