

WINNING THE WAR WITHIN

A STUDY IN THE BOOK OF ROMANS



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Welcome To Compass
area for your free gift.



To receive our pastor's daily Prayer/Bible reminder,
text **PRAYER** to **33777**

New Sunday Service Times Starting Sunday, March 1st

Salinas Main St. Saturday 5:00^{pm} & **Sunday 8:30 | 10:00 | 11:30^{am}**
Marina-Seaside Sunday 10:00^{am}
Salinas Padre Dr. Sunday 10:00^{am}
Spanish Service Padre Dr. Sunday 10:00^{am}
Office: 831-422-7811

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Breaking Patterns & Generational Cycles

Romans 7:4-6
Winning the War Within
Pastor T.K. Anderson
February 7-8, 2026

1. _____ from the Old Way

“You also have died to the law through the body of Christ...” Romans 7:4a,
Romans 3:20, Mark 10:17-21

2. _____ by a New Way

“...so that you may belong to another, to (Jesus) who was raised from the dead.” Romans 7:4b, Luke 19:5-8, Ephesians 2:19

3. _____ by the Spirit's Way

“So that we serve in the new way of the Spirit...” Romans 7:5-6, Acts 6:8,
Galatians 5:16



Give



LifeGroup lessons



Weekly Enews



Have you ever noticed how life
has away of repeating itself?

1

Motivation alone
doesn't break patterns

2

"You also have died to the law
through the body of Christ..."

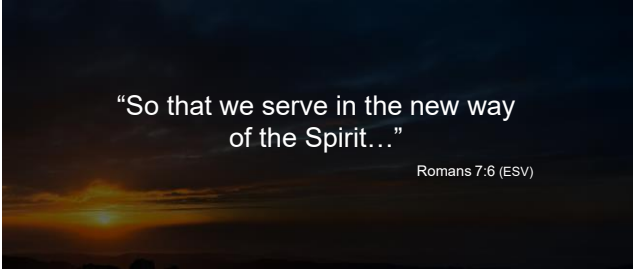
Romans 7:4 (ESV)

3

"...so that you may belong to
another, to (Jesus) who was raised
from the dead."

Romans 7:4 (ESV)

4



“So that we serve in the new way
of the Spirit...”

Romans 7:6 (ESV)

5

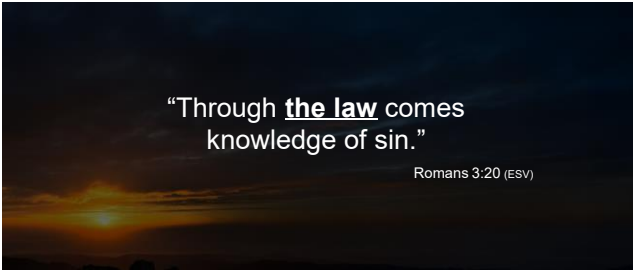


1 RELEASED from the Old Way

“You also have died to the law
through the body of Christ...”

Romans 7:4a (ESV)

6



“Through the law comes
knowledge of sin.”

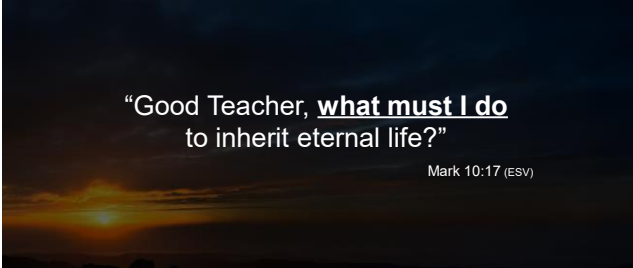
Romans 3:20 (ESV)

7



Old systems only produce
old outcomes

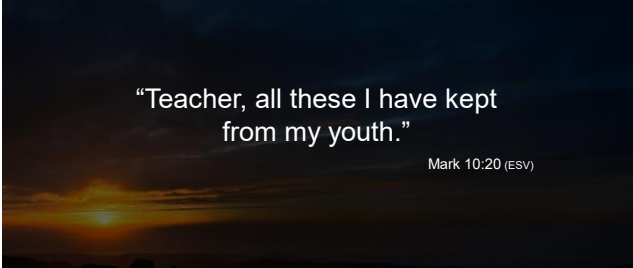
8



“Good Teacher, what must I do
to inherit eternal life?”

Mark 10:17 (ESV)

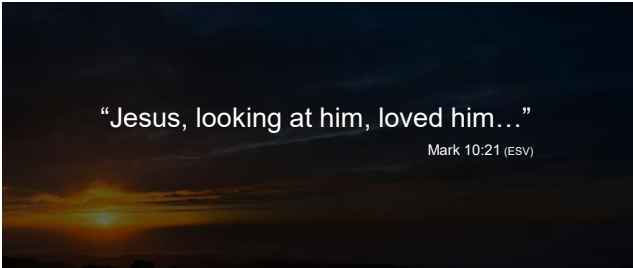
9



“Teacher, all these I have kept
from my youth.”

Mark 10:20 (ESV)

10



“Jesus, looking at him, loved him...”

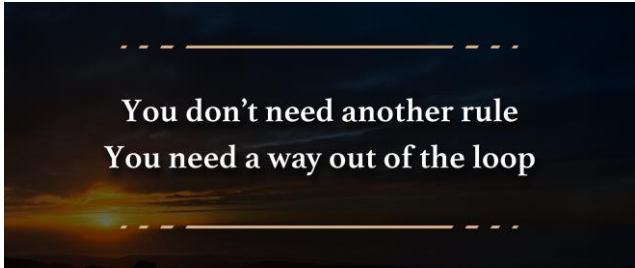
Mark 10:21 (ESV)

11



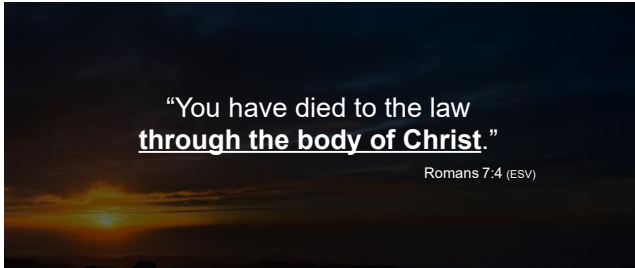
You don't need another rule

12



You don't need another rule
You need a way out of the loop

13



"You have died to the law
through the body of Christ."

Romans 7:4 (ESV)

14

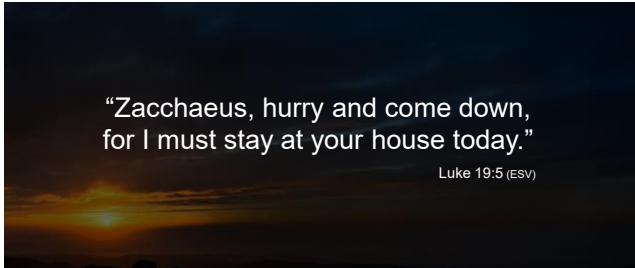


2 RECLAIMED by a New Way

"...so that you may belong
to another, to (Jesus) who was
raised from the dead."

Romans 7:4b (ESV)

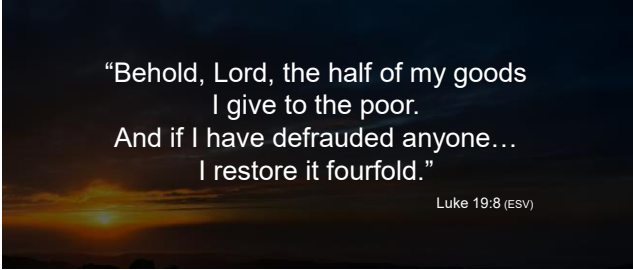
15



"Zacchaeus, hurry and come down,
for I must stay at your house today."

Luke 19:5 (ESV)

16



“Behold, Lord, the half of my goods
I give to the poor.
And if I have defrauded anyone...
I restore it fourfold.”

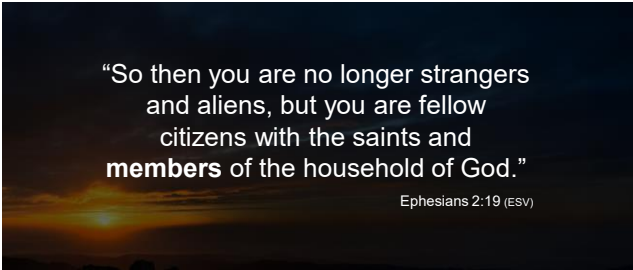
Luke 19:8 (ESV)

17



Belonging Changes Behavior

18



“So then you are no longer strangers
and aliens, but you are fellow
citizens with the saints and
members of the household of God.”

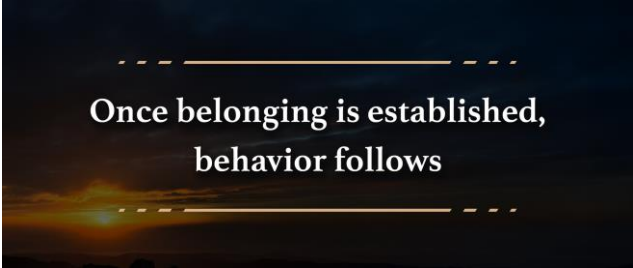
Ephesians 2:19 (ESV)

19



Belonging to Jesus redefines you

20



Once belonging is established,
behavior follows

21

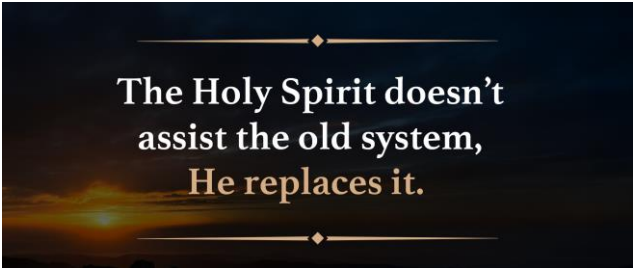


3 RENEWED by the Spirit's Way

"So that we serve in the new way
of the Spirit."

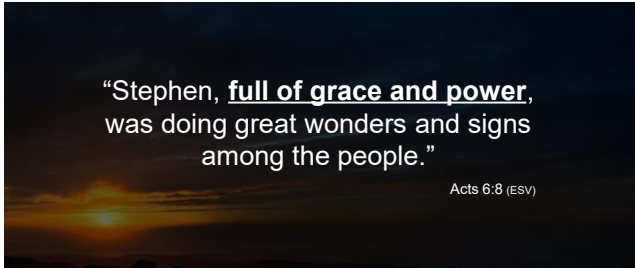
Romans 7:5-6 (ESV)

22



The Holy Spirit doesn't
assist the old system,
He replaces it.

23



"Stephen, full of grace and power,
was doing great wonders and signs
among the people."

Acts 6:8 (ESV)

24

3 RENEWED by the Spirit's Way

"So that we serve in the new way
of the Spirit."

Romans 7:5-6 (ESV)

25



26

"Walk by the Spirit, and you will not
gratify the desires of the flesh."

Galatians 5:16 (ESV)

27

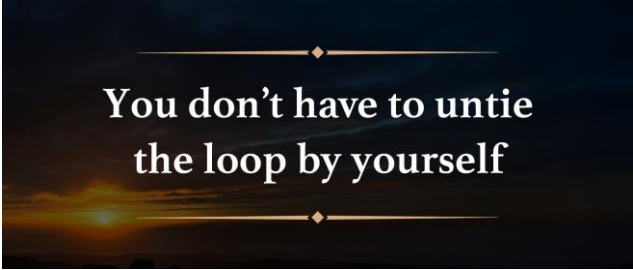
What the flesh repeats,
the Holy Spirit replaces

- Anger *gives way to* Patience
- Fear *gives way to* Peace
- Compulsion *gives way to* Self-Control

28



29



30



31