



LifeGroup Discussion Packet

Becoming the Spiritual Leader Your Family Needs

Series: Relationship Reset

Ephesians 5:15-21, 25-33; 6:10-18

June 13-14, 2026

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Main Idea: Spiritual leadership begins when someone decides to live wisely, love faithfully, and lead courageously.

Key Verse: “Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil.” Ephesians 5:15-16 (ESV)

Warm-Up Question:

Who is someone in your life who has modeled spiritual leadership well? What did you learn from watching their example?

Discussion Questions

1. This weekend’s message made a distinction between being an influencer and being a leader. What’s the difference between getting attention & carrying responsibility, especially in a family?
2. Read Ephesians 5:15-21. Paul says to “look carefully” at how we walk. What are some areas where people often drift spiritually without realizing it?
3. The message defined biblical wisdom as the ability to see life from God’s perspective and then live accordingly. How is that different from simply being smart, successful, or experienced?
4. In Ephesians 5:18, Paul says, “Be filled with the Spirit.” What does it mean to live a Spirit-filled life in everyday situations at home, work, school, or in relationships?
5. Read Ephesians 5:25-33. Paul uses marriage as a picture of Christ’s love for the church. What does Christlike love look like in marriage, family, friendship, or any close relationship?

6. The message reminded us that biblical leadership is not about control, but sacrifice. Where do you see the greatest need for humble, sacrificial leadership in families today?

7. Read Ephesians 6:10-18. Paul says our battle is not against flesh and blood. How would your relationships change if you remembered that the people closest to you are not the enemy?

Going Deeper

The message challenged us with this idea, “Your family doesn’t need you to win every fight. They need you to fight the right one.”

Where do you sense God calling you to stop fighting the wrong battle and start leading with wisdom, love, prayer, humility, or courage?

Next Step

This week, choose one practical step of spiritual leadership. Pray with your spouse, pray over your children, apologize to someone, open Scripture at home, speak encouragement instead of criticism, or ask God to fill you with His Spirit before reacting.

Spiritual leadership does not begin with perfection. It begins with surrender. Ask God to help you say, “Lord, start with me.”