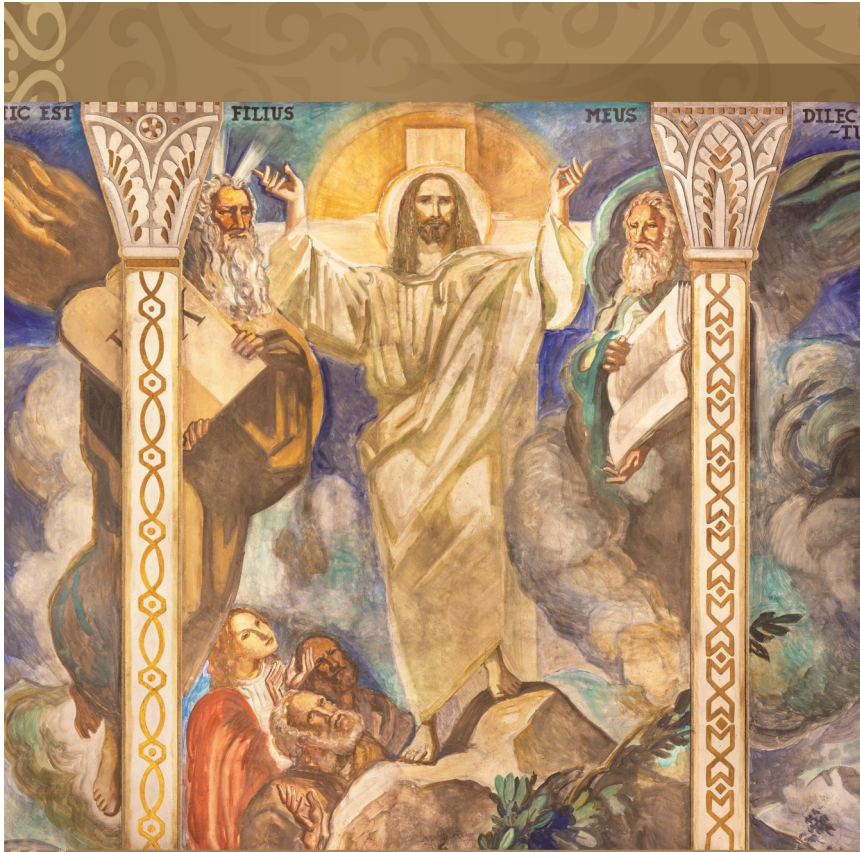




Saint Henry Catholic Church

5315 W. Main St., Belleville, IL 62226

March 1, 2026
2nd Sunday of Lent
Matthew 17:1-9



When I sit down to answer emails or write a Gospel reflection or return a phone call, I sometimes wonder: Does any of this humdrum work matter? Maybe you ask the same thing about your daily labor. Today's Gospel, the Transfiguration, offers a surprising answer.

Jesus leads Peter, James, and John up a mountain. There, "his face shone like the sun face and his clothes become white as light" (Matthew 17:2). That detail regarding his clothes is worth considering.

We know Jesus' body is inseparably united to the divine nature. But his clothing? That's something made by human hands. It's an artifact. And yet it shines with the same uncreated light. What does this detail mean? The early Church noted that Adam and Eve's first act after the Fall was to make clothing. This clothing symbolizes all human labor that supports our dignity. In Jesus' glorified garments, we see not just the redemption of our body, but of human effort to protect and uplift human dignity.

Parents, your family is your work. Baristas, plumbers, nurses, accountants — your labor, your emails, your phone calls, your spreadsheets — can all become radiant when offered to God in love. The question isn't just do I believe in Jesus' glory, but do I believe he can share it with the work of my hands?

Lenten Challenge: Identify the "artifact" you are making to uplift the dignity of others: your job, your home, your relationships. Consciously bring it to the Lord this Sunday at Mass. Offer it to share in His glory. It will begin to shine.

— *Father John Muir*
©LPi

2nd Sunday

O F L E N T

"Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light." Mt 17:1-2

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

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PASTOR - (618) 233-2423

Reverend Kenneth J. York

DEACON

Deacon Gerald Bach dcaon1948@charter.net

Deacon James Law - (618) 406-5709 or
deaconjlaw@gmail.com

PARISH SECRETARY

Dawn Partington - sthenryc@peaknet.net

Organist & Choir

Robert Wojcik - (618) 610-0121

Parish Office Hours

Mon.-Fri. 8:00 am - 4:00 pm
Lunch 12:00 pm - 1:00 pm

P. S. R. Director

Kim Ahrens - (618) 540-8383

CREATIVE LEARNING CENTER

Jennifer Campbell - Director
Nicole Hettenhausen - Assistant Director
www.sthenryclc.com (618) 234-6061

ST. HENRY'S PRAYER CHAIN

Carol Lesko (618) 698-5838

Weekday Masses

Monday-Saturday 8:00 a.m.

WEEKEND MASSES

Saturday 4:00 p.m.

Sunday 8:30 a.m. & 10:30 a.m.

SACRAMENT OF RECONCILIATION

Saturday 3:00 p.m. to 3:45 p.m.

Liturgical Ministers	Lector	Eucharistic Minister	Greeter	Gift Bearer	Usher
March 7th Saturday, 4:00 PM	Michelle Kujawa	David Bollman Ramona Effinger	Mary Jo Hanvey Nick Kujawa	Betty Cerulli Tristan Kujawa	Kacie Denton Susan O'Malley
March 8th Sunday, 8:30 AM	Lynne Fulte	Gayle Bibee	Joyce Dierkes	Bernadette Gadu Alvina Tippy	George Mehochko Paul Schwartzhoff
March 8th Sunday, 10:30 AM	Beth Regensberger	Marilyn Elam	Need Volunteer	Dawn York Need Volunteer	Chris Knee Need Volunteer

Respect Life Corner

The Gospel of Life is “meant to be a precise and vigorous reaffirmation of the value of human life and its inviolability, and at the same time a pressing appeal addressed to each and every person, in the name of God: respect, protect, love and serve life, every human life! Only in this direction will you find justice, development, true freedom, peace and happiness!”

Pope Saint John Paul II, Evangelium vitae. © 1995 Libreria Editrice Vaticana. Used with permission.

VOCATION CORNER

As we continue our Lenten season, we witness in the Gospel Jesus “transfiguring” Himself to the Apostles. “This is my beloved Son, with whom I am well pleased; listen to him.” Those powerful words remind each of us to “listen” to our call of vocation in life. Encourage each other to live our vocations, especially those considering a choice of religious life.

Sexual Abuse Hotline

Anyone wishing to report an allegation of sexual misconduct by a priest or other diocesan personnel please call hotline 1-800-640-3044

REQUIRED NOTICE: Under Illinois law, any suspected physical abuse, sexual abuse, or neglect of a child must be reported as soon as practical, to the State via the State Central Register Hotline at 1-800-25-ABUSE or 1-800-252-2873.

LIVE THE LITURGY - INSPIRATION FOR THE WEEK

“Go forth,” God told Abram. We hear that message again in the Transformation: go forth. We cannot always remain where we are comfortable. We cannot always remain where things are simple. We must go forth. ©LPi



Weekly Readings



Readings for the week of March 1, 2026

Sunday: Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22/2 Tm 1:8b-10/Mt 17:1-9
Monday: Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk 6:36-38
Tuesday: Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23/Mt 23:1-12
Wednesday: Jer 18:18-20/Ps 31:5-6, 14, 15-16/Mt 20:17-28
Thursday: Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31
Friday: Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21/Mt 21:33-43, 45-46
Saturday: Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 15:1-3, 11-32
Next Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

Observances for the week of March 1, 2026

Sunday: 2nd Sunday of Lent
Monday:
Tuesday: St. Katharine Drexel, Virgin
Wednesday: St. Casimir
Thursday:
Friday:
Saturday: Sts. Perpetua and Felicity, Martyrs
Next Sunday: 3rd Sunday of Lent; Daylight Saving Time begins

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Mass Intentions for the week of March 1, 2026

SUN 3/1	8:30 AM	Carol Gallagher
	10:30 AM	For The People
MON 3/2	8:00 AM	Patricia Pratt
TUE 3/3	8:00 AM	Maria Pezzuto
WED 3/4	8:00 AM	David Hartenstein
	10:20 AM	ACHS
THUR 3/5	8:00 AM	Mary Adams
FRI 3/6	8:00 AM	Memorial Donors
SAT 3/7	8:00 AM	Frances Koszelink
	4:00 PM	Elmer & Agnes Rettle
SUN 3/8	8:30 AM	For The People
	10:30 AM	Velda Lou Bringaze



**(PRACTICING) CATHOLIC -
RECOGNIZE GOD IN YOUR
ORDINARY MOMENTS**

By Colleen Jurkiewicz Dorman

Mini reflection: It's not our job to bring the world to the Truth. It's our job to bring the Truth into the world. What a tragedy it would be, if Truth only lived on the mountaintop.

Three Tents

You guys, I was *such* a good Catholic at the National Eucharistic Congress.

Mass every day? Check. Rosary every day? Check (and check — we said a lot of rosaries). Deep thoughts and deep conversations about God with total strangers? Check. Hours in adoration reflecting on the state of my soul? Check.

When I went to Indianapolis in the summer of 2024 to cover the NEC for our archdiocesan newspaper, I knew it would be a fun and spiritually rich experience. But I didn't expect that it would make me think differently about my whole life (and afterlife). And when people ask me why — "What happened in Indianapolis that changed you?" — I can only tell them this: I spent time with God.

Of course, I do all these things in my regular life at home, too. I try to be a good Catholic here. But good grief, it's a lot harder. In Indianapolis, I didn't have a calendar full of appointments and to-do lists that filled me with dread. I didn't have the world crowding around me, grasping at my attention and my will.

Indianapolis was the mountain, and if I could have, I would have built three tents.

So I understand Peter's feelings at the Transfiguration. He's thrilled — he sees it all clearly now. Here is the fullness of Truth, revealed in all its glory, and he's ready to start bringing groups of tourists up to see it. He's ready to bring people to Christ. But in the blood-soaked, fear-filled days to come, Peter will realize that it's not his job to bring the world to the Truth. His job is to bring the Truth into the world.

What a tragedy it would be, if Truth only lived on the mountaintop.

So build three tents, strong and durable shelters for the Truth to dwell. But build them in your heart. And then, the Transfiguration won't be just an event, something that happened at a certain time and a certain place. It'll be a reality that lives within us all. And we will bear it with us wherever we go.

©LPi

SECOND WEEK OF LENT

©LPi



Self-Control, Explained!

Love. Joy. Anger. Desire. Fear.

These are just a few of what are called the "passions" of humankind, and in order to understand self-control, we must first understand the passions. Our passions are neither good nor bad — it's all in how we interact with them.

Enter the virtue of self-control.

Self-control flows from the cardinal virtue of temperance, and it's really all about boundaries. Passions only become problematic when we allow them to control us. Through self-control, a gift of the Holy Spirit, we avoid surrendering too much of ourselves to our passions.

"When regulated by reason, and subjected to the control of the will, the passions may be considered good and used as means of acquiring and exercising virtue," we read in *The Catholic Encyclopedia*. "The sensitive is given to man by God, and therefore its acts have to be employed in His service."

©LPi



Blessing of Hope

In Your goodness Lord, bless us. Help us to know Your abundance and Your gifts. Help us to hear Your voice and know Your assurance. Help us remember what You have done, and look forward to what You will do.

Amen.

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PRAYER REQUESTS

"Heavenly Father, we offer all the prayer requests on our prayer chain to you. We ask that you would hear and answer each one according to your perfect will. We trust in your love, your power, and your grace. May your peace reign in our hearts and in the lives of those we are praying for."

Andy	Hudson	Mike
Cambree	Huebner Family	Patrick
Carol	Ilia	Patty
Carolyn	Jean	Sharon and Ryan
Cassie	Jenna	Sienna
Cathy	Jim	Tanya
Christy	Joe	Tracy
Dakota	Kelly	Vera
Elaine	Ken	
Ellyn	Lanson family	

Please keep in your prayers all who are ill, specially those listed below, their families and their caregivers.

To add names to the Prayer List, please contact Carol Lesko by phone at 618-698-5838. If she unavailable to take your call please leave a message.

Names will be published for 4 weeks unless we are notified to retain them longer.

PARISH Support

****All parish support listed is from the week's collections, mailed in, and online donations.****

February 15, 2026

Envelopes/Loose	\$ 7,156.78
St. Vincent de Paul	\$ 1,165.25
Guatemala	\$ 225.00
Black & Indian Missions	\$ 60.00

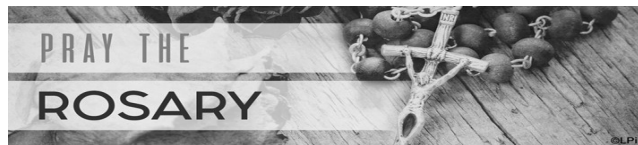
THANK YOU
to everyone who supports our parish through donations, prayer, and or service!



Weekly Schedule

March 1, 2026

- Sunday** - 8:30 am Mass
Live Stream Mass 8:30 am
- 10:30 am Mass
- Monday** - SVDP 9:00 am
- Tuesday** -
- Wednesday** - Eucharistic Exposition 2:30-4:30 pm
- Choir Rehearsal 6:30 pm
- Thursday** -
- Friday** - Fish Fry 4:00 pm - 7:30 pm
- Saturday** - 4:00 pm Mass
- Sunday** - 8:30 am Mass
Live Stream Mass 8:30 am
- 10:30 am Mass



The Parish Rosary Program. Each week parishioners are requested to either email to the church secretary sthenryc@peaknet.net or drop a slip of paper in the collection basket with the number of rosaries they prayed this week. (started February 12, 2023)

Total for 2 weeks.

Weekly	Year to Date	Grand Total
223	1,343	18,091

Parish Support

****All parish support listed is from the week's collections, mailed in, and online donations.****

February 22, 2026

Envelopes/Loose	\$ 7,075.56
St. Vincent de Paul	\$ 540.25
Guatemala	\$ 30.00
Black & Indian Missions	\$ 781.00

THANK YOU
to everyone who supports our parish through donations, prayer, and or service!

Black and Indian Mission Collection

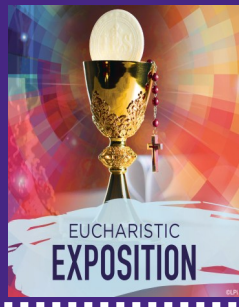
Thank you to everyone who participated in the 142nd annual Black and Indian Mission Collection last weekend. Your prayerful support enables people to come to know Jesus Christ in African American, Native American, and Alaska native communities all over the U.S.A. Spreading the Gospel couldn't happen without your support!



The Diocese of Belleville's Cursillo in Christianity, a worldwide movement of the Catholic laity, is sponsoring a weekend for women, August 6-9, 2026, and for men August 20-23, 2026, at the King's House at the National Shrine of Our Lady of the Snows in Belleville. If you long for a close life-long relationship with Jesus please prayerfully consider attending. For more information or to register please contact Cathy Luge, 618-444-5822. It is truly an enjoyable weekend. An application is available at <http://bellevillecursillo.org/>.

The Metro-East Vicariate Council of Catholic Women (MEV CCW)

The Metro-East Vicariate Council of Catholic Women (MEV CCW) is seeking a President Elect. Do you have room in your life for something more... yearn to use your God-given talents to serve a greater purpose? Like to lead? Let's talk. There are a variety of opportunities to join your sisters in Christ in local and vicariate Councils of Catholic Women. Roles range from member in the local ladies' group to leader at the national level. "There is an appointed time for everything, and a time for every affair under the heavens." (Eccles 3:1). Is this the time to deepen your relationship with God while working side by side with other Catholic ladies? Text Maggie at 618-792-4644 to get started on a new and inspiring life-changing journey.



The Chaplet of Divine Mercy is the most powerful prayer a person can say to obtain God's mercy!

If you have never experienced The Chaplet in song then you are in for an amazing experience.

Eucharistic Exposition every Wednesday from 2:30-4:30.



Happy Birthday

Emma Lingelbach 3/3	Joyce Thomas 3/5
Gabriel Dachsteiner 3/4	Wyatt Winkelmann 3/6
Richard Dauphin 3/4	Colleen Murphy 3/7
Mike Koehler 3/4	Stephen Tade 3/7
Rosemary Morr 3/4	Robert Hamilton 3/8
Al Parker 3/5	James Stookey 3/8
Alexandra Rawlings 3/5	Carson VonAlst 3/8



Lenten fish fries, hosted by the Men's Club and the Ladies of St. Henry, are back beginning this **Friday, March 6, from 4:00 to 7:30**

pm in the Msgr. Voss Parish Center. Enjoy our hand-cut fried cod, baked salmon, shrimp, and many side items.

Homemade or store-bought items are always needed for our dessert table. If you would like to donate a dessert item, please bring it to the parish center on Friday afternoon.

Thanks for your support.

Contribution Statements for 2025

Contribution statements will be sent out **BY REQUEST** again this year. If you would like a contribution statement for your taxes, please let Dawn know at 618-233-2423 or email sthenryc@peaknet.net.



Empowering Growth in Ghana

By supporting CRS Rice Bowl, you help parents and caregivers in Ghana to receive training in health, nutrition and early childhood development. That means, young children in these communities are better able to thrive and meet critical milestones in their growth. Visit crsricebowl.org/week-2 to read this week's Story of Hope.

Gaudeamus — Let Us Rejoice!

SEMINARIAN GALA

Answering the Call. Supporting the Journey.

Saturday, April 11
Holy Trinity Church
Fairview Hts., IL

4:00 pm - Mass
5:00 pm - Cocktail Hour
6:00 pm - Dinner & Auction



To Register please visit - <https://www.diobelle.org/>

Or Scan the QR Code



For more information please contact Mary Fleming mflaming@diobelle.org or 618-722-5031

Honor your Loved Ones on Easter With Your Personalized Tribute In *The Messenger*

Tributes will appear in our April 9th publication of *The Messenger*.

Sample Tributes:



Please Print the name(s) of your deceased loved one(s) on the line(s) below. \$20 donation for each name.

In Loving Memory of: _____

In Loving Memory of: _____

In Loving Memory of: _____

Please return your Easter Tributes to *The Messenger* (222 S. Third St. Belleville, IL 62220) by **March 23, 2026**. If you have any questions, please call 618-722-5047 or email advertising@bellevillemessenger.org.

Submitting Person's Name: _____

Address: _____

Phone Number: _____