

SPOKANE INVITATIONAL

JUMP PROGRESSIONS

THE PODIUM. POWERED BY stcu \ Spokane SPORTS

Women's High Jump

Flight 1 (Low Pit) – **1.41**, 1.46, 1.51, 1.56, 1.61, 1.66, 1.71, 1.74, 1.77 1.80 ...

Flight 2 (High Pit) – **1.56**, 1.61, 1.66, 1.71, 1.74, 1.77 1.80 ...

Men's High Jump

Flight 1 (Low Pit) – **1.65**, 1.70, 1.75, 1.80, 1.85, 1.90, 1.95, 2.00, 2.05, 2.10, 2.13, 2.16, 2.19 ...

Flight 2 (High Pit) – **1.80**, 1.85, 1.90, 1.95, 2.00, 2.05, 2.10, 2.13, 2.16, 2.19 ...

Women's Pole Vault

Section 1 – **2.75**, 3.00, 3.15, 3.30, 3.45, 3.60, 3.75, 3.90, 4.00, 4.10, 4.20, 4.30, 4.40 ...

Invite Section – **3.45**, 3.60, 3.75, 3.90, 4.00, 4.10, 4.20, 4.30, 4.40 ...

Men's Pole Vault

Section 1 – **3.55**, 3.70, 3.85, 4.00, 4.15, 4.30 4.45, 4.60, 4.75, 4.90, 5.05, 5.20, 5.30, 5.40 ...

Invite Section – **4.30**, 4.45, 4.60, 4.75, 4.90, 5.05, 5.20, 5.30, 5.40 ...