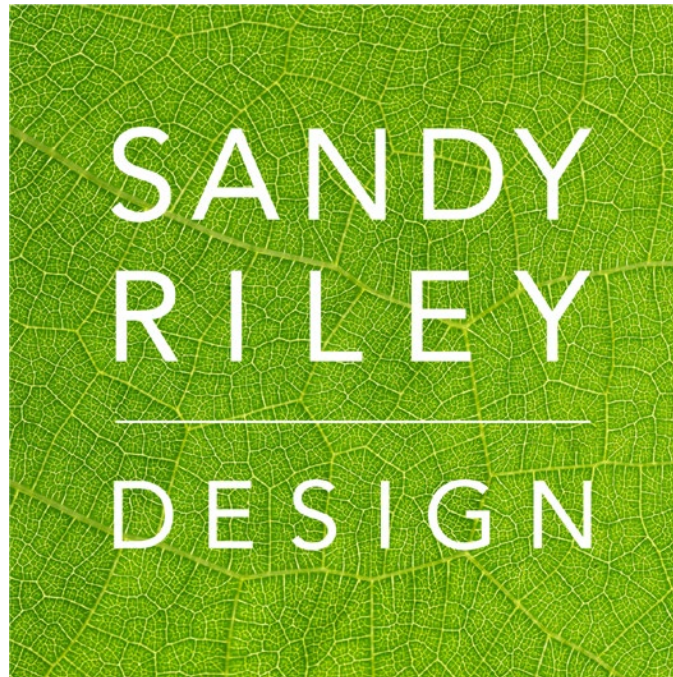




Digital Design Portfolio | 11-2025



LOWER HEIDELBERG
TOWNSHIP

Key Contacts

Calendar

Resources

Parks & Recreation

Contact Us



Pay your Sewer, Trash and Recycling bills online. It's easy!

ONLINE BILL PAY

Welcome to Lower Heidelberg Township

The Township Manager, Supervisors and staff welcome you to Lower Heidelberg Township, located in beautiful Berks County, Pennsylvania. Lower Heidelberg Township is committed to creating, enabling and maintaining a safe, welcoming and pleasant place to live, work or operate a business. Your Township staff is at your service and works hard to meet the needs of our residents and businesses.



ALERTS & CODE RED

Sign up for CODE RED Emergency Alert System



COMMUNITY NEWS

News from your Township and surrounding areas



EVENTS CALENDAR

View the Calendar for Township events, projects and more



EMERGENCY SERVICES

Quick links to Police, Fire and EMS



LIBRARY

Get to know your community library



ONLINE BILL PAY

Pay sewer, trash and recycling bills online



PARKS & RECREATION

Explore our wonderful parks and recreation options



PERMITS

Information for new and long-time residents

POLICE, FIRE & AMBULANCE EMERGENCY: DIAL 911



FIRE

If you have a fire emergency, dial 9-1-1.

Western Berks Fire Department was formed in August 2009 when individual fire companies from Wernersville, Sinking Spring, Fritztown and Lower Heidelberg merged to become Berks County Company 18. The coverage area encompasses 32 square miles across its first due, provides service to over 22,000 residents, industrial areas, educational facilities, agricultural facilities, major rail and highway transportation corridors and a number of hazardous materials facilities.

For Non-Emergency situations 24 hours/day, 7 days/week, please call Western Berks Fire Company at 610-678-1332. They will be pleased to help in any way that they can.

STATION 18-1 WERNERSVILLE

111 Stitzer Ave.

Wernersville, PA 19565

610-678-1332

STATION 18-2 SOUTH HEIDELBERG

1060 Fritztown Rd.

Reading, PA 19608

610-927-2607

STATION 18-2 SINKING SPRING

836 Ruth St.

Sinking Spring, PA 19608

610-678-6029

STATION 18-2 LOWER HEIDELBERG

505 Brownsville Rd.

Sinking Spring, PA 19608

610-670-1939

ADDITIONAL RESOURCES:

Western Berks Fire Company

FIRE CHIEF | FIRE COMMISSIONER

Jared Renshaw

EMERGENCY: 911

NON-EMERGENCY: 610-678-1332

jared.renshaw@westernberksfire.org

EMERGENCY MANAGEMENT COORDINATOR

Justin Schlottman

Emergency: 911

FAX: 610-678-6626

jschlottman@lowerhbtwp.org



POLICE

If you have a police emergency, dial 9-1-1.

The Lower Heidelberg Township Police Department is on alert 24 hours a day, 365 days a year, protecting you, your family and your property. If you see suspicious activity in your neighborhood, call 911 immediately. Calling the Township Building will delay the response time of the officers.

Non-Emergency line for the Police Department (M-F, 9:00 am – 3:00 pm) call 610-678-3011. The Non-Emergency Police Department (After 3:00 pm Monday – Friday or weekends and holidays) call 610-655-4911.

The police department will perform property checks while you're on vacation. **Please fill out a form at the police department.**

Anyone who has a home alarm system needs to have a permit on file with the police department. There is a one-time registration fee of \$10 to register your system. Download the application in this section.

The curfew for children under 18 is 10:00 pm till 6:00 am.

Please remember to honor all our officers by displaying your blue ribbon of respect.

ADDITIONAL RESOURCES:

Alarm Device Permit Application

Lower Heidelberg Township Police Facebook page

Crime Alert Berks County

Website Design
lowerheidelbergtownship.org

Sandy Riley | 717-201-4116 | sandyrileydesign@gmail.com



Guarantee Logo

DON'T YOU MISS CHOCOLATE?



THERE'S NO MORE WISHING. WITH NEPHURE, ENJOY MORE OF THE FOODS YOU LOVE.

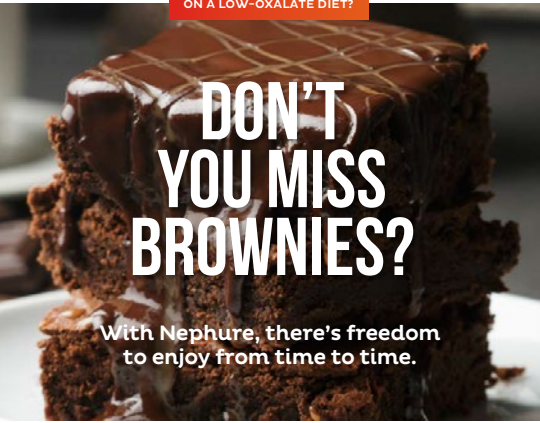
Introducing **Nephure**: the first-to-market enzyme to simplify a low-oxalate diet* whenever, wherever—forever! Nephure enhances the nutritional value of foods and beverages by reducing their oxalate levels. By adding Nephure to your meals, you're able to enjoy more freedom in food choices, simplifying your low-oxalate diet, which can improve your quality of life.

*Oxalate reduction is based on simulated stomach environment testing. Use Nephure as directed on the package. The product should not be taken by children or by women who are pregnant or nursing.



Learn more at nephure.com

POP Retail Counter Mat



ON A LOW-OXALATE DIET?

DON'T YOU MISS BROWNIES?

With Nephure, there's freedom to enjoy from time to time.

Chocolate brownies are one of life's great pleasures. Unless you're on a low-oxalate diet for kidney health, and then chocolate brownies are off the table.

Wouldn't it be great to savor a chewy, decadent chocolate brownie, and get some help living your low-oxalate life while you enjoy more of the foods you love? We think so, too.

That's where Nephure™ can help.

Nephure™ is an oxalate-reducing enzyme that offers more freedom in your food choices. Nephure™ has been scientifically formulated and lab tested to reduce oxalate in foods and beverages*. It's inspired by an enzyme found in nature after years of scientific research. When used as directed, Nephure™, helps you add back in moderation some of the foods you've been missing in your low-oxalate diet. Life's too short to skip the brownies!



Try Nephure™ today. And use the promo code **TRYNEPHURE** to get an extra \$5 off your first order of a 30-pack box or a 3-month bundle.

[Shop Now >](#)

And if you haven't done so, you can also download our **FREE** guide, *Oxalate-Packed Foods to Avoid*. [Click here.](#)

*Oxalate reduction is based on simulated stomach environment testing. Use Nephure as directed on the package. The product should not be taken by children or by women who are pregnant or nursing.

Emailer Design

THE OXALATE-REDUCING OPTION THAT YOUR PATIENTS ARE LOOKING FOR.

Introducing Nephure, the first-to-market enzyme to reduce oxalate.

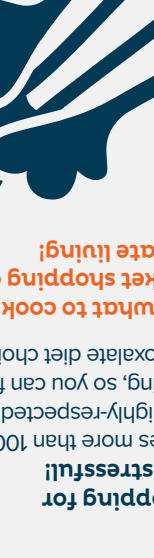


Help simplify your patients' kidney health program with Nephure.



Nephure™
nephure.com

Physician Direct Mail

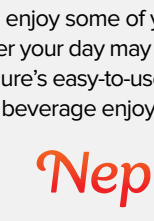


Low-oxalate foods less stressful! This shopping guide includes more than 100 low-oxalate foods from six highly-respected sources in oxalate food testing, so you can feel more confident in your low-oxalate diet choices. **Learn what to buy and what to cook—and then print this pocket shopping guide for on-the-go low-oxalate living!**

ENJOY MORE OF THE FOODS YOU LOVE WITH NEPHURE.*

You can enjoy some of your favorite meals wherever your day may take you. Just grab some of Nephure's easy-to-use stick packs and stir one into the beverage enjoyed with your meals.





*Oxalate reduction is based on simulated stomach environment testing. Use Nephure as directed on the package. The product should not be taken by children or by women who are pregnant or nursing.

nephure.com | Nephure is a trademark of Captozyme, Inc. | U.S. and International Patent Pending

EMS-012 (000)

Nephure™ YOUR BEST CHOICES FOR ON-THE-GO LOW-OXALATE LIVING!

How to use this guide: Our low-oxalate shopping guide will take some of the guesswork out of your low-oxalate diet! We've compiled a list of foods that have low oxalate levels based on research from six well-respected sources. Use the key below to discover which sources confirmed the foods as having little to no oxalate. Print this pocket guide for quick reference, and fill your basket with delicious and low-oxalate goodies!

Fruit

1 fruit	Apple	○●●●●
1 fruit	Banana	○●●●
1 cup	Cherries	○●●●●
1 cup	Grapes	○●●●
1 wedge	Lemon	○●●●●
½ fruit	Lime	○●●●
1 fruit	Mango	○●●
1 fruit	Nectarine	○●●●
1 fruit	Papaya	○●●
1 fruit	Peach	○●●●●
1 fruit	Pear	○●●
1 fruit	Plum	○●●●●
1 cup	Pineapple	○●●●
½ cup	Strawberries	○●●
1 cup	Apple Sauce	○
½ cup	Canned Peaches	○
½ cup	Canned Pears	○
¼ melon	Cantaloupe	○
½ cup	Dried Cranberries	○●●
½ cup	Cranberries	○●●●
	Cranberry Sauce	
1 cup	Honeydew Melon	○
1 med	Plantain	○
1 slice	Watermelon	○
	Passion Fruit	●

Veggies

½ cup	Alfalfa Spouts	○●●●
1 cup	Bok Choy	○●●
½ cup	Cabbage	○●●
½ cup	Cauliflower	○●●●
½ cup	Corn	○●●●●
¼ cucumber	Cucumber	○●●●●
½ cup	Endive	○●●
1 cup	Iceberg Lettuce	○●●●●
1 mushroom	Mushroom	○●●●
10 radishes	Radishes	○●●●
2 chestnuts	Water Chestnuts	○●●
	Pumpkin	●●●
1 pepper	Red Sweet Peppers	●
1 pepper	Yellow Sweet Pepper	●●●
½ cup	White Onion	●
	White Cabbage	●
1 cup	Romaine Lettuce	○

Nuts, Seeds, Legumes, Snacks

1 large	Graham Cracker	○●
1 cracker	Saltine	○●
½ cup	Jello	○●●
	Flaxseed	○●●●
	Hummus	○
	Air-Popped Popcorn	○
1 piece	Rice Cake	○
1 piece	Snack Cake	○
1 piece	Oatmeal Cookie	○
1 piece	Fig Bar	○
½ cup	Instant Chocolate Pudding	○
1 cup	Tapioca Pudding	○
1 cup	Vanilla Pudding	○
1 cup	Custard	○
1 cracker	Triscuits	○
1 cracker	Reduced-Fat Wheat Thins	○
1 roll	Fluit Roll-Ups	○

DID YOU KNOW?

Along with a low-oxalate diet, eating foods with more calcium can help you maintain your kidney health and overall nutrition.

Grains

1 cup	Cooked White Rice	○
	Egg Noodles	○
	Corn Bran	○
	Oatmeal	○
1 muffin	Oat Bran Muffin	○
	Cornbread	○
1 slice	Oat Bran Bread	○
	Oatmeal Bread	○
	Wild Rice	●
	Corn/Rice Cereal	●
	Plain Pasta	●

Dairy

½ cup	Cheddar Cheese	○●
1 oz	Mozzarella Cheese	○
1 egg	Eggs	○●●●●
1 cup	Milk (1%; 2%; FF; Wh)	○●
1 cup	Buttermilk	○●
1 cup	Plain Yogurt	○●
	Nonfat Yogurt	○
	Parmesan	●
	Swiss	●
	Butter	○●
	Cream	○●
	Non-Dairy Creamer	○
1 tbsp	Sour Cream	○
½ cup	Vanilla Ice Cream	○
½ cup	Frozen Yogurt	○
1 slice	American Cheese	○
½ cup	Cottage Cheese	○
4 oz	Egg Beaters	○

Meat

2 slices	Bacon	○●●●●
3 oz	Beef (Ground)	○●●●●
3 oz	Chicken	○●●●●
3 oz	Flounder	○●●●●
3 oz	Haddock	○●●●●
	Ham	○●●●●
4 oz	Pork	○●●
3 oz	Turkey	○●●●●
	Beef-Topside, Roast	○●●●
	Lamb	●●●●●
1 can	Sardines	○●●●●●
3.5	Tuna	○
3 oz	Alaskan King Crab	○
	Chicken Hot Dogs	○
	Hot Dogs	○
	Oysters	○
	Pollock	○
3 oz	Salmon	○
1 shrimp	Shrimp	○
3.5 oz	Swordfish	○
3.5 oz	Tuna Fish	○
6 pieces	Chicken Nuggets	○
2 pieces	Frozen Fish Sticks	○

DID YOU KNOW?

Oxalate levels can differ even within the same plant type based on factors like geography, growing season and weather condition.

Our six trusted low-oxalate sources

ENJOY MORE OF THE FOODS YOU LOVE WITH NEPHURE.*

You can enjoy some of your favorite meals wherever your day may take you. Just grab some of Nephure's easy-to-use stick packs and stir one into the beverage enjoyed with your meals.

Nephure™

f t y p i

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nephure.com | Nephure is a trademark of Captozyme, Inc. | U.S. and International Patent Pending

EMS-014 (000)

What is Oxalate?



Oxalate is all around us when we shop and eat, in foods from spinach and nuts to potatoes and chocolate. Many people are unfamiliar with oxalate and the role it plays in nutrition every day. Although it serves an important role in the growth of plants, oxalate has no benefit to humans.

Oxalate as an Anti-Nutrient

An anti-nutrient is a compound that interferes with the absorption of many of the nutrients we need — and oxalate fits the bill. It can bind to calcium, magnesium and iron, making them less available for your body. If the calcium-oxalate ratio is out of balance, it can lead to the formation of bothersome microcrystals.

Avoiding Oxalate

Because it's part of many of the foods and drinks we consume daily, oxalate can be difficult to avoid completely. How can you limit your oxalate intake?

- Boil certain oxalate-packed foods to reduce oxalate levels.
- Enjoy more dairy, which can help balance your calcium-oxalate ratio.
- Replace or remove oxalate-packed foods from your diet.

Oxalate-Packed FOODS TO AVOID

Nephure™



YOUR BEST CHOICES FOR ON-THE-GO LOW-OXALATE LIVING!

How to use this guide: Our low-oxalate shopping guide will take some of the guesswork out of your low-oxalate diet! We've compiled a list of foods that have low oxalate levels based on research from six well-respected sources. Use the key below to discover which sources confirmed the foods as having little to no oxalate. Print this pocket guide for quick reference, and fill your basket with delicious and low-oxalate goodies!



Fruit

1 fruit	Apple	○●●●●
1 fruit	Banana	○●●●
1 cup	Cherries	○●●●●
1 cup	Grapes	○●●●
1 wedge	Lemon	○●●●●
½ fruit	Lime	○●●●
1 fruit	Mango	○●●
1 fruit	Nectarine	○●●●
1 fruit	Papaya	○●●
1 fruit	Peach	○●●●●
1 fruit	Pear	○●●
1 fruit	Plum	○●●●●
1 cup	Pineapple	○●●●
½ cup	Strawberries	○●●
1 cup	Apple Sauce	○
½ cup	Canned Peaches	○
½ cup	Canned Pears	○
¼ melon	Cantaloupe	○
½ cup	Dried Cranberries	○
½ cup	Cranberries	○●●●
	Cranberry Sauce	
1 cup	Honeydew Melon	○
1 med	Plantain	○
1 slice	Watermelon	○
	Passion Fruit	●



Veggies

½ cup	Alfalfa Spouts	○●●●
1 cup	Bok Choy	○●●
½ cup	Cabbage	○●●
½ cup	Cauliflower	○●●●
½ cup	Corn	○●●●●
¼ cucumber	Cucumber	○●●●●
½ cup	Endive	○●●
1 cup	Iceberg Lettuce	○●●●●
1 mushroom	Mushroom	○●●●
10 radishes	Radishes	○●●●
2 chestnuts	Water Chestnuts	○●●
	Pumpkin	●●
1 pepper	Red Sweet Peppers	●
1 pepper	Yellow Sweet Pepper	●●
½ cup	White Onion	●
	White Cabbage	●
1 cup	Romaine Lettuce	○



Nuts, Seeds, Legumes, Snacks

1 large	Graham Cracker	○●
1 cracker	Saltine	○●
½ cup		○●
	Flaxseed	○●●●
	Hummus	○
	Air-Popped Popcorn	○
1 piece	Rice Cake	○
1 piece	Snack Cake	○
1 piece	Oatmeal Cookie	○
1 piece	Fig Bar	○
½ cup	Instant Chocolate Pudding	○
1 cup	Tapioca Pudding	○
1 cup	Vanilla Pudding	○
1 cup	Custard	○
1 cracker	Triscuits	○
1 cracker	Reduced-Fat Wheat Thins	○
1 roll	Fruit Roll-Ups	○

DID YOU KNOW?

Oxalate levels can differ even within the same plant type based on factors like geography, growing season and weather condition.

DID YOU KNOW?

Along with a low-oxalate diet, eating foods with more calcium can help you maintain your kidney health and overall nutrition.



Grains

1 cup	Cooked White Rice	○
	Egg Noodles	○
	Corn Bran	○
	Oatmeal	○
1 muffin	Oat Bran Muffin	○
	Cornbread	○
1 slice	Oat Bran Bread	○
	Oatmeal Bread	○
	Wild Rice	●
	Corn/Rice Cereal	●
	Plain Pasta	●



Dairy

½ cup	Cheddar Cheese	○●●
1 oz	Mozzarella Cheese	○
1 egg	Eggs	○●●●●
1 cup	Milk (1%; 2%; FF; Wh)	○●●
1 cup	Buttermilk	○●●
1 cup	Plain Yogurt	○●●
	Nonfat Yogurt	●
	Parmesan	●
	Swiss	●
	Butter	○●●
	Cream	○●●
	Non-Dairy Creamer	○
1 tbsp	Sour Cream	○
½ cup	Vanilla Ice Cream	○
½ cup	Frozen Yogurt	○
1 slice	American Cheese	○
½ cup	Cottage Cheese	○
4 oz	Egg Beaters	○



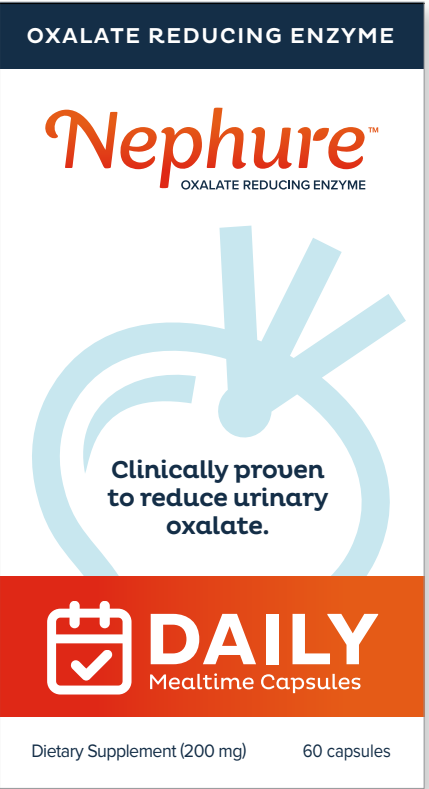
Meat

2 slices	Bacon	○●●●●●
3 oz	Beef (Ground)	○●●●●
3 oz	Chicken	○●●●●
3 oz	Flounder	○●●●●
3 oz	Haddock	○●●●●
	Ham	○●●●●●
4 oz	Pork	○●●●
3 oz	Turkey	○●●●●
	Beef-Topside, Roast	○●●●
	Lamb	●●●●●
1 can	Sardines	○●●●●●●●
3.5	Tuna	○
3 oz	Alaskan King Crab	○
	Chicken Hot Dogs	○
	Hot Dogs	○
	Oysters	○
	Pollock	○
3 oz	Salmon	○
1 shrimp	Shrimp	○
3.5 oz	Swordfish	○
3.5 oz	Tuna Fish	○
6 pieces	Chicken Nuggets	○
2 pieces	Frozen Fish Sticks	○

Our six trusted low-oxalate sources:

- Harvard College
- University of Pittsburgh Medical Center
- Dayton's Children's Hospital
- Low Oxalate Fresh and Fast Cookbook
- The Low Oxalate Cookbook Two
- Low Oxalate Cookbook by Minna Rose

Foods to Avoid Folding Pocket Guide



Nephure Packaging



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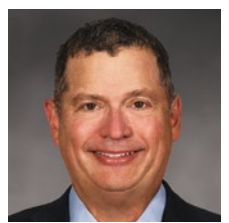


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Flexible financing
options for LASIK and PRK
Laser Vision Correction.

Our LASIK specialists are Board-Certified
and Fellowship-Trained



Adam Altman, MD



Jonathan Primack, MD



**Claim your
LASIK
lifestyle**



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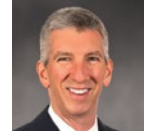
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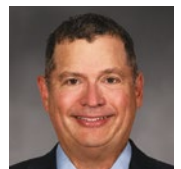


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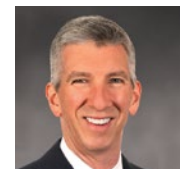
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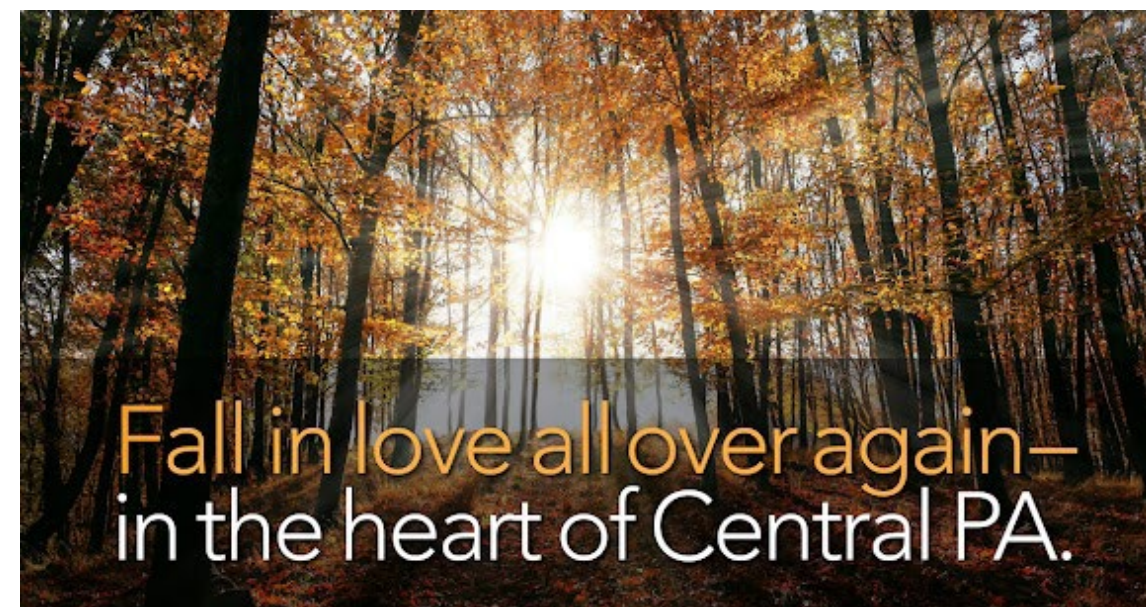
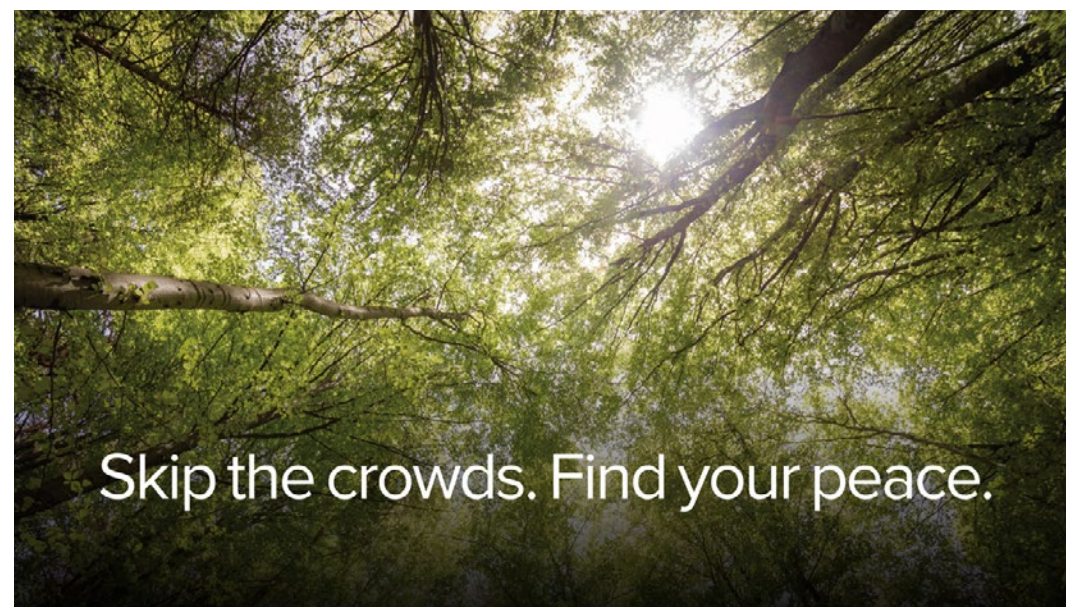
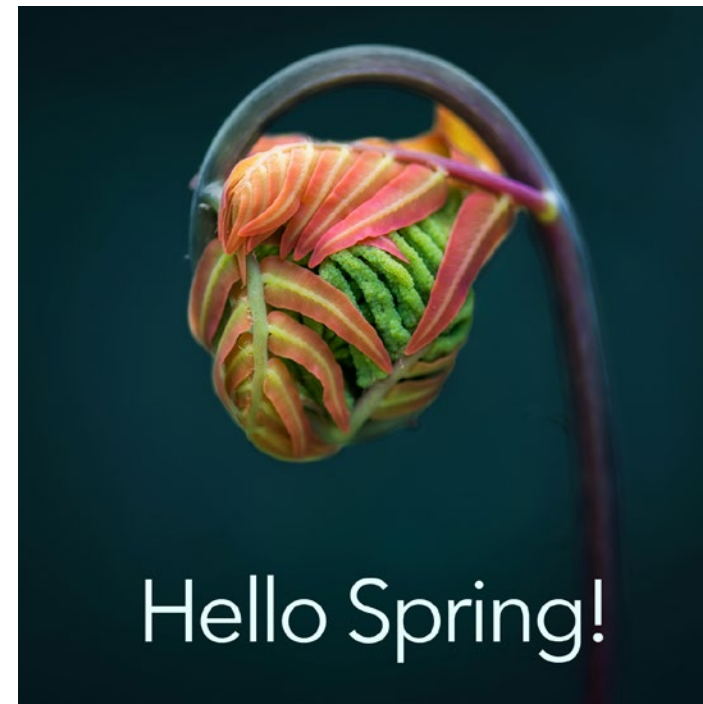
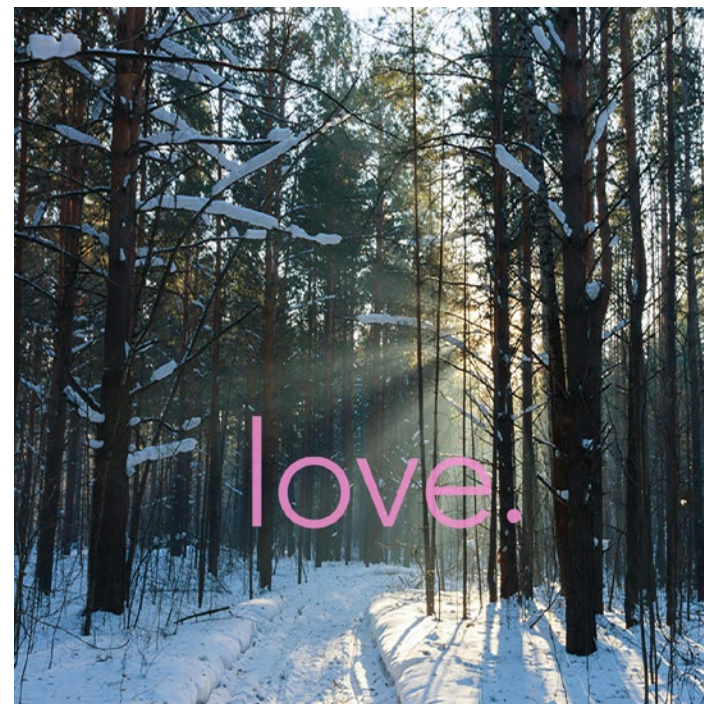
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Adam Altman, MD



Jonathan Primack, MD





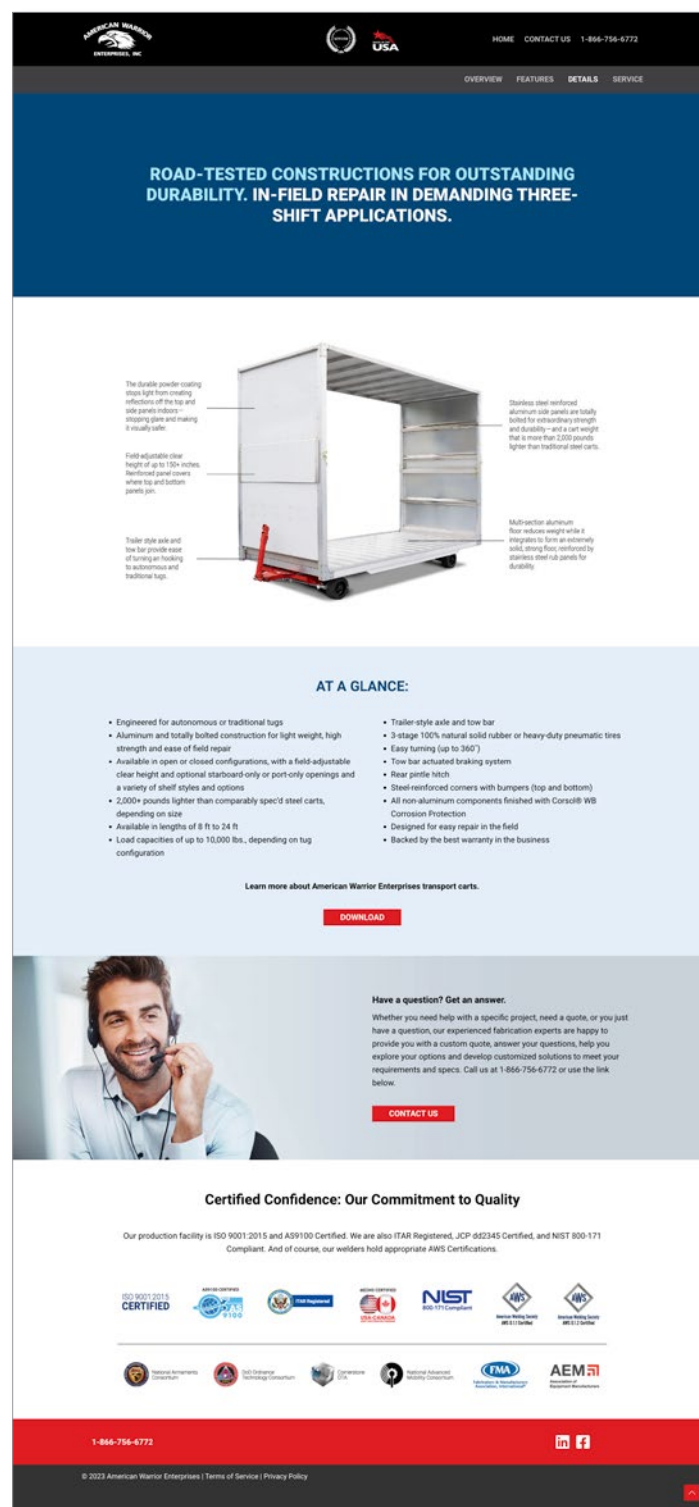














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CAPABILITIES
STATEMENT

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AT A GLANCE:

American Warrior Enterprises, Inc.
POC: Terry Graves
Phone: 1-866-756-6772
Email: terry@americanwarriorenterprises.com
Web: AmericanWarriorEnterprises.com
CAGE Code: 7XMY3
UEI: URXHT86VMMB9

NAICS & PSC CODES:

331 Primary Metal Manufacturing
332 Fabricated Metal Product Manufacturing
333 Machinery Manufacturing
336 Transportation
488 Packing/Crating

NAICS:

We cover a variety of NAICS codes. Contact us for specific NAICS information.





1-866-756-6772 | AmericanWarriorEnterprises.com

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OUR ROOTS IN METAL FABRICATION AND MACHINING ARE DEEP. We provide a wide range of precision machining, production fabrication, coating, assembly and manufacturing services for an equally diverse mix of clients.

Our experience is broad, encompassing projects for applications that are as varied as they are demanding. And our flexibility and responsiveness are well-documented. The result: the quality, responsiveness and flexibility you expect from a first-tier, can-do supplier. Plus the SDVOSB certification that can be so important.

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- End-to-End Solutions
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- Assembly Line Capabilities
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- Value Added Design Review
- Just-In-Time Manufacturing
- Laser Cutting
- CNC Machining
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BOOTH 3815

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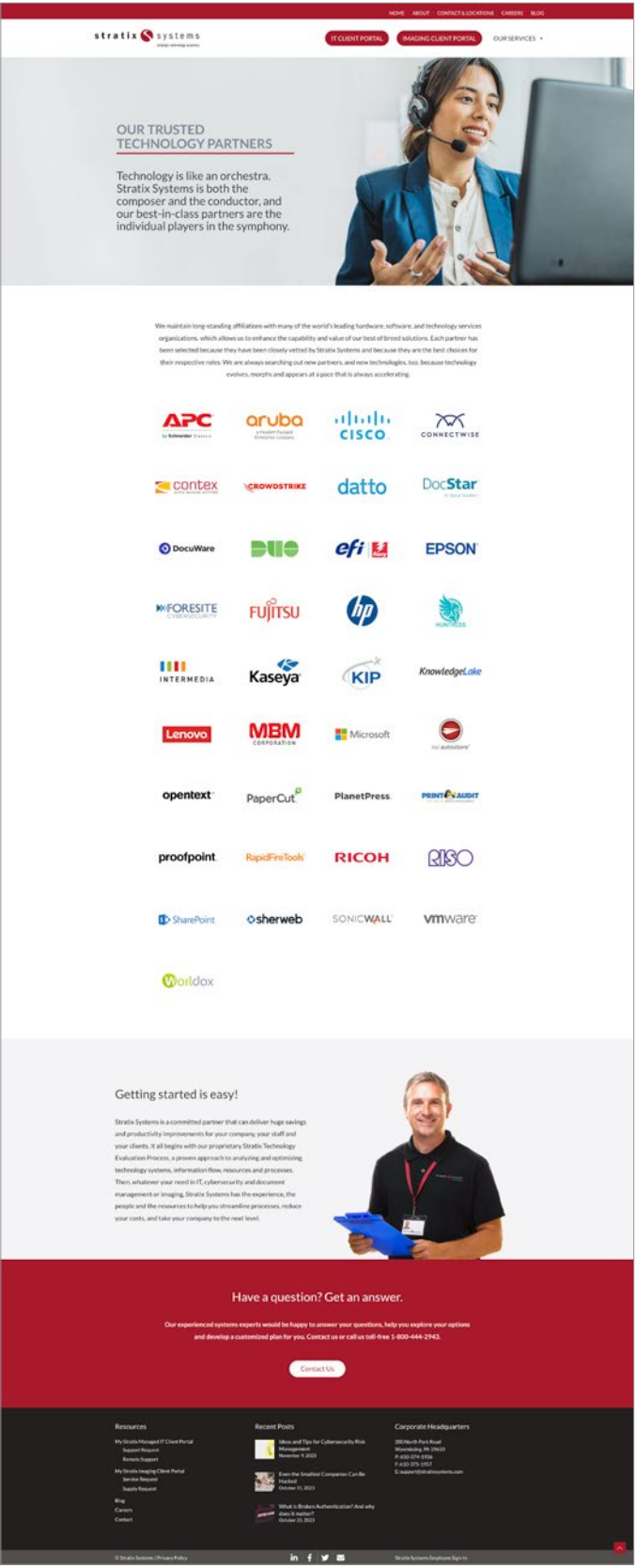
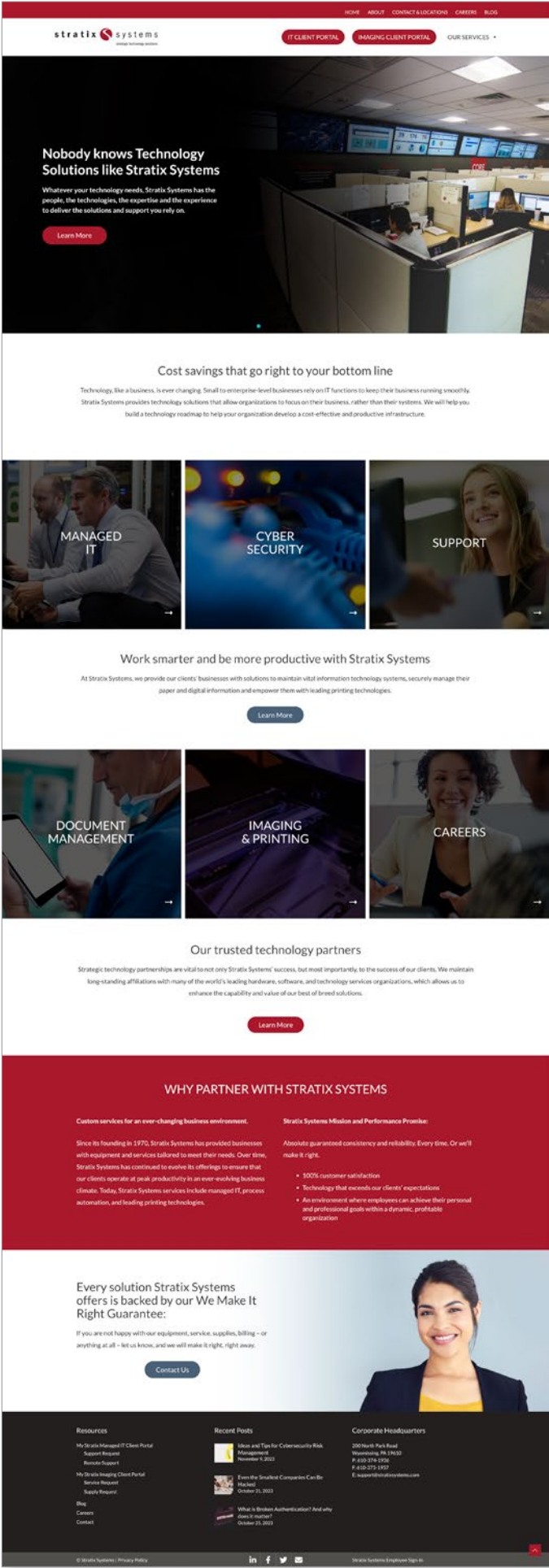
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Trade Show Handout



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BPCABUSINESS PRODUCTS COUNCILASSOCIATION

ENABLE LEADERSHIP FOR GROWTH

Upload Event
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SPRING MEETING

2025

LIVE! CASINO & HOTEL | PHILADELPHIA

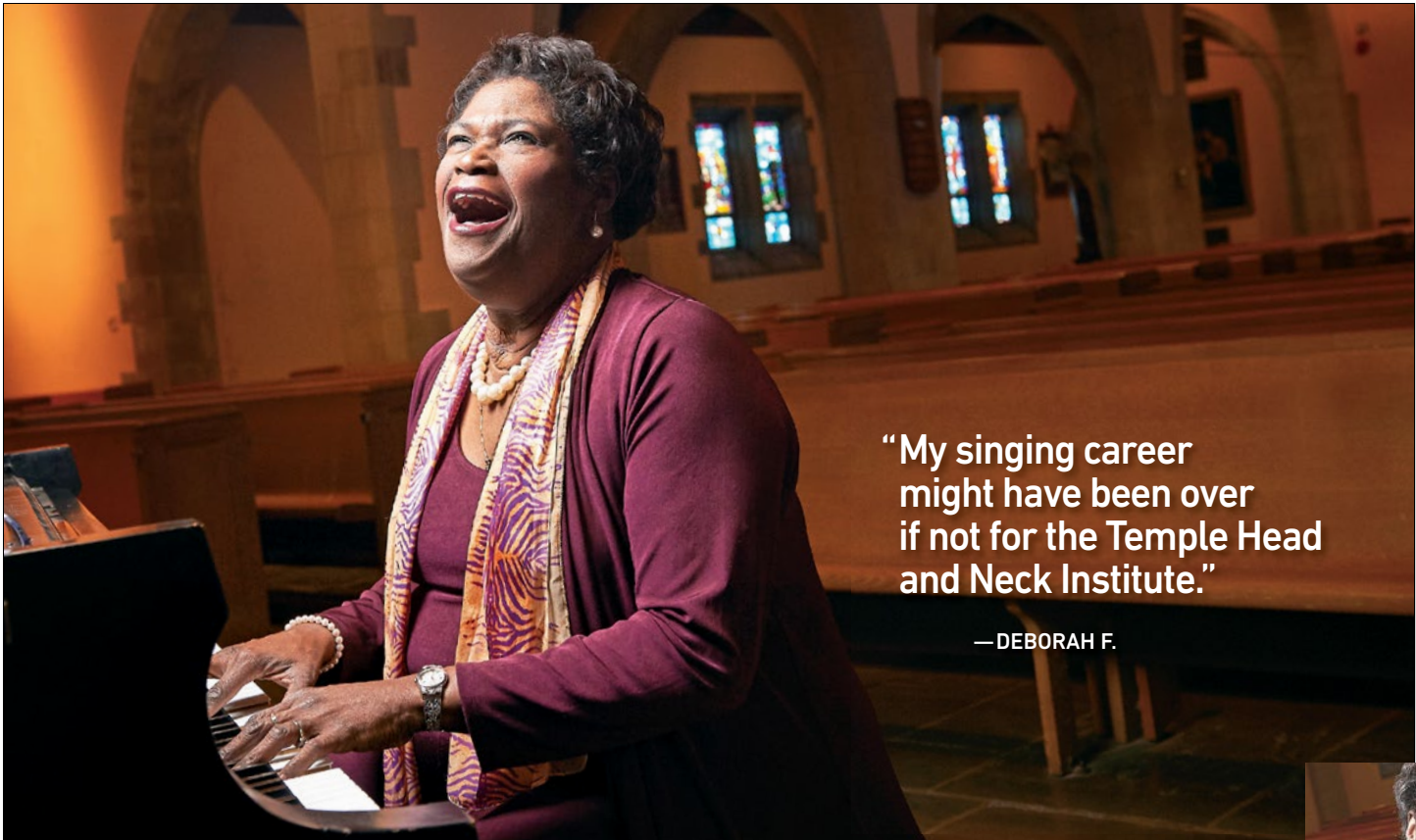
TUESDAY
MAY 6

SPRING MEETING 2025

GROUP SESSIONS

	OWNERS Liberty Ballroom	SALES Market Ballroom	SERVICE Rittenhouse Ballroom	MARKETING Franklin Boardroom
11:15-12:15 PM	Industry Challenges All Sponsors	Sales Expectations & Fundamentals	Service Leadership	AI Driven Marketing Pieces/Strategies
1:30-3:00 PM	Sponsor Presentations 1:30-2:00 Great America 2:00-2:25 Konica Minolta 2:25-2:40 Static Control 2:40-3:00 Intermedia	CRM Best Practices with Marketing Market Ballroom	Help Desk Utilization	CRM Best Practices with Sales Market Ballroom
3:30-5:00 PM	Sponsor Presentations & Roundtable 3:30-3:55 Ricoh 3:55-4:15 Keypoint Intelligence 4:15-5:00 Roundtable Session	Driving Net New Business	Roundtable Discussion Aftermarket Profitability	Roundtable Discussion Sharing Best Practices

5



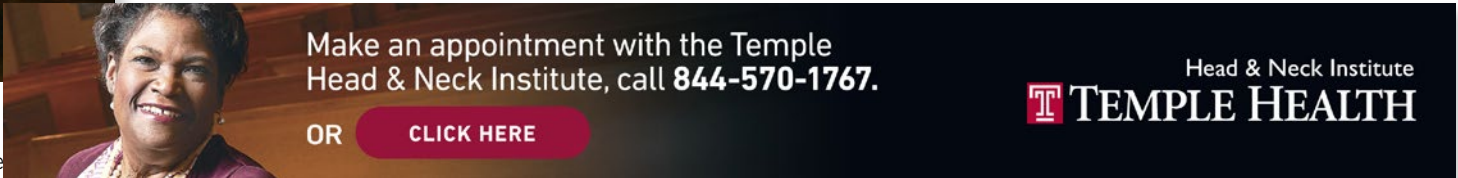
Temple Head & Neck Institute
EAR, NOSE AND THROAT SERVICES

Jeanes Hospital
7604 Central Avenue
Friends Hall, Suite 100
Northeast Philadelphia

DEBORAH IS A RENOWNED OPERA SINGER AND CHOIR DIRECTOR. So when she needed thyroid surgery that could impact her voice, she turned to the Temple Head and Neck Institute. Her surgeon performed the delicate surgery and spared her voice box. Deborah then had access to an experienced team of therapists and speech pathologists to help her on her journey back.

Today, thanks to a lot of hard work and the advanced, academic-level of care at the Temple Head and Neck Institute, Deborah is well on her way toward once again sharing her extraordinary talent on stages throughout the region.

If you or a loved one are experiencing voice or speech problems, call 844-570-1767 for an appointment or visit templehealth.org/headneck.



Call **844-570-1767** or visit templehealth.org/headneck

Head & Neck Institute
TEMPLE HEALTH

Temple Health refers to the health, education and research activities carried out by the affiliates of Temple University Health System (TUHS) and by Temple University School of Medicine. TUHS neither provides nor controls the provision of health care. All health care is provided by its member organizations or independent health care providers affiliated with TUHS member organizations. Each TUHS member organization is owned and operated pursuant to its governing documents.

Print and Digital Ads | Head & Neck Institute



HEART CARE THAT IS WOMAN TO WOMAN STRONG

 What is the most important heart procedure we do? Yours.

Heart disease affects every person slightly differently. That's why experience matters. It's why Deborah Heart and Lung Center is consistently regarded as one of the best heart centers in the country. And through our alliance with Cleveland Clinic Heart, Vascular & Thoracic Institute, we're able to bring to bear the latest research and science on heart disease. One patient and one heart at a time. 365 days a year. When it's your heart, you don't take chances. Be sure. Demand Deborah.

DemandDeborah.org/women

 In alliance with
 **Cleveland Clinic**
Heart, Vascular and Thoracic Institute

Magazine Ad

Know the warning signs of a heart attack.

Heart attack is a life-or-death emergency — every second counts. If you think you or someone you're with has any symptoms of heart attack, call 911 immediately.

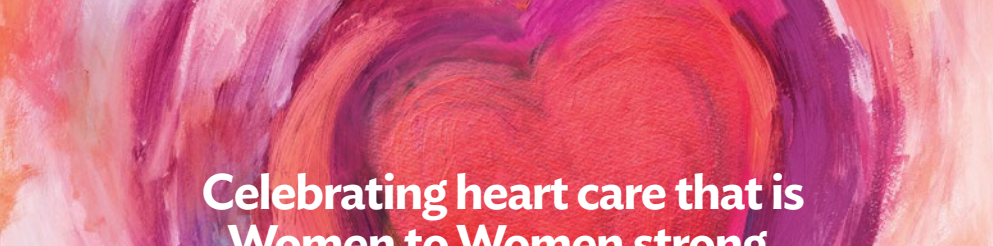
Heart Attack Warning Signs

If you have any of these signs, call 9-1-1 and get to a hospital right away.

- Uncomfortable pressure, squeezing, fullness or pain in the center of your chest. It lasts more than a few minutes or goes away and comes back.
- Pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- Shortness of breath with or without chest discomfort.
- Other signs such as breaking out in a cold sweat, nausea or lightheadedness.

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting and back or jaw pain.

Learn more: DemandDeborah.org/women



Celebrating heart care that is Women to Women strong.

Know the warning signs of heart disease.

Alone, any one of these signs of heart disease may not be cause for alarm. But if you have more than one of these symptoms, even if you haven't been diagnosed with any heart problems, report them to a healthcare professional and ask for an evaluation of your heart.

- Shortness of breath, most commonly, while at rest, or even while sleeping, which may come on suddenly and wake you up.
- Persistent coughing or wheezing, especially coughing that produces white or pink blood-tinged mucus.
- Swelling in the feet, ankles, legs or abdomen or weight gain.
- Tiredness and fatigue, even during everyday activities such as shopping, climbing stairs, carrying groceries or walking.
- Lack of appetite, nausea or a feeling of being full or sick to your stomach.
- Confusion, impaired thinking, memory loss and feelings of disorientation.
- Increased heart rate or heart palpitations, which feel like your heart is racing or throbbing.

Learn more: DemandDeborah.org/women



Deborah
Heart and Lung Center

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Heart, Vascular and Thoracic Institute

DemandDeborah.org/women



Deborah
Heart and Lung Center

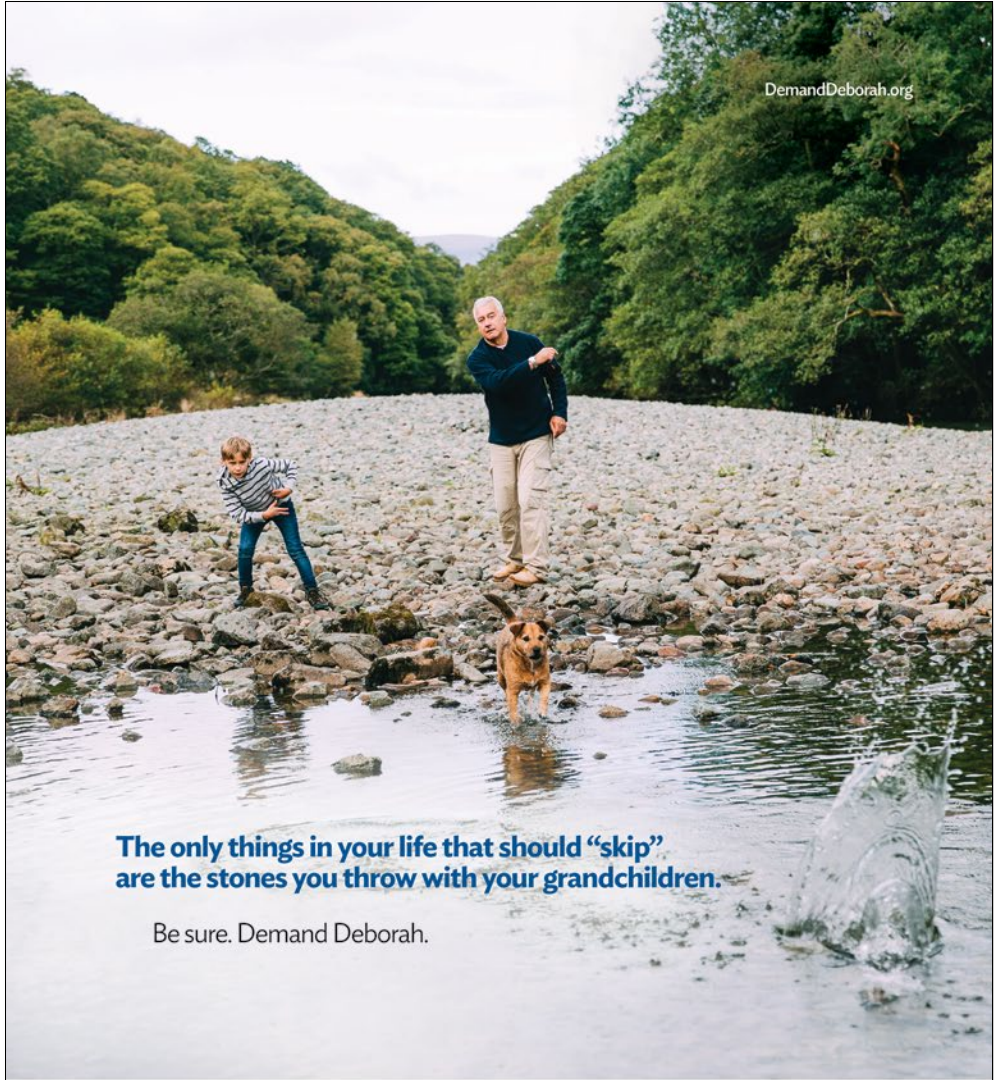
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Cleveland Clinic
Heart, Vascular and Thoracic Institute

DemandDeborah.org/women

Philadelphia Magazine Belly band



**The only things in your life that should “skip”
are the stones you throw with your grandchildren.**
Be sure. Demand Deborah.

That skipping or flutter you sometimes feel in your chest could be nothing. Or it could be trouble. Arrhythmia and AFib affect millions of Americans. And the consequences can be life-threatening. Fortunately, the most advanced treatment options are right here at Deborah. The most innovative, minimally-invasive techniques. Some of the most respected heart specialists in the country. Right here. Close to home. Because when it's your heart, you don't take chances. Be sure. Demand Deborah.
Learn more at DemandDeborah.org.



In affiliation with
Cleveland Clinic
Heart, Vascular and Thoracic Institute



The best heart care just got better.

Introducing the new Olsen Family Patient Care Pavilion at Deborah.

The best heart care just got better. Deborah's new Olsen Family Patient Care Pavilion is an innovative patient environment with the same extraordinary level of clinical excellence that you've come to expect from Deborah. Home to some of the most respected heart, lung and vascular specialists in the country; backed by leading-edge technologies and elite care teams. The result? Measurably better outcomes. After all, when it's your heart, you don't take chances. Demand Deborah.

DemandDeborah.org





Foundation Annual Report Cover 2024



Hospital Foundation Save The Date Postcard

A Legacy of Leadership: Joseph Manni’s Remarkable Career

After more than four decades of dedicated service, Joseph (Joe) Manni, former Executive Vice President and Chief Operating Officer (COO), has retired, leaving behind an indelible legacy of visionary leadership and transformative impact at Deborah Heart and Lung Center. His departure marks the culmination of an extraordinary career, one that has profoundly shaped the institution and positioned it for continued success in the years to come.

Joe’s tenure at Deborah was characterized by a profound commitment to patient care, a dedication that permeated every aspect of his work. His proactive approach ensured that every individual received the highest quality of care, while his leadership inspired a culture of excellence throughout the organization.

His career trajectory at Deborah is a testament to his exceptional abilities and dedication. Beginning as Director of Materials Management he progressed to, Administrator of the Deborah Research Institute and Director of Support Services before assuming the role of COO at both the Center and the Foundation. This diverse experience provided him with a comprehensive understanding of the institution’s operations, enabling him to guide Deborah’s

strategic growth and ensure the sustainability of its mission and vision.

In 1985, while at a Deborah event, Joe met Lori, a nurse working in the Surgical Intensive Care Unit (SICU). From this serendipitous meeting, Joe and Lori’s love turned into over 35-years of marriage producing two amazing sons, Brandon and Ryan.

Beyond the formal duties of his position, Joe’s leadership was defined by his personal connection with the Deborah community. He made everyone feel valued and empowered, mentoring countless individuals and inspiring a passion for excellence. His leadership went beyond strategic decisions—it fostered action, unity, and a lasting vision for Deborah Heart and Lung Center.

In recognition of his extraordinary contributions, Joe will be the honoree at the 2025 Red Tie Gala. This event will serve as a celebration of his remarkable career, his dedication to quality patient care, and his leadership abilities.

As he looks forward to spending more time with his family, pursuing personal interests, and embracing the joys of retirement, one thing remains certain: the impact he has had on Deborah will be remembered for years to come.

9 INSIDEDEBORAH | SUMMER 2025



Hospital Foundation Magazine Spread

A gift of
Thanks
from Deborah

Year after year, thousands of patients benefit from your continued generosity to Deborah Hospital Foundation. That financial support allows Deborah to continue providing our patients with the highest quality of specialized heart, lung, and vascular care available.

National Estate Planning Awareness Week, October 16-22, serves as a convenient reminder of the importance of creating or revising your will and estate plans. So, in recognition of your continued contributions to Deborah, we are pleased to share a simple, online will writing and estate planning tool offered by our partner, **FreeWill**, at no cost to you.

Plan for My Future

The Foundation is providing you this gift to assist you and loved ones in planning and solidifying your collective futures.

When developing or modifying your will, we hope you would consider including an optional legacy gift to Deborah Hospital Foundation. Just imagine the profound impact such a gift would have on the organization you care so deeply about.

Include a Legacy Gift

If you have any questions about **FreeWill**, or if you have already included a gift to Deborah in your will, please contact me at 609-893-0100 or ekrivchenia@deborahfoundation.org.

With heartfelt thanks,

Ellen F. Kriwchenia

Ellen Krivchenia
Director, Legacy and Planned Giving



DeborahFoundation.org
609-893-0100

F R E E W I L L 

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A NEW DAWN FOR DEBORAH:

Celebrating the Olsen Family Patient Care Pavilion

"I am deeply honored to be a part of Deborah's incredible legacy. Witnessing the tangible impact of this new Pavilion, knowing it will provide comfort and healing to so many, is truly humbling. My family and I believe in the vital work that Deborah does, and we are proud to support their continued evolution."—Greg Olsen



Below, Greg Olsen, cutting the ribbon at the dedication of The Olsen Family Patient Care Pavilion joined by our valued philanthropic supporters, distinguished public dignitaries, Deborah Board members, and senior executive leadership team



3 INSIDE DEBORAH | SUMMER 2025

 On May 14th, nearly 200 donors and invited guests attended the dedication of The Olsen Family Patient Care Pavilion at Deborah Heart and Lung Center. This event marked a transformative moment for Deborah, representing a significant step forward in our commitment to providing world-class cardiac, pulmonary, and vascular care. The new building is a key part of **Deborah100: The Project.**

Jim Andrews, President and CEO of Deborah Heart and Lung Center, emphasized the importance of the expansion. "The Olsen Family Patient Care Pavilion is more than just a building; it represents a natural step in Deborah's evolution," he stated. "It embodies our dedication to people-centered care, providing an environment that promotes healing, dignity, and hope. This Pavilion will empower our exceptional clinical team to continue delivering the life-saving care that defines Deborah."

With the opening of the new pavilion, Deborah is elevating the inpatient experience through 36 private suites. These thoughtfully designed spaces reflect our commitment to personalized, comfortable, and safe care, aligning with the highest standards in healthcare. Each suite is equipped with sophisticated negative/positive air pressure systems, empowering our clinical team to provide optimal isolation for immunocompromised patients and effectively control infectious disease. The new patient floors embrace a wellness philosophy, centered on family involvement and a healing ambience created by abundant natural light, soothing colors, and tactile elements. Features such as sound-dampening materials and enhanced natural light contribute to a more peaceful and restorative environment, potentially leading to shorter hospital stays. Loved ones will appreciate the convenience of a daybed/window seat, while patients can enjoy large picture windows overlooking the serene wooded campus, a personal flat-screen

television, a private bathroom and shower, individual lighting controls, a cutting-edge adjustable medical bed, and secure storage. Medical necessities, including gases and advanced technology, are intentionally concealed to promote a calm and reassuring atmosphere for our patients.

This innovative campus expansion was made possible by a lead gift from Greg Olsen, the largest donor to **Deborah100: The Campaign**. The Pavilion is dedicated in his honor, acknowledging his significant impact on future patients and families.

Lem Burnham, Chairman, Board of Trustees of Deborah Heart and Lung Center, highlighted the collaborative effort behind the project. "Today, we celebrate not only a magnificent new facility but also the power of community and shared purpose," Dr. Burnham noted. "This Pavilion strengthens Deborah's position as a leading institution in cardiovascular and pulmonary care."

Gary Rubin, Chairman of the Board of Directors of Deborah Hospital Foundation, expressed gratitude for the philanthropic support of Deborah's mission. "The dedication of The Olsen Family Patient Care Pavilion is a testament to the transformative power of philanthropy," said Mr. Rubin. "This new facility will significantly enhance the patient experience, and we are deeply grateful for his friendship."

Naming opportunities remain for those wishing to have their legacies recognized at Deborah. Contact the Deborah Hospital Foundation at 609-893-0100 to learn more. Your contribution will help ensure Deborah's continued excellence in care for future generations.



Want to see video highlights from the dedication?
Scan the QR code.

DeborahFoundation.org | 609-893-0100

Hospital Foundation Magazine Spread

Hospital Foundation eMailer

Sandy Riley | 717-201-4116 | sandyrileydesign@gmail.com