

## MOHS Instructions

*You are scheduled to have Mohs surgery in our office. **Due to the nature of Mohs, you will be at our office for an extended period, possibly even the entire day.** Make sure to keep this in mind if you have any other personal appointments scheduled for your surgery date. **We recommend not having any other appointments scheduled for the day of your surgery.***

## Pre Surgery Instructions

- Please Arrive 15 Minutes prior to your appointment time.
- Eat a moderate breakfast or lunch on the day of surgery.
- Do NOT apply makeup, cream, lotion, or other skin topicals on or around the expected surgery site.

## Medication Instructions

- Take ALL regularly prescribed medications as usual, even blood thinners. Do not discontinue blood thinners against doctors' advice. **Please inform staff if you take coumadin or warfarin.**
- If you were instructed to take antibiotics prior to surgery, please take as directed on prescription.
- If you are prescribed Xanax/Alprazolam for relaxation – do NOT take until consent is obtained. Staff will instruct you when to take Xanax.

## General Information

- We use a local anesthetic, so in most cases you may come alone and drive yourself home. However, the following scenarios will require a separate person to drive you home after surgery:
  - You are medicated with Xanax/Alprazolam or pain medication
  - You have bandaging that covers the eye
- Do not plan on returning to work or performing vigorous activities for the remainder of the day following your surgery. Unnecessary activity will increase your risk of bleeding.

## **Recommendations**

- We recommend showering in the evening or morning before surgery and wearing freshly laundered clothes to help reduce the chance of infection. Wear comfortable clothes.
- Please bring a contact case and solution if the surgery site is near your eye.
- Bring a book, magazine, phone, or tablet to keep yourself occupied between Mohs stages. Pack snacks and something to drink to keep your energy up throughout the day

**Do not hesitate to call our office with any other questions you might have. If you need to CANCEL your appointment, please call us at least 48 hours prior to your**

**appointment date. Our surgery scheduler can be reached at 314-230-1500 option 2.**