



# Saint Henry Catholic Church

5315 W. Main St., Belleville, IL 62226



## 16TH SUNDAY IN ORDINARY TIME

"There is need of only one thing."  
- Lk 10:42

Excerpts from the Lectionary for Mass ©2001, 1996, 1970 CCD. ©LPI

July 20, 2025

16<sup>th</sup> Sunday in Ordinary Time

Luke 10:38-42

One of my close friends is a hermit priest who lives on a desert mountain. Recently I found myself in a group conversation about him. One vehemently objected, "What does he do up there all day? Nothing! Priests are down here working, running parishes, making a difference, and he...he is doing nothing! What a waste." The words dripped with indignation and resentment. Most of the group quietly nodded in silent agreement. Were they correct?

No! To see why, consider a similar scenario in this week's gospel. Jesus visits his friends Martha and Mary. A hardworking and exasperated Martha complains to Jesus that her sister is attending to him rather than to urgent household tasks. Our Lord, rather than praising hospitality, explicitly celebrates the less-productive sister for doing the **"one necessary thing."** He praises her for she **"has chosen the better part"** (Luke 10:42). Mary is busy doing what matters.

Before we freak out like Martha, consider that all work—domestic, manual, professional, ministerial, contemplative—is done to help us (sooner or later) to experience the love that makes us happy. We should be thankful for those who focus on the "better part" of radical, ceaseless prayer. They invite us to remember the purpose of all work is the enjoyment of love. Contemplatives, hermits, anyone fervently committed to prayer—they invite us to cast aside our forgetful, resentful, and self-aggrandizing attitudes in exchange for hearts ready to do what is finally necessary.

— Father John Muir

©LPI

### PASTOR - (618) 233-2423

Reverend Kenneth J. York

### DEACON

Deacon Gerald Bach [dcaon1948@charter.net](mailto:dcaon1948@charter.net)  
Deacon James Law - (618) 406-5709 or  
[deaconjlw@gmail.com](mailto:deaconjlw@gmail.com)

### PARISH SECRETARY

Dawn Partington - [sthenryc@peaknet.net](mailto:sthenryc@peaknet.net)

### Organist & Choir

Robert Wojcik - (618) 610-0121

### Parish Office Hours

Mon.-Fri. 8:00 am - 4:00 pm  
Lunch 12:00 pm - 1:00 pm

### P. S. R. Director

Kim Ahrens - (618) 540-8383

### CREATIVE LEARNING CENTER

Judy Shovlin, -Director  
Nicole Hettenhausen - Assistant Director  
[www.sthenryclc.com](http://www.sthenryclc.com) (618) 234-6061

### ST. HENRY'S PRAYER CHAIN

Carol Lesko (618) 698-5838

### Weekday Masses

Monday-Saturday 8:00 a.m.

### WEEKEND MASSES

Saturday 4:00 p.m.  
Sunday 8:30 a.m. & 10:30 a.m.

### SACRAMENT OF RECONCILIATION

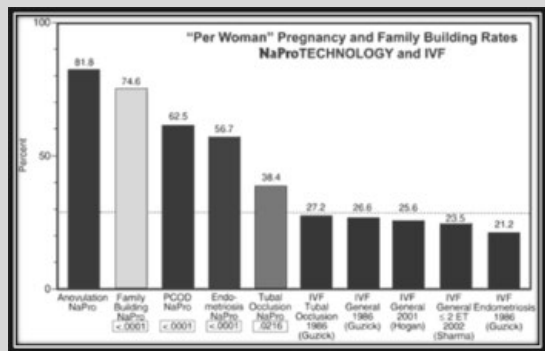
Saturday 3:00 p.m. to 3:45 p.m.

Liturgical Minister	Lector	Eucharistic Minister	Greeter	Gift Bearer	Usher
<b>July 26<sup>th</sup> Saturday, 4:00 PM</b>	<b>Need Volunteer</b>	Trish Denton Mark Denton	Noella Clark Frances Koszelnik	Kathleen Dinan Terry Starwalt	<b>Need Volunteer</b> Susan O'Malley
<b>July 27<sup>th</sup> Sunday, 8:30 AM</b>	Karen O'Dell	George Mehochko	Joyce Dierkes	Kathy Pajares Alvina Tippy	Daniel Broeckling Paul Schwartzhoff
<b>July 27<sup>th</sup> Sunday, 10:30 AM</b>	Sue Bolen	Jerry Ahrens	Chris Knee	Lynne Fulte Lois Parent	Carol Tyler <b>Need Volunteer</b>

### Respect Life Corner

2025 NFP Week Series 2 of 3

Infertility is not a diagnosis, it is a symptom of an underlying issue. Have you ever heard of NaProtechnology? If you or someone you know is experiencing infertility, this is a safe, more effective solution to achieving pregnancy. Check out <https://naprotechnology.com/infertility/> to learn more and <https://www.diobelle.org/nfp/infertility> to receive guidance.



### Prayer for Focus

Lord, help me to remember what matters and who matters.

And then help me to prioritize rightly and wisely, with Your heaven as my guide.

Amen.

©LPi

### LIVE THE LITURGY INSPIRATION FOR THE WEEK

In life, there are so many “Marthas” — people and situations that distract us from God. But if we imitate Mary and sit calmly at the feet of Jesus, his Word will guard our hearts from the anxiety of the world.

©LPi

## Readings of the Week

### Readings for the week of July 20, 2025

Sunday: Gn 18:1-10a/Ps 15:2-3, 3-4, 5 (1a)/Col 1:24-28/Lk 10:38-42  
Monday: Ex 14:5-18/Ex 15:1bc-2, 3-4, 5-6/Mt 12:38-42  
Tuesday: Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9/Jn 20:1-2, 11-18  
Wednesday: Ex 16:1-5, 9-15/Ps 78:18-19, 23-24, 25-26, 27-28/Mt 13:1-9  
Thursday: Ex 19:1-2, 9-11, 16-20b/Dn 3:52, 53, 54, 55, 56/Mt 13:10-17  
Friday: 2 Cor 4:7-15/Ps 126:1bc-2ab, 2cd-3, 4-5, 6/Mt 20:20-28  
Saturday: Ex 24:3-8/Ps 50:1b-2, 5-6, 14-15/Mt 13:24-30  
Next Sunday: Gn 18:20-32/Ps 138:1-2, 2-3, 6-7, 7-8 (3a)/Col 2:12-14/Lk 11:1-13

### Observances for the week of July 20, 2025

Sunday: 16th Sunday in Ordinary Time  
Monday: St. Lawrence of Brindisi, Priest and Doctor of the Church  
Tuesday: St. Mary Magdalene  
Wednesday: St. Bridget, Religious  
Thursday: St. Sharbel Makhlûf, Priest  
Friday: St. James, Apostle  
Saturday: Sts. Joachim and Anne, Parents of the Blessed Virgin Mary  
Next Sunday: 17th Sunday in Ordinary Time

©LPi

### Mass Intentions for the week of July 20, 2025

SUN 7/20	8:30 AM	For the People
	10:30 AM	Maria Pezzuto, Adrian & Rachel Cruz
MON 7/21	8:00 AM	Shirleen Spehn-Dressler
TUE 7/22	8:00 AM	Catholic Extension Intentions
WED 7/23	8:00 AM	Novack Family
THUR 7/24	8:00 AM	Jeannette Barks
FRI 7/25	8:00 AM	Catholic Extension Intentions
SAT 7/26	8:00 AM	June Wuller
	4:00 PM	David Sterr
SUN 7/27	8:30 AM	For the People
	10:30 AM	Jack Wottowa

### Virtual, in-person Taizé prayer scheduled for August 12

Join the Sisters of Providence of Saint Mary-of-the-Woods, Indiana, for song, quiet contemplation and inspiring readings during the ecumenical Taizé Prayer service from 7-8 p.m., Tuesday, August 12. People of all faith traditions are welcome. Join us in person in the Church of the Immaculate Conception at Saint Mary-of-the-Woods or via livestream. Find a livestream link or learn more at [Taize.SistersofProvidence.org](https://Taize.SistersofProvidence.org).

Sunday, July 20, 2025 | Sixteenth Sunday in Ordinary Time

## (PRACTICING) CATHOLIC - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

By Colleen Jurkiewicz Dorman

**Mini reflection:** Are you anxious about many things? Then you need to be right where Mary is: at the feet of Jesus, with all your burdens.

### Martha's Burdens

It's time to admit it: I've been unfair to Mary in the past. Been a little catty about her. *Oooh, Mary, she's so holy.* Well, do you like to eat, Mary? Who made your lunch? Yeah, that's right: it was Martha. Because you know what? It's the Marthas who get things done in the world while the Marys lounge around reading Aquinas and attending silent retreats and going to Eucharistic Adoration whenever they want.

And there you have it, folks: my bitterness on full display! I tend to identify with Martha, not with Mary, and I need to stop doing that.

Because I am not Martha instead of Mary. I am both. We are all both.

Mary was a woman; she was expected to do the serving, too. She shared that burden; she wasn't abandoning it, heaping her portion on Martha. And it's so wrong to assume that Mary didn't have the same cares and anxieties as Martha — perhaps she even had more!

Here's the difference: Mary, unlike Martha (and me, I guess) knew where to go with them.

We typically see our burdens as an impediment to a relationship with Christ. *I'm so busy. I'm so overwhelmed. There are so many demands on me, on my time, on my person, on my finances. Take a number, Jesus. Get in line.* But we're thinking the wrong way. Burdens aren't an obstacle that stands between us and Christ. Burdens are the straightest path to his feet.

God knows about burdens, okay? Aside from being all-wise and all-knowing, he basically completed a doctorate in suffering, taking on a human form (itself kind of a burden, if you think about it) and for 33 years lived among the hardest and heaviest burdens this world has to offer.

Why did he do this? Well, part of the reason was so that we could finally understand that our burdens aren't a barrier between us and God. On the contrary, they connect us to him.

Are you anxious about many things? Then you need to be right where Mary is: at the feet of Jesus, with all your burdens.

©LPi



### St. Bridget Prayers, Explained!

St. Bridget of Sweden (d. 1373) was a noblewoman of the Middle Ages whose renowned mysticism centered on the passion of Christ. A mother of eight and an attendant at the royal court in Sweden, as a widow she founded the Order of the Most Holy Savior, advocated for reform in the church and for the return of the Pope to Rome from France.

The St. Bridget Prayers refer to 15 prayers attributed to Bridget which evoke the imagery of Christ's suffering and death, plead for the forgiveness of the suppliant's sins, for a happy death, for fear and love of the Lord, and for a renunciation of worldly desires.

For many years, these prayers were associated with divine promises, though in 1954 the Catholic Church declared that it could not be said that these promises were of supernatural origin. The prayers themselves remain beloved and popular devotions to Christ's passion.

©LPi

## The National Shrine of Our Lady of the Snows 82nd Annual Healing and Hope Novena to Our Lady of the Snows

Monday, July 28, through Tuesday, August 5, 2025, 7:00 p.m. nightly

Find Healing and Hope... Each nightly Mass focuses on a different theme, and concludes with a beautiful praying of the rosary by candlelight.

Join us in prayer for any or all of these nine evening Masses, as we pray for our own needs and those of our whole world.

For the schedule of healing themes and more information, please visit [snows.org](http://snows.org) or call 618-397-6700.



### PRAYER REQUESTS

**Heavenly Father, we lift up all those who are facing illnesses. Comfort their pain, calm their fears, and surround them with Your peace.**

Anita	Gina	Linda
Bev	Harvey	Lynn
Bill	Helen	Melissa
Brent	James	Nell
Carol	Jane	Peggy
Dina	Jim	Petrina
Dorothy	Joan	Reed family
Dottie	Katrina	Reta
Frances	Larry	Rosemary
George	Lee	Tom

Please keep in your prayers all who are ill, specially those listed above, their families and their caregivers.

To add names to the Prayer List, please contact Carol Lesko by phone at 618-698-5838. If she unavailable to take your call please leave a message.

Names will be published for 4 weeks unless we are notified to retain them longer.



**\*\*All parish support listed is from the week's collections, mailed in, and online donations.\*\***

**July 13, 2025**

Envelopes/Loose	\$ 5,154.27
St. Vincent de Paul	\$ 623.25
Guatemala	\$ 90.00
100 Year Jubilee Celebration Donations	\$ 670.00
Peter's Pence	\$ 50.00

**THANK YOU**

**to everyone who supports our parish through donations, prayer, and or service!**

**When writing a check for a donation to St. Vincent DePaul please make checks payable to**



**July 20, 2025**

<b>Sunday</b>	- 8:30 am Mass Live Stream Mass 8:30 am - 10:30 am Mass
<b>Monday</b>	-
<b>Tuesday</b>	-
<b>Wednesday</b>	- Eucharistic Exposition 2:30-4:30 pm
<b>Thursday</b>	-
<b>Friday</b>	-
<b>Saturday</b>	- 4:00 pm Mass
<b>Sunday</b>	- 8:30 am Mass Live Stream Mass 8:30 am - 10:30 am Mass



The Parish Rosary Program. Each week parishioners are requested to either email to the church secretary [sthenryc@peaknet.net](mailto:sthenryc@peaknet.net) or drop a slip of paper in the collection basket with the number of rosaries they prayed this week. (started February 12, 2023)

Weekly	Year to Date	Grand Total
86	3,826	13,986



**WHY DO WE DO THAT? - CATHOLIC LIFE EXPLAINED**

## Mary Magdalene

### Question:

July 22 is the feast of Mary Magdalene. I've heard a lot of stories about her, but who was she really?

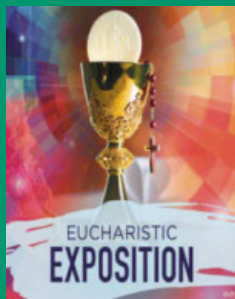
### Answer:

Mary Magdalene has been the subject of speculation and scholarship over the last 2,000 years. Mary Magdalene makes her first named appearance in Luke 8:2. She is one of several women following Jesus. Luke specifically mentions that Mary had previously been delivered from demonic possession. Whatever her life looked like before she met Jesus, it wasn't good! Because of this association with being a repentant sinner, Mary Magdalene has been associated with other similar stories in the Gospel, such as the woman caught in adultery or the woman who bathes Jesus' feet with her tears.

Mary Magdalene shows up again by name at the end of the Gospels, when she stands with the Blessed Virgin Mary at the foot of the Cross. Mary is also present in the garden of the resurrection. She is one of the women who goes to bring spices to Jesus' tomb, where they find the stone rolled away. Mary stays in the garden weeping, believing his body has been stolen. Jesus approaches her and calls her by name, and she becomes the first witness to the resurrection! While many of the details of Mary Magdalene's life have been lost to time, she is an example of powerful conversion, deep faith, and intimate love for Christ. ©LPi







The Chaplet of Divine Mercy  
is the most powerful prayer a person  
can say to obtain God's mercy!

If you have never experienced The  
Chaplet in song then you are in for an  
amazing experience.

Eucharistic Exposition every  
Wednesday from 2:30-4:30.



## BIRTHDAYS

Jacob Gray 07/21	Jason Stanczyk 07/22
Allyson Nowak 07/21	Lisa Schulte 07/23
Michael Suarez 07/21	Aaron Gaither 07/24
Robyn Young 07/21	Christina Reyes 07/24
Robert Borik 07/22	Elizabeth Rutledge 07/24
Regan Munie 07/22	James Sobczak 07/24
Lois Orlet 07/22	Terry Starwalt 07/24
Shannon Partington 07/22	Peyton Sonnenberg 07/25



### Mid-life Singles

Mid-life Singles: Are you looking for a renewed sense of purpose & belonging? Register today for a life-changing REFLECT weekend retreat at the Pallottine Renewal Center, Florissant, MO (30 min from downtown St. Louis), on August 15-17, 2025. Take a chance and get involved... you won't regret it! Cost is \$290 including meals. Visit [www.ReflectRetreat.com](http://www.ReflectRetreat.com), e-mail [reflect.stlouis@gmail.com](mailto:reflect.stlouis@gmail.com), or call (630) 222-8303 for details.



### Gatorade and Bottled Water

### Needed by St. Vincent de Paul!

During the intense heat of summer, the Society of St. Vincent de Paul Belleville Council desperately needs bottled water and Gatorade (or similar drinks) for the homeless who visit the soup kitchen, thrift store and Crisis Nite Center every day. And...no matter what the weather... individually packaged food items (cookies, fruit cups, tuna and chicken snack packs, chips, crackers, cheese sticks, yogurt, cereal, instant oatmeal, Pop Tarts, breakfast bars, soup or pasta in a cup) are also needed! If you are able to help, items can be dropped off at:

St. Vincent de Paul Belleville Council Office  
8800 West Main Street, Belleville, Illinois 62223 (across from Blessed Sacrament Church)

Monday, Tuesday, Thursday, Friday - 9:00 am-2:30 pm  
or

SVDP Thrift Store/Soup Kitchen  
3 718 State Street, East St. Louis

Monday-Friday -- 9:00 a.m.-1:30 p.m.; Saturday --  
9:00 a.m.-12 Noon

Monetary donations are gratefully accepted as well. For additional information contact Joe Hubbard or Pat Hogrebe at 618-394-0126. If you are unable to donate, we humbly ask for your prayers for SVDP and its clients. Thank you and God bless you for enabling St. Vincent de Paul's ministry to the poorest among us.

### VOCATION CORNER

"The countless gravestones at Normandy American Cemetery in France stirred my heart. These brave soldiers who sacrificed their lives challenged me: Would I be willing to lay down my life, as these men did, for the Lord and his people? Long before this pivotal moment, the seeds of my vocation had been planted by family role models. My grandfather served his family and parish sacrificially for many years after his WWII duty. Likewise, my father coached me in self-discipline, and my dear mother raised me to serve others. It was at college that the Lord Jesus truly captured my heart. After graduation, I served as a missionary and met the Brotherhood of Hope. I admired the brothers and their work evangelizing students at secular universities, but I resisted the idea of celibacy and did not have the courage to explore a vocation with them until after my experience at Normandy Beach. My years with the Brothers of Hope have strengthened my conviction that Jesus Christ alone can satisfy our deepest desires."

Brother Brandt Haglund; Brotherhood of Hope, Tallahassee, FL.;  
Columbia Magazine May 2022

### The 2025 Catholic Service and Ministry Appeal *Hope in the Lord*

Did you know **YOUR GIFT** to the 2025 Catholic Service and Ministry Appeal can be made online? Visit your Belleville Diocese's website at [www.diobelle.org](http://www.diobelle.org) and click on "Giving". It's that simple! Every donation – large or small – is needed to continue our diocesan ministry to those in need. We are counting on **YOU**. Please visit [www.diobelle.org](http://www.diobelle.org) today!

**HANDMADE EVERYDAY**



**PAPA VITO'S**  
Pizza

4205 North Belt West, Belleville  
618-416-7900  
Parishioner

**BELOMAN**  
Air Conditioning • Plumbing  
Air Solutions • Heating

Dial 618-B-E-L-O-M-A-N

Senior & Military Discounts!



**FAMILY HOSPICE**  
Serving Patients & Families 30+ YEARS

5110 W. Main St. Belleville, IL 62226  
[www.familyhospice.org](http://www.familyhospice.org)

Office Hours:  
8:30 AM - 4:30 PM  
MONDAY - FRIDAY

Available 24/7  
**(618) 277-1800**

**St. Henry's Creative Learning Center**

A Full Service Child Care Facility

Pre-K Classes  
Pre-School  
15 Months - 5 Years

OPENING AVAILABLE  
Hours: 6:30am-6:00pm

**40 Years of Excellence**  
DCFS Licensed

Judy Shovlin, Director  
Nicole Hettenhausen, Asst. Director

5303 W Main St. • Belleville  
234-6061 • [www.sthenrydc.com](http://www.sthenrydc.com)

**IF YOU LIVE ALONE**

**MDMedAlert!**™ STARTING AT **\$19<sup>95</sup>** /mo.

- ✓ Ambulance/Police
- ✓ Family/Friends
- ✓ GPS & Fall Alert

**CALL NOW! 800.809.3570** [md-medalert.com](http://md-medalert.com)



**LET'S GROW YOUR BUSINESS**  
Place Your Ad Here  
and Support Our Parish!

**CONTACT ME**  
**Michelle Crites**

[mcrites@4LPi.com](mailto:mcrites@4LPi.com)  
**(800) 950-9952 x2256**

**Dignity**  
Valhalla Gardens of Memory

Funeral Home &  
Valhalla Gardens of Memory

**618-233-3110**

**Benedictine**  
LIVING COMMUNITY | AT THE SHRINE

**Premier Senior Living**

- Independent living
- Assisted living
- Skilled nursing

Call us to learn more.  
**(618) 394-6852**

726 Community Dr.  
Belleville, IL 62223



**Catholic & Community CREDIT UNION**

6100 West Main 233-2212  
1900 Carlyle 222-1508  
1109 Hartman Ln 233-8073

[www.candccu.com](http://www.candccu.com)

**WE APPRECIATE OUR ADVERTISERS!**

**RENNER**  
FUNERAL HOMES

618-233-5400

Family Owned  
[www.rennerfh.com](http://www.rennerfh.com)

**FREE AD DESIGN**  
with purchase of this space

**CALL 800-950-9952**



**Place Your Ad Here and Support our Parish!**

Instantly create and purchase an ad with

**AD CREATOR STUDIO**



[4lpi.com/adcreator](http://4lpi.com/adcreator)

**SUPPORT OUR PARISH**

Local business ads sponsor the printing of our bulletin.  
[4lpi.com/adcreator](http://4lpi.com/adcreator)

**ADT-Monitored Home Security**

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

Authorized Provider | SafeStreets

**833-287-3502**