



LifeGroup Discussion Packet

Rewiring Your Identity in Christ

Series: Winning the War Within

Romans 8:14-17

February 28-March 1, 2026

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Main Idea

Your identity is not something you achieve, it is something you receive. In Christ, you are led by the Spirit, loved by the Father, and lifted into glory.

Key Passage

“For all who are led by the Spirit of God are sons of God.” Romans 8:14 (ESV)

Warm-Up Question

Where do you feel the most pressure to prove yourself... work, family, friendships, online, or even spiritually? Why do you think that pressure exists?

1. Led by the Spirit

(Romans 8:14) “For all who are led by the Spirit of God are sons of God.”

Paul does not describe achievement. He describes relationship. Slaves are driven. Children are led.

Discussion Questions

- What is the difference between being driven and being led?
- How does Psalm 23 (The Lord as Shepherd) help clarify what God’s leadership looks like?
- Why do we sometimes wait until we drift before seeking God’s direction?
- What might it look like to “check in before the drift” this week?
- Where might you be resisting the Spirit’s leadership right now?

Personal Reflection

When you sense conviction, do you interpret it as rejection or as proof that you belong?

2. Loved by the Father

(Romans 8:15-16) “You have received the Spirit of adoption as sons, by whom we cry, ‘Abba! Father!’”

Paul contrasts slavery and fear with adoption and intimacy. Adoption means full standing, full inheritance, permanent belonging.

Discussion Questions

- Why is fear often connected to insecurity about belonging?
- What does it mean to cry “Abba, Father” instead of approaching God with distance?
- How does adoption differ from mere forgiveness?
- What fears surface when you forget that your relationship with God is permanent?
- How might your prayer life change if you truly believed you are fully adopted?

Personal Reflection

Do you live like a guest in God’s house... or like a son or daughter?

3. Lifted into Glory

(Romans 8:17) “And if children, then heirs—heirs of God and fellow heirs with Christ...”

If children, then heirs. Heirs share the Father’s future.

Present Reality (Now)

As heirs, we share:

- Access to the Father
- Authority over sin
- Participation in Christ’s mission
- The indwelling Spirit

Future Promise (Not Yet)

We will share:

- Resurrection (Philippians 3:21)
- Eternal reign (Revelation 22:5)
- Christ’s glory in the age to come

Discussion Questions

- What does it mean to be an heir of God, not just of heaven?
- Why does Paul connect suffering with glory?
- How does knowing your future destiny reshape your present struggles?
- Where might God be forming character in you for something eternal?

Personal Reflection

If you truly believed glory awaits, what would change about how you endure hardship?

Going Deeper

Read Romans 8:18 (next week's focus).

How does future glory help reframe present suffering?

Which of these three truths do you need most right now?

- I am Led.
- I am Loved.
- I am Lifted.

Why?

Next Step

This week, intentionally live from your identity instead of striving for it.

Choose one step...

- Respond quickly to the Spirit's prompting.
- Pray boldly as a child, not fearfully as a servant.
- Endure a hardship with eternal perspective.
- Share the hope of rescue with someone who needs Christ.

Because when you know you belong, you stop striving, and you start living like an heir.