

# RIVERFRONT INVITATIONAL

THE PODIUM.  
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Spokane  
SPORTS

## FINAL MEET INFORMATION

|                           |  |
|---------------------------|--|
| <b>Dates</b>              | Combined Events: February 1, 2024<br>Riverfront Invitational: February 2-3, 2024   |
| <b>Location</b>           | The Podium, Spokane, WA<br>511 W Joe Albi Way, Spokane, WA 99201   |
| <b>Entries</b>            | <p>Entry into the Riverfront Invitational &amp; Multis is open to college teams. Teams will be given access to enter online at <a href="https://DirectAthletics.com">DirectAthletics.com</a>. We will accept as many athletes and teams that we can accommodate in a reasonable schedule. Teams and unattached individuals interested in competing must contact the Meet Director <a href="mailto:meetdirector@spokanesports.org">meetdirector@spokanesports.org</a> for permission to enter.</p> <p>Unattached athletes will be accepted on a limited basis at the discretion of the Meet Director. Entries will be online at <a href="https://www.directathletics.com">www.directathletics.com</a> with an entry deadline of Friday, January 26 at 5:00pm PST.</p> <p>High School and Masters entry's will not be accepted in this meet.</p> |
| <b>Entry Fee:</b>         | Collegiate Teams: \$600 per gender per team.<br>Unattached/Individuals: \$35 charge due at time of registration. All entry fees are due at the time of registration on Direct Athletics before the close of entries.   |
| <b>Entry Restrictions</b> | Total rosters and per event limits will not be restricted. However, meet management reserves the right to limit entries per event in order to adhere to time schedule and maintain a manageable environment for competition.   |
| <b>Accepted Entries</b>   | Accepted entries will be announced Tuesday, January 30 by 5:00pm. Heat sheets will be posted Wednesday, January 31 for Combined Events and Thursday, February 1 for the Open.  |

**Scratches**

In order to provide the most competitive heats/sections, please notify Meet Director via email of any scratches as soon as possible, no later than Wednesday, January 31 for Combined Events, Thursday February 1 for Invitational.

**Packet Pickup**

Packet Pickup is located in the Multipurpose Room on the main level of The Podium. Packet Pickup is open on:

- Thursday from 11:00am-3:00pm
- Friday from 9:00am-2:00pm
- Saturday from 9:00am – 12:00pm

If you cannot make the packet pickup hours, please email Jessie Ward [jessie@spokanesports.org](mailto:jessie@spokanesports.org) to arrange a time & location for pickup.

Packets contain wristbands for coaching staff. Bibs will give access for student-athlete into the building and warm up areas. Please make arrangements to distribute bibs prior to entering the facility on Saturday. Athletes/travel party will not be permitted to enter the facility without proper access credentials.

**Practice at The Podium**

The facility will be open for practice:

Wednesday - facility will be closed.

Thursday - 10am-12pm – Everything open for warmups (except for hj)

-Approx 6:15pm – 8:30pm following the women's pentathlon

- Friday, 9:00am–10:45am, no high jump, throws will be open until 12pm

**Team Parking**

**Team Vans:** [Parking Lot C](#) is open located in the Spokane Veterans Memorial Arena Parking Lot. This is a paid lot, make sure to pay parking fee at the entrance if staffed or at the kiosk if it is not staffed.

**Bus Parking:** [Parking Lot C](#)

**Pole Vault Drop Off**

Access is off of Joe Albi Way on the east side of The Podium. Please drop off all poles through Pole Vault Drop Off. Poles will not be permitted to enter through the front doors.

**Results**

Timing and live results will be available through Athletic Timing and is available on [live.athletictiming.net](http://live.athletictiming.net)

[Live Results](#)

**Spectator  
Admission**

All tickets are general admission and first come first serve. Tickets are available for purchase online or at The Podium ticket window located outside of The Podium outside main spectator entrance.

**Clear Bag Policy (Spectators Only):** Guests may carry one clear plastic or vinyl bag no larger than 14" x 14" x 6". One gallon clear plastic zip-top bags or small clutch bags no larger than 4.5" x 6.5" are also permitted. Backpacks and purses larger than 4.5" x 6.5" are not permitted. Exceptions will be made for medically necessary items or single compartment diaper bags (child must be present).

The Clear Bag Policy does not apply to Athletes/Coaches.

**OUTSIDE FOOD & DRINK POLICY:** Participating athletes are permitted to bring in snacks and water for competition inside their backpacks/bags. Outside catered meals and drink are not permitted in the facility.

**Medical**

Certified Athletic Trainers will be available for limited services. Acute and urgent care of injuries will be provided to visiting athletes. Ice available to athletes.

Trainers will be located in the medical room, and on the athlete level for the duration of the event. Teams opting to travel with their own medical team will have space on the competition floor.

**Warm-up Area**

Warm up area is located adjacent to the competition floor and is only accessible from the stairs or main elevator located by the entrance of The Podium.

**Only student-athletes, coaches, officials, and designated staff will be allowed on warm-up level. If you are not actively warming up for your event, please stay out of warm up area. Warm up lanes are for actively warming up ONLY. No bags or team camping on warm up lanes. Warm up lanes are to be used from South to North ONLY.**

**Outside Food**

Participating athletes are permitted to bring in snacks and water for competition inside their backpacks/bags. Outside catered meals and drink are not permitted in the facility.

Food or drink is not permitted in team camp areas or on the competition floor. Please help do your part to keep the track surface clean.

**Team Camps** Team camps will be located in the upper section of bleachers on the southwest side of the facility, past the finish line or on the competition floor in team corrals located on the south side of the facility.

**Implement Inspection** Implement Inspection is located on the Warmup Level of The Podium. Weigh in will open Friday and Saturday. All implements must meet all NCAA rules and regulations.

**Coaching Boxes** Coaches' areas will be clearly marked around the perimeter of the track for the field events. Only coaches for that event will be allowed in coaching boxes to reduce the number of people in one spot. Student athletes not participating must be in the stands. Athletes are not permitted on the infield except those athletes competing in a flight that is in progress. High Jump coaches will not be permitted on the infield. Coaches for the pole vault events will not be permitted on the infield during warm-ups. Please be respectful of these requests in order to keep the infield a safe area for all competing athletes.

**Entering & Exiting The Field of Competition** Only competing student-athletes and track & field officials are allowed in the competition area. Medical personnel are allowed to enter the competition area in the event of an injury or illness to provide medical assistance. Coaches are not permitted into the competition area at any time. Coaching boxes will be indicated surrounding the track. Field event athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official they are permitted to cross the track.

**Check-In Running Events** The clerking check-in is located on the Warm-Up Level of The Podium. Final declarations for all events will occur at the check in with the clerk at least 30 minutes prior to the start of the running event. Athletes must report back to the clerking area no later than 10 minutes before the scheduled start time for instructions and to be escorted to the field for competition.

**Check-In Field Events** Field events will check in at the clerk and be released to the competition site prior to the start of the event for warmups. Vertical field events shall utilize a general warm up for all competitors. Horizontal jumps and throws shall utilize a 20-minute flight specific warm up. Athletes may check in with the Clerk, but not later than the following times before the scheduled start. Athletes will be escorted to the field of play at the report times listed below.

| <b>Check In</b>    |            |
|--------------------|------------|
| High Jump          | 65 minutes |
| Pole Vault         | 90 minutes |
| Horiz Jumps/Throws | 40 minutes |

### Horizontal Jumps

For horizontal jumps, please check in with the clerk no later than 30 minutes before the start of the event. Please listen in the warm up area for overhead announcements for your flight specific reporting time. Horizontal jumps will utilize a 20-minute flight specific warm up.

Estimated report time to pit will be 30 minutes after the previous flight has begun. Again, please listen for overhead announcements in the athlete warm up space.

### Lane Preference

60/60H – 4-5-3-6-2-7-1-8

200/400 – 5-6-4-3-2-1

### Spikes

Only **1/4" Pyramid** spikes permitted on all running and jumping surfaces. Spikes will be checked and those not meeting the regulations must be replaced. No pin/needle/Christmas tree spikes will be allowed on the competition floor or warm-up area. Please be courteous and bring your own replacement spikes.



### Jump Progressions

Jump Progressions and up-to-date logistics will be sent directly to competing teams/athletes the week of competition. For additional information/scratches contact the meet director at [meetdirector@spokanesports.org](mailto:meetdirector@spokanesports.org).

### Media

Photography and videography by Spokane Sports/The Podium may be taken throughout the event. Content may be utilized for marketing and promotional efforts.

Anyone seeking a media credential will need to fill out [THIS FORM](#) in order to be approved for a media pass. Further information provided in the form.

### Concessions

All efforts have been made to provide healthy snacks for purchase at The Podium. Please note that all concessions are cashless; all major credit cards, Apple Pay, and Google Pay are accepted.