

SPOKANE HIGH SCHOOL
INVITATIONAL

Presented by
Idaho Central Credit Union

TENTATIVE TIME SCHEDULE

Sunday, January 16, 2022 | The Podium

FIELD EVENTS

Start	Event
9:00 a.m.	Girl's High Jump
9:00 a.m.	Girl's Weight Throw
10:00 a.m.	Girl's Pole Vault (2 pits)
10:00 a.m.	Girl's Long Jump
10:00 a.m.	Boy's Long Jump
~12:00 p.m.	Boy's Weight Throw (to follow Girl's Weight)
2:00 p.m.	Boy's High Jump
2:00 p.m.	Boy's Pole Vault (2 pits)
2:00 p.m.	Girl's Triple Jump
2:00 p.m.	Boy's Triple Jump
~2:30 p.m.	Girl's Shot Put (to follow Boy's Weight)
~2:30 p.m.	Boy's Shot Put (to follow Boy's Weight)

RUNNING EVENTS

10:00 a.m.	Girl's 60m Hurdles, Prelim
10:20 a.m.	Boy's 60m Hurdles, Prelim
10:40 a.m.	Girl's 60 Meters, Prelim
11:10 a.m.	Boy's 60 Meters Prelim
11:40 a.m.	Girl's 60m Hurdles, FINAL
11:50 a.m.	Boy's 60m Hurdles, FINAL
12:00 p.m.	Girl's 60 Meters, FINAL
12:05 p.m.	Boy's 60 Meters FINAL
12:10 p.m.	Girl's Freshman Mile
12:20 p.m.	Boy's Freshman Mile
12:30 p.m.	Girl's Mile
1:15 p.m.	Boy's Mile
1:50 p.m.	Girl's 4 x 200 Meters
2:00 p.m.	Boy's 4 x 200 Meters
2:10 p.m.	Girl's 400 Meters
2:35 p.m.	Boy's 400 Meters
3:00 p.m.	Girl's 800 Meters
3:15 p.m.	Boy's 800 Meters
3:35 p.m.	Girl's 200 Meters
4:10 p.m.	Boy's 200 Meters
4:50 p.m.	Girl's 3000 Meters
5:15 p.m.	Boy's 3000 Meters
5:30 p.m.	Girl's 4x400-Meter Relay
5:45 p.m.	Boy's 4x400 Meter Relay

*Schedule subject to adjustments based on field sizes

Questions for the Meet Director? Email Anna Henry at annah@spokanesports.org