

WINNING THE WAR WITHIN

A STUDY IN THE BOOK OF ROMANS

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Renewing Your Mind with God's Truth

Romans 6:12-23
Winning the War Within
Pastor T.K. Anderson
January 31-February 1, 2026

“Do not let sin control the way you live;
do not give in to sinful desires.”
Romans 6:12 (NLT)

1. What Reigns in Your _____ Rules Your _____

“Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God... For sin is no longer your master.” Romans 6:13-14

2. What You Present _____ Who You _____

“Don’t you realize that you become the slave of whatever you choose to obey? You can be a slave to sin, which leads to death, or you can choose to obey God, which leads to righteous living.” Romans 6:16, 19

3. What You _____ Determines Where Your _____ Is Headed

“When you were slaves to sin, you were free from the obligation to do right. And what was the result? You are now ashamed of the things you used to do—things that end in eternal doom.” Romans 6:20-23



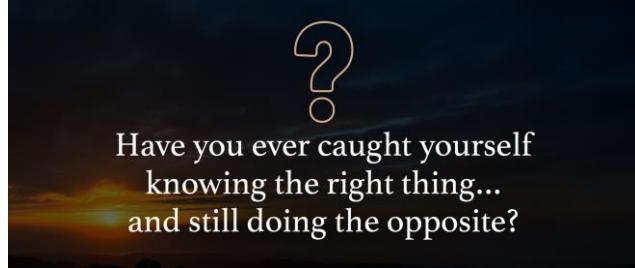
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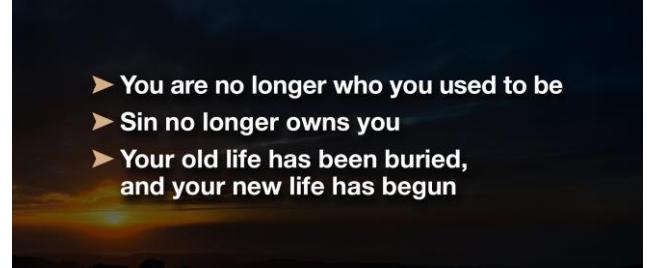
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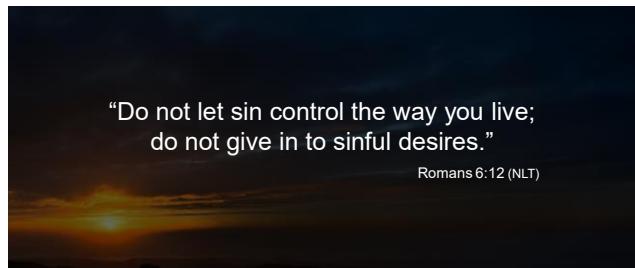
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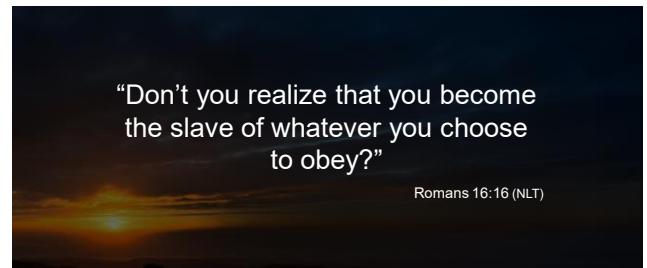
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1 What Reigns in Your MIND Rules Your LIFE

“Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God... For sin is no longer your master.”

Romans 6:13-14 (NLT)

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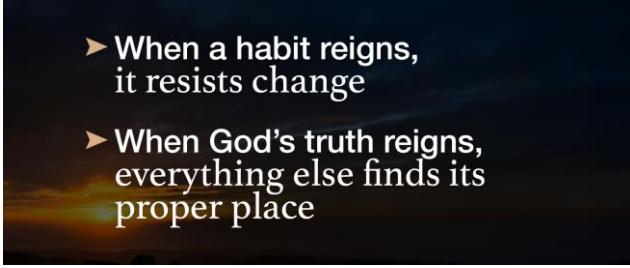
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- ▶ A thought can be present without being in charge
- ▶ An emotion can be felt without being obeyed
- ▶ An instinct can surface without being surrendered to

11

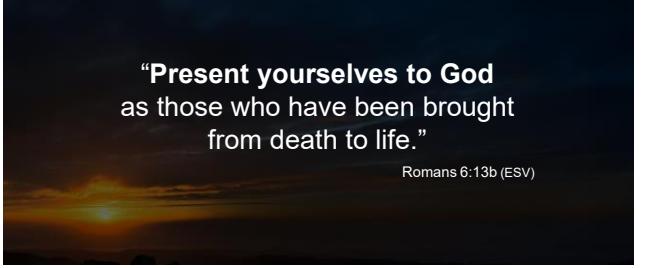
- ▶ When anger reigns, it dictates responses
- ▶ When fear reigns, it limits obedience

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- When a habit reigns, it resists change
- When God's truth reigns, everything else finds its proper place

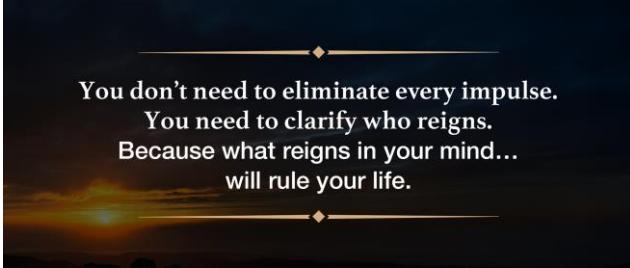
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"Present yourselves to God
as those who have been brought
from death to life."

Romans 6:13b (ESV)

14



You don't need to eliminate every impulse.
You need to clarify who reigns.
Because what reigns in your mind...
will rule your life.

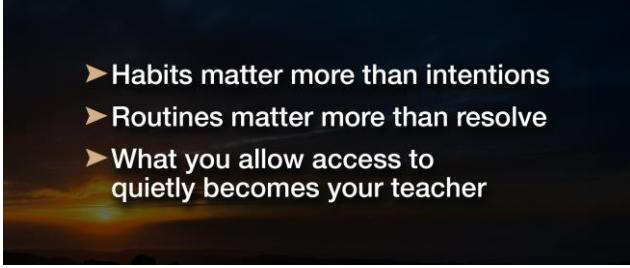
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2 What You Present SHAPES Who You BECOME

"Don't you realize that you become the slave of whatever you choose to obey?
You can be a slave to sin, which leads to death, or you can choose to obey God, which leads to righteous living."

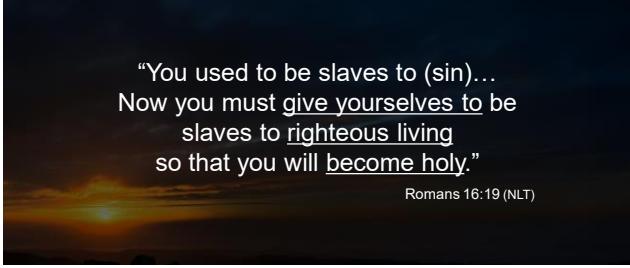
Romans 6:16 (NLT)

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- ▶ Habits matter more than intentions
- ▶ Routines matter more than resolve
- ▶ What you allow access to quietly becomes your teacher

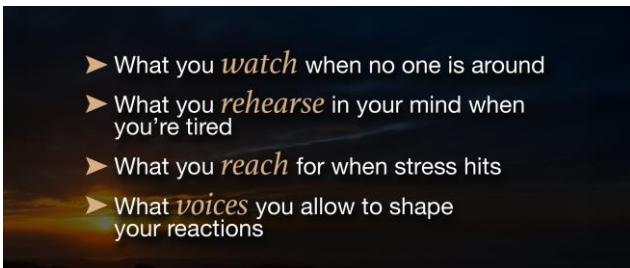
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"You used to be slaves to (sin)...
Now you must give yourselves to be
slaves to righteous living
so that you will become holy."

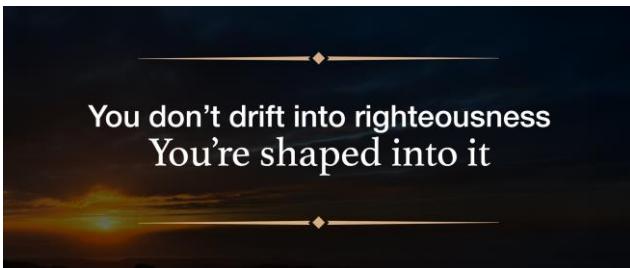
Romans 16:19 (NLT)

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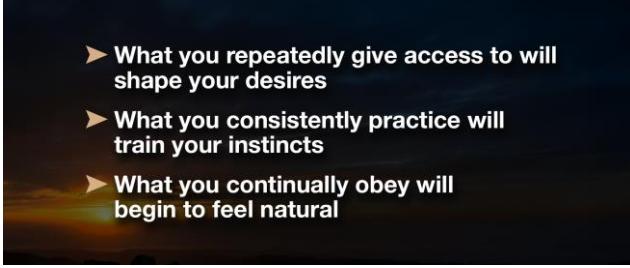
- ▶ What you *watch* when no one is around
- ▶ What you *rehearse* in your mind when you're tired
- ▶ What you *reach* for when stress hits
- ▶ What *voices* you allow to shape your reactions

19



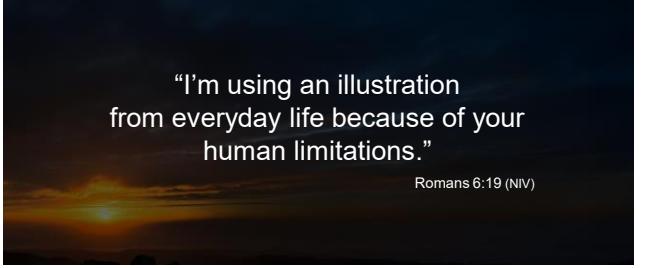
You don't drift into righteousness
You're shaped into it

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- ▶ What you repeatedly give access to will shape your desires
- ▶ What you consistently practice will train your instincts
- ▶ What you continually obey will begin to feel natural

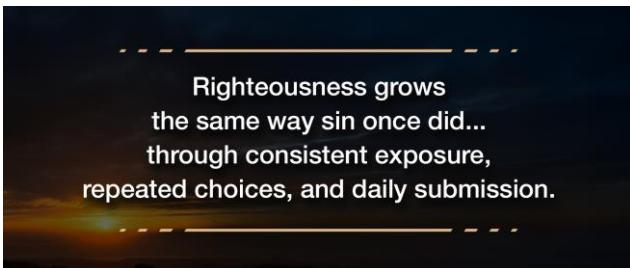
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"I'm using an illustration from everyday life because of your human limitations."

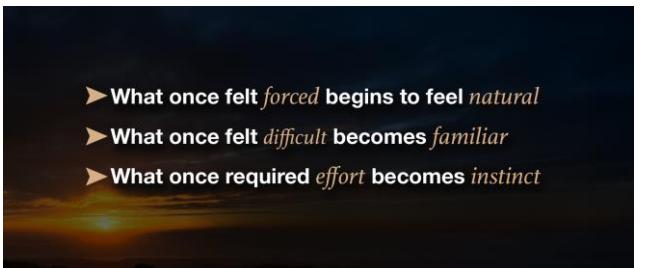
Romans 6:19 (NIV)

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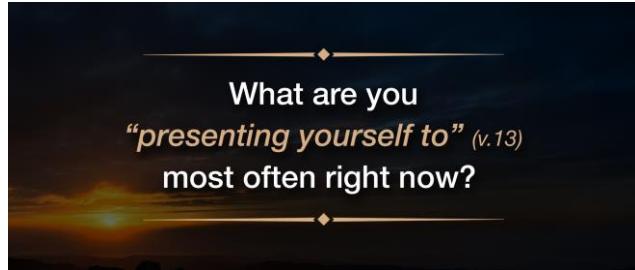
Righteousness grows the same way sin once did... through consistent exposure, repeated choices, and daily submission.

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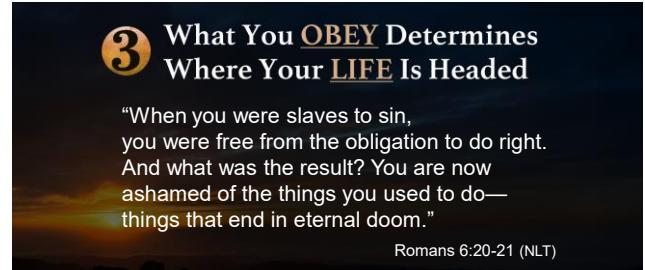


- ▶ What once felt *forced* begins to feel *natural*
- ▶ What once felt *difficult* becomes *familiar*
- ▶ What once required *effort* becomes *instinct*

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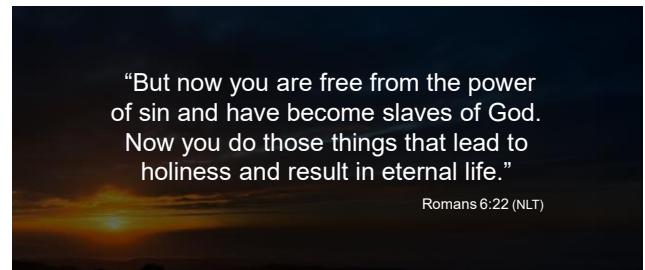
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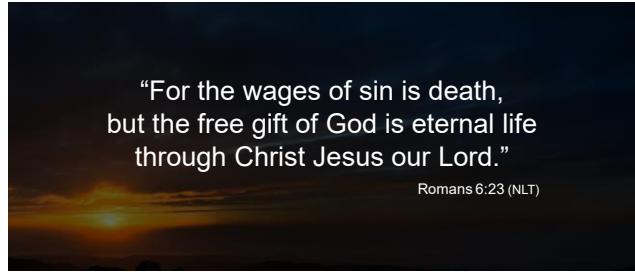
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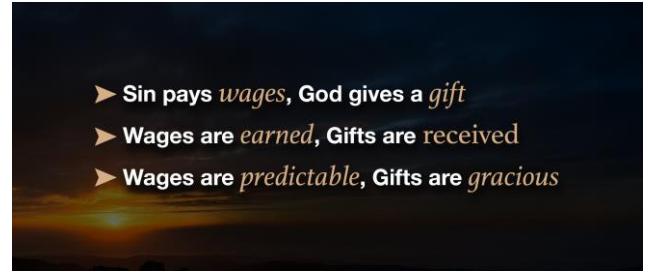
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“For the wages of sin is death,
but the free gift of God is eternal life
through Christ Jesus our Lord.”

Romans 6:23 (NLT)

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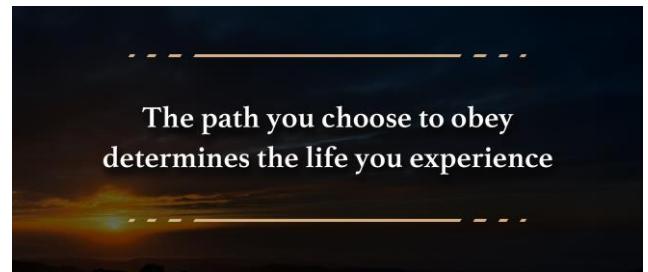
- Sin pays *wages*, God gives a *gift*
- Wages are *earned*, Gifts are *received*
- Wages are *predictable*, Gifts are *gracious*

30



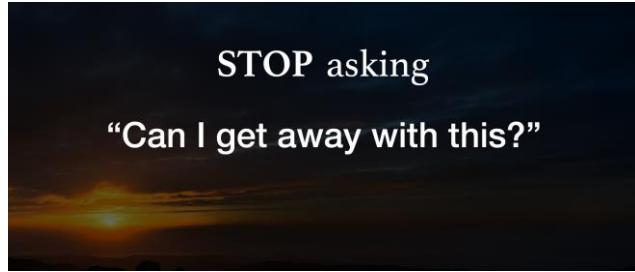
Sin is very honest about one thing
it always pays what it promises

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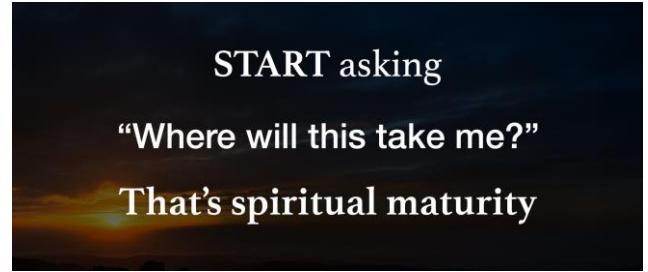


The path you choose to obey
determines the life you experience

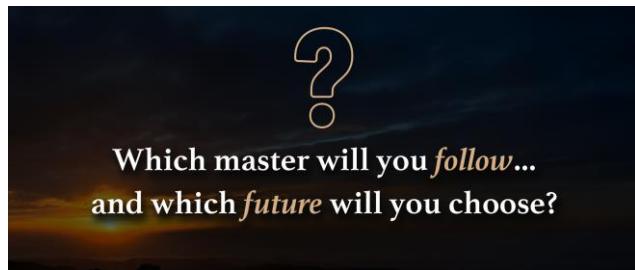
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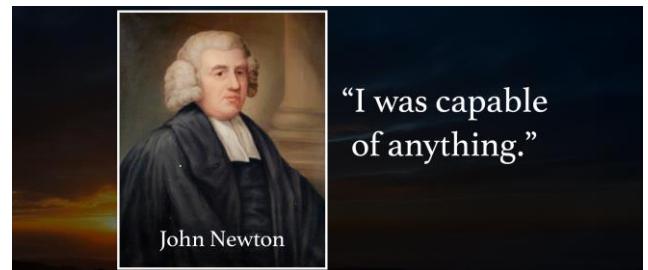
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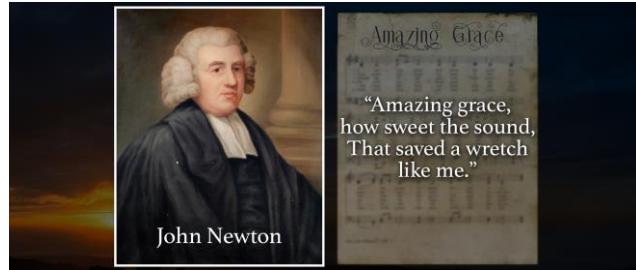
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