

Vol. 12

December 2025

CHUGIAK SENIOR CITIZENS

SENIOR EDITION

MISSION STATEMENT

The Chugiak Senior Center exists to provide quality services and facilities to meet the needs of seniors in our community through effective stewardship and program development.

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Community Announcement

As we enter this season of gratitude, celebration, and reflection, I want to share an important personal update with all of you. December 1st will be my final day serving at the Chugiak-Eagle River Senior Center. It has truly been an honor to work alongside such dedicated staff, volunteers, board members, and most importantly, our wonderful seniors and community supporters.

My time here has meant more to me than I can express. I have deeply enjoyed every opportunity to support our programs, build connections, and help strengthen the Center's mission. This community is extraordinary, and being part of it has been a privilege I will always carry with me.

As many of you know, I represent Chugiak-Eagle River on the Anchorage Assembly. Stepping away from my role at the Center will allow me to more effectively advocate for senior services across Anchorage; without the need to recuse myself from discussions or votes that directly impact the Center. My commitment to this community doesn't end here; it simply moves to a different platform where I can champion the needs of seniors with a stronger voice.

I am also delighted to share that MaKayla Collins will be stepping into the PR Director role. MaKayla brings energy, compassion, and a genuine heart for service. I have full confidence in her leadership and know she will continue to uplift and grow the important work happening here every day. Please join me in welcoming her and supporting her as she settles into this position.

Thank you all, truly, for your support, collaboration, and kindness during my time here. I am grateful for every moment, and I leave with warm memories and deep appreciation.

Wishing each of you a joyful, peaceful, and merry holiday season. May it be filled with warmth, community, and the spirit of togetherness that makes the Chugiak-Eagle River Senior Center so special.



With sincere gratitude,

Jared Goecher
Public Relations Director

CONTACT INFORMATION

MANAGEMENT TEAM & DEPARTMENTS

Executive Director: Amy Demboski
amy@chugiakseniors.com

Finance Director: Lindsey Causer
907-688-2678 | lindsey@chugiakseniors.com

Food Service Director: Cat Kenney
907-688-2652 | cat@chugiakseniors.com

Housing Manager: Laurie Moffitt
907-688-2633 | laurie@chugiakseniors.com

Outreach Nurse: Lorna Mills, RN
907-854-7144 | lorna@chugiakseniors.com

Transportation Supervisor: Andy Gray
Transportation - Meals On Wheels
907-688-2652 | andy@chugiakseniors.com,
ride@chugiakseniors.com

PR and HR Director: Makayla Collins
*Activities - Human Resources - Newsletter - Room Rentals -
Volunteers*
907-688-2683 | makayla@chugiakseniors.com

ALP Administrator: Bobbie Lewis
907-688-8999 | bobbie@chugiakseniors.com

Office Manager: Margaret Asbury
Membership
907-688-2674 | margaret@chugiakseniors.com

Adult Day Services
907-688-2691 | sharon@chugiakseniors.com
Donations - 907-688-2685 | seniors@chugiakseniors.com

BOARD OF DIRECTORS

President Andrew Fierro
Vice President Rick Oatman
Secretary Ruth McClain
Treasurer Bob Wilkinson

Members-at-Large
Kathryn Railing
Sue Holliday
Ken McCarty

Contact:
board@chugiakseniors.com

UPCOMING EVENTS

DECEMBER 2ND | Attorney Services @ 10:00AM - By Appointment

🎄 Residents can access professional attorney services right here at the Center. Whether you have questions or need guidance, our visiting legal expert is here to help. Please contact the front desk for scheduling and details. Call 907-688-2674

DECEMBER 2ND | Popcorn Cranberry Garland Crafting @ 1:00PM

🎄 Let's make some decorative garland for the dining room! This craft will take place in the lower resident lounge.

DECEMBER 3RD | RESIDENT MEETING

🎄 Come stay informed, share your thoughts, and connect with fellow residents and staff. Your voice helps make our community stronger—we look forward to seeing you there!

DECEMBER 4TH | Winter Wonderland @ 5:30PM - 8:30PM

🎄 The annual tree lighting ceremony, located in town-square. Board members will be serving hot soup to the public.

DECEMBER 8TH | Lions Bing - Meet at ADS @ 1:30PM

🎄 B: Brrrr

🎄 I: Igloo

🎄 N: Nice

🎄 G: Greetings

🎄 O: Ornaments

DECEMBER 10TH | Decorative Candle Holder Class @ 1PM

🎄 All You Need is Love... and a Hot Glue Gun. Come join us in the lower resident lounge for a jolly good time.

UPCOMING EVENTS

DECEMBER 11TH | Bob Ross Paint Night @ 2:00PM - 4:00PM

🎄 **Come paint with us! You may start as an amateur and leave as... a slightly more relaxed amateur. Either way, we guarantee good times and happy accidents in the art room!**

DECEMBER 12TH | Recycle Sale - Leaving @ 9:45AM

🎄 **The best present is a well priced present!**

DECEMBER 16TH | VFW Bingo

🎄 **Come enjoy a great time with friends and bingo! What more could you ask for?**

DECEMBER 22ND | Make some Christmas Candy Grams @ 10:00AM

🎄 **Want to spread some yuletide cheer? Come make a couple Christmas grams for your family, friends, and more! This will take place in the lower resident lounge.**

DECEMBER 23RD | Holiday Baking Contest @ 2:00PM

🎄 **Time to 'whisk' it all! Do you have the 'dough' to win? Join our low-stakes baking competition and show us what you can cook up. This will take place in the Bill Stoltze dining room!**

DECEMBER 24TH | Cookie Decorating @ 10:00AM

🎄 **Did you forget that you have to leave Santa cookies on Christmas Eve? No crumbs, no crisis! We've got you covered. Join us in the main dining room and whip up some delightful treats for Ole Saint Nick!**

DECEMBER 25TH | Merry Christmas! - The Center Is Closed

🎄 **Wishing our residents, staff, and friends a joyful holiday filled with peace, warmth, and community. May your season be bright and your hearts be full!**

CHUGIAK SENIOR CENTER

Give From The Heart

2025 MEALS ON WHEELS CHRISTMAS PRESENT PROGRAM

'Tis the Season to Brighten The Lives!

**DROP OFF
NEW AND
INDIVIDUALLY
PACKAGED,
UNWRAPPED GIFTS
AT THE CHUGIAK
SENIOR CENTER**

**NOVEMBER 1 -
DECEMBER 15**

ITEMS NEEDED

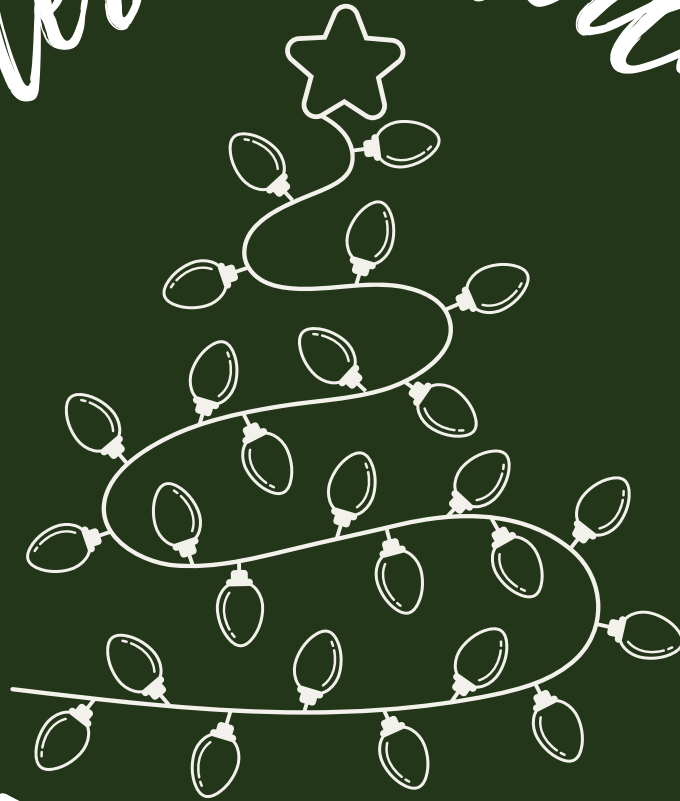
- Large Bath Towels
- Toothbrush and Toothpaste
- Body Wash and Shampoo
- Loofahs
- Chapstick
- Hand Lotion
- Large Print Crossword Books
- Flashlights
- Tea Bags and Hot Chocolate
- Individually Wrapped Snacks

FOR MONETARY DONATIONS PLEASE VISIT OUR WEBSITE :

WWW.CHUGIAKSENIORS.COM

CHUGIAK SENIOR CENTER
INVITES YOU TO

Winter Wonderland



Tree Lightings

LOCATION: 12001 BUSINESS
BLVD, EAGLE RIVER
DATE: DECEMBER 4TH, 2025
TIME: 5:30PM - 8:30PM

Life At CSC



Life At CSC



BILL STOLTZE CAFE

DECEMBER 2025



Congregate Lunch: 11:30am to 1:00pm, Monday through Friday.

MON	TUES	WED	THUR	FRI
1 Tater Tot Casserole w/ Ground Beef & Cheese Vegetable Bread slice	2 Ham Steaks Heavenly Hash Brown Casserole Vegetable	3 Baked Honey Chicken Sweet Potato Fries Vegetable	4 Roasted Pork Tenderloin Roasted Potatoes & Gravy Vegetable WW Roll	5 BLT's Macaroni & Cheese Soup
8 Ground Beef Stroganoff over Egg Noodles Vegetable WW Roll	9 Chicken Taco's w/ Corn or Flour Tortillas Black Beans & Rice Fixing Bar	10 Breakfast 4 Lunch! Chef's Surprise	11 Burger Day WW Bun French Fries & Onion Rings Baked Beans Fixing Bar	12 Stuffed Pepper Casserole w/ Ground Beef Vegetable WW Roll Garden Salad
15 Teriyaki Chicken Breast Steamed Rice Vegetable Egg Roll	16 Pulled Pork Sandwich on WW Bun Potato Wedges Coleslaw	17 Shepard's Pie w/ Mashed Potatoes & Peas Vegetable Bread Slice Garden Salad	18 Chicken w/ Sun-dried Tomato Florentine Sauce Italian Vegetables WW Roll	19 Mediterranean Baked Fish OR Baked Chicken Seasoned Rice Vegetable
22 Sweet-n- Sour Meatballs Rice Vegetable	23 Beef Pepper Steak Casserole Mashed Potatoes Broccoli	24 Christmas Eve Roast Beef Slab or Ham Slice Mashed Potatoes & Gravy Vegetable WW Roll	25 MERRY CHRISTMAS CLOSED FOR THE HOLIDAY	26 Beef Stew w/ Potatoes & Carrots Biscuit Garden Salad
29 All Beef Hot Dogs WW Bun Chili Coleslaw Fixings Bar	30 Spaghetti & Meatballs Vegetable Garlic Bread Stick	31 New Years Eve Chicken Fried Steak Mashed Potatoes & Gravy Peas & Garden Salad		

This Menu Is Subject To Change

ADULT DAY SERVICES

DECEMBER 2025

MON	TUES	WED	THUR	FRI
1 9:00am Coffee and Chat 10:00am Exercise 11:00am Skip-Bo 12:00pm Lunch 1:00pm Catch Phrase 1:30pm Twisted Farkle	2 9:00am Coffee and Chat 10:00am Exercise 11:00am Skip-Bo 12:00pm Lunch 1:00pm Monthly Gazette 1:30pm Bingo	3 9:00am Coffee and Chat 10:00am Exercise 11:00am Uno Attack 12:00pm Lunch 1:00pm Color Craft 1:30pm Bean Bag Toss	4 9:00am Coffee and Chat 10:00am Exercise 11:00am Aggravation 12:00pm Lunch 1:00pm Happy Hour 1:30pm Jeopardy	5 9:00am Coffee and Chat 10:00am Exercise 11:00am Skip-Bo 12:00pm Lunch 1:00pm Movie Star of the Month 1:30pm Bingo
8 9:00am Coffee and Chat 10:00am Exercise 11:00am Skip-Bo 12:00pm Lunch 1:00pm Reminisce 1:30pm Lion's Bingo	9 9:00am Coffee and Chat 10:00am Exercise 11:00am Match Game 12:00pm Lunch 1:00pm Book Club 1:30pm Aggravation	10 9:00am Coffee and Chat 10:00am Exercise 11:00am Farkle 12:00pm Lunch 1:00pm Head Banz 1:30pm Yahtzee	11 9:00am Coffee and Chat 10:00am Exercise 11:00am Dominos 12:00pm Lunch 1:00pm Happy Hour 1:30pm Music with Marilin	12 9:00am Coffee and Chat 10:00am Exercise 11:00am Skip-Bo 12:00pm Lunch 1:30pm Bingo
15 9:00am Coffee and Chat 10:00am Exercise 11:00am Skip-Bo 12:00pm Lunch 1:00pm Food for Thought 1:30pm Penny Ante	16 9:00am Coffee and Chat 10:00am Exercise 11:00am Racetrack Game 12:00pm Lunch 1:00pm Armchair Detective 1:30pm Bingo	17 9:00am Coffee and Chat 10:00am Exercise 11:00am Dominos 12:00pm Lunch 1:00pm Trivia 1:30pm Big Cheese	18 9:00am Coffee and Chat 10:00am Exercise 11:00am Aggravation 12:00pm Lunch 1:00pm Happy Hour 1:30pm Dice Bingo	19 9:00am Coffee and Chat 10:00am Exercise 11:00am Skip-Bo 12:00pm Lunch 1:00pm Garden Club 1:30pm Bingo
22 9:00am Coffee and Chat 10:00am Exercise 11:00am Skip-Bo 12:00pm Lunch 1:00pm Name That Smell 1:30pm Trash	23 9:00am Coffee and Chat 10:00am Exercise 11:00am Sorry 12:00pm Lunch 1:00pm Tabletop Tidbits 1:30pm Bingo	24 9:00am Coffee and Chat 10:00am Exercise 11:00am Aggravation 12:00pm Lunch 1:00pm Armchair Travel	25  MERRY CHRISTMAS CLOSED FOR THE HOLIDAY	26 9:00am Coffee and Chat 10:00am Exercise 11:00am Skip-Bo 12:00pm Lunch 1:00pm Birthday Party 1:30pm Bingo
29 9:00am Coffee and Chat 10:00am Exercise 11:00am Skip-Bo 12:00pm Lunch 1:00pm Catch Phrase 1:30pm Twisted Farkle	30 9:00am Coffee and Chat 10:00am Exercise 11:00am Dominos 12:00pm Lunch 1:00pm Word Search 1:30pm Bingo	31 9:00am Coffee and Chat 10:00am Exercise 11:00am Uno Attack 12:00pm Lunch 1:00pm Color Craft 1:30pm Bean Bag Toss		

Understanding What Seniors Really Want

When I think about supporting people here, I often focus on the practical side of care- scheduling appointments, managing medication, arranging transportation or providing resources to some who need assistance with daily tasks. These are all essential elements of care, but beyond these visible needs lie deep, unspoken needs that are just as vital to seniors' health and happiness. What do seniors really want?



1. A Sense of Purpose

As people age, retirement, reduced mobility, or health challenges may limit their roles in society. This can lead to feelings of uselessness or boredom. Seniors want to have a sense of purpose in life. What they really want: To feel needed, productive, and valued. Involve older adults in meaningful tasks like helping with cooking, laundry or gardening. Help them to mentor if they are able or interested. Ask for their advice and listen. Let them know their wisdom matters!

2. Independence and Control

Many seniors worry about losing control over their lives. Whether through chronic disease or cognitive decline, physical changes can cause a senior to lose independence. And well-intentioned help from family members can feel like a loss of autonomy. What they really want: To make their own choices and maintain a sense of independence. We must respect a person's routine and preferences- what you think is "normal"- is not the same for everyone. Offer options, allow the person to make decisions about their care .



3. Dignity

Tasks that involve personal hygiene or physical assistance can make seniors feel exposed or embarrassed. They may feel awkward getting help for these types of daily activities. What they really want: To be treated with dignity and respect, especially during vulnerable moments. Provide privacy whenever possible. People do not want to have their privacy infringed upon, and have people intrude on them. Speak with empathy and kindness, not condescension. Allow a person to do what they can before stepping in to assist and use language that preserves self-worth. ("let me help you", instead of "you can't do that anymore").



We all want to age in place, with support in place as needed. It is important to find the confidence to make the changes for whatever goal you may have. And ask for help when it is needed.



Merry Christmas,
Lorna

Meet Our New Hairstylist



Hello, my name is Linda McLendon. I serve Chugiak Senior Center for haircut services in order to make it convenient for any clients.

I have been a barber since October 1980. I taught at Anchorage Alaska Barber College until October 1989. Alongside serving Chugiak Senior Center, I also serve at Hilda's Barber Shop in Eagle River since October 1989.

I am available for appointments at CERSC on the 1st and 3rd Wednesdays from 11:00 AM to 4:00PM.

Please text or call (907) 529-1273 or use the sign up sheet on the door to make arrangements.



Amy's Dad Jokes

Did you hear the sausage
joke?

It's the wurst



Attorney Eva Knadjinova is a civil attorney with Alaska Legal Services Corporation, and specializes in seniors over the age of 60.



(by appointment only)

For more information or to schedule an appointment, please call 907-688-2674.

BOARD OF DIRECTOR ELECTIONS WINNERS



Andy Fierro



Kathryn Railing



Ken McCarty

Halloween party





Kitchen Corner

The Magic of Christmas Music: Unlocking Memories of the Past

As the holiday season approaches, one of the first signs that Christmas is near is the music. From the soft sound of carols to the lively jingles on the radio, Christmas music has a way of stirring something deep within us.

For me, the memory is clear: my family's tradition was to attend midnight mass on Christmas Eve. I will never forget the first time I heard Silent Night sung so reverently and so sweetly that it brought me to tears. My mother looked down at me, smiled in her knowing way, and reached her arm around my shoulder, pulling me close to her warmth. In that moment, I knew I was loved—well and truly loved. It is a sentiment that has stayed with me throughout my life. It's part of why Christmas is my favorite holiday.

We didn't have much money, but my brothers and sisters and I found joy in giving what we could: homemade gifts and acts of kindness. My sister would give me little "coupons" for chores, like washing my dishes on dish day or letting me ride her 10-speed bike instead of my little girl bike. My brother would help me hang Christmas decorations in my room or wrap presents—though he was also the rascal who couldn't resist sneaking under the tree to peek at gifts and tell us what we were getting! My younger brother showed his love in simple but memorable ways, like carrying my schoolbooks or hauling my sled up the hill so I could take another run.

My father was a Fire Chief in the Air Force, and because of that, we never had just a Christmas with our immediate family. My mother—being the Irish woman she was—would not stand for anyone missing a holiday meal. So, Dad would invite all of the men who weren't working to our house for the holidays. It was chaos—and pure fun! One batch of men would be shoveling the sidewalk, another batch would be pushing us down the sledding hill, and Mom had some of them washing dishes or setting the table. We had to eat in shifts because there weren't enough chairs for everyone, but no one minded. Those waiting would head downstairs to watch football, while others squeezed in wherever they could—on the floor, squished together on the couches, or balancing plates on their knees. The house was bursting at the seams, noisy and full of laughter. Looking back, it was one of the best gifts of all: the gift of community and joy.

This holiday season, I invite you to share your traditions with me as we see each other around the center. Share your recipes. Share your favorite toy or gift you ever received. Tell me which Christmas carol makes your heart sing. Together, we can keep those treasured memories alive and remind each other of the true magic of Christmas.

MEMORY CAFE



Come socialize and enjoy time together with others who have worries about their memory.



When: December 12, 2025
Second Friday of each month

Time: 10:00-11:00 am



Where: Our Redeemer Lutheran Church
18444 Old Glenn Hwy, Chugiak

For individuals with early to moderate Alzheimer's or dementia and their care partners as well as those who worry about memory problems.

For more information, contact:
Our Redeemer Lutheran Church (907) 688-2157
Email: lauren@orlc-ak.org



The Alaska Veterans Museum Oral Histories Project is inviting veterans to share their experiences on video to be preserved as part of Alaska's living history. These recorded oral histories will be cherished by your family and made available for future generations at the museum.
Your story. Your legacy. For history.

To participate, contact Col Suellyn Wright Novak, USAF (Ret.)

Call: 907-863-0569

Help us honor your service and ensure your journey is never forgotten.

The Crossing will be holding Sunday services at 3:00pm in the Main Dining Room.



Serving Others.



**FREE VACCINE CLINIC BY
ANCHORAGE HEALTH DEPARTMENT**
ALL residents at Chugiak Senior Center, employees at the center, and any community members needing a vaccine.

When:

Wednesday, December 17th

10:00AM - 2:00PM

Classroom on 2nd level

Vaccines Available:

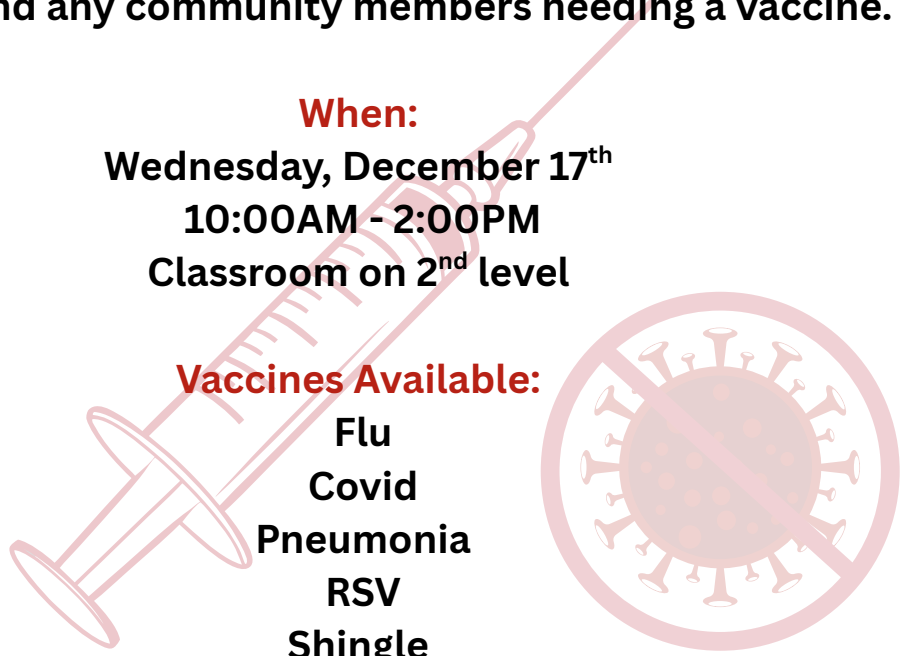
Flu

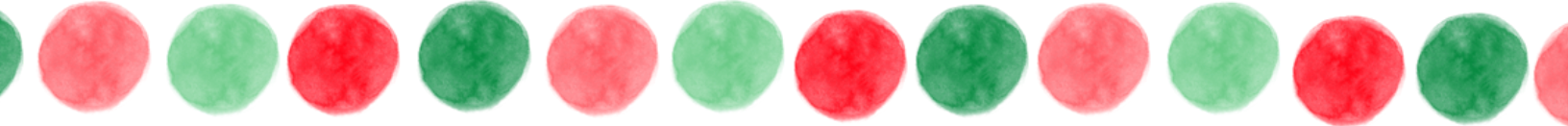
Covid

Pneumonia

RSV

Shingle





Holiday Bazaar

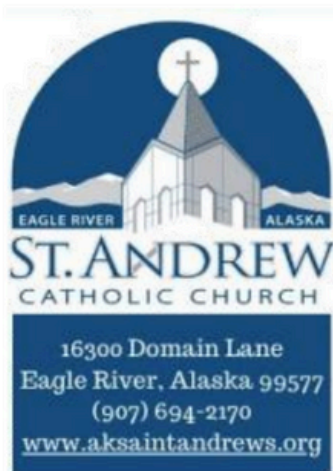


ST. ANDREW CATHOLIC CHURCH

-Catholic Mass: Friday November 19, in the Dining Hall, 3:30pm (confessions at 2:45pm)

-Catholics, former Catholics, and non-Catholics are all warmly welcome to attend.

-Homebound Catholics who would like to receive Communion may call 907-694-2170.



ELDER ENDEAVORS

**1ST AND 3RD WEDNESDAYS
1:30-3:30 PM
LOUSSAC LIBRARY**

A biweekly event for seniors, this program is an opportunity to enjoy community connection, learn about a new topic, or participate in a fun activity.

AGE GROUP
ADULT

EVENT TYPE
COMMUNITY

This Month:

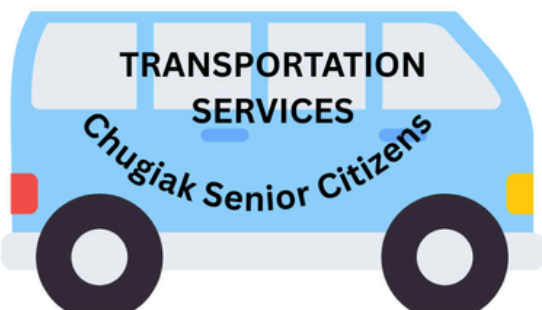
Dec. 3 Top Scams in Alaska
Raven Meeting Room

Dec. 17 Recipe Swap
Learning Commons

For auxiliary aids, services, or special modifications to participate please contact Adult Services Coordinator to request reasonable accommodations at 343-2856 or sarah.preskitt@anchorageak.gov



WWW.ANCHORAGELIBRARY.ORG



Contact Us
(907) 688 - 2625
ride@chugiak-seniors.com

ABOUT US

The Chugiak Senior Citizens Center provides a safe and affordable transportation option for seniors aged 60 and over, with wheelchair-accessible vehicles to ensure everyone's mobility needs are met.

**Hours: Monday - Friday, 8:00am - 4:00pm
Last Pickup: 3:30pm**

Booking: Please schedule at least 24 hours in advance of your appointment.
To schedule your ride, call us at (907) 688-2626 during office hours (Mon-Fri, 7:00 AM - 5:00 PM)

Donations Accepted But Not Required Weekly Shopping Schedule

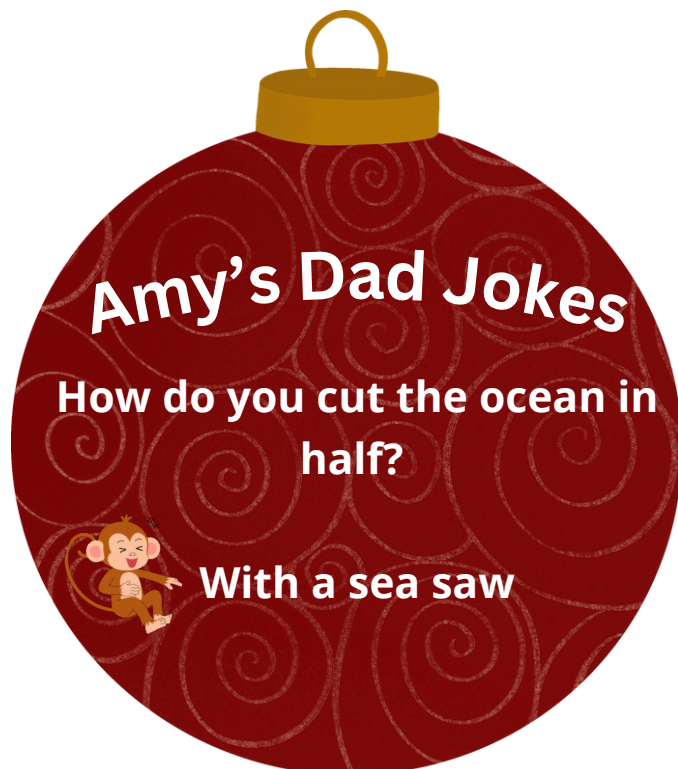
Round Trip or one way to Eagle River
Round trip or one way to VA/JBER
Round trip or one way to Anchorage
Round trip or one way to Mat Su Valley

Monday: Walmart 1pm - 3pm
Tuesday: Fred Meyers. 1pm - 3pm
Wednesday: Walmart 1pm - 3pm
Thursday: Fred Meyer 1pm - 3pm
Friday: Carr's 1pm - 3pm
(Call for Trips to Three Bears)



**Call for information
on ADA Fare**

Connecting seniors, people with disabilities, and caregivers with long-term care services and support
Anchorage: 907-343-7770



CHUGIAK SENIOR CITIZENS FOUNDATION

Brilliant multi-colored auroral displays on long winter nights shift our focus from darkness to vibrant light and hope. We anticipate the coming year. Here at the Foundation, our vision is directed towards how we can all contribute to the bright future of the Center.

This month, we highlight Jan and Dave Wachsmuth for their generous Legacy donation to the Foundation. Jan is retired from the Chugiak Eagle River Library. She and her husband, Dave, are active community volunteers. You may see Jan helping at the CERSC dining room, Knitwitz, Newborns in Need, and around our town in various supportive roles.

Jan has chosen to increase her positive impact on our Center by making a Legacy gift, and she invites other supporters to do likewise. She says, "This place and the caring people who live and work here mean everything to me." As the Foundation grows, it will become a vital force ensuring that CSC serves generations to come.

We extend our sincere gratitude to all who have contributed to the Foundation this year. We wish the Chugiak-Eagle River community the very best this Holiday Season and for the coming New Year.

CSCF Board

Paulette Shannon - Leslie Lance - Stephen Anderson

Barbara Parker - Kira Bradford

Visit us at www.chugiakseniors.com/foundation





Happy Birthday

December 1	Ellen Wood	December 18	Arthur Isham
December 2	James Johnson	December 20	Elizabeth Carcamo
December 2	Ruby Oatman	December 22	Leroy Hunt
December 3	Jennifer Bartlett	December 24	Genevieve Kabatt
December 5	Michael Fuller	December 24	Thais Dawn Yarbrough
December 5	Carol Fisher	December 25	Dan Kosterman
December 5	Louise Fox	December 26	Ellen Sales-Johnson
December 6	Richard Person	December 26	Michael Yorke
December 7	Roberta Sutton	December 30	Harold Flegle
December 7	Alberta Gagnard	December 30	Vickie Lam
December 7	Lilah Ellis	December 30	Cecily Skoog-Moore
December 8	Roger Knueppel	December 30	Tanya Beck
December 8	Karen Miller	December 31	Pam Theissen
December 9	Richard Floyd		
December 9	Judy Lugdon		
December 10	Lynn Pillion		
December 11	Maureen Jones		
December 11	Lorna Mills		
December 13	Carole Barringer		
December 14	William McClain		
December 16	Philip Withey		
December 16	Janice Shipman		
December 16	Peggy Baltz		
December 18	Bob Gerlach		



CSCI GROUP FITNESS



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am Circuit Instructor-led	9:30am - 10:30am Yoga	9:30am Circuit Instructor-led	9:30am - 10:30am Yoga	9:30am Circuit Instructor-led	
9:30am Chair Stretch Self-led	9:30am Chair Stretch Self-led	9:30am Chair Stretch Self-led	9:30am Chair Stretch Self-led	9:30am Chair Stretch Self-led	
		11am Strong Seniors Self-led			10:00am Yoga Instructor-led



Holiday Punch Recipes

1. Sparkling Cranberry Citrus Punch

- 1 bottle cranberry juice (chilled)
- 1 bottle ginger ale (chilled)
- 1 orange, thinly sliced
- 1 cup fresh cranberries (optional, for garnish)
- A few sprigs of fresh rosemary

Mix the juice and ginger ale in a big punch bowl. Add orange slices, cranberries, and rosemary sprigs for a festive look.

2. Pineapple Holiday Punch

- 1 bottle pineapple juice (chilled)
- 1 bottle lemon-lime soda (chilled)
- 1 cup maraschino cherries (with juice)
- Orange slices for garnish

Stir together juice and soda, then add cherries and oranges. Sweet, bubbly, and tropical with holiday flair.

3. Warm Spiced Apple Punch (cozy for a chilly evening!)

- 1 gallon apple cider
- 2 cinnamon sticks
- 4 whole cloves
- 1 sliced orange
- 1 sliced apple

Simmer everything in a slow cooker for 2-3 hours. Serve warm with a cinnamon stick stirrer.

Holiday Savory Appetizers

1. Cranberry Brie Bites

- Mini phyllo cups (or crescent dough squares)
- Small pieces of Brie cheese
- A spoonful of cranberry sauce
- Fresh rosemary (optional garnish)

Place Brie in each cup, top with cranberry sauce, bake 8-10 minutes at 375°F. Festive, gooey, and delicious.

2. Sausage-Stuffed Mushrooms

- 1 lb mushrooms, stems removed
- ½ lb ground sausage
- ½ cup breadcrumbs
- ½ cup shredded cheese (Parmesan or mozzarella)

Cook sausage, mix with breadcrumbs & cheese, stuff into mushroom caps, and bake 15 minutes at 375°F.

3. Holiday Veggie Wreath (healthy & cheerful!)

- Broccoli florets
- Cherry tomatoes
- Red bell pepper slices
- Ranch or dill dip in the middle



Chugiak Senior Center
22424 N. Birchwood Loop
Chugiak, Alaska 99567

Nonprofit Org.
U.S. Postage
PAID
Chugiak, AK
99567
Permit No. 9

Serving Seniors from Hiland to Eklutna

Chugiak Senior Citizens, Inc.



Chugiak Senior Citizens, Inc. has been serving seniors residing from Hiland to Eklutna for 50 years, expanding the facility, programs and services along the way.

The operation of CSCI and its programs & services are partially funded with grants, provided by the Alaska Division of Senior & Disabilities Services (DSDS), SOA Department of Transportation, and the Municipality of Anchorage. Other funding sources include corporate and individual donations.

The Senior Edition is a monthly publication, produced in part with funds from membership dues & donations. Newsletter Team: Makayla Collins (Editor), Margaret Asbury, Katie Obi Obasi, Char Wilkinson, and Paulette Shannon.