

## **Derma Filler Treatment**

*If you have a history of cold sores, please make sure to take an anti-viral medication the day of your procedure.*

### **General Information**

- Make-up may be applied 24 hours after treatment, if no complications such as open wounds, bleeding, or infections are present.
- The most common reactions to derma fillers consist of redness, bruising, and tenderness at injection sites. While these usually subside after a few days, these symptoms can last up to a week after treatment. If any of these symptoms persist for longer than a week, or if you develop worsening symptoms, please contact our office.
- The majority of studies agree that having a follow-up treatment before the product has fully disappeared (~ 1 year) will enhance the filler's staying power.

### **Post Injection Instructions**

- Apply a cold compress after treatment to reduce swelling and decrease soreness.
- Limit exposure to sunlight or UV lamps for at least 24 hours after treatment.
- Avoid the following:
  - Alcohol for 24 hours.
  - Strenuous exercise for 48 hours.
  - Non- essential blood thinning medications such as aspirin, ibuprofen, Motrin, Aleve, Advil, fish oil, ginkgo biloba, St. John's wort, and vitamin E for 5 days. If necessary, Tylenol is an acceptable pain management alternative.
    - Aspirin may be taken with the permission of your treatment provider.
  - Aggressive rubbing of the treatment area directly after treatment.

**Please contact us at (314) 230-1500 for any questions or concerns**

*Additional cost of medical treatment would be patient's responsibility should complications develop after derma fillers. Your satisfaction is important to us! The best results can be found in patients who return to the clinic two weeks after treatment for their follow-up assessment. This is especially important for patients who have never*

*received dermal filler before. The two-week follow-up is crucial to ensure a safe and beautiful reaction to the treatment; however, if you require additional dermal filler, you will be charged the regular rate.*