The Icebreaker

Invitational Swim Meet

Saturday, December 19, 2026

IASI SANCTION:	IA-27-001 Held under the sanction of USA Swimming and Iowa Swimming, Inc. (IASI).
RULES:	Current USA Swimming and IASI technical and administrative rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.
DATES:	Saturday, December 19, 2026
TIME:	Warm Up: 10:00-10:50 AM Competition: 11:00 AM
SITE:	Waukee Natatorium https://www.waukeeaquatics.captynsites.com/ 1655 NW Douglas Pkwy Waukee, IA 50263 515-987-2750
FACILITY:	The host will ensure the required course dimensions. The Waukee Natatorium features a 50-meter by 25-yard competition pool with two movable bulkheads, allowing for an eight-lane, 50-meter course or multiple short-course configurations. The competition course for this meet will utilize eight 9-foot-wide lanes in the South Course and six 7-foot-wide lanes in the North Course. The South Course has a water depth of 7 feet at both the starting and turning ends. The North Course ranges in depth from 7 feet to 13 feet. Automatic timing system with touchpads, with button and watch backups.
COACHES:	Coaches must be current coach members of USA Swimming. Upon request, coaches must provide proof of current membership. Coaches who are not properly registered and certified will not be permitted on deck.
WARM UPS:	The IASI mandatory warm-up procedure will be followed. All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet. A 3-point, feet first, sit and slide entry is required for lanes designated for circle swim during warm-up and warm-down.

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RACING STARTS:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
ENTRY REQUIREMENTS:	1. Swimmers must be currently registered as athlete members of USA Swimming. 2. Swimmers must enter in the age group events corresponding to age as of December 19, 2026. 3. Swimmers may enter no more than four individual events for the meet. 4. Seed times must be submitted for a 25-yard course (SCY). Swimmers may enter the meet with No Time (NT).
ENTRY LIMITS:	Any combination of events may be limited to ensure the timely completion of a session. Teams will be notified by email if swimmers are affected by limits prior to the meet.
ENTRY FEES & SUBMISSIONS:	Entry fees are as follows: 1. The meet will have a flat entry of $35.00 per swimmer which will include the IASI Swimmer Surcharge of $6.00 per swimmer. 2. The entry for each outreach swimmer who qualifies for LSC benefits is $5.00 and covers all individual entry fees, program facility use fees, and the IASI Surcharge. Entries must be submitted in electronic format (meet entry file with pdf/hard copy). Submit entries along with the appropriate IASI Financial Sheet (APP-8.1) or another entry fee report. Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club and verified by the IASI Administrative office according to IASI Outreach policy. The names of the outreach swimmers are not to be provided to the host club. Payment shall be by check or money order made payable to Waukee Community School District. Bring entry fee checks to the meet or mail checks to: Waukee Community School District Attn: Amber Brooks 430 Ashworth Dr.

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	Waukee, IA 50263 All entry fees, including IASI swimmer surcharge fees, should be combined on one check. Entry fees are non-refundable; IASI swimmer surcharge fees will be refunded only if the entire meet is cancelled.
ENTRY DATES AND DEADLINES:	1. Entries will be accepted beginning 11:00 a.m. on Tuesday, November 17, 2026 for IASI teams and swimmers and from non-IASI teams that attended the 2026 Waukee Waves Open Invite. Non IASI teams that competed in the previous year's meet were: CBSC-MW. 2. Entries will be accepted beginning 11:00 a.m. on Tuesday, November 24, 2026 for all swimmers. 3. The meet entry deadline is 11:00 a.m. on Tuesday, December 8, 2026. 4. Entries will be confirmed via a return email receipt. 5. Entries will NOT be accepted by phone or fax
LATE ENTRIES:	Late entries will be accepted. Entry fees for entries received and accepted after the meet entry deadline will be charged a flat entry fee of $65.00 per swimmer which will include the IASI Swimmer Surcharge of $6.00 per swimmer.
SWIMMERS WITH DISABILITIES:	Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations, accommodations, and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.
SEND ENTRIES TO:	Erik Goode egoode@waukeeschools.org 515-987-2750
MEET DIRECTOR:	Bobby Kelley rkelley@waukeeschools.org 319-929-0244
MEET REFEREES:	Ryan Judas

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MEET COMMITTEE:	A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.
MEET OPERATION:	1. All events will be seeded slowest to fastest. 2. Swimmers competing in the 13 & Older 500-yard Freestyle are responsible for providing their own lap counter. Lap counting cards will be provided. 3. Events may be combined by gender and/or age group at the discretion of the Meet Director to expedite the meet timeline. 4. Deck Changes are prohibited. 5. Banners, signs or posters are not allowed to be adhered, displayed or affixed anywhere in the aquatic center facility. 6. Glass containers of any kind are not permitted on the pool deck. 7. Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended. 8. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
SCORING:	This meet will not be scored.
AWARDS:	Ribbons will be awarded for 1st through 10th place in all 8 & Under, 10 & Under, and 11–12 individual events and 1st through 6th place in all 8 & Under, 10 & Under, and 11–12 relay events.
SCRATCHES:	The IASI Scratch Rule is in effect.

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USA SWIMMING REGISTRATION:	All swimmers must be members of USA Swimming. The meet host will notify teams if they have entered swimmers whose membership cannot be verified through pre-meet reconciliation. Those swimmers must prove membership to the meet host by either (i) showing the athlete's member card from the USA Swimming mobile app or website, or (ii) demonstrating that the athlete appears on a current club roster report produced from SWIMS 3.0. Screenshots of the athlete's member card are NOT acceptable proof of membership. Any swimmer who fails to prove membership no later than 10 minutes prior to warm-ups from the first session in which they are entered to compete will not be permitted to compete, forfeits their entry fees, and will be administratively disqualified from the entire meet.
CAMERAS:	**USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**
NO ALCOHOL OR TOBACCO:	The use of any tobacco or alcohol products is prohibited in the swimming venue.
IMAGE RELEASE:	Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of IASI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.
MEET CONDUCT:	Attending clubs, swimmers and spectators are the guests of the Waukee Natatorium and the Waukee Community School District. Any report of inappropriate behavior will be dealt with immediately. Natatorium Staff reserve the right to remove any offending individuals or groups. **Swimmers who swim beneath a bulkhead may be removed from the pool and may be barred from further participation in the meet.** Clubs will be financially responsible for any damage to the premises caused by their club/team, swimmers and/or parents & spectators.

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ADDITIONAL INFORMATION:	1. Programs: Heat sheets will be posted on the Waukee Natatorium website and uploaded to Meet Mobile prior to the start of the meet. https://www.waukeeaquatics.captynsites.com/ 2. Results: Electronic results will be provided to all participating teams once full payment has been received. A hardcopy of the final results may be requested on the IASI Financial Sheet for an additional $10.00. 3. Concessions: The concession stand will be available. 4. Seating/Spectator Information: There is no charge for admission. Free Wi-Fi is available. 5. Deck: Only registered swimmers, coaches and meet personnel will be allowed on deck.
MAAPP:	All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate at this meet. Additional information regarding the Required Quality Control System for Safe Sport may be found on the Iowa Swimming Website > Meet Host resources page: https://www.gomotionapp.com/team/lscis/page/competition-resources
MEDICAL SUPERVISION:	Lifeguards on duty will supervise all warm-up, competition, and warm-down swimming and must be present whenever the pool deck is open. AED devices are available on premises. Lifeguards are Red Cross certified in CPR for Professional Rescuers.
INDEMNITY:	It is understood and agreed that USA Swimming and IASI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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Girls Events Numbers	North Pool (Diving well side of the Natatorium) Order of Events	Boys Events Numbers
1	10 & Under 50 Freestyle	2
3	8 & Under 25 Freestyle	4
5	10 & Under 50 Breaststroke	6
7	8 & Under 25 Breaststroke	8
9	10 & Under 50 Butterfly	10
11	8 & Under 25 Butterfly	12
13	10 & Under 100 Freestyle	14
15	8 & Under 50 Freestyle	16
17	10 & Under 50 Backstroke	18
19	8 & Under 25 Backstroke	20
21	10 & Under 100 IM	22
23	8 & Under 100 IM	24
25	10 & Under 200 Freestyle	26
27	8 & Under 100 Freestyle Relay	28
29	10 & Under 200 Freestyle Relay	30

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Girls Events Numbers	South Pool (Classroom side of the Natatorium) Order of Events	Boys Events Numbers
31	11-12 200 Freestyle	32
33	13 & Older 200 Freestyle	34
35	11-12 50 Butterfly	36
37	13 & Older 50 Butterfly	38
39	Senior 100 Butterfly	40
41	11-12 50 Freestyle	42
43	13 & Older 50 Freestyle	44
45	11-12 100 IM	46
47	13 & Older 200 IM	48
49	11-12 50 Backstroke	50
51	13 & Older 100 Backstroke	52
53	Senior 100 Backstroke	54
55	11-12 100 Freestyle	56
57	13 & Older 100 Freestyle	58
59	11-12 50 Breaststroke	60
61	13 & Older 50 Breaststroke	62
63	Senior 100 Breaststroke	64
65	Senior 500 Freestyle	66