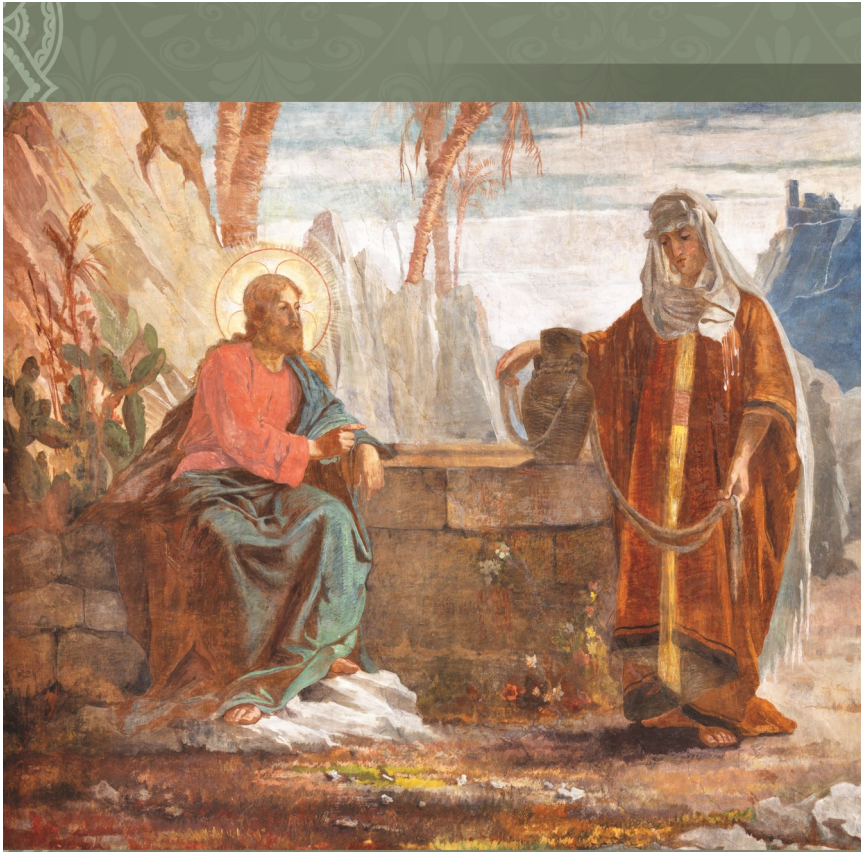




Saint Henry Catholic Church

5315 W. Main St., Belleville, IL 62226

March 8, 2026
3rd Sunday of Lent
John 4:5-42



3rd Sunday OF LENT

"A woman of Samaria came to draw water.
Jesus said to her, 'Give me a drink.'
Jn 4:7-8

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

Recently I received a note from a teenager I met years ago. He wrote, "Dear Father Muir, you probably do not remember me, but I wanted to thank you for your inspiring and humorous homilies at the parish. They helped me appreciate the beauty of Catholicism, which I have now embraced in a personal way." That small note moved me more than he probably imagined. I had no idea my words had taken root in him. I was simply sowing seeds — week by week, Mass by Mass. Someone else — his parents, a youth minister, or God Himself — was doing the deeper work. Now this young man is joyfully reaping a harvest of faith.

In today's Gospel, Jesus offers living water to a Samaritan woman whose life had been full of searching and disappointment. By the end of their encounter, she becomes a bold and joyful evangelist. Then Jesus turns to his disciples and says something easily overlooked: "**One sows and another reaps**" (John 4:37). He is helping them — and us — understand how evangelization works. Often, the one who sows the seeds of faith is not the one who sees the fruit.

This Lent, ask yourself: Are you in a sowing phase or a reaping phase? If you are sowing — raising children, praying for someone, mentoring — be patient. Your work matters. If you are reaping — seeing someone come alive in faith — be grateful. You are standing on sacred ground, tilled and watered by others.

Lenten challenge: Thank someone who once sowed faith into your life. And keep sowing, even when the harvest is unseen.

— *Father John Muir*
©LPi

PASTOR - (618) 233-2423

Reverend Kenneth J. York

DEACON

Deacon Gerald Bach dcaon1948@charter.net
Deacon James Law - (618) 406-5709 or
deaconjlaw@gmail.com

PARISH SECRETARY

Dawn Partington - sthenryc@peaknet.net

Organist & Choir

Robert Wojcik - (618) 610-0121

Parish Office Hours

Mon.-Fri. 8:00 am - 4:00 pm
Lunch 12:00 pm - 1:00 pm

P. S. R. Director

Kim Ahrens - (618) 540-8383

CREATIVE LEARNING CENTER

Jennifer Campbell - Director
Nicole Hettenhausen - Assistant Director
www.sthenryclc.com (618) 234-6061

ST. HENRY'S PRAYER CHAIN

Carol Lesko (618) 698-5838

Weekday Masses

Monday-Saturday 8:00 a.m.

WEEKEND MASSES

Saturday 4:00 p.m.
Sunday 8:30 a.m. & 10:30 a.m.

SACRAMENT OF RECONCILIATION

Saturday 3:00 p.m. to 3:45 p.m.

Liturgical Minister	Lector	Eucharistic Minister	Greeter	Gift Bearer	Usher
March 14th Saturday, 4:00 PM	Janis LeChein	Mark Denton Trish Denton	Pat Visintine Janet Visintine	Betty Cerulli Sue Kaltenbronn	Tristan Kujawa Nick Kujawa
March 15th Sunday, 8:30 AM	Need Volunteer	Joyce Dierkes	Kathy Pajares	Bernadette Gadu Alvina Tippy	Daniel Broeckling George Mehochko
March 15th Sunday, 10:30 AM	Sue Bolen	Jerry Ahrens	Kathleen DuMontier	Lynne Fulte Dawn York	Chris Knee Carol Tyler

Respect Life Corner

The Solemnity of Saint Joseph, Husband of the Blessed Virgin Mary, is celebrated on March 19th. This special day offers an opportunity to reflect on the beautiful gift of adoption and to seek St. Joseph's intercession for all those whose lives are touched by it. As we prepare for the Solemnity, we invite you to join us in praying the St. Joseph Adoption Novena, asking the Lord to bless and guide all who walk the path of adoption. Visit respectlife.org/adoption-novena for the novena, which begins March 10th.

VOCATION CORNER

Sr. Maris Stella once served her country. Her military career began at the U.S. Naval Academy in Annapolis. Her initial assignment was as gunnery officer on a destroyer off the coast of South America in pursuit of drug traffickers. "I served in the Navy, and I tasted many of the good things that this world has to offer, but I knew my heart was made for something more." When I met the Sisters of Life, it was everything in my heart being lived out in a joyful way...offering support and resources to pregnant women and mothers and helping women who suffer after abortion. She entered the Sisters of Life in 2006, and in 2015, she moved to Denver to start a new convent "because women in college are very vulnerable..."

Sr. Maris Stella; Denver Sisters of Life
Catholic War Veterans Magazine; March 2024

LIVE THE LITURGY - INSPIRATION FOR THE WEEK

"Jesus did not convert the Samaritan woman with miracles. He converted her with presence. He was not afraid of her sins or her failures. He listened to her. He sat with her. Let us learn from this: when we are present to others, we can show them the face of God.

©LPi



Weekly Readings



Readings for the week of March 8, 2026

Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42
Monday: 2 Kgs 5:1-15ab/Ps 42:2, 3; 42:3, 4/Lk 4:24-30
Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/Mt 18:21-35
Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/Mt 5:17-19
Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23
Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/Mk 12:28-34
Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14
Next Sunday: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

Observances for the week of March 8, 2026

Sunday: 3rd Sunday of Lent; Daylight Saving Time begins
Monday: St. Frances of Rome, Religious
Tuesday:
Wednesday:
Thursday:
Friday:
Saturday:
Next Sunday: 4th Sunday of Lent

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Mass Intentions for the week of March 8, 2026

SUN 3/8	8:30 AM	For The People
	10:30 AM	Velda Lou Bringaze
MON 3/9	8:00 AM	Rita & Jim Pajares
TUE 3/10	8:00 AM	Lynne Schwartzhoff
WED 3/11	8:00 AM	Eileen O'Brien
	10:20 AM	ACHS
THUR 3/12	8:00 AM	Joe Gruenewald
FRI 3/13	8:00 AM	SVDP Members, Donors, & Volunteers
SAT 3/14	8:00 AM	Fr. Gene Neff
	4:00 PM	Mary Francis Kern
SUN 3/15	8:30 AM	Walter & Cecilia Turner, Sr. Diane Marie
	10:30 AM	For The People
MON 3/16	NO MASS	NO MASS

**(PRACTICING) CATHOLIC -
RECOGNIZE GOD IN YOUR
ORDINARY MOMENTS**
By Colleen Jurkiewicz Dorman

Mini reflection: Before the Incarnation, God looked down from Heaven and said, “You are thirsty. Here is something to drink.” After the Incarnation, God sits down beside us and says, “I’m thirsty. Give me something to drink.”

When God asks for Water

One of my earliest memories is of my mother weeping.

The last few months of her pregnancy with my little brother were tremendously painful for her, and more than once the pain brought her to tears. I have a hazy image of her in my mind, belly swollen with a 12-pound baby lying transverse in the womb, sitting on the edge of her bed, dabbing at her face with toilet paper.

I had brought her the toilet paper. I would do that when I saw her crying, to wipe away her tears. I have a hazy memory of that, too — of the way my heart was wrenched by the sight of her suffering, of my desperation to do something to help, and of my immense satisfaction when she would take the toilet paper, smile and say, “Oh, thank you, sweetheart!” as if I had just airlifted her out of a war zone.

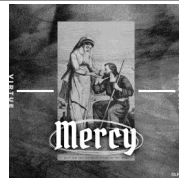
What a powerful gift to give to a child still learning the meaning of compassion and selflessness — the gift of being able to feel that she has, even in some small way, “rescued” a person she worships. Her smile of gratitude lives, immortal, in my mind, along with the swell of satisfaction it produced in the deepest corner of my heart. This was when I learned that it feels good to help people, and this memory is a perpetually replenished well of living water for me. I draw from it daily, three decades later.

This is a gift that Christ gives, over and over again, in the Gospels. He allows us to encounter him tired, afraid, sad and hungry. Omnipotent power subjected to the utter vulnerability of human form.

Before the Incarnation, God looked down from Heaven and said, “You are thirsty. Here is something to drink.”

After the Incarnation, God sits down beside us and says, “I’m thirsty. Give me something to drink.”

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Mercy, Explained!

“And what does the Lord require of you? Only this: to do what is right, to show mercy, and to walk humbly with your God.” (Micah 6:8)

But what does it mean to show true mercy?

God’s mercy to us knows no bounds, but that mercy does not compel Him to grant us everything our appetitive passions desire. God’s perfect mercy could never allow for something that would harm His children. A father whose child has a toothache cannot, out of mercy, give the child the candy he wants, no matter how the tears of the child grieve the father’s heart. The father can, and should, surround the child with love and sympathy, and help him to remedy the problem that lies at the heart of his grief. This is true virtuous mercy — a choice governed by reason, not merely an emotion.

©LPi

CATHOLIC TRIVIA – JUST FOR FUN

Question: Who had a dream about Jesus during his trial and before his crucifixion?

Answer: The wife of Pontius Pilate.

©LPi

Blessing of Living Water

Lord, where there has been dryness in my life, bless me with Your living water! Where I fear to dream of new hope and growth, bless me with Your living water! Where I’m thirsty for new and abundant life, bless me with Your living water! Drench the parched earth with Your promise, bless me with Your living water!

Amen.

©LPi



PRAYER REQUESTS

"Heavenly Father, we offer all the prayer requests on our prayer chain to you. We ask that you would hear and answer each one according to your perfect will. We trust in your love, your power, and your grace. May your peace reign in our hearts and in the lives of those we are praying for."

Alex	Hudson	Lanson family
Cambree	Huebner Family	Matt
Cassie	Ilia	Mike
Cathy	Jean	Patty
Dakota	Jenna	Sharon and Ryan
Elaine	Jim	Sienna
Ellyn	Jon	Sonia
Hudson	Ken	Tanya

Please keep in your prayers all who are ill, specially those listed below, their families and their caregivers.

To add names to the Prayer List, please contact Carol Lesko by phone at 618-698-5838. If she

unavailable to take your call please leave a message.

Names will be published for 4 weeks unless we are notified to retain them longer.

PARISH Support



****All parish support listed is from the week's collections, mailed in, and online donations.****

March 1, 2026

Envelopes/Loose	\$ 10,145.27
St. Vincent de Paul	\$ 358.25
Guatemala	\$ 225.00
Black & Indian Missions	\$ 20.00
Easter Flowers	\$ 326.00

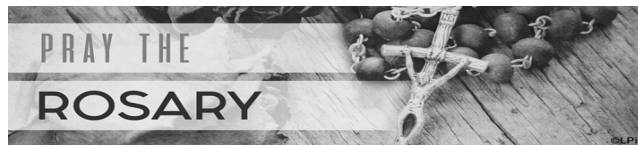
THANK YOU
to everyone who supports our parish through donations, prayer, and or service!



Weekly Schedule GLPI

March 8, 2026

- Sunday** - 8:30 am Mass
Live Stream Mass 8:30 am
- 10:30 am Mass
- Monday** -
- Tuesday** - Ladies & Men's Club Mtg 5 pm
- Wednesday** - Eucharistic Exposition
2:30-4:30 pm
- Choir Rehearsal 6:30 pm
- Thursday** -
- Friday** - Fish Fry 4:00 pm - 7:30 pm
- Saturday** - 4:00 pm Mass
- Sunday** - 8:30 am Mass
Live Stream Mass 8:30 am
- 10:30 am Mass



PRAY THE ROSARY

The Parish Rosary Program. Each week parishioners are requested to either email to the church secretary sthenryc@peaknet.net or drop a slip of paper in the collection basket with the number of rosaries they prayed this week. *(started February 12, 2023)*

Weekly	Year to Date	Grand Total
122	1,465	18,213

The 2026 Catholic Service and Ministry Appeal

Making Christ Visible in Southern Illinois

Commitment Weekend

This weekend our parish has an opportunity to support the Catholic Service and Ministry Appeal. Each year, through our prayers and gifts to the Appeal, diocesan ministries continue to feed the hungry, welcome the stranger, care for the sick and elderly, educate children, reach out to youth, train lay ministers and catechists and so much more. If you did not receive a pledge card in the mail or forgot to bring it, please use one of the envelopes available in your pew or bring your card next week. Your contribution will touch the lives of thousands of people throughout southern Illinois; on behalf of each of them, please accept our heartfelt thanks.

Spring forward

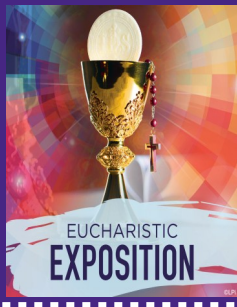


When you change your clocks on March 8, check your smoke and carbon monoxide alarms, too! Put fresh alkaline batteries in alarms that use them, and check the manufacturing date printed on the back. Replace smoke alarms after 10 years and CO alarms after 5-10 years depending on make/model.



The Diocese of Belleville's Cursillo in Christianity, a worldwide movement of the Catholic laity, is sponsoring a weekend for women, August 6-9, 2026, and for men August 20-23, 2026, at the King's

House at the National Shrine of Our Lady of the Snows in Belleville. If you long for a close life-long relationship with Jesus please prayerfully consider attending. For more information or to register please contact Cathy Lugge, 618-444-5822. It is truly an enjoyable weekend. An application is available at <http://bellevillecursillo.org/>.



The Chaplet of Divine Mercy is the most powerful prayer a person can say to obtain God's mercy!

If you have never experienced The Chaplet in song then you are in for an amazing experience.

Eucharistic Exposition every Wednesday from 2:30-4:30.



Happy Birthday

Esther Adjobo 3/9	Wayne Fuhrman 3/13
Kathleen Bauer 3/9	Linda Mehochko 3/13
Ashley Tyler 3/9	Wyatt Rawlings 3/13
Greg Brutto 3/10	Alessandra Colunga 3/14
Anita Kraemer 3/10	Patricia Fairbairn 3/14
Keathon Barton 3/11	Michael Wells 3/14
Jimmy Choat 3/12	John Kernan 3/15
Charles Kapshandy 3/12	Gregory Morrell 3/15
Betty Ziaja 3/12	



Lenten fish fries, hosted by the Men's Club and the Ladies of St. Henry, are back beginning this **Friday, March 13**, from 4:00 to

7:30 pm in the Msgr. Voss Parish Center. Enjoy our hand-cut fried cod, baked salmon, shrimp, and many side items.

Homemade or store-bought items are always needed for our dessert table. If you would like to donate a dessert item, please bring it to the parish center on Friday afternoon.

Thanks for your support.

Contribution Statements for 2025

Contribution statements will be sent out **BY REQUEST** again this year. If you would like a contribution statement for your taxes, please let Dawn know at 618-233-2423 or email sthenryc@peaknet.net.

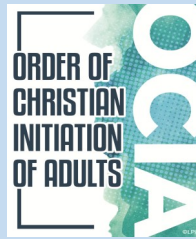


Please give a warm St. Henry Welcome to

James & Gloria Ostman

We are pleased that you have chosen to be part of our parish family!

Please pray for the following people:



*Nora Ayala
Matthew Felix
Quincy McGowan
Angelina Rodarte
Kialani Willingham
Kymani Willingham
Quandela Anani Zogolo*

They are joining the Catholic church at the Easter Vigil.



Nourishing Futures in Guatemala

In Guatemala, nutrition classes and savings programs give mothers and families better opportunities to improve their health, nutrition and financial well-being. Visit crsricebowl.org/week-3 to read how your support of CRS Rice Bowl is helping the Guatemala community thrive.

MEN'S CLUB

Tuesday, March 10

The Men's Club will join the Ladies Club for their corned beef and cabbage dinner this Tuesday, March 10, at 5 pm

in the Msgr. Voss Parish Center. **All men of the parish are welcome.** The Men's Club will hold a short business meeting after dinner..

LADIES' CLUB

St. Henry's Ladies and Men's Club meeting will be on March 10th at 5:00 PM place Parish Center. **Combined meeting is due to St Clair voting day on March 17th.**

Menu will be Corned Beef, Potatoes, carrots and cooked cabbage and fried chicken. The vegetables are all cooked separately and corned beef is cooked separately as well. Drinks are provided and **we will need desserts.** Business meetings will be held after the meal.

All men and women are invited. Hope to see you on the 10th. Please bring a donation for Hubbard's Haven. They need individual oatmeal packages, potato chips individual bags, cereal, ranch salad dressing, and laundry detergent pods.

