### **LUNCH MENU**

### **SALADS**

Add Protein: Chicken  $+\$6 \cdot Steak +\$8 \cdot Shrimp +\$7$ **House Salad** \$7 Mixed greens, diced red onions, cherry tomatoes, shredded carrots, house-made croutons, with your choice of dressing on the side Caesar Salad Small \$8 Large \$13 Romaine, grated Parmesan, house-made croutons with Caesar dressing on the side Wedge Salad \$14 Iceberg lettuce wedge, crumbled bacon, diced red onions, cherry tomatoes, blue cheese crumbles, with bleu cheese dressing on the side **Cobb Salad** \$17 Grilled Chicken Breast with Romaine lettuce, sliced avocado, tomato, bacon, sliced red onion, cherry tomatoes, hard-boiled egg, blue cheese crumbles, with your choice of dressing on the side **Buffalo Chicken Salad** \$16 Romaine lettuce, sliced red onions, shredded carrots, blue cheese crumbles, pico de gallo, panko-crusted fried chicken tossed in house buffalo sauce, with bleu cheese dressing on the side **Grilled Steak Salad** \$21 Grilled top sirloin steak with Mixed greens, sliced red onion, cherry tomatoes, sliced avocado, feta cheese, fresh basil, with a creamy balsamic vinaigrette on the side Grilled Chicken & Strawberry Summer Salad \$17 Grilled chicken breast, mixed greens, fresh diced strawberries, candied pecans, cherry tomatoes, feta, drizzled with balsamic vinaigrette, with creamy poppy seed dressing on the side

Dressings: Creamy Balsamic Vinaigrette, Ranch, Blue Cheese, Thousand Island, Honey Mustard, Creamy Poppy Seed, Caesar

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Please notify your server of any food allergies. A \$3 charge applies to all split food items. An automatic 20% gratuity will be added to parties of six or more.

### **SOUPS**

Cup - \$5 Bowl - \$9

#### Tomato Bisque – (Sunday - Thursday)

A rich and velvety tomato bisque, slow-simmered with garden-ripened tomatoes, aromatic herbs, and a touch of cream, finished with a drizzle of basil oil.

#### Clam Chowder- (Friday & Saturday)

Creamy New England-style chowder with tender clams, potatoes, onions, and celery, served piping hot

Add Grilled Cheese sandwich on Sourdough for \$6

### **SANDWICHES**

Veggie Sando

All sandwiches come with your choice of French fries, sweet potato fries, or a side salad

The 7 Grille Dip \$18 Oven-roasted brisket, Swiss cheese, sautéed mushrooms and onions on a grilled hoagie roll, served with house au jus and creamy horseradish sauce **Grilled Chicken Club** \$17 Grilled chicken breast, cheddar cheese, thick-sliced Applewood bacon, sliced tomato, lettuce, and chipotle aioli on toasted sourdough bread Reuben \$17 Slow-braised corned beef, Gruyère, sauerkraut, thousand island dressing, on grilled marbled rye bread Fried Chicken Sandwich (Regular or Buffalo Hot) \$17 Panko-crusted fried chicken breast, mixed cabbage, chipotle aioli, lettuce, and pickles on a grilled hoagie roll **BLT** \$17 Applewood Smoked Bacon, Lettuce, Tomatoes, mayo, on Grilled Sourdough. Add Avocado for \$3 more.

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Mixed greens, avocado, sliced red onion, sliced mushrooms, sliced tomatoes,

bell peppers, and honey mustard dressing on whole wheat bread

\$16

All burgers come with your choice of French fries, sweet potato fries, or a side salad.

### **BURGERS**

Seven 7 Grille Burger (Our Signature Burger) ½ Pound premium burger patty, cheddar, thick cut Applewood bacon, caramelized onions, avocado, ancho aioli on a brioche bun	\$18
Cajun Bleu Cheese Bacon Burger ½ Pound premium burger Applewood bacon, grilled tomatoes, lettuce, with creamy blue cheese	\$18
Garlic Mushroom Burger ½ Pound premium burger, Swiss cheese, sautéed mushrooms, lettuce, sliced tomato, roasted garlic aioli on a brioche bun	\$17
Sunset Burger ½ Pound premium burger, pepper jack cheese, pickled jalapeños, lettuce, sliced tomato with chipotle aioli on a brioche bun	\$17
The Federal Cheeseburger – ½ Pound premium burger, cheddar cheese, lettuce, sliced tomato, pickle, thousand island dressing	\$17
<u>LIGHT LUNCH</u>	
Includes fries or fruit bowl	
Cheeseburger Premium burger, cheddar cheese, lettuce, tomato on a toasted brioche bun  Add Bacon - \$2	\$12
Ham & Cheddar Sandwich Sliced ham, cheddar cheese on a grilled sourdough	\$10

### **LIGHT LUNCH CONT.**

## Grilled Cheese Sandwich Cheddar cheese melted between two slices of white bread.

Chicken Tenders \$12

Hand breaded chicken breast bites, served with ranch or BBQ sauce

#### **LUNCH SIDES**

Add Burger Patty \$6 · Bacon \$3 · Cheese \$2 · Sautéed Mushrooms \$2 · Caramelized Onions \$2 · Avocado \$3 · Red Onion \$1 · Jalapeños \$1 · Dressing \$1 · Side of French Fries - Sweet Potato Fries \$4 · Side Salad \$4

### **BEVERAGES**

Soft Drinks & Iced Tea	\$3.50
Cranberry, Apple, or Orange Juice	\$3.75
Milk	\$3.75
Coffee	\$3.50
Bottle Beer	
Coors Light, Bud, Bud Light, Miller Lite, Michelob Ultra, Heineken 0.0	\$6
Corona. Modelo Especial, Heineken, 805, Sierra Nevada Pale Ale	\$8
Guiness Irish Stout	\$9
Mimosas	\$10

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