

Defeating the Lies That Hold You Back

Romans 6:1-11
Winning the War Within
Pastor T.K. Anderson
January 24-25, 2026

“Let God transform you into a new person
by changing the way you think.”
Romans 12:2 (NLT)

1. _____ Lose Their Power When You Know Who You Are

“Since we have died to sin, how can we continue to live in it?”

Romans 6:2-4,14,11, Romans 8:6

2. _____ Things Don't Respond to Old Voices

“We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin.” Romans 6:5-7, 2 Corinthians 10:5, James 4:7, John 8:36

3. _____ Flows From What You Count as True

“So you also should consider yourselves dead to the power of sin and alive to God through Christ Jesus.” Romans 6:11, Colossians 3:10, 2 Corinthians 10:5, Colossians 3:2, Galatians 5:1



Give



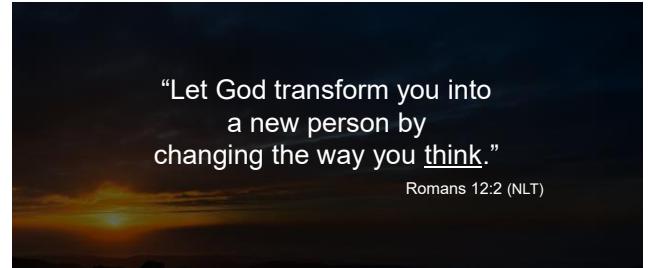
LifeGroup lessons



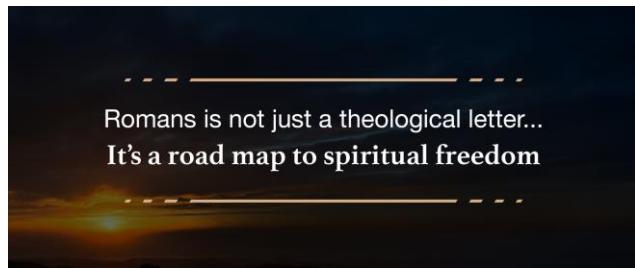
Weekly Enews



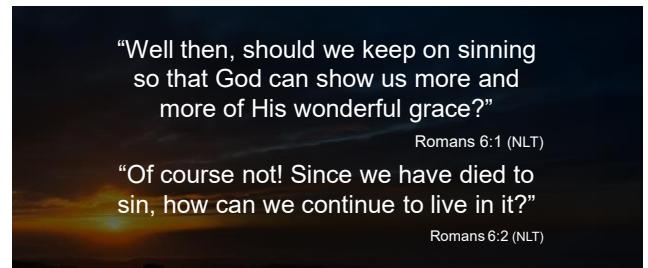
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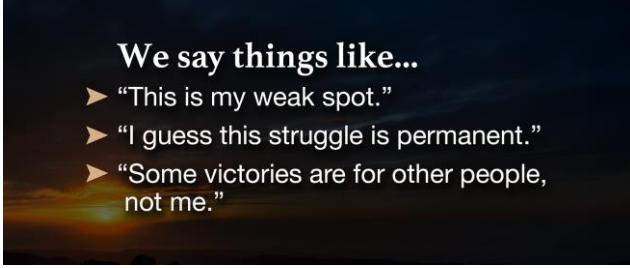
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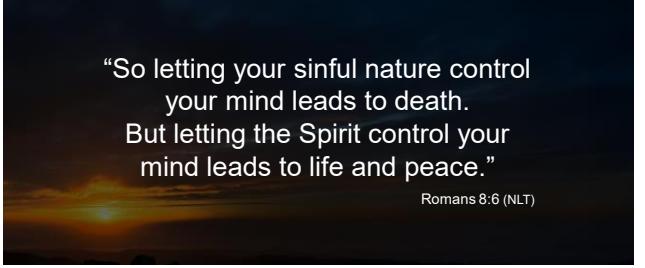
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We say things like...

- ▶ "This is my weak spot."
- ▶ "I guess this struggle is permanent."
- ▶ "Some victories are for other people, not me."

5



"So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace."

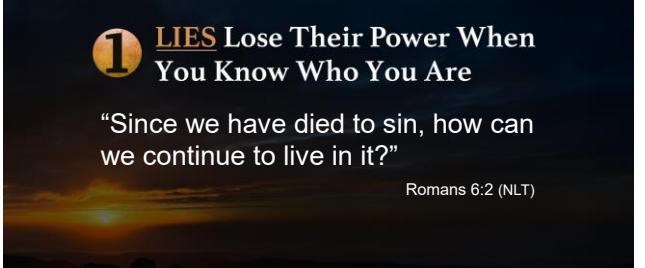
Romans 8:6 (NLT)

6



Whatever controls your thinking will eventually control your living

7



1 LIES Lose Their Power When You Know Who You Are

"Since we have died to sin, how can we continue to live in it?"

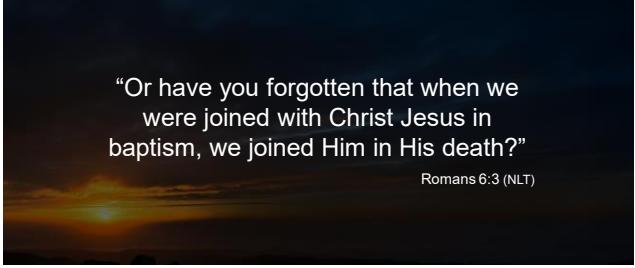
Romans 6:2 (NLT)

8



Freedom doesn't start with behavior modification, it starts with identity recognition.

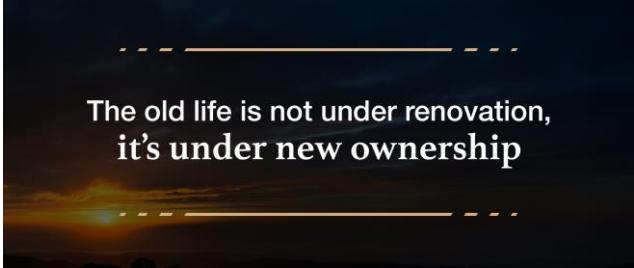
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"Or have you forgotten that when we were joined with Christ Jesus in baptism, we joined Him in His death?"

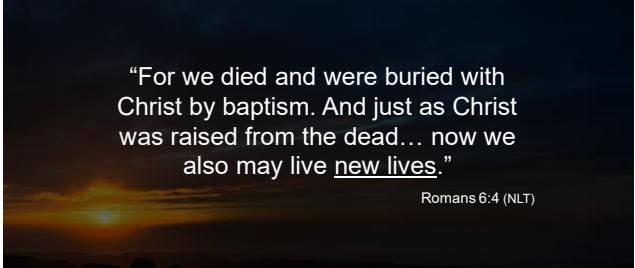
Romans 6:3 (NLT)

10



The old life is not under renovation, it's under new ownership

11



"For we died and were buried with Christ by baptism. And just as Christ was raised from the dead... now we also may live new lives."

Romans 6:4 (NLT)

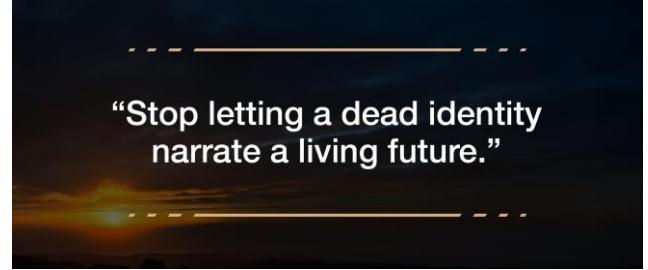
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The Big Lie...

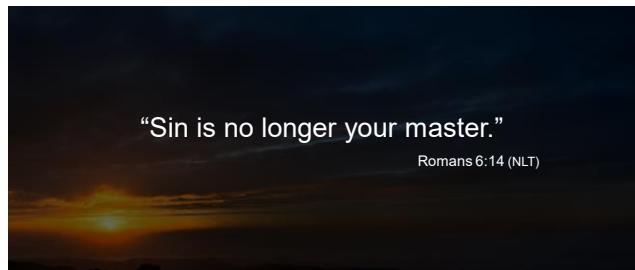
“This is still who I am”

13



“Stop letting a dead identity
narrate a living future.”

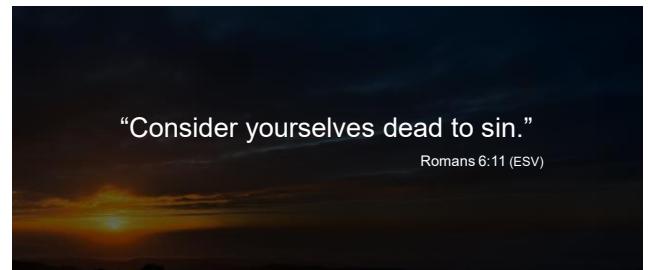
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“Sin is no longer your master.”

Romans 6:14 (NLT)

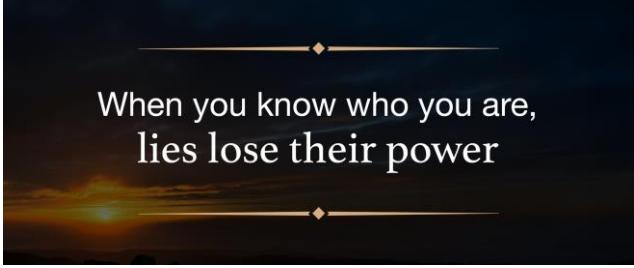
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“Consider yourselves dead to sin.”

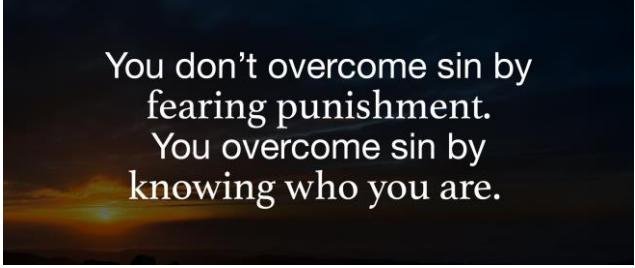
Romans 6:11 (ESV)

16



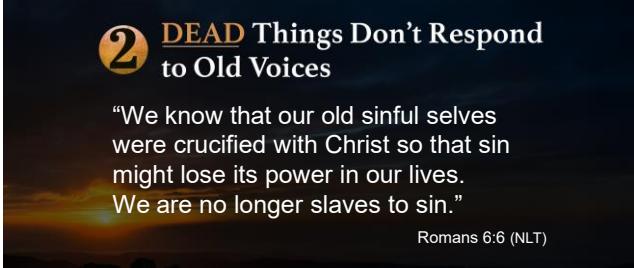
When you know who you are,
lies lose their power

17



You don't overcome sin by
fearing punishment.
You overcome sin by
knowing who you are.

18



② DEAD Things Don't Respond to Old Voices

"We know that our old sinful selves
were crucified with Christ so that sin
might lose its power in our lives.
We are no longer slaves to sin."

Romans 6:6 (NLT)

19



Temptation is not domination.
A voice can be present without being powerful

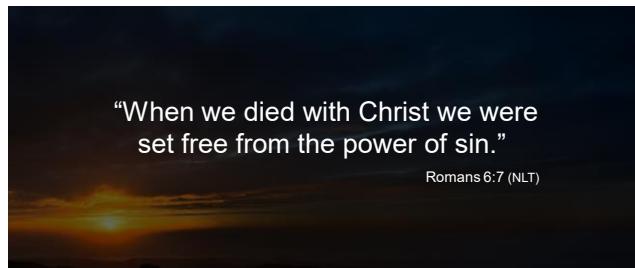
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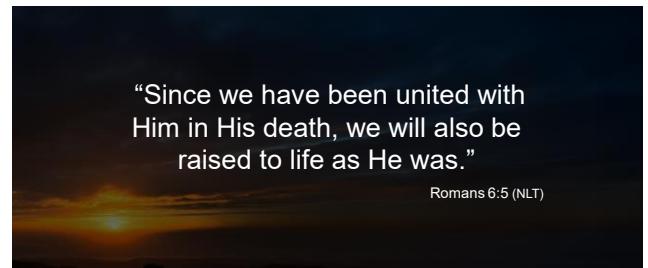
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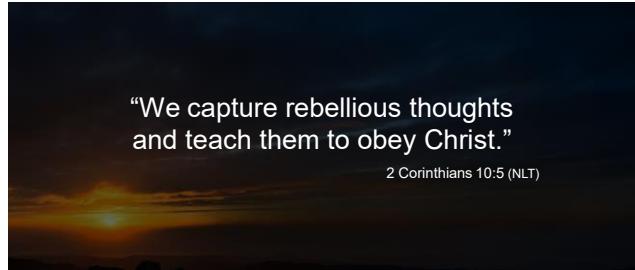
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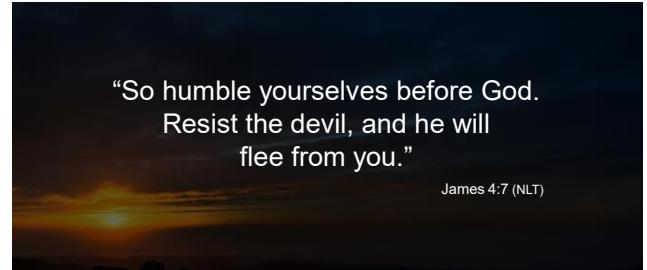
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“We capture rebellious thoughts
and teach them to obey Christ.”

2 Corinthians 10:5 (NLT)

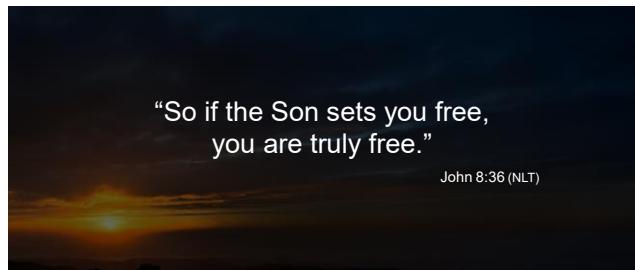
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“So humble yourselves before God.
Resist the devil, and he will
flee from you.”

James 4:7 (NLT)

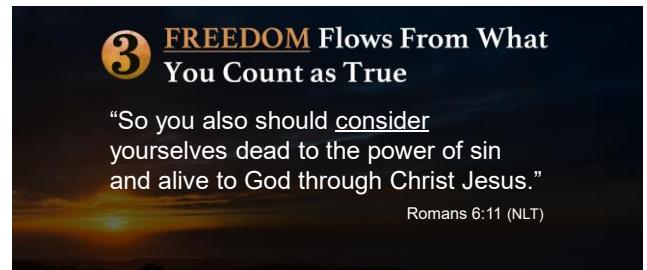
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“So if the Son sets you free,
you are truly free.”

John 8:36 (NLT)

27

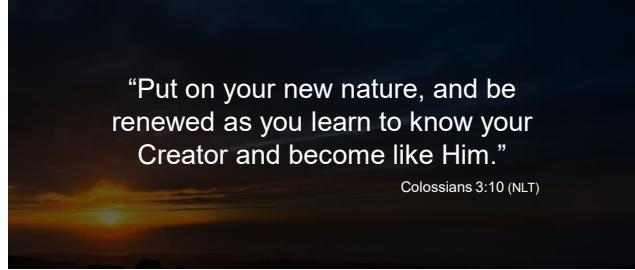


3 **FREEDOM** Flows From What You Count as True

“So you also should consider
yourselves dead to the power of sin
and alive to God through Christ Jesus.”

Romans 6:11 (NLT)

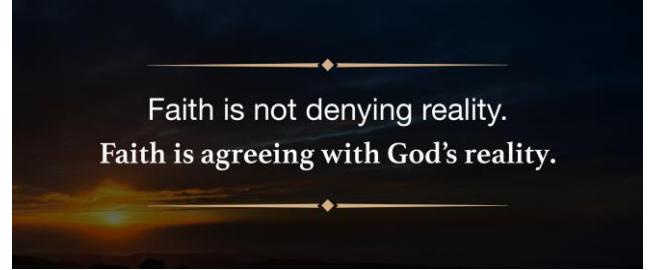
28



“Put on your new nature, and be renewed as you learn to know your Creator and become like Him.”

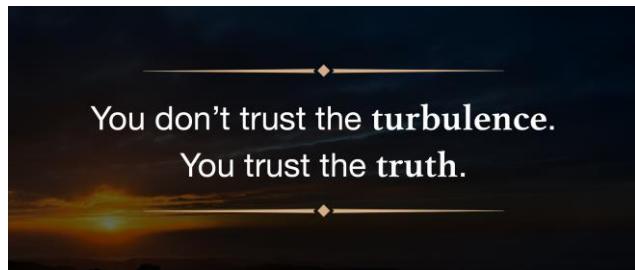
Colossians 3:10 (NLT)

29



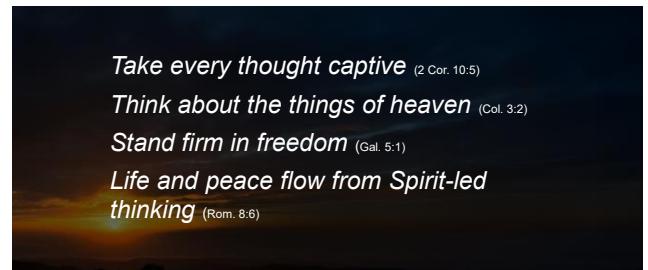
—————♦—————
Faith is not denying reality.
Faith is agreeing with God's reality.
—————♦—————

30



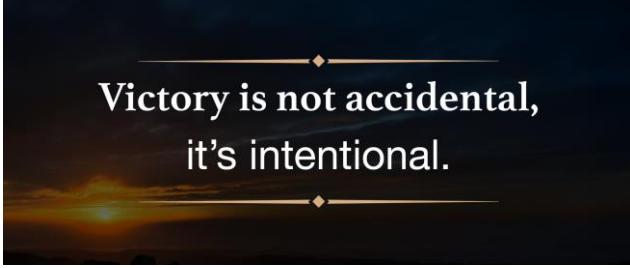
—————♦—————
You don't trust the turbulence.
You trust the truth.
—————♦—————

31



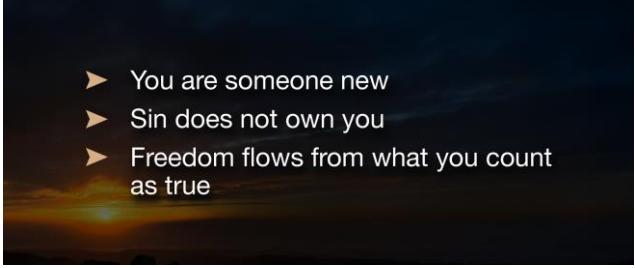
Take every thought captive (2 Cor. 10:5)
Think about the things of heaven (Col. 3:2)
Stand firm in freedom (Gal. 5:1)
Life and peace flow from Spirit-led thinking (Rom. 8:6)

32



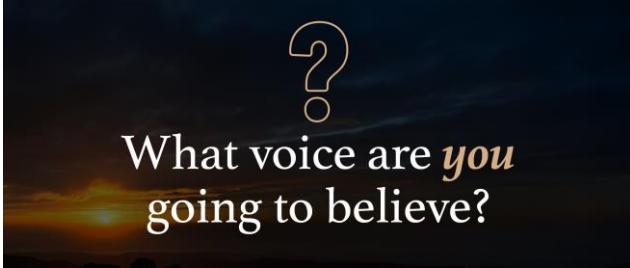
Victory is not accidental,
it's intentional.

33



- You are someone new
- Sin does not own you
- Freedom flows from what you count as true

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What voice are *you*
going to believe?

35