



HEALTHCARE & EDUCATION

Schools in the UAE

International Schools:

Dubai hosts many international schools that follow curricula from around the world, providing options for expatriate families and those seeking specific educational systems.

British Curriculum:

- The British School Al Khubairat: Known for its strong academic reputation and broad extracurricular activities.
- Dubai British School: Offers a British curriculum with a focus on academic excellence and personal development.
- Repton School Dubai: Provides a British curriculum with an emphasis on holistic education and extracurricular engagement.

American Curriculum:

- American School of Dubai: Offers an American curriculum with a focus on preparing students for university education.
- Dubai American Academy: Provides a comprehensive American education and has a strong focus on academic and personal growth.
- Universal American School: Follows the American curriculum and emphasizes a global perspective.

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International Baccalaureate (IB) Curriculum:

- Dubai International Academy: Offers the IB program from early years through to the diploma level, focusing on inquiry-based learning.
- The International School of Choueifat: Provides an IB curriculum with a strong emphasis on academic achievement and personal development.
- GEMS World Academy: Offers the IB program alongside other international curricula, focusing on a global education.

French Curriculum:

- Lycée Français International de Dubai: Provides a French curriculum with a focus on bilingual education and French cultural values.
- Lycée Georges Pompidou: Offers a French education and follows the French national curriculum.

German Curriculum:

- German International School Dubai: Follows the German curriculum, offering bilingual education and a focus on German culture.

Private Schools:

Many private schools in Dubai offer a variety of curricula, including those from the UK, US, IB, and other international systems. Some notable private schools include:

- Jumeirah English Speaking School (JESS): Offers a British curriculum and is known for its academic excellence and extracurricular programs.
- Swiss International Scientific School: Provides a bilingual education in English and French or German, with an emphasis on science and technology.

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Public Schools:

Public Schools in Dubai are generally geared towards UAE nationals and follow the Ministry of Education's curriculum. These schools are government-funded and provide education from kindergarten through to secondary levels.

Specialised Schools:

- Arts and Performing Arts Schools:
- Dubai International Academy: Offers programs in arts and performing arts as part of its broader curriculum.
- The Lyceum: Focuses on creative arts and performance alongside academic subjects.
- Sports and STEM-Focused Schools:
- Dubai Sports Academy: Provides specialized programs in sports alongside regular academic subjects.
- STEM Schools: Some schools offer specialized programs in science, technology, engineering, and mathematics.

5. School Accreditation:

Schools in Dubai are often accredited by various international bodies to ensure quality and adherence to educational standards. Common accreditations include:

- Council of International Schools (CIS)
- Middle States Association (MSA)
- British Schools Overseas (BSO)

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School Fees:

School fees in Dubai vary widely based on the curriculum, grade level, and school facilities. Private and international schools generally have higher fees compared to public schools. It's advisable to check with individual schools for specific fee structures.

Admissions and Application:

- **Application Process:** Most schools have specific admission periods and require parents to submit an application form, provide academic records, and sometimes attend an interview or assessment.
- **Documentation Required:** Typically includes proof of residency, previous academic records, and identification documents.

Extracurricular Activities:

Many schools in Dubai offer a range of extracurricular activities, including sports, arts, music, and community service, enhancing students' overall educational experience.

Language of Instruction:

- English is the primary language of instruction in most international and private schools.
- Arabic is often used in public schools and some private schools following the UAE national curriculum.

Dubai's educational landscape is diverse and caters to a broad range of needs and preferences, providing quality education and various options for students from different backgrounds.

Healthcare in the UAE

Healthcare System Overview:

Public Healthcare:

Dubai Health Authority (DHA): The DHA oversees public healthcare services in Dubai. It manages hospitals, clinics, and health centers offering a wide range of services to UAE nationals and residents.

Key Public Hospitals:

- Dubai Hospital: Provides comprehensive medical services, including emergency care, surgery, and specialised treatments.
- Latifa Hospital: Known for its maternity and paediatric services.
- Rashid Hospital: A major hospital providing emergency, surgical, and specialist services.
- Al Barsha Health Center: Offers primary care services and general health check-ups.

Private Healthcare:

Dubai has numerous private hospitals and clinics offering a wide range of specialised and general medical services. Private healthcare facilities often provide advanced treatments and shorter wait times compared to public facilities.

Key Private Hospitals:

- Mediclinic City Hospital: Provides a wide range of specialties and advanced medical technologies.
- American Hospital Dubai: Known for its high-quality care and comprehensive services.
- Emirates Hospital: Offers a variety of medical services, including specialized care and advanced diagnostics.
- King's College Hospital Dubai: Provides a range of services with a focus on patient care and advanced medical technology.

Healthcare in the UAE

Health Insurance:

- **Mandatory Health Insurance:** Dubai requires all residents to have health insurance coverage. This includes expatriates and UAE nationals. Health insurance plans are often provided by employers, but individuals can also purchase private insurance.
- **Health Insurance Providers:** Major providers include Daman, AXA, Allianz, MetLife, and others. Insurance plans vary in coverage, including outpatient and inpatient services, emergency care, and specialist consultations.
- **Coverage and Costs:** Insurance plans vary widely, with options for basic to comprehensive coverage. Premiums depend on factors such as coverage level, age, and pre-existing conditions.

Healthcare Services:

- **General Practice:** Primary care services are available through general practitioners (GPs) and family doctors. Clinics and health centers offer routine check-ups, preventive care, and treatment for common illnesses.
- **Specialist Care:** Specialised medical services are available for various fields, including cardiology, oncology, neurology, orthopaedics, and more.
- **Emergency Services:** Dubai has a well-equipped emergency medical system with 24/7 services available at hospitals and emergency centers. Ambulance services are managed by the Dubai Corporation for Ambulance Services (DCAS).

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Pharmacies and Medications:

- **Pharmacies:** Numerous pharmacies across Dubai provide prescription and over-the-counter medications, health and wellness products, and medical supplies. Major pharmacy chains include Al Zahra, Life Pharmacy, and Boots.
- **Medication:** Most medications are available with a prescription from a licensed healthcare provider. Some medications may be restricted or require special permissions.

Preventive Healthcare:

- **Vaccinations:** Routine vaccinations for children and adults are provided through public and private healthcare facilities.
- **Health Screenings:** Regular health screenings and check-ups are available, including screenings for chronic diseases, cancer, and other health conditions.

Health and Wellness:

- **Fitness Centers:** Dubai has a wide range of fitness centers and gyms offering various fitness programs, including yoga, pilates, and strength training.
- **Alternative Medicine:** Some facilities offer alternative and complementary therapies, such as acupuncture, chiropractic care, and herbal medicine.

Healthcare in the UAE

Language and Cultural Considerations:

- **Language:** English is widely spoken in Dubai's healthcare facilities, but Arabic is also used. Many private facilities have multilingual staff to assist with international patients.
- **Cultural Sensitivity:** Healthcare providers are accustomed to dealing with a diverse patient population and are generally respectful of cultural and religious practices.

Medical Tourism:

- **Quality of Care:** Dubai is known for its high standards of medical care and advanced medical technologies, attracting medical tourists seeking specialised treatments.
- **Medical Tourism Facilities:** Many private hospitals cater to international patients, offering services in multiple languages and providing support with travel and accommodation arrangements.

Dubai's healthcare system is well-equipped to provide high-quality medical services, with a mix of public and private facilities catering to a wide range of medical needs.



 Mosaic Chambers

www.mosaicchambers.com



Our Contact

 info@mosaicchambers.com

 www.mosaicchambers.com

 BUSINESS CENTER 05,
RAKEZ BUSINESS ZONE FZ

