



COUGAR CLASSIC INVITATIONAL

FINAL SCHEDULE

January 14-15, 2022

Friday January 14, 2022

EVENING EVENTS

Start	Event
7:00 p.m.	Men's High Jump (1 pit)
7:00 p.m.	Men's Weight Throw
7:00 p.m.	Women's 5000 Meters
7:30 p.m.	Men's 5000 Meters
7:50 p.m.	Women's DMR
8:05 p.m.	Men's DMR

Saturday January 15, 2022

FIELD EVENTS

Start	Event
10:00 a.m.	Women's Weight Throw
11:00 a.m.	Women's Pole Vault (1 pit)
11:00 a.m.	Women's Long Jump
11:00 a.m.	Men's Long Jump
2:30 p.m.	Women's High Jump (1 pit)
2:30 p.m.	Men's Pole Vault (1 pit)
2:30 p.m.	Women's Triple Jump
2:30 p.m.	Men's Triple Jump
~12:30 p.m.	Men's Shot Put (to follow Women's Weight)
~2:30 p.m.	Women's Shot Put (to follow Men's Shot)

RUNNING EVENTS

12:00 p.m.	Women's 60m Hurdles, Prelim
12:15 p.m.	Men's 60m Hurdles, Prelim
12:30 p.m.	Women's 60 Meters, Prelim
12:45 p.m.	Men's 60 Meters Prelim
1:00 p.m.	Women's 60m Hurdles, FINAL
1:10 p.m.	Men's 60m Hurdles, FINAL
1:20 p.m.	Women's 60 Meters, FINAL
1:25 p.m.	Men's 60 Meters FINAL
1:45 p.m.	Women's Mile
2:00 p.m.	Men's Mile
2:15 p.m.	Women's 400 Meters
2:30 p.m.	Men's 400 Meters
2:45 p.m.	Women's 800 Meters
3:00 p.m.	Men's 800 Meters
3:10 p.m.	Women's 200 Meters
3:30 p.m.	Men's 200 Meters
3:45 p.m.	Women's 3000 Meters
4:10 p.m.	Men's 3000 Meters
4:30 p.m.	Women's 4x400-Meter Relay
4:45 p.m.	Men's 4x400 Meter Relay

*Per NCAA rule, heats will be run slow to fast, except for the 200 and 400 will be fast to slow